SPC announces 2016 UPROAR lineup

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Tuesday, Feb. 16, at 4 p.m. via social media, FIU’s Student Programming Council announced the performers for the University’s annual UPROAR concert. This year’s performance is by British pop singer Jessie J and American musical duo MKTO.

“After coming up with a variety of artists and going back and forth with our agent, we were able to confirm both acts,” said Elizabeth Vazquez, president of SPC. “Jessie J was included in our list of artists of interest when working with our agent and though she has a performance in Germany the following day, she agreed to perform for UPROAR.”

Vazquez explained that SPC was interested in Jessie J because UPROAR has never featured a female headline.

“We thought that getting Jessie J as a performer would be a nice change to bring to UPROAR,” said Vazquez. “She is a mainstream artist who has recently been extremely successful as a lot of light and attention has been brought to her hit songs ‘Bang, Bang,’ ‘Bummi Up,’ ‘Price Tag,’ and ‘Flashlight’.”

According Vazquez, over 2,500 students attended last year’s UPROAR event. This year, SPC is hoping to raise that number to at least 4,000 attendees.

Vazquez said, “This year for the first time we are marketing to the community and selling community tickets for $30.”

SPC typically starts planning for UPROAR during mid-fall semester. Plans for this year’s UPROAR started in September 2015.

“When it comes to deciding on the performers for UPROAR, SPC usually sends out surveys to students in order to find out who the student body would like to see,” says Vazquez.

She explains, “We attempt to bring mainstream artists who fit within our budget and availability of the artist.

“Many times, our first choice does not work out and we are forced to start from scratch. We always focus on booking our headline first and then work the rest of the concert around that artist,” Vazquez says.

Vazquez says she is most excited about the actual concert experience.

SPC members pose with UPROAR marketing materials.

“Our team has been working really hard to make UPROAR unique this year and bring a different experience to our students. I cannot wait to see the final event and see what all of our hard work and dedication can do. I hope that UPROAR will embody all that we expect it to.”

This year’s UPROAR will take place April 13, in the FIU Soccer Stadium. The concert is scheduled to begin at 6:30 p.m.

RHA introduces Publix shuttle for housing students

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Sunday, Feb. 21 at 3 p.m. a new shuttle will be running for the first time to take students from housing buildings to the Publix plaza.

The stops will be University Apartments, Building A, Lakeview Hall, Parkview Hall, Everglades Hall, Panther Hall, University Towers and Publix Supermarket at 107th Avenue once a week for three hours.

The vice president of student government, Juan Gilces, a senior international relations major said, “The approximated cost of this shuttle was $2,400 for the remaining of the semester.”

All FIU students will have access to the shuttle and will be able to use it as long as they have the FIU One Card with them.

“We proposed a pilot program for the remaining of the semester, we want to see how many students use it by the beginning of May,” Gilces said.

According to Gilces, “As the vice president, I worked on the executive side of this project. After the legislative board proposed the idea, I got my team together and created an actual plan to make the project successful.”

The shuttle is sponsored by FIU Business services and will run every ten minutes from 3 to 6 p.m. on Sundays.

“I am very satisfied with the project so far and I consider this to be our ‘baby steps,’ he said.

“In the future, I look forward to the project becoming bigger when the stops expands to location around the city like the Dolphin Mall, Downtown Miami and so on.”

Gilces said that since the program use the student’s activities and fees, he plans that this service will be and will stay free of charge for all students.

On Sundays, from 3 p.m. to 6 p.m., I encourage students to mark their calendar and make it a

Chinese Club hosts second annual Chinese New Year Gala

YURIELLE MENARD
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The Chinese Club and Asian Studies Department brought in the Chinese New Year with their Second Annual Chinese New Year Gala. The event occurred in GL 100 from 7 p.m. until 9 p.m. Friday, February 12.

Professor Li Ma, advisor for the Chinese Club, said the event had more support and preparation behind than last year. Many schools partnered up with the club.

“We were more prepared and had more support from the Department of Modern Languages. Also, we had more support from the community. In the program there are performances from many children in schools that offer a Mandarin program. We are trying to create a more collaborative atmosphere in the community,” explained Ma.

The Chinese New Year Gala featured performances from many elementary schools, community centers and even professional Chinese dancers. In order to promote cultural awareness, the program was conducted bilingually, in Mandarin and English.

During the event, guests were offered money to learn a few common phrases in Mandarin said during the New Year like “have a prosperous New Year.” Some guests were even given flowers by children performing in the programs while the crowd sung Chinese folk tunes taught by a local Chinese choir director.

The program is available for all students, but it especially targets residents who do not have a car to transport their groceries, especially International students. According to Gilces, every year a few students get hit when crossing the streets across the school.

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Chinese New Year Gala

SEE GALA, PAGE 8

Chinese New Year Gala

SEE SHUTTLE, PAGE 2

Chinese New Year Gala

SEE SHUTTLE, PAGE 2
NATION & WORLD

BRIEFS

Texas A&M officials apologize for racial slurs aimed at high schoolers

Top Texas A&M officials on Tuesday carried thousands of letters of apologies to Dallas high schoolers who were the target of racial slurs during a college visit. University President Michael K. Young, system Chancellor John Sharp and student body President Joseph Benigno visited Uplift Hampton Preparatory School Wednesday to show the charter school students how sorry they were and how last week’s racially charged incident does not reflect the school’s values.

Gold King Mine spill crisis has passed, but concerns linger

Six months after the Gold King Mine spill dumped nearly 3 million gallons of toxins into the Animas River, regulators say the immediate threat has passed and that an abandoned mine survey has “not discovered anything similar” in Arizona. But environmental and tribal leaders near the spill say the long-term threat remains. “The contaminants are settled into the soil and in the banks, but the EPA says the water is back to normal,” Navajo Nation President Russell Begaye said.

Thirsty continents are slowing down sea level rise, scientists say

Despite the accelerated melting of glaciers and ice sheets, sea levels aren’t rising quite as quickly as scientists anticipated. The reason: Continents are absorbing more of the water before it flows into the sea, according to a new study. Scientists at NASA’s Jet Propulsion Laboratory

Amid uproar over Mizzou professor, faculty leader raises questions of due process

A faculty leader at the University of Missouri-Columbia on Monday said recent events raise concerns over the university’s ability to fairly deliberate the future of embattled professor Melissa Click. That concern from Faculty Council Chairman Ben Trachtenberg came a day after the university’s interim chancellor blasted Click’s behavior in a recently released video. In it she was seen cursing at a police officer during a confrontation between police and students at the university’s October homecoming parade.

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TRIBUNE NEWS SERVICE

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New shuttle offers students transportation to Publix

New shuttle service begins this weekend, transportation to Publix

ShuttlE, PAGE 1

Joe Paulick, the Director of Housing was very proud and excited about the new program that brought about the shuttle for students.

He said, “Although I didn’t play a specific role in making it happen, I am glad that I was able to help with the marketing, promoting it on campus to students and on social media.”

According to Paulick, the shuttle service is a student initiative and Parking and Transportation helps organize the shuttle as well.

“We do have a larger international students population and this service is great for them, but I also think that any student, whether they have a car or not, can take advantage of it,” he said.

Paulick thinks that the service is great and that students should definitely use it since they are already paying for it with their student fees. Plus parking can be a challenge in the plaza, but with the shuttle, they will not have to worry about that.

“Housing is constantly working to improve the life of students on campus.”

Paulick said, “We parented with HBO GO to give access to our residents and we’re working on new landscaping for the quad and this summer, our major projects will be making renovations to University Towers for the fall semester.”

Department of Housing and Transportation, RHA and SGA united to bring new service for all students. It will start this Sunday Feb. 21 for the first time and will run weekly until the end of the semester. If interested in finding more information, contact SGA.

YURIELLE MENARD

Staff Writer

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Is your resume ready and prepared to be handed off to employers?

Feb. 11 and 12, Career Services hosted the Spring 2016 Career Fair where students lined up to figure into the GC ballrooms.

The first day of the event centered mainly towards the technical and accounting majors. Students looked forward to employers like General Electric, New York Life Insurance Company and TD Bank to name a few. The second day featured students visiting employers from many different fields. According to their website, Flyer Freee “regularly introduce over 80 employers to nearly 1,500 of your students and alumni.”

The website states, “Employers comprise private industry, public, educational, and non-profit organizations; local, government, federal government, law enforcement and military.”

The event was free to students and alumni but they needed to dress professionally, have their Panther ID and “be able to submit one copy of their resume.”

Many companies habitually invite every student, like the armed forces or insurance companies, but non-profit organization AMIKids had their first attendance this year.

Marie Haskins, Director of Human Resources, explained that what she was most looking forward to was the strong interaction and experience with students.

Students like Gloria Levorin, Giovanni Carmona and Brittany Emestica came prepared to leave with employment.

Two students in the area of finance intended to find employers that would hire them to become financial analysts or advisors in the near future.

Levorin, a graduate student in finance from Italy, came with an interest in financial analysis and

advising as she comes close to finishing up her Master’s degree. Levorin, a senior international studies and marketing major, sees the opportunity for a career as he is about to graduate.

“I’m specifically looking in the financial industry such as financial analyst or advisor so that’s one of the reasons I came out today,” he said.

Emestica, a senior finance and marketing major has been preparing for the career fair since her sophomore year and the preparations paid off. She said, “This is actually my third career fair. I feel like I’m a little more ready and prepared as a senior now. I’m just keeping an open mind when I’m here so I’m talking to any company to see what they have to offer because you never know what door can open.

Career Services hosts Spring Career Fair

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The Force Awakens offers nothing but nostalgia

**DON’T TEXT AND DRIVE**

**Students: When faced with stress, you’re not alone**

**PANTHER HEALTH**

Every Panther has felt overwhelmed and stressed at one point in their college career. It sometimes feels as though you can’t function or you can’t muster the willpower to pull yourself out of a ditch. It’s normal for most people to experience anxiety and stress from time to time, but for some, it can start to interfere with daily life and could eventually indicate a more serious issue.

Anxiety is a feeling of worry, fear, or unease, that if strong enough, can interfere with one’s daily activities. It can be a reaction to stress, which is any demand placed on the brain or body. Many people associate stress and anxiety with an inability to take control of one’s problems or with weakness.

People may feel stressed when many demands are placed on them and can be triggered by an event that makes them feel nervous or frustrated.

An example of this can be seen during exam time when Panthers are scattered all over FIU studying or cramming for their tests, or when students put assignments off until the last minute, feeling overwhelmed by the large amounts of work they must complete.

According to a study by the Center for Collegiate Mental Health at Penn State, more than 100,000 students nationwide at 140 colleges and universities were surveyed having sought help at campus counseling centers.

More than half cited anxiety as a health concern and was identified as the top concern for nearly 20 percent of the students. Other concerns included depression, relationship problems, stress, academic performance, and family. “I usually feel the most stress when I lack sleep. My loss of sleep is related to school work and personal affairs,” Alexander Fernandez, a senior majoring in Philosophy, said.

Another reason anxiety and stress is high among students is the growing presence of technology in their lives. With information overload, so much to learn and so much to know, students may feel rushed and pressured when connected to the digital world. It’s also common for students to put aside important matters to watch a few seasons on Netflix or scroll Facebook for hours, leading to procrastination.

As FIU is an institution committed to providing a safe and friendly environment for students, Panther Health is encouraged to use academic and personal resources at Student Health Services and Counseling and Psychological Services in order to more fully enjoy their college experience.

To help with finding balance between demands, SHS offers many programs to help reduce stress, including stress management consultations, aromatherapy, massage therapy and acupuncture.

CAPS provides both individual and group mental health services that will facilitate access to the FIU learning, emotional well-being, and academic skills development.

It’s important for students to recognize that stress is a part of life and while a certain level of stress can be healthy and motivating, too much stress can cause problems. Rather than succumbing to the pressure and emotions stress can cause, Panthers should find approaches to reduce the level of stress and anxiety.

Fernandez, for example, reduces his stress by “having a trusted network of friends.” He is also able to hang out and socialize with when he’s trying to meet the demands of his heavy course load.

A daily dose of exercise, listening to music, walking, writing in a journal, focusing on planning and managing time are just some of the other ways students can relieve stress.

Panther Health is a commentary on college health in nutrition. Maytinee Kramer is a staff writer for FIU Student Media. For more commentary, please contact Maytinee at opinion@fiusm.com.

**EDITORIAL POLICY**

Editorials are the unified voice of the editorial board, which is composed of the editor in chief, management, and the editors of each of the five sections. The Beacon welcomes all letters regarding or in response to its editorials. Send them to opinion@fiusm.com.
Tea regimen helps reduce stress and stay healthy

I started this regimen almost three years ago to be the healthiest and best version of myself.

Leslie Angala Blanco

I have tried all sorts of ways to lead a healthier and more productive life, incorporating tea into one’s diet is essential—especially if you are anxiety prone and in need of down time.

Realistically, the stress of school, work, and even minute things such as waiting in line, traffic, etc. all take a toll on our minds and bodies. Drinking tea heals both.

It is a more holistic approach to helping with racing thoughts, anxiety, and depression. Consuming brewed tea is cheaper than therapy and pharmaceutical over the counter medication.

That said, not all teas are created equal. Green, black and white tea contain some level of caffeine.

People who are sensitive to stimulants should be mindful of the caffeine. According to a source that sells organic teas, black tea contains the highest amount of caffeine followed by green, and then white tea.

Consuming caffeine if you have anxiety can actually exacerbate your symptoms—take it from someone who knows.

Despite caffeine levels in tea being nowhere near as much as much as coffee, they should still be taken into consideration.

Although I drink organic teas regularly, what I gained clarity on in my journey of consuming different types of teas along the way are the ones that helped me most with my racing thoughts and anxiety were green tea, chamomile and happy tea.

The latter was a part of Your Tea which was gifted by my brother. Your Tea intrigued me due to their unique ingredients derived straight from the Fujian Province in China, used to create modern tea blends using traditional Chinese Medicine principles.

They started gaining popularity through social media—particularly Instagram in 2013. Happy tea contains chrysanthemum which is an anti-inflammatory that reduces skin conditions such as acne and boils.

Hawthorn fruit is also included which improves cardiovascular health. These vibrant ingredients did make me a bit happy while consuming them.

Green tea is a must for me during times of much needed concentration and focus; it helps my mood and helped to calm my nerves if I was working on an assignment or paper (we have so many of those!).

Green tea has a high antioxidant content and contains L-theanine. L-theanine promotes alpha waves in the brain linked to relaxation.

Finally, chamomile was my favorite brewed tea to use in treating my racing thoughts and anxiety. Chamomile is an herbal tea and contains no caffeine.

It is best consumed around nighttime to promote relaxation and help with sleep. Even after one month of consuming the tea, I felt relaxed—the benefits overall of consuming chamomile is remarkable.

Chamomile is a mild sedative and harbors the ability to relieve insomnia, is a nerve relaxant, and eases muscle tension. It also boosts the immune system and contains anti-inflammatory agents and antioxidants. So much goodness packed into one tea!

All of these teas, which I try to consume regularly and at different times, shed light on my perception of health and the natural processes of your body and the way that it can heal itself.

I found that I was calmer, able to focus more easily, and was able to slow down at my leisure without worrying so much about to do lists and to actually do what was required.

I also found that I was able to eat more consciously and resisted eating more than satisfied.

We live in a world filled with mental stimuli—no wonder why anxiety is one of the most common illnesses in the U.S.

We also live in a country where fast and processed food is prominent. It’s imperative we stay awake into these issues and contribute to creating a socially responsible and conscious world starting with ourselves and then extending out to others.

There is no magic pill or aid to cure anxiety or depression or almost any ailments. However there are foods and ingredients that can aid in promoting the body’s natural healing processes and rhythms. That is why it is so important to love your body and your mind and to take care of it regularly.

I recommend drinking these teas for anxiety and a racing mind as opposed to using sleeping pills or anti-anxiety medication.

This isn’t a quick fix for anxiety or depression but can definitely help to temporarily relieve the symptoms and going the natural route is better for the body and consuming ingredients that have unpronounceable ingredients.

I would also recommend buying organic from companies that support their farmers and their environment. Enjoy your tea and stay healthy.

Leslie is a staff writer for FIU’s the Beacon.

The Fillmore Miami Beach was host to a fairly paradoxical concert by French House producer Madeon, with support from Skylar Spence Feb. 12. Despite my skepticism of the pairing, I was introduced to what I can only describe as the future of emerging tunes in electronic music, and what that means for Miami concert goers especially.

For starters, I was more familiar with Skylar Spence, formerly known as Saint Pepsi. Before embarking on his electro-pop lyrical 2015 debut album and one of the most prominent to take on and be attached to labels such as “Future funk” and “vaporwave.” genres that began on the Internet that are implicitly influenced and balance on a fine line between admiration and ironic appropriation of 70s funk, elevator music and early Japanese city pop. The kind of atmosphere you experience online from the communities involved in making this kind of music can best be described as hostile and pretentious, juxtaposed very harshly against the happiness of the music itself.

However, I was pleasantly surprised to find the pairing of both artists on one bill to highlight what makes me love going to concerts and watch artists both collaborate and inspire each other in the first place.

For starters, Skylar Spence’s set was wonderful, playing tracks straight from his 2015 debut album and incorporating different instruments: guitars and synths at once. It was a complete opener, and the crowd was especially responsive to songs like “Can’t You See,” “I Can’t Be Your Superman” and the finishing song for his set “Fiona Coyne What makes Skylar Spence such a great performer is his willingness to work around the genre he was originally comfortable with and develop some of the most interesting pop from last year.

The main headline, Madeon, pushed me out of my comfort zone in a way that was fun, exciting and made me think differently about what it means to pair myself with an opener like Skylar Spence. For one thing, French House is characterized by the same samples used in vaporwave like filtered funk and disco, but the difference was outstanding.

When the light setup emerged, featuring
**FRENCH, PAGE 4**

**a visual narrative that never stopped of cutoffs, pipes and never ending sets. I was drawn to a performance style: a bit dramatic, but always fun. It was also really obvious Madeon loved his audience as the performed to; they stem from the same vein of Ultra Music Festival goers. Indeed, that’s how it felt inside of The Fillmore that night. Madeon’s set included all of the songs off his 2015 release, including the song "Giant," his electro house with the sounds of video game chiptune music, making the concert feel like ‘I’m being pulled into the world of some Japanese MMORPG."**

**Songs like “You’re On,” “Pay No Mind,” “Intonance" and “Pixel Empire” were big hits with the crowd, strongly because of the strong features on Madeon’s debut like “Pillow Talk." Overall, what occurred was an eclectic set of music that defied tastes. It was clear who were waiting for: an older crowd towards Skylar Spence and reminiscing of 2011 when vaporwave had just emerged and younger kids in Porter Robinson shirts who couldn’t wait to see their friendly young emerging music artist. Madeon portrays both the prude and uptight and sexually exploring versions of Pratt. Madeon's set included an electro house with the sounds of video game chiptune music, making the concert feel like ‘I’m being pulled into the world of some Japanese MMORPG."**

**CAYLA BUSH**

**The show focuses on Annalise Keating, played by Viola Davis, a lawyer who doubles as a professor at the Middleton University in Pennsylvania; five of her students, known as the "Keating Five," and her two closest business associates as they thread the line between fighting for justice and disrupting the justice system. Davis excels as a strong lead, who dances effortlessly between a powerful, in-control woman and a frail barely-there basket case. A rare show on television, she’s a multifaceted woman struggling with more than just her quest to find love. In fact, Keating is more focused on her career than her love life, which is a fresh and real twist to a Thursday-night line up. The Keating Five comprises Wes Gibbons, Connor Walsh, Michaela Pratt, Asher Millstone and Laurel Castillo, each representing a different subsection of American universities, an illustration of how carefully and deliberately crafted the writing of the show is. Gibbonts, portrayed by Harry Potter’s Alfred Enoch, represents the lower-class students who dedicate their lives to achieving academically to escape their neighborhoods. Walsh, played by Jack Falahee represents the pretty boy who is always getting his way with a wink and a grin, especially with men. He is a complex character dedicated to continually appearing flawless while also struggling acceptance from the wealthy class she’s struggled to assimilate into. Aja Naomi King artfully portrays the fake daddy paid to have all his troubles go away, and is escaped by Matt McGorry from "Orange the New Black." Castillo, played by Karla Souza functions as the token white girl who serves as the glue of the group who manages to keep a level-head when things get tough. The strength of the show is in its writing. Unlike its Thursday-night counterparts on ABC, the female lead doesn’t have the time or energy to relentlessly pine after men, isn’t afraid to speak her mind and is quick on her feet. Though she has a team to aid her, she doesn’t only rely on them to get things done. It’s obvious that Keating is calling the shots. The cliff-hangers the show relies on each week are just dramatic enough to keep viewers tuning in, but not so over-the-top that they become gimmicky. I also like the way the story is told, bouncing between flashbacks and real-time to weave together a well-rounded story. Season one of ‘How to Get Away with Murder’ is available for streaming on Netflix and Hulu, with some episodes available On Demand. Season two airs Thursday nights on ABC at 10 p.m.**

**TJ Talk: How to Get Away with Murder ‘carefully and deliberately crafted’**

**Julian Balboa**

**CONCERT MERGE WORLDS OF ELECTRONIC MUSIC**

**HIT THE TARGET**

**Pedro Castillo, a sophomore photography major, takes a shot at the dunk tank target during Pi Kappa Phi’s Dunk a Hunk fundraiser Friday, Feb. 13.**

**Overrated or underrated: Kanye and Yeezy season three**

**Selene Basile/The Beacon**
Panthers win four straight after loss

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The softball team, ranked sixth in Conference USA, started its season playing against FSU (ranked 10th in the country) on Feb. 12. The Panthers won each game, and the team now holds a current record of 4-1. Losing to the high-ranked Seminoles did more good than harm to the Panthers. The mistakes made while playing FSU, helped the team win against its rivals like Illinois, which is a part of the Big Ten Conference.

“We’ve been practicing since September, so they’re about ready as they’re going to get,” Rebhan said. “They have to continue to learn how to beat top teams.”

FIU will move on to play Holy Cross at 4:30 p.m., and Indiana at 7 p.m. Friday, Feb. 19.

Panthers look to repeat as C-USA champs

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The Panthers will start their season with a sweep at the University of Mississippi Rebel Black Bears. If they aren’t careful, all three games might go to the home team, and it could be sweep of themselves.

In this clash of the Southeastern Conference, and Conference USA, two heavily favored teams in two respected conferences will have a chance to show their hands.

The Rebels come into this weekend’s series boasting a preseason ranking at 24th in the nation, according to Baseball America. They’ll also get to flex the abilities of who some are calling the top shortstop in the country, Errol Robinson. After batting an average of .297 last season with 11 doubles, and posting a fielding percentage of .953, Robinson was named a preseason All-American by Baseball America and DIBaseball.com.

A junior this spring, he will be joining five other returning position-playing starters for Ole Miss, giving them a slight advantage over Florida International, as the Panthers will be returning only five starters from last season.

As far as pitching goes, the Rebels have a closer who goes by the name Wyatt Short, and he was arguably the best relief pitcher in college baseball.

He was given the National College Baseball Writers Association’s “Stopper of the Year” award, after recording 44 strikeouts in 39 innings pitched, and an ERA of only 1.39. Short is just one more obstacle in the way of FIU’s potential first, second and third wins of the season.

With what seems like a loaded hand on Ole Miss’s side, the Panthers only have a couple options to turn to as answers.

In the batter’s box, they’ll see how much they can squeeze out of Arizona Western College transfers Nick Day and Irving Lopez. Lopez batted .429 as a sophomore season, but will likely hit nowhere near that on the Division 1 level. Guess we gotta wait and see about that.

On the mound is where FIU will have to make their living this weekend, and this season with most of their power-hitters and consistent bats from a last season gone.

The leading candidate for the role of “Ace” in this teams deck of a rotation is Andres Nunez. “Going into last season, they let me know I was going to be coming out of the bullpen,” Nunez said.

And he did, right out of the bullpen, and into the season in the starting rotation. He emerged and took over the Saturday spot in the starting rotation, the assignment originally given to fellow freshman Garrett Cave. After striking out 79 in 82 innings pitched in 2015, the 6-foot-4, 240 pound right-hander is poised to keep climbing up the depth chart and take over the top spot in the rotation, to showcase his arm on Friday Nights.

As a freshman, giving batters free bases was his admitted weakness, “some off-speeds get away from me” and he hit 21 batters with his pitches. “My focus this year is to reduce my walks a little bit, and uh, you know, try to get a little better than what I did last year.”

He’ll have to be.

Anything less could spell certain doom for his first start, which he does expect to come on Friday Night.

The 24th spot in the nation might be a bit optimistic for this Rebel Black Bear squad, batting .265 a year ago, but if it’s based mostly on defensive prowess, they’ve got it locked.

This team posted a fielding percentage of a staggering .971 last season. That’s right. Out of 1000 defensive opportunities, the math says they’re going to botch about 29 of them, maybe. But the highly-ranked teams for Florida International will have to take advantage of every opportunity Ole Miss gives them, considering they won’t see much more than a couple mistakes from them, if any.

Much about this FIU team is still up in the air, from pitching, to hitting, to positioning new players on defense.

Don’t expect for this weekend to show you much more about this team. We don’t know that much about themselves yet, but it will most certainly be a test for so many players in new roles.
Records broken in Armory Track Invitational

**IRA WINDERMER**
Sun Sentinel
TNS Staff

**Miami Heat forward Chris Bosh is at another medical crossroads with a situation that could impact his season, his career and his overall health, a source familiar with the Miami Heat forward’s situation Tuesday told the Sun Sentinel.**

After missing the second half of last season due to blood clots in his lung that the All-Star forward believed evolved from a calf strain, Bosh missed Sunday’s NBA All-Star game with another calf strain, with blood clotting again the concern.

Henry Thomas, Bosh’s agent, told the Sun Sentinel by text message: “It is too early” to determine how this episode would impact Bosh going forward.

The question regarding Bosh’s condition is whether he is predisposed or has developed the clots as the result of thinner prescription Xarelto, which markets the blood thinning medication.

That’s one of the main primary concerns about another clotting episode while on blood-thinning medication.

At the start of this season, Bosh said, “I never thought about continuing to thin my blood over the course of the season.”

The Associated Press is reporting that Bosh has resumed taking blood thinners with the hope of returning this season.

It is unlikely that any return would be made in the short run, with the Heat’s regular-season schedule running through April 15, and a four-game playoff to begin three days later.

Bosh had said he believed he was at minimal risk for recurrences.

“The recurring risk comes from a hereditary gene,” he said. “Fortunately, I don’t have that. That was one of the dangers I faced earlier, was, ‘Am I going to be able to play the game? Because if this test comes back that it’s a recurring thing, it’s going to be a perception.”

“Because if that didn’t mean his radar had been heightened.”

“Anyone, if they don’t take the precautions, it can be a recurring thing, yes,” he said.

“But I’m a lot smarter now, I know about the precautions.”

Then came the calf strain and the concern returned.

Bosh is meeting with medical personnel to determine his course of action.

Bosh had downplayed concerns about another clotting episode while at All-Star Weekend in Toronto, but since then the concern level has been raised.

The Heat have declined comment, with the team not taking practice following their All-Star break until midday Wednesday at AmericanAirlines Arena.

The Heat resume their schedule Friday at Philips Arena against the Atlanta Hawks.

The latest news stands in direct contrast to what Bosh had said Saturday in Toronto.

“I’m pretty optimistic,” Bosh said while attending practice session in advance of Sunday’s All-Star Game. “I’m trying not to think about it anymore. We’re just making sure we get back to Miami, we’ll do everything we’ve got to do to make sure it’s right.”

Bosh said he was not sure when he developed the calf issue.

“It just kind of lingersed,” he said. “I tried to treat it and all these things. It’s just one of those funny things where if you feel like it’s not really turning the corner, calves can really turn into a major problem.”

The thought, at the time, was that it would not lead to anything similar to last year’s result, with Bosh learning of his blood clot during the 2015-All-Star break.

Like Bosh, teammate Dwyane Wade: downplayed the level of concern at All-Star Weekend.

“I’m trying not to think about it too far back,” Wade said. “I just know the basics. I don’t know too much.

“I haven’t allowed myself to be concerned because he hasn’t shown the concern.”

Bosh has been vigilant in his attempts to safeguard against a recurrence, making appearances on behalf of Janssen Pharmaceuticals, which markets the blood thinner prescription Xarelto.

Bosh has been particular cautious during lengthy flights, with the Heat having taken several lengthier flights than the one that took him from Miami to Toronto for All-Star Weekend.

“Let me wrap my compression socks. Nobody likes to wear those, but they can do quite a bit for you if you take the time to wear them.”

**Heat forward Chris Bosh faces new blood clot**

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28 combined personal records were broken by the men and women’s track and field teams in just two weeks.

Friday, Feb. 5, both teams traveled to New York to compete in the Armory Track Invitational, followed by the Grand Valley State Big Meet in Allendale, Michigan, Friday, Feb. 12.

12 personal records were broken at the Armory Track Invitational.

Starting on the men’s side, redshirt junior Allen Eliphar recorded his personal best time of 6.84 seconds in the 60-meter dash. In the 200-meter dash, sophomore Brian Oliver recorded his personal best time of 22.26 seconds.

**BASKETBALL**

Senior Brandon Ballard had his career best in the 600-meter, recording a time of 1:04.74. In the 800-meter, junior Eric Jones recorded a time of 2:05.7, which was a career-best.

In the high jump, sophomore Christian Williams placed third, finishing a personal-best of 2.05 meters.

The women’s side, seven personal best records were topped during the meet, starting with freshman Jada Robertson.

Robertson recorded a personal record in the 60-meter dash, a 7.59 seconds time and the long jump, reaching 5.69 meters.

In the 400-meter, senior Sharnice King ran a career best with a time of 56.56 seconds. Jaylaan Slaughter also recorded her personal-best of 8.82 seconds in the 60-meter hurdles.

Sophomore Symone Lindsay in the run a career best 500-meter with a time of 1:17.92.

In the long jump, freshman Clarissa Cutliff set a personal mark, recording a jump of 5.06 meters, while in shot put, freshman Terrisa Russell hit a personal record of 11.79 meters.

All personal records were registered at the Grand Valley State Big Meet, and 11 athletes finished in the top three on both the women’s and men’s sides.

Ballard finished in second place and set the school record in the 400-meter with the time of 48.19 seconds, which is the fastest time from FIU since 2006 when Alonzo Phillips ran the time of 48.34 seconds.

Sophomore Todd Jackson recorded a personal best 48.91 in the same race.

Ballard also had a personal best in the 800-meter with a time of 1:53.63, leading him first place. Jones was right behind him, finishing second with a time of 1:53.63.

Freshman Earnest Hamilton hit his personal record with a time of 2:06.58.

The 200-meter dash Eliphar placing first and breaking his personal record with a time of 21.32 seconds. This also broke Kevon Pierre’s 2003 record of 21.39 seconds.

Junior James Jones came from behind, finishing with a career mark of 22.38 seconds.

On the shot put, senior Luka Mustafic was placed first in first place with the score of 16.72 meters.

Oliver hit a career-best time of 6.94 seconds in the 60-meter dash.

Cutliff highlighted the weekend during the high jump. The Orlando native recorded 1.67 meters that placed her second in Friday, Feb. 12.

A day later, she scored 1.66 meters, and took second place.

In the 60-meter dash, senior Cam’ree Jackson finished second with a time of 7.60 seconds.

King received two birthday presents in both the 400-meter dash and 200-meter dash, finishing in 55.92 seconds and 25.01 seconds respectively.

Her time in the 400-meter was a personal best.

Russell finished in third place in the weight throw with a personal-best 15.66 meters.

Bosh missed out on his career mark in the shot put with a distance of 13.58 meters.

Freshman Kayla Willard set a personal record in the 400-meter with a time of 59.04 seconds.

Both Lindsay and sophomore Sydney Grier each recorded their personal records of 2:23.35 and 2:26.48 respectively in the 800-meter.

Senior Chandra Fullwood had a career-best in the shot put, throwing 12.88 meters.

The Panthers are gearing up for the C-USA Indoor Championship in Birmingham, Alabama, hosted by University of Alabama at Birmingham, Wednesday, Feb.24.

The outdoor season begins March 19, with their first meet taking place at the Hurricane Invitational at University of Miami in Coral Gables.

“…”
Pipeline catches up with local band Left-handed Jacket

Left-handed Jacket is an energetic, three-piece band that is able to make a room of local music lovers move and shake with their grizzly tunes. Listeners can expect the first EP from Left-handed Jacket to be released in March. FIUSM sat down with them for an interview.

Natalie Bojorquez: Right now who you hear speaking is...
Raul Crespo: Raul, the lead singer and bassist for Left-handed Jacket.
Jon Bedoya: Jon, lead drummer.
Gilbert Rodriguez: Gilbert, guitarist.
Raul: AKA Casanova
NB: Is it the hair?
Raul: That's kind of serendipitous moment that you hear speaking is...
Raul: I definitely bring that forth to what we always strive to do.
NB: How would you say your mission statement. That's kind of in my lyrics a lot. I don't speak so much in Spanish, I've written some in Spanish.
Raul: Even if they're said. Jon: Raul's lyrics are very sexual and very emotional.
Raul: So, heartfelt is appropriate.
NB: What was the catalyst for you guys actually coming together as a group?
Raul: I think we all just woke up one morning and just said it's time. One day I called up Gilbert and just said, 'dude let's do this!' We were looking for drummers and Jon was kind of in and out, he wasn't really doing music at the moment, he had just come back from Texas, so we were like why don't we give Jon a try.
We came together in this trinity of amazingness and it's just been awesome like the flow has been crazy.
NB: Would you ever consider expanding the band?
Jon: The less opinions the better.
NB: What do you guys each play?
Raul: He's a GAP catalogue.
NB: Left-handed Jacket, is that like a pocket on one side? I'm not sure?
Raul: I lived in Gainesville for some time of my life, 'go Gators,' just kidding you can't help but dance to it! That's kind of like our mission statement. That's kind of what we always strive to do.
NB: I like how you say heartfelt. It's like you're saying 'we have feelings but we're okay with them.'
Raul: Even if they're said.