Nursing professors’ research gains national attention

JOHANNA ROMERO

According to the National Association of Colleges and Employers, an internship is defined as a learning experience involving the acquisition of professional skills in an environment where students will develop professionally and not be taken advantage of. The government screens every internship, whether paid or unpaid, to ensure that it is an environment where students will develop professionally and not be taken advantage of. We have individuals who will do research on the organization, the legality of the intended internship and make sure our employers know what to do so they don’t say anything. Because of this lack of support, I wasn’t surprised at the amount of depression and post-traumatic stress that we found at all.

I was surprised, however, at the physical effects that we found. These were young parents in their 20s and 30s, and after the death of their child, this more than doubled the amount of chronic conditions they had. Fifty-six of the mothers reported 98 hospitalizations in a year. That’s phenomenal. Some mothers were pregnant when their child died, and struggled to stay healthy in order to keep their unborn baby healthy. Some parents would even cop gets

Musicologist discusses African music in Cuban culture

NICOLE MONTERO

Music is everywhere. We listen to it in the car, at home, on our way to class and even when it’s time to relax. Have you ever stopped to think about where that music’s rhythm comes from?

The Cuban Research Institute and the African and African Diaspora Studies are working together to bring Eurydice Losada, a Cuban musicologist, to the University. Losada has a bachelor’s degree in musicology from the Instituto Superior de Arte in Cuba. Her work on music has received multiple awards and she has lectured throughout Europe and the Americas.

The lecture will focus mainly on African musical thought in Cuba.

“The issue of African contribution to Cuban culture, in general, is something that should be of interest to students in different departments, like in art, music, religion, anthropology and sociology,” said Jorge Duany, director for the Cuban Research Institute and a researcher on Cuban, Dominican and Puerto-Rican migrations.

The lecture will be touching up on the fact that music is born in every country according to the elements of its culture.

“Before it was thought that Cuban music had its roots in African music with respect to rhythm. Now we have researched that the African influence goes above this,” said Eurydice Losada.

Losada will present the results of a historical research project, designed to identify the structural and organizational components of African thought. She will also focus on the rhythmic schemes that have been incorporated into the musical language of the American continent.

Before, it was thought that Cuban music had its roots in African music with respect to rhythm. Now, we have researched that the African influence goes above this,” said Eurydice Losada. 

The Cuban Research Institute promotes interdisciplinary research and teaching, as well as public events related to Cuba. They work with departments to coordinate course offerings on Cuba and Cuban-Americans.

The institute also offers an undergraduate certificate program with over 70 different courses and over 45 faculty members that are affiliated with the institute.

The CRI prides itself in doing everything possible to promote the creation of knowledge and the dissemination of information about Cuba.

“As a Cuban-American, this lecture seems very interesting to me,” said Melissa Buzzi, a freshman majoring in nursing. “I would really like to see how Losada will make the correlation between Cuba’s culture and African music.”

The lecture will be taking place on Oct. 29 at Modesto A. Maidique Campus in Deuxieme Maison, room 353 at 12 p.m. It is free and open to the public. The lecture will be in Spanish.

“Now, we see things in the African culture that we didn’t see in the 20th century. We are seeing various phenomena that have to do with the renewal of musical language. So, basically, the culture of the place is what establishes the language and all the musical elements. That’s why this is important to us,” Losada said.
Lawsuits reveal nature of paid, unpaid internships

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Production Manager/Copy Chief
News Director
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Editor in Chief
Business Wire
Graphic Design
Opinion Director
Photo Editor
Editorial Board
Advertising
Whistleblowers come to University

We have individuals who will do research on the organization, the legality of the intended internship and make sure our employers know what are the standards set.

Matthew Tanner
Associate director
Career Services

UN sees mercury use phase-out

Iraq: wave of car, suicide blasts kill at least 61

A barrage of car bomb and suicide bomb blasts ripped through Baghdad and two northern Iraqi communities Thursday, killing at least 61 people during a major holiday period and extending a relentless wave of bloodshed gripping the country. Thebulk of the blasts struck in mainly Shiite Muslim parts of the Iraqi capital shortly after nightfall, including ambulances racing through the streets with sirens blaring. Authorities reported nine car bomb explosions in Baghdad, including one near a playground that killed two children. It was the deadliest day in Iraq since Oct. 5, when a suicide bombing targeting pilgrims and other attacks left at least 75 dead.

UN elects 5 new security council members

Saudi Arabia and Chad easily won coveted seats on the U.N. Security Council Thursday, despite criticism from human rights groups that their rights records are abysmal, Nigeria, Lithuania and Chad with 186 votes, Chad with the top vote-getter with 187 votes followed by the 193-member General Assembly, Lithuania with 183 votes and Saudi Arabia with 186 votes. A two-thirds majority of those voting was needed to win.

For more world news, check out fiusm.com.
OPINION

Don’t look for grown-ups in government

SHELDON RICHMAN Contributing Writer

With the government partially closed for over two weeks now and the debt-ceiling deadline upon us, the pundits are demanding that the “grown-ups in the room” finally put a stop to the childish goings-on in Washington.

That would be nice—except there are no grown-ups in the room. If you seek evidence, just look around. Politicians, from President Barack Obama, Senate Majority Leader Harry Reid, and House Speaker John Boehner on down, operate at a level of irresponsibility that we don’t tolerate in children. It’s the nature of government.

Let’s start with the money politicians spend. Like children, they don’t have to earn it. It comes to them without effort. But unlike children, they have others take it by force through taxation. If you don’t believe me, tell the IRS “no, thank you” the next time it calls for donations.

If they aren’t satisfied with the proceeds from taxation, politicians have unlimited power to borrow money, which makes government look less expensive than it is while sending the bill to future generations. Politicians make a show of imposing a limit on borrowing, but they can raise the limit at will, threatening dire consequences if they don’t.

Behold the gross irresponsibility. The money keeps flowing to the politicians no matter what they do or how big and costly their blunders. Even if people knew how badly the political class screwed up, they couldn’t cut them off without risking lives of misery and perhaps prison at the hands of the government’s armed henchmen.

But it’s even worse, because money untramelled in the economic way of thinking will have difficulty tracing bad consequences to the politicians’ bad decisions. If you’re an unemployed unskilled worker, you may not realize that politicians who passed the minimum wage are responsible for pricing you out of a job. Similarly, if you’d like to escape wage employment and work for yourself, you might not realize that politicians have placed a dozen tollgates on the road to self-employment as a favor to special interests.

Tracing economic effects to their public-policy causes is no easy matter. It requires economic understanding, which most people lack. Politicians take advantage of this, such as when they blame rising consumer prices on greed rather than on their central bank’s inflationary policies. They have a thousand ways to cover their tracks.

Again, behold the irresponsibility this engenders. If you knew you had a guaranteed flow of income no matter what you did, you might conduct yourself very differently from how you conduct yourself now. As Lord Acton famously said, power tends to corrupt. It also attracts the corrupt. Politicians also fail to operate at a responsible adult level to the extent they believe society can be molded according to their whims.

The upshot is that politicians are more irresponsible than children—children don’t have credit cards. So if you’re looking for grown-ups, look anywhere but government.


-opinion@fiusm.com

Break the chain: anti-feminist college life

ASHLEY VIERA Contributing Writer

Our college years can be an exciting and fun experience. However, for some (specifically women), it can be hastily nixed when ugly, disgusting sexism intervenes.

It has been reported that during this year and onwards, women are being encouraged to compete in heinously sexist endeavors for various reasons, such as to earn the title of “Mrs.” of their halls. Some of these include acts such as lap dancing and eating bananas from other women’s cleavages.

But it’s even worse, because one of them all but arguably the most necessary as well. There will be a lot of men during your college years trying to degrade your very essence. Don’t give them the power and, as Demi Lovato says, “Stay strong!”

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Behold the gross irresponsibility. The money keeps flowing to the politicians no matter what
WikiLeaks film “The Fifth Estate” is WikiWeak

COLUMNIST

KIERN WILLIAMS
Staff Writer

University Alumni Rochelle Oliver, owner of Rochelle Oliver Publications and Productions, has been driven since the start of her career. Starting her company in 2011, she has already created a voice for black women, worked to promote integrity in black men, and caught the attention of the nation with her Halloween Hoodie Campaign late last year. A Palm Beach native, Rochelle made her home town the focus of her projects. Current TV, a national cable and satellite channel available in more than 70 million houses worldwide according to their website, chose Rochelle and her company over massive competition to film a Viewer Created Ad Message (VCAM) for Hershey’s Air Delights.

Keeping true to her brand identity of “being true and integrity to the table while making it entertaining through storytelling,” she filmed a 45-second segment called “Mom Knows Best” right in Downtown Miami starring an African-American mother and daughter, both bearing natural hair.

By broadcasting such an uplifting look on African-American women on a national scale, Rochelle hopes to change the nation’s perspective of black women for the better. The company does not just focus on women, however. The companies target audience is women from 18 to 45 years old, but being a native of South Florida, promoting diversity comes naturally.

In her PSA “I’m a Better Man,” she brings her vision to a grassroots movement that is challenging 1 million men to step up and end domestic violence. Every man in the video wears a black shirt that says “I Am a Better Man.” Each man is different in height, race, ethnicity and cultural background, but come bearing natural hair.

Although her work has previously reached a national scale, Oliver is most known for her polarizing reaction to the Trayvon Martin case last year. While most people were talking about the racial issues that the case brought to the surface, Rochelle chose to step into the cracks.

On October 15, she launched a Kickstarter campaign in order to turn the 60-second clip into a full document, exploring stereotypical and the fear they carry. “People keep asking me if it’s possible to eliminate negative stereotypes,” Oliver said on her website. “The answer is surprisingly simple. Yes. However the truth is a scary thing to face. Halloween Hoodie: The Documentary is straight up and honest,” said Oliver. The Kickstarter page rewards people for contributing to the fundraiser, with everything from sneak peeks from behind the scenes and exclusive t-shirts, to personalized video shout outs and assistant producer rights. More info is available at rochel-levoliver.com.

For a man whose contributions to television have been insufficient, Singer finds ways to stumble constantly through his screenplay.

“Everyday Wins!” is a piece of work that stretches over multiple genres.

Cobalt & the Hired Guns

ROBERTO LOPEZ-TRIGO
Contributing Writer

Cobalt & the Hired Guns has three core members; Tomlinson Fort, Jesse Alexander, and Mike Roth. These guys have been together since they were little guys running around the playground, but now they have made a band that plays all over Chicago. Their album Everyday Wins, which was released spring of 2012, is all about each man’s individual troubles and the women they love, places and life. Despite everything, they had each other and their music to lighten their spirits. Each one of them is a master mix of instruments in addition to the usual drum, bass, guitar, and voice combo; this includes, but is not limited to horns, a synth, a talk piano, a harmonica, cello, violin, and organ. The different arrangement of instruments in each song gives the album a unique flair and style.

Cobalt’s music has been compared to that of a train rolling in and the lead guitar is on point in creating a nostalgic and dark ambiance. In a similar manner, Fort and Roth put a lot of detail in their work and each song is stocked with meaning and emotion. Fort is very upbeat and strong in both his songwriting and singing and contributes the ska component to the band, Roth has a poppy and flashy sound and adds the pop factor to the band.

However, the only track that didn’t really stand out as much was the song “Oregon I know.” It does not satisfy the listener and does not function adequately as an ending track. It is not a bad song and uses the fade out at the end effectively, but really is a down grade from the other songs.

Cobalt and the Hired Guns’ album “Everyday Wins!” is a piece of work that stretches over multiple genres, displaying very clear influences from ska, pop-punk, classic rock and roll and folk. Their songs display a sense of personal development and growing maturity while still retaining a feel almost rambunctious mood. If you’re looking for a unique sounding band with an air of familiar that anyone can relate to then “Everyday Wins!” will not disappoint.
Live streaming of The Asia Project at 12:45 p.m.  
NEW.LIVESTREAM.COM/CAMPUSLIFE/BBC/ASIA

Diversity Day
Tuesday, October 22, 2013

9:30 a.m. - 3:30 p.m.  WUC THEATRE  
JULIE FLYGARE DEBUNKING THE NARCOLEPSY MYTH

11:00 a.m. - 11:45 a.m.  LUNCH  
WUC BALLROOMS

12:00 p.m. - 12:45 p.m.  WUC THEATRE  
NANCY GOODMAN EMOTIONAL EATING + BODY IMAGE

12:45 p.m. - 01:45 p.m.  WUC BALLROOMS  
THE ASIA PROJECT SPOKEN WORD POETRY PERFORMANCE

02:00 p.m. - 03:15 p.m.  WUC 221/223  
DOC HENDLEY “WINE TO WATER” AUTHOR

03:15 p.m. - 03:30 p.m.  WUC 221/223 HALLWAY  
DESSERT

07:30 p.m. - 09:30 p.m.  BAY VISTA HOUSING (BVH)  
COOKING DEMO & GLOBAL LEADERSHIP BRIGADE

DEBUNKING THE NARCOLEPSY MYTH | julieflygare.com  
JULIE FLYGARE is a leading spokesperson, published author, blogger, and runner diagnosed with narcolepsy and cataplexy in 2007. Julie has spoken about narcolepsy to scientific researchers, doctors, medical students, government officials, and the general public. Her story has been featured by Marie Claire Magazine, ABC News, NBC, Sirius XM Radio, and the Discovery Channel. In December 2012, she published “Wide Awake and Dreaming: A Memoir of Narcolepsy,” which won the San Francisco Book Festival Award for Biography/Autobiography.

EMOTIONAL EATING | authornancygoodman.com  
NANCY GOODMAN is the author of “It Was Food vs Me... and I Won” and the novel, “Surprise Me!”. Both books deal with the subject of emotional eating. Nancy teaches people to use food moments as a GPS for their feelings. Small situations and decisions can trigger an emotional response that immediately turns into a craving. Once we become aware of these reactions, we gain more control over food. This translates to permanent weight loss and a better understanding of ourselves, where our comfort lies, and what happens when we go against it.

SPOKEN WORD POETRY | theasiaproject.com  
As an aspiring novelist/astronaut/oil painter/brain surgeon, ASIA never thought spoken word poetry would be his calling. But as with everything else we encounter in life while dealing with the illusive astrological joke we’ve come to know as “destiny”, here ASIA stands: a cancer survivor who has won audiences throughout the country with a spoken word show that has been nothing less than an honest and genuine testimony of his life. He is now touring with his brother-in-law Julian who adds a dramatic guitar to make the poems come alive on stage.

WINE TO WATER | docdhendley.com  
DOC HENDLEY is the founder and current president of Wine to Water, a non-profit aid organization focused on providing clean water to needy people around the world. Wine to Water has worked in Sudan, India, Cambodia, Uganda, Ethiopia, Peru, South Africa, Haiti, and Kenya. In October 2009, a panel of judges — including Whoopi Goldberg, Ted Turner, and Eton John — announced that Hendley was a “Top 10 Finalist for CNN’s Hero of the Year.” As of 2009, Wine to Water has implemented sustainable drinking water initiatives for over 25,000 individuals.

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Sports

Football season at halfway point with expected record

No one, myself included, expected much out of the Panthers football team this season. They have met that expectation, if not exceeded it, with only one win this season. That win, which came at the last second in a game save play by defensive tackle Isame Faciane, against a team that hasn’t won since I was in high school in 2011 – the Golden Eagles of the University of Southern Mississippi – doesn’t show much in my opinion.

Slowly but surely the offense is improving

The Panthers offense has shown some signs of life recently. For a group of individuals who only scored a measly 23 points through the first four games of the season, a sign of life is better than nothing.

Not long ago the team was shut out by both the University of Louisville and the University of Central Florida. They managed just 10 points against the University of Maryland Terrapins in the first week of the season and when the team hosted the Wildcats of Bethune-Cookman University they put up 13.

AAyers who has severely improved – and played his first entire game of the season against the Blasters of the University of Maryland Terrapins in the first meet of the season we had talent on both sides of the age spectrum. Senior Jennifer Alfani, Therese Andersson joined freshmen Beaupre and Kaufman, but the performance in the relays was exceptional as well.

The women’s swimming and diving team this season which came against the Cardinals of UL Southwest had their own in, earning nine points for the 400 Freestyle in 5:00.89 and the 200 IM with a 2:04.91. Junior Klara Andersson, a first-team all-conference selection from last season, stepped up for the Panthers as well.

She won two individual events in addition to contributing in two relay wins. Andersson won the 50 Freestyle in 24.25, earning nine points for her team, and won the 100 Freestyle in 52.31.

The Panthers’ performance in the relays was exceptional as well. Senior Jennifer Alfani, Therese Nord and Jennifer Deist in the 200 medley relay, they combined to post a 1:47.45.

The same group won the 400 Freestyle relay in 3:32.95. The freshmen for the Panthers continued to step up as Hannah Vandersluis won two events on the day. She took top honors in the 100 Breaststroke with a time of 1:07.52 and the 200 Breaststroke in 2:24.42.

Junior Johana Gustafsdotir also took top honors in the 200 Freestyle as she posted a mark of 1:54.59.

The Panthers are now preparing for a matchup against the University of North Florida on Oct. 19. "We have many things we can do better," Horner said. "Next we will be tested on our first road trip when we swim at UNF."
MARVIN HEZEL

After getting their first conference win of the season on the No. 1 soccer team improved their overall record to 5-5-0, and 1-1-0 in conference play.

The 4-0 win over the Thundering Herd at Marshall University in FIU’s conference opener marked the first Conference USA win in over two seasons for the Panthers. The Win also marked head coach Ken Arenas first conference win at FIU.

Since the win over Marshall, FIU has fallen in an overall record of 5-7-0 and a conference record of 1-3-0, losing back-to-back games to conference opponents. The loss to New Mexico and UAB in the past week have been major set backs for FIU, as they were looking to use the momentum from their blowout win over Marshall in their two game conference road trip.

As the Panthers get ready to finish out their season with five straight Conference USA games, they hope to keep getting strong production from their young players who have made immediate impacts throughout the season.

In the impressive win over the Thundering Herd, one young player who stood out was freshman Marvin Hezel. Hezel recorded three total points in the win over Marshall, scoring a goal and assisting on another. His goal came just a minute into the second half, giving FIU a 3-0 lead. It was just Hezel’s second goal of the season, a player who does not find the net often playing center defensive back, but a goal none the less that would push FIU’s lead and secure their best win of the season.

“The first loss against FAU was a bad game for us,” Hezel said, and continued, “It was very important going into Sunday’s game against Marshall to be focused and get our first conference win before having to leave Miami for our next two conference games coming up.

As a freshmen coming over seas from Germany, Hezel has started all 12 games so far for the Panthers this season, as of 10/17/13. Before coming to FIU, Hezel played soccer in Germany where he was born and raised. The freshman was born in Germany, raised in Austria and is now a Swiss citizen. Hezel was exposed to a large background of soccer growing up and began playing “Fussball” at a very young age.

While in Germany, Hezel played his soccer at SC Freiburg, a club that has been apart of the German professional soccer league, the Bundesliga. Although Hezel never played for SC Freiburg’s first division team, he did make his way up the club’s developmental teams before going to Miami and starting his collegiate career at FIU. Throughout Hezel’s time at SC Freiburg he made appearances for the club’s U19, and second division team.

Hezel scored a total of 10 goals throughout his career with SC Freiburg, appearing in over 50 games for the German club. His favorite memory playing in Germany was when he played the German cup final with his club, scoring the winning goal for his team in front of 3,000 people.

“Scoring that goal was the best moment of my life,” Hezel said. “The game was on television and it was a feeling and to not ever forget. I am working hard everyday with this FIU team to be able to accomplish something like that with them.”

For many players coming over seas, the transition from the European style of soccer to the American style of soccer can be difficult. Hezel believes that for the most part this is true, but he has experienced it differently playing at FIU under Arenas.

“The style of play is very different in Germany. Here, the teams we play against love to play kickball and adjusting to that style was not easy,” Hezel said.

“Our team,” he added, “likes to play a more European style of soccer where we connect passes and touch the ball around as a team. I enjoy the way coach wants to play and it is the way I know and was taught in Germany.”

Being comfortable with coach Arenas’ system has shown so far this season as the freshman has started all 12 games for FIU scoring two goals, while also recording two assists, as of 10/17/13. He is tied for the most goals by an FIU defender and also leads the team in assists for defenders.

As the season moves forward, Hezel believes that the young players on this FIU team can continue to make a big impact on their success in the five remaining C-USA games.

“We all work very hard and that is good for the team. Everyone knows that we have to fight for our spots because of all of the talent we have in every position. As long as we keep working hard, it will show on the field during games,” said the young German native.

For Hezel and the rest of the Panthers, they continue their season back in Miami on October 19th (5-3-1). The Panthers, who have a 2-1 record at home, will look to improve their conference record to 2-3-0 on the season. Including when they will take on the Monarchs of Old Dominion University.

MRSA: A silent danger lurking in NFL locker rooms

EDDIE PELLS

At the first sign a potentially deadly strain of skin infection was courting through the Washington Redskins’ locker room, owner Daniel Snyder told his trainer to spare no expense.

So, Bobba Tyer embarked on a renovation that ran nearly $80,000.

“A major, major project,” Tyer said, referring to the 2006 remodeling of the team’s locker quarters. “But it was something that had to be done.”

As the recent cases of Staphylococcus aureus (MRSA) infection in Tampa Bay have reminded players, owners and trainers across the league, the NFL has safety issues not only on the playing fields, but also lurking in the corner of its locker rooms as Scabes and Snares and cuts can be every bit as dangerous as the hard hits and concussions that have grabbed so many headlines.

In Washington, five players were afflicted with MRSA in 2006. The most notable case was that of defensive lineman Brandon Noble, who nearly lost his leg because of complications related to the infection. “A tiny little thing that I cannot say,” Noble called the infection in a blog on the Infectious Diseases Society of America website. “It has hurt me more than any of the others combined and had a hand in ending my career.”

By the time the infection had reached the Redskins, it was not a common scientific mystery in the NFL.

The St. Louis Rams had endured a widespread outbreak three years earlier and used bleach to disinfect their entire facility.

But the Rams wanted a more high-tech approach.

Benchies in the locker room were ripped out, replaced by steel on the faces of each player’s locker, so no infection could spread across the surfaces where the players sat. A new ventilation system was installed to dry the sweat-drenched pads. Ultraviolet lights were put in to kill infections.

The hot tub was torn out and replaced, and the entire building meet rooms, weight rooms, locker room, was sprayed to eradicate any lingering infection on surfaces.

“And education was a key factor,” Tyer said. “It’s important that guys look for it and are very aware of it.”

Signs went up around the team facility, reminding players to shower before leaving the building and not to share razors. Large containers of antibacterial soap were installed on the walls.

Lessons learned in St. Louis, Washington and elsewhere were shared across the league and are even more like in recent years as MRSA has become more of a health concern.

Left untreated, MRSA infections can become dangerous and potentially life-threatening if they spread into muscle, blood, bones or the lungs.

In 2003 in St. Louis, the MRSA outbreak began with players who had turf burns on their elbows, knees and forearms. They developed large infected skin abscesses that had to be surgically drained.

MRSA was found in team whirlpools and taping gel, and from nose swabs of 42 percent of the players and Rams staff.

“They’re often working out together, in close physical proximity, they have skin abrasions and wounds, they often share towels, sometimes to wipe off their sweat, and some have a “lucky” towel or jersey that they don’t wash, which may become contaminated with MRSA,” said Dr. Victoria Fraser, chair of the department of medicine at Washington University in St. Louis, who helped the CDC investigate the Rams’ outbreak.

In Cleveland, a number of staph infections, including MRSA, dogged the club throughout much of the last decade and led to two lawsuits against the team, contending the Browns failed to sanitize equipment. The Browns, who settled lawsuits filed by former receiver Joe Jurevics and offensive lineman LeCharles Bentley, said their hygiene practices are state of the art.

At NFL physicians’ survey determined there were 33 MRSA infections across the league from 2006-08. Two occurred in San Francisco, where receiver Josh Morgan reportedly lost about 15 pounds at the start of the 2008 season.

This year in Tampa, guard Carl Nicks, kicker Lawrence Tyne and cornerback Johnthan Banks have been diagnosed with MRSA. After initially treating his infection with antibiotics, Nichols had a recurrence and needed surgery. Tyne’s is on the non-football injury list; Banks has not been sidelined.

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SPORTS
The Beacon – Monday, October 21, 2013
fiusm.com
Blowing the whistle, former prosecuted NSA official speaks

JESSICA MESZAROS
Staff Writer

The American Whistleblower Tour is returning to the University this week for the third consecutive year. With a focus on National Security leaks, this year’s event will be the first to discuss blowing the whistle on government actions.

It is extremely timely due to former National Security Agency contractor, Edward Snowden’s leaks of United States surveillance programs this past June. He is the seventh person charged under the Espionage Act by the Obama administration.

In July, Bradley Manning, a U.S. Army soldier, was convicted for espionage after releasing classified documents to WikiLeaks. He was sentenced to 35 years in confinement and was dishonorably discharged from the Army.

That’s what this does is sort of turns the focus to government and government accountability and what transparency and government means to democracy,” said Frederick Flygare, professor of journalism and mass communications.

“So there’s a pretty big difference in this year’s as opposed to last year and the year before.”

Speaking at the University will be Thomas Drake, a former NSA official who was prosecuted under the Espionage Act for retaining documents about a data collection program that threatened Americans’ privacy rights.

“This year, the San Adams award in Russia two weeks ago.”

“I’ve relived the last 12 years,” said Drake about the Snowden case. “I was reliving all that I had been through, reflecting on what had happened to me in terms of my own whistle blowing and clearly recognizing that he was standing on my shoulders.”

Goodies for Kids


Society of Professional Journalists challenges students to give up free speech for pizza

ALEXANDRA MOSQUERA NETZKARSCH
Contributing Writer

Food will come at a price—your right to speak. On Oct. 23 at the Society of Professional Journalists’ First Amendment Rights Event in Academic III’s courtyard.

The organizers will provide free food in exchange for students’ freedom of speech with the risk of having pizza swiped away by a student cop if they speak.

Brittany Valdes, senior journalism major and president of SPJ, said the event is to educate students about free speech.

“This event will want to give a twist to the First Amendment,” Valdes said. “In exchange for free food, the students give up their right to freedom to express themselves. Students can expect to enter a place governed by a totalitarian dictatorship.”

This idea was created by Michael Kornetzky, director of SPJ’s region three. Kornetzky presented the idea of the First Amendment Free Food Festival to the University’s SPJ in fall 2012 and how this type of event can encourage students to think more about the importance of free speech. The student group has been planning since.

SPJ’s Florida Atlantic University chapter has made the free speech event an annual happening.

The University chapter hopes for this tradition.

“This event is very important because being an immigrant, coming from a different culture, and having lived in a different country, reminds students that freedom of speech is different from the United States,” Valdes said. “Events like these remind the people that were born here and grew up here sometimes to forget the importance of the First Amendment.”

When asked about the importance of free speech, Allain Richards, associate professor and associate dean in the School of Journalism and Mass Communication, said, “You wouldn’t be able to ask me this question if it wasn’t for freedom of speech.”

“The United States is a country of immigrants, they think about the economic benefits but not about their freedom of speech when they come here,” Richards said. “They don’t consider the power it has, but we all have to treat it as a privilege, not a right.”

Campus celebrates 12th diversity day, hopes to inspire

JUAN ENDARA
Contributing Writer

It is that time of year again to celebrate the mix of cultures that make up Miami with the 12th annual Diversity Day hosted by Campus Life.

The event aims to bring people together to celebrate and embrace humanity by putting aside any preconceptions of gender, race, sexual orientation, religion, age, nationality or disability. Guest speakers will come to talk about a variety of topics based on their own experiences, two of the speakers focus on disabilities.

“These events help society to overcome social prejudices,” said Andres Bermoo, marketing coordinator for Campus Life. “Diversity Day is a tradition at FIU, particularly at this campus. We are trying to promote global issues and diversity by bringing speakers that have global perspectives attachable to global problems.”

Bermoo said that by having guest speakers like Julie Flygare, who will educate people about narcolepsy, and Nancy Goodman, who will speak about emotional eating, will make this event one students will never forget.

Julie Flygare, who suffers from narcolepsy, explains that this is a neurological autoimmune sleep disorder in which the brain loses the ability to maintain normal sleep and wake states.

Flygare is a leading narcolepsy spokesperson, published author, blogger and runner diagnosed with narcolepsy and cataplexy in 2007. She received her bachelor’s of arts degree from Brown University in 2005 and her juris doctor from Boston University in 2009.

While Flaygare is one victim of this neurological disorder, according to Newman, those with narcolepsy affects one in every 2,000 Americans.

Flygare said she is honored to come to the University this year to celebrate the Diversity Day.

“I’m so excited to visit FIU to speak for the Diversity Day [and] to share my experience living with narcolepsy, a serious disorder that is invisible and misunderstood in our culture,” Flygare said.

“For me, narcolepsy has been the worst and the best thing that has happened to me. I turned my adversity on its head and decided to speak about it, writing a memoir and becoming a national spokesperson.”

Flygare said her goal is to inspire others who have experienced adversity. “I hope to change students’ perspectives by proving that courage is contagious.”

Nancy Goodman who suffered from emotional eating disorders, is now a coach in the field by helping people throughout her blogs, author of two books “Surprise Me” and “It Was Food Vs. Me And I Won.”

“My goal is that every person in the room, at some point says to themselves, ‘Oh my Gosh, she’s me,’” Goodman said.

Goodman promises to not only help people who has eating disorders, but to help anyone who is dealing with an obsession on a daily basis.

“What I’ve learned is that we all have something we obsess about and it doesn’t have to be food. Once we really look behind that obsession, and pull it at the root, we find a piece of truth,” Goodman concluded.

“We are definitely trying to give students a broad perspective about global issues and to help them become more sensitive to those types of issues,” said Diann Newman, co-director of Diversity Day.

According to Newman, one of the major purposes of this type of event is to help people to overcome the sensation of being rejected because they feel that they don’t belong to society.

“All students belong here and it’s important for us with so much diversity on campus to get greater awareness about our differences in spirit of having included people rather than excluded,” Newman said.

Newman said that if people don’t feel welcome, if they feel stereotyped or there is prejudice against them, they might feel like they don’t belong.

“My hope in this event, is to build in opportunities where students start talking more with each other,” Newman said.

GOODIES FOR KIDDIES

Precious B. Reid, student reservation assistant of division of student affairs (left), helps Leah Santos, senior in hospitality and social work (right), in her fundraiser to help children in Nicaragua by buying some delicious baked goods.