Professor breaks down statistics of suicide attempts

JUNETTE REYES
Staff Writer

Over 38,000 people in the United States die by suicide each year, according to the American Foundation for Suicide Prevention. This figure does not compare to the overwhelming estimation of 1 million annual attempts of suicide.

These statistics drove Jeremy Pettit, an FIU psychology professor, to conduct research that was recognized by the American Association of Suicidology, which has awarded him the Edwin Shneidman Award for 2013.

Americans between 15 and 24 years old prove to be more likely to attempt suicide, compared to other demographics, which is the “third leading cause of death among” this age group, according to the AFSP.

Pettit said his work mostly focuses on suicide-related disorders, such as depression and anxiety.

“These are often still precursors to thinking about suicide and acting on suicide,” Pettit said.

Pettit’s research is directed towards influence in the environmental context in terms of stressful life events and chronically stressful situations. “The research found that...both major negative events that happen and kind of the chronically stressful environments lead to higher rates of thinking about suicide and attempting suicide,” Pettit said.

There is also a focus on one’s interpersonal environment in terms of how social relationships can either increase or decrease the risk for suicide-related behaviors. “[The research is finding] the belief in the perception that one poses a burden on others, like [thinking] ‘I drain others or Others would be better off if I were not here,’ is a strong predictor of suicidal-related behaviors in adolescents and emerging adults,” said Pettit.

A sense of detachment or the lack of a network of social support also play parts as interpersonal factors. “[They are not] as strong of a predictor as the feeling of being a burden or draining one’s family,” said Pettit.

Pettit’s interest in psychology first sparked while working on depression, which he said is the “common cold” of mental illness. The striking numbers of attempted suicides, deaths by suicide and the tragic circumstances that involved adolescents as well as the pain the families go through, further drew his attention to the matter with the hopes of eventually figuring out successful approaches of prevention.

Pettit said the importance of the issue transcends the degree of its advancement in research.

Much knowledge has been lost.

INTERNATIONAL

China lessens censorship restrictions on community

ALEXANDER SUAREZ
Staff Writer

Recent events in China surrounding government censorship and a weekly newspaper have sparked much attention.

International Relations Professor Thomas A. Breslin, referred to the events as “a testament to the intention of the Communist Party of China to maintain its control over the media.” Breslin said via email.

The Chinese newspaper, Southern Weekly, had scheduled to release their annual special edition on Jan. 1, 2013. According to a press release from Chinese Media Project, former writer for the Southern Weekly, Qian Gang, stated “the issue is highly anticipated by readers, and the process of getting the issue out is painstaking. This is especially true when everything you do is so carefully scrutinized.”

As the Southern Weekly sought to complete their New Year edition in December 2012, the first time editors were required to get prior approval from the propaganda department of the communist party of China. The review from the developmental period could be advantageous to research in this field. Pettit said that because of the dramatic increases of suicidal rates during this time period, it is important to find out what is leading to the development of these thoughts, behaviors, actions, and tragically, in some instances, the actual death by suicide,” as well as the possible intervention and prevention of such behaviors.

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A new home for Veteran's Affairs

MARIANA BORITOS Contributing Writer

FIU has been constantly evolving throughout the years, however, there is one building that has prevailed all these changes due to its historical value. When the University was built in 1969, the only building that was left untouched was the air traffic tower of control. Belonging to the former Tamiami Airport, the Ivory Tower is now a monument of history at the University. After the University Police Department transferred to the Market Station building, there were speculations about whether or not the Tower should be removed from campus. As a result, the University began plans to restore the Tower to house the Veterans affair office.

“I had some input in it,” said Michael Pischner, director of the Veteran Affairs office, explaining how the plans to renovate the building started. The main renovations included the University’s project managers and at times, Pischner. He said that the initial plans were made about two years ago, but only recently has the University taken action and began remodeling. The new office is said to be a getaway place for the students. There will be a kitchen, a day room, a computer lab along with two conference rooms and other commodities to make the veteran students feel more comfortable. The real emphasis is getting the building going so when the veterans come in, they’ll have a real nice place to go,” Pischner said.

The office is also expecting more veteran students to enroll as the program grows and moves to its new location. By the end of March, the construction will be done, however, there is no set date to move in. “We still have no idea when we’re moving in but we’re getting closer,” Pischner said. “We plan on having a real nice grand opening.” The Tower, on the other hand, will have complete restricted entrance, but will be used primarily for storage.

Mastery Math Lab shows increase to 52 percent for College Algebra

AARON PABON Staff Writer

With the help of the University’s Mastery Math Lab; the pass rate for 2012 College Algebra has increased to 52 percent.

“I’m so proud,” said Susanna Rose, director of the School of Integrated Science and Humanity. “The math department has been instrumental in helping this move forward.” According to Rose, the increase has been based on numerous of factors. Students are required to spend a predetermined set of hours a week in the Mastery Math Lab, depending on the algebra course they are enrolled in. The lab is stocked with 200 computers, each with programs related to math to help students. “Last semester, students were going to the lab,” said Rose. “We want them to go to both.” The lab has started using clickers to help students during lectures so professors and learning assistants can see what answers students are giving. “The clickers have helped students a lot,” said Rose. Rose credited the assistance of the Lab’s Learning Assistants, in being instrumental in the increase. Up to 30 learning assistants are employed to help students with their studies. The learning assistants take teaching courses in order to effectively help students.

“We have a full staff every hour. We have maximum assistance, and every time a person has something they don’t understand, they can ask us,” said Steven Samper, IT sophomore and learning assistant at the lab. “Even if they don’t raise their hand, and we see that they are struggling, we help them out.”

AMA workshop allows students to meet with future employers

NYESHA C. GARLAND Contributing Writer

Marketing professor and trained AMA Marketing Instructor, Tim Birrittella, knows how to sell an application amongst the millions of them in today’s job market. The Marketing Yourself Workshop, held by the American Marketing Association, will be based on Birrittella’s course, “Marketing Yourself in Today’s Competitive Job Market,” which is required for marketing majors.

“However, the skills taught in this workshop can be applied to any major – business or non-business because it’s about teaching students to think of themselves as a product and how they can become more marketable in their career search,” Birrittella said.

The four-hour workshop will consist of resume and cover letter building, with a formula by Birrittella, aimed for success. Topics will also include dress code, interviewing skills, and salary negotiation. Learning how to successfully negotiate a salary is just as important as landing the job.

The workshop stands out, amongst others, because information and tips are taught by a marketing professional, rather than a Human Resources person. “It’s a good idea for anyone to go because workshops like these are rare and only here to benefit you,” said Danilla Smith, sophomore advertising major.

It will be held on Saturday, Feb. 2 from 10 a.m. to 2 p.m. in Ryder Building 120 at the Modesto Maidique Campus. Students can register, with a $20 fee at amaufi.com, or on site. Proceeds will help the American Marketing Association students compete in the 35th Annual AMA International College Conference in March 2013. It is suggested that students arrive by 9:30 a.m. in order to register and secure a seat.

CORRECTIONS

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The Walking Dead: An infectious experience

ASHLEY OROZCO
Contributing Writer

The day was Sept. 25, 2011. I was sitting idly at the check-in desk for my high school’s bi-monthly blood drive while two of my friends, who were supposed to be helping me, chattered on about some TV show. My curiosity piqued and I asked what show they were talking about. “The Walking Dead,” they said. Being the pop-culture junkie I am, I decided to see what all the buzz was about and the second I got home.

By the time I went to bed that night, I had gone through all of the first season. At that time, people were just starting to go crazy over the whole “zombie apocalypse” thing. A plethora of video games depicting zombie invasions had been released; “World War Z,” the post-apocalyptic horror novel (whose movie is set to be released later this year) was released in 2006; “Zombieland,” one of the greatest movies of all time, came out in 2009, and the last to join the party was AMC’s “The Walking Dead.” Normally, a show like this would only take off with a certain type of demographic—the type that attend comic book conventions. What I still can’t wrap my head around is what makes it so popular? Why is everyone so obsessed?

“The aspects of the show that keep me wanting more are the suspense, action and characters,” said senior Julissa Alburquerque.

At first glance, an outsider might attribute the show’s success to the extreme amounts of violence. Though extreme amounts of violence are a key component, the main characters, shoot his crossbow through a “walker’s” head, watch five minutes of any episode and you’ll see just why everyone, regardless of gender, age or clique, tunes in every Sunday night.

The very basis of the show, the struggle for survival, is something everyone can relate to. The characters on the show have seen their family and friends taken by the disease in the same way one might watch an ill family member pass away.

It’s a hard thing to get through, but they must because it would not do well to dwell on the past when they are fighting for their lives. The show is genuine to how we as human beings would react and adapt in such a fantasy world. We would try to make a new family, because humans innately long for companionship.

The characters also each possess traits that we could easily attribute to someone we might have met. In high school, my friends and I started classifying our friends as Glenns, Herschels and Loris. We even made a list of the characters, the last and first names and I think that the zombies took over, our school would be the safest place to make base.

The violence, is, I must admit, one of my favorite things about the show. The fact that it’s set in a post-apocalyptic world gives the show so much freedom! The creators of the show can get away with nearly anything and have no mercy, as seen in the opening scenes of the pilot episode when Rick shoots a walker that resembles a young girl no older than 8. Some might argue that the amount of bloodshed is unnecessary but, Hello? They’re fighting for their lives. Zombies are flesh-eating monsters! They’re bound to be everywhere and the group needs to protect themselves and each other.

Each and every one of the characters can be a representation of the common man. They’re all fighting their own battles, trying to find hope in what seems like a hopeless world, fighting for their lives and trying to keep a semblance of normalcy to carry them through the next day and set of “walkers.”

“I absolutely love Glenn because he is an underdog. He can be reliable and never thinks twice before protecting his group,” said Alburquerque.

Yet another relatable quality in the characters: sticking together, building a new family and protecting that family. The actors and writers portray the characters so well that you can’t help but love or hate them.

The popularity has spread almost as quickly as the disease on the TV series. Its pilot episode premiered with 3.6 million viewers. The season 3 mid-season finale ended with 10.5 million viewers.

Since the show began, zombies have popped up everywhere; The Zombie 5K run, the “Zombies, Run!” application for android and iPhone, the new film “Warm Bodies” and much more.

Personally, it makes me happy to share something in common with so many people. In all of my classes last semester, Monday would roll around and there would always be at least two people talking about the shocking episode that had aired the night before. Just like the group on the show, the zombie infestation has brought unlikely people together all wanting answers. How did the world change so much in only a month and what is in store for the survivors?

One thing is certain: whatever is in store, it’s going to be fun to watch.
University to conduct research underwater

VICTORIA RIVERA
Staff Writer

This month, the University will be diving into research at the Aquarius Reef Base.

The University was awarded a grant to continue the management of Aquarius, the world’s only operational underwater research station. Since 1992, Aquarius was located 60 feet underwater in the Florida National Marine Life Sanctuary about four miles from Key Largo in the Florida Keys.

Jim Fourqurean, a biology professor and director of the Marine Education and Research Initiative of the School of Environment and Arts and Society (SEAS), proposed the University’s stewardship of the Aquarius Reef Base.

His lab group researches the biology of coastal environments, including controls on water quality, the speciation of marine ecosystems and climate change, what determines the health of marine ecosystems and the role that large animals play in structuring marine plant communities.

This year, Fourqurean hopes to make the lab available to undergraduate and graduate students who are avid about the marine life surrounding the Aquarius.

“We want to keep Aquarius Reef Base available for research scientists, engineers and educators into the future. To do this, we have to attract funding and users from a broad range of governmental agencies, private companies and philanthropists,” said Fourqurean.

Mike Heithaus, the executive director of the School of Environment, Arts and Society, said, “[The Aquarius] has served as a platform for incredible work on oceans, coral reefs and the myriad species that live there. It is also a great asset for space programs.”

The Aquarius also has partnerships with organizations, such as the National Oceanic and Atmospheric Administration (NOAA), the National Aeronautics and Space Administration (NASA), and the U.S. Navy’s Medical and Diving programs.

“As part of the Ocean Exploration and Research (OER) program, the NOAA is the owner of the Aquarius Reef Base. The Aquarius also has a partnership with NASA through the NASA Extreme Environment Mission Objective (NEEMO). Before exploring Earth asteroids, planets or moons, NEEMO crew members, called “aquanauts,” must prepare for their missions in an Earth-based environment, according to NASA.

The U.S. Navy has sent some of its best medical officers and divers to the Aquarius, and it has used the research station as a training facility for its saturation divers.

While diving, Roger Garcia, the operations director and the diving safety officer of the Aquarius, said he always stops and marvels at his surroundings, which include soft coral species, hydroids, sea fans, cup corals, fish, shark and rays.

“One day during a routine maintenance dive, I looked up, and swimming above me and my dive buddy was a huge manta ray. I was amazed by its size. The experience lasted 30 seconds at best, but the memory will last a lifetime,” said Garcia.

Being a part of the Aquarius Reef Base has been a challenging but rewarding experience for those who are part of it. “(At the end of the day), the Aquarius staff, scientists and NASA and Navy personnel, sit around and say, ‘Wow, can you believe what we’ve just accomplished?’” said Garcia.

For more information, visit the Aquarius Reef Base website or stop by Fourqurean’s office located in the Biscayne Bay Campus at MSB 360.

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ASSOCIATE PRESS

THE CHAPLIN SCHOOL OF HOSPITALITY AND TOURISM MANAGEMENT

Hospitality Department to offer event planning major

KEILA DIAZ
Contributing Writer

The Chaplin School of Hospitality and Tourism Management will be introducing a new major to students during fall 2013: event planning.

The new program is part of six new majors the school is planning to roll out starting the fall semester of 2013. New majors will include beverage, hotel, restaurant tourism, culinary management and event planning.

“As of fall, [students] can start on a specific major within the bachelors of science in the hospitality degree program,” said Randall Upchurch, associate dean of academics.

Right now, the School of Hospitality offers a certificate in event planning, but according to Upchurch, the new major in event planning is meant to surpass the certificate. Students majoring in event planning will not have to meet the certificate requirement.

However, the certificate program will remain available for students in other courses of study that have some interest in the subject.

“I think that there was a student that said, ‘I’m not a hospitality major but I still want to dabble in some of these courses,’ we could keep the event certificate for those individuals,” said Upchurch.

Even though the new major has been mainly pushed out to the freshmen and sophomores, juniors and seniors in the School of Hospitality can choose one of the new majors and not fall significantly behind.

I announced it to the meetings community through a listserv which serves about six thousand event planners, and the enthusiasm back from them was overwhelming because they are so pleased to see that the meetings industry is being recognized as an industry.

Daniel Cormany
Professor in event planning

“The majority of the courses in the common core are the same. Where the difference came was to shrink the common core by about two courses and blossom out the majors,” said Upchurch.

Some students feel the major is unnecessary since there’s already a certificate available.

“There is not enough student interest to have event planning as a major,” said senior Daniela Walters, hospitality major.

“The event planning certificate is more than enough.”

Other feel a bachelor in event planning would be more beneficial.

Senior Anju Nath, a junior hospitality major, will have to complete the event planning certificate as part of her program requirements.

“I wish I had known about that,” said Nath, reflecting on how the new major in event planning could have replaced her need for a certificate. “Event planning is really popular.”

The decision to introduce the new majors came after tracking student career paths after graduation. The School of Hospitality at the University, along with other universities in Florida, saw the popularity and success of alumni in the fields of event planning.

“I announced it to the meetings community through a listserv which serves about six thousand event planners, and the enthusiasm back from them was overwhelming because they are so pleased to see that the meetings industry is being recognized as an industry,” said Daniel Cormany, professor of event planning.

As far as what the new event planning major will do for the School of Hospitality, professor Cormany believes it will only enhance it. “I’ve been averaging 75 to 100 in class each semester so there is quite a bit of interest in it,” said Cormany.

So far, the plan is to go forward with the faculty the School of Hospitality has now. Enrollment in the new majors during fall 2013 will determine whether or not more faculty members will be needed, and that will ultimately depend on funding.

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PHI BETA DELTA

International Education Honor Society inducts 12 new members

DANIEL URIA  Staff Writer

On Feb. 1, Phi Beta Delta, an international honor society with 192 chapters in various universities and over 14,000 members, will induct 12 new members into their International Education Honor Society as part of a yearly ceremony.

Inductees include international students who have exhibited outstanding scholastic achievement, domestic upper division students who have excelled in study abroad and exchange programs, and distinguished faculty and staff who have been involved in recognized international endeavors.

“IT’S IMPORTANT TO ENGAGE THE FIU COMMUNITY IN INTERNATIONAL EDUCATION RELATED ACTIVITIES, SUCH AS THE STUDY ABROAD FAIR, NETWORKING OPPORTUNITIES AND SEMINARS TO ENCOMPASS THE BENEFITS OF INTERNATIONAL EDUCATION,” SAID YZQUIERDO.

As a member of the FIU community, Yzquierdo explained the importance of international education in her life.

“I am passionate about international education because of the career opportunities that flourish from studying abroad and its networking opportunities. Several of the members being inducted are involved in the Study Abroad Club and we’ve met because our goals and passions revolve around cultural diversity, higher education and our study abroad experiences,” said Yzquierdo.

To have your event featured, email us at calendar@fiusm.com
Savage goes down under to reach the top

Kaitlyn Savage finished the 2012 season in the top three of the Sun Belt Conference in shutouts, saves and save percentage.

MICHAEL ORTEGA
Staff Writer

Kaitlyn Savage, arguably the best goalkeeper in FIU women’s history, is now heading to the land down under to try to make a name for herself.

The University of Miami isn’t exactly popular in FIU, but boxing fans who wear the blue and gold can’t help but thank the green and orange.

The FIU boxing club got its start last semester after the UM boxing club approached the Panthers to create their own club so they could all compete against each other in amateur fights. Once it started, students from all backgrounds flocked to the club.

“Most of the kids you see here are primary FIU students or cadets of ROTC, but we have a lot of guys who come out just for the conditioning, some who are beginners in boxing, and then the actual boxers training to compete in amateur fights,” said Son Vo, head coach and sponsor of the club.

There is usually one prominent event that is organized per semester in Miami by UM, but the co-ed club is looking to do something more interesting by trying get to get their boxers more than one fight and more propaganda.

The amateur fights which the FIU boxing club participates in are held in Florida State University or at the Biscayne boxing gym in northwest Miami. So far, only two members from the club have participated in an amateur boxing match.

“They fought was a good first experience for me, it was my first amateur fight,” said FIU student Kareim Scott. “I didn’t come out with the ‘W’, but I feel like I got some valuable experience from the fight. I learned a lot of things about myself. Scott said he learned what he needed to do to get better as a fighter.

“Tis semester, I’m looking forward to improving on the fundamentals and just gaining new experience that I can use in the ring,” Scott said.

The club, however, isn’t just for the people who want to fight or like getting hit; it’s also a club for people who just want to work out.

The training is focused beyond just a cardio or a kickboxing class that they might offer at the Rec Center. The workouts start light and gradually increase in difficulty and reps as they continue.

Some of the training includes running up and down stairs, military style
Player exposed after taking football recruit to strip club

PATRICK CHALVIRE Contributing Writer

Along with implementing his own system on a college football team, FIU football Head Coach Ron Turner will have to make some new social media rules as well.

The Miami Herald reported that defensive back Demarkus Perkins and defensive back Isane Faciane exchanged tweets about taking a football recruit to the strip club last weekend. Though the section on official visits in the FIU packet does. According to the Herald, which references the FIU packet, “You may not entertain the prospective student-athlete by attending a gentleman’s club or providing an sexual encounter [e.g., strip club visits to adult-related clubs, FIU’s official towns],” said Faciane.

“Player exposure is a fight club, and that is the only way to do it,” said Faciane. “The only thing we can do is cater for every single student,” said Nunez. “The only coach that can make it work is a head coach who can make it work.”

If you’re interested in joining the boxing club, contact Jacobseel Nuñez at june94@fiu.edu.

No students turned down from Bay Runners club

David Ricketts, hospitality and nutrition major, is also new to the club. His sister is a runner and he did it as a wrestler for training.

“Anyone can do it,” said Ricketts. “Running is the simplest form of staying in shape. When you start to be in a slump, you walk. Every step you get faster, you start to feel better. No equipment needed and you’re not competing against anyone,” said Ricketts.

Along with junior Giulietta Botz, Orlando helped propel FIU to the doubles points. They rallied from 4-5 to win the match 9-8. Orlando also won her singles match, joining Maisak as the only other player for FIU to win in both singles and doubles.

“Gras, however, didn’t enjoy the success the other freshmen did. She lost in her singles match 6-2, 6-0. She put up a better fight in her doubles match with senior Magali Holt, but ultimately fell in defeat 8-3.

“I felt I had a little too much stress and I didn’t hit the ball very well,” Grass said. “I think as a team, we did a good job, especially our seniors and returning seniors.”

FIU won’t see its home court again until Feb. 22 when they host Florida State University. The Panthers will hit the road for the next five matches, starting with a trip to New Haven, Conn. to take on Yale University on Feb. 1.

“TENNIS

Petrovic’s spring debut spoiled by comeback

STEVEN ROWELL Contributing Writer

Katarina Petrovic’s first match as head coach for FIU tennis left her with a bitter taste after the Panthers lost to Florida Gulf Coast University 4-3 on Jan. 26 in FIU’s first spring match.

“It was tough positions I put the freshmen in today for them to step up,” Petrovic said. “I think it was a good first match, but we have to get better, and practice more, and be ready for tough matches coming up.”

FIU claimed the doubles point, winning two of the three doubles matches. Out of the six singles matches, FIU only picked up two points. Though the Panthers led 3-0, but couldn’t prevent the Eagles from coming back strong and getting four points in a row. While Petrovic made her head coaching debut on Saturday, three freshmen also made their collegiate debuts as well. Those freshmen were Lotte Gras, Carlotta Orlando, and Aleksandra Trianovic.

Trianovic, along with Rina Miasak, were dominant in their doubles match, sweeping it by a score of 8-0. Trianovic fell in her singles match in three sets. The lone singles match to fall for the Panthers was business as usual.

“Right now it’s not that we are trying to take away attention or purely make this a fight club but more importantly we want to make sure we cater for every single student,” said Nunez. “The only coach that can make it work is a head coach who can make it work.”

If students have time to spare, they can go for the shortest route.

“Running is the simplest form of staying in shape. For students who want to fight and the students who just want to work out,” Petrovic said. “Right now it’s not that we are trying to take away attention or purely make this a fight club but more importantly we want to make sure we cater for every single student,” said Nunez. “The only coach that can make it work is a head coach who can make it work.”

If students have time to spare, they can go for the shortest route.

“Running is to get step gets you farther than you though it is a great and non-judg- mental community. Sofia Galiano, journalism major, was also a new member who was looking for a runners club. For Galiano, it started before high school. She loved to run on weekends.

“Running is to get fit and have a workout. If students have time to it, they should. It’s the cheapest and easiest way to lose weight. There’s no equipment needed and you’re not competing against anyone,” said Galiano.

The Bay Runners are preparing for upcoming races, the closest of which is the FIU Color Run. The 5K run will be on Sunday, Feb. 3 at 9 a.m. It is free to FIU students but you must have a FIU ID to check-in at the Aquatic center at 8 a.m.

For more information about the FIU Bay Runners and the 5K run, visit www.facebook.com/flipbayrunners and on Twitter @FIUbayrunners.

-Contributing Writer
WUC administration responds to game room abuse

Prompted by rising concerns, the Wolfe University Center administration had to pull in the reins on what was slowly becoming the “free-for-all” room.

The changes that took effect at the end of fall semester limited the game room’s open hours from all day to 11 a.m. - 6 p.m. Monday through Friday, and added full-time staff inside the room at all times.

But the nature of the room remains the same.

Some students, like Jean Noel, a freshman studying criminal justice, had no idea there was full-time staff or restricted hours at all.

Najum Shabbir, a freshman in computer science, is hardly affected by the changes too. “I don’t mind the hours,” he said. “And the attendant doesn’t bother anybody.”

One thing he does miss, though, is the ping-pong table.

“I did love the table and I have no idea where it went,” Shabbir said.

Don’t tell the Bay Runners club that running is just a sport. To them, it’s a passion.

The FIU Bay Runners is a new club in the Biscayne Bay Campus, which meets at 6 p.m., Wednesdays at the BBC Recreation Center.

Jackie Ore, the club’s founder, was having two meetings drew at least 10 members. Since the runners did not want to make the commute to the Modesto Maidique Campus, and it is because of that reason that the administration is taking the precautions to place a full-time staff.

According to Zach Trautenberg, IT & marketing coordinator at the WUC, there was an approval to officially buy a new ping-pong table, which would replace the old one.

Gene Yllanes
Contributing Writer

Bay Runners getting ready to run FIU one jog at a time

Jeffrey Sodusta
Contributing Writer

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The FIU Bay Runners is a new club in the Biscayne Bay Campus, which meets at 6 p.m., Wednesdays at the BBC Recreation Center.

Jackie Ore, the club’s founder, was having an ordinary walk near the bay on campus one day. She started gathering a couple of her friends and they formed a small group that walked and ran together near the bay.

“At first, they thought it was crazy that I was running for fun,” Ore said. “They joined with me and it is really fun to walk or run with other people.”

Ore, who has a master’s in human resources, said running started as a hobby to help her lose weight. She began running when she lived in Gainesville and started to see the results. What started as a normal routine soon became a habit.

During one of their runs, a friend came up to Ore and jokingly said, “South campus has a running club, why don’t we have one?”

Since the runners did not want to make the commute to the Modesto Maidique Campus, Ore thought it was a good idea to start the club and started advertising it.

She went to Christina Reddick, coordinator in the BBC Rec Center who would be the club’s advisor.

Many of the members found the club through flyers, email and Facebook. The last two meetings drew at least 10 members.

One of the newest members is Nathan Dodge, program administrator in the Chaplin School of Hospitality and Tourism Management. He read about the Bay Runners club through an email and gave it a shot.

“I usually run two or three times a week before lunch,” Dodge said. “It’s fun to do it with someone else. Running is a way to relieve stress after class or work.”

Sana Allah
Contributing Writer

Magnifique!

Christina Ramsey, a senior in nursing, loves cooking and started at a very early age. When she was younger, she would make very small cakes and her mother would be very proud of her. Although Ramsey is a nursing major, she enrolled into the International Cuisine course provided by the Chaplin School of Hospitality and Tourism Management. Most of the students in this class are hospitality majors, but that doesn’t stop Ramsey. Ramsey is cooking a french dessert called coeur à la crème with caramelized strawberries.