New faculty to teach at recently acquired museum

MARIA BRITOS
Contributing Writer

Joining the University’s staff this upcoming spring semester is Professor Tudor Parfitt, a writer, historian and self-proclaimed adventurer.

Parfitt, a Welsh professor of Modern Jewish Studies formerly teaching at the University of London, focuses on Jewish studies, which he will be teaching this upcoming spring semester.

However, his classes will not be taught at any of the University’s campuses, but rather at the Jewish Museum of Florida in Miami Beach, which was recently acquired by the University.

“It’s a tremendous place,” Parfitt said about the museum where he will teach the course “Jews of Asia” within the Department of Religious Studies.

“Parfitt said he has been living in New York City and he is currently researching his next book, which will be his first on the American Jewish experience.

Disability Center serving visible and invisible disabilities

RACHEL CUCCURULLO
Staff Writer

Disability Resource Center Director Amanda Niguidula said her daily mission is “to put the DRC out of business.”

Behind the Graham Center Art Gallery is the University’s Disability Resource Center, where “staff members work to provide support and engage students of all backgrounds and experiences.

“Ultimately, if we do our job and give everyone in the University community either the insight, permission, tools or support they need, then we have done a great job,” Niguidula said.

In an interview with Student Media, Niguidula explained the history of discrimination and the misunderstanding of the experiences of those who are disabled.

This persistent, discriminatory atmosphere has resulted in students with a disability needing a place where “they can identify and say what’s working for them and what’s not,” Niguidula said.

The DRC was created to meet this need.

Stephen Loeznaz, associate director of the DRC, oversees the direct service component and said that there is an abundance of options and resources available to students, assuming they don’t have a disability.

“We follow University procedures, but would like to see them changed or updated as we see fit for students with a disability,” Loeznaz said.

Loytnaz said there are two broad categories he uses to talk about disabilities: visible disabilities, such as blindness, deafness or someone who is wheelchair-bound, and the invisible disabilities, which include psychiatric or learning disabilities.

A number of services are offered at the Disability Center serving visible and invisible disabilities.

PUSHING IT

Students do not need to practice Jainism, Judaism, Buddhism or any other religion to benefit from the study of spirituality.

No program in the world does what we do. Students cannot [learn about spirituality] anywhere else. They won’t find it in their classes or in their church.

Spirituality is not to be confused with traditional religion.

“Religion describes a particular worldview and defines a particular set of rules in a specific cultural context,” said Daniella Vlackiw, a graduate student of religious studies.

“However, I would define spirituality as a personal yearning for a deeper connection with a reality that transcends worldly experience.”

Students can participate in spiritual learning by enrolling in any one of the courses ranging from meditation, philosophy and peace studies.

Students can also learn and participate by attending events at Modesto Maidique Campus.

On Wednesday Nov. 14, Dipak Jain, current dean of INSEAD, a graduate business school, and the former dean of the Kellogg School of Management at Northwestern University, will speak in "First Annual Mahavir Nirvan Lecture: Spiritual Entrepreneurship" at the School of International and Public Affairs room 125 from 6 to 8 p.m.

On Nov. 27, Vlackiw will speak with Rabbi Levi Friedman and Reverend Mary Tumpkin in "The Spiritual Meaning of the Season’s Lights: Hanukkah, Christmas and..."
Limits on class-action lawsuits at Supreme Court

MARK SHERMAN
AP Staff

The Supreme Court appeared divided Monday in two cases in which businesses are trying to make it harder for customers or investors to band together to sue them. The justices heard arguments in appeals from biotech company Amgen Inc. and cable provider Comcast Corp. that seek to shut down class-action lawsuits against the businesses.

Amgen is fighting securities fraud claims that misstatements about two of its drugs used to treat anemia artificially inflated its stock price. Comcast is facing a lawsuit from customers who say the company’s monopoly in parts of the Philadelphia area allowed it to raise prices unfairly.

Last year, the Supreme Court raised the bar for some class-action lawsuits against the businesses. The justices said the courts correctly ruled that the case could move forward as a class action. The issue at the Supreme Court is whether the pension funds have to show at an early stage of the lawsuit that Amgen’s claims about the safety and effectiveness of the drugs Aranesp and Epogen affected the stock price.

Several justices indicated they had no problem with the idea that, unlike in the Wal-Mart case, all the Amgen investors were in the same boat and could clear an early hurdle that tripped up the Wal-Mart employees.

The justices are considering whether to change the rules for class-action lawsuits when there are too many women in too many jobs at the nation’s largest private employer to wrap into one lawsuit.

Class actions increase pressure on businesses to settle suits because of the cost of defending them and the potential for very large judgments.

Connecticut pension funds that sued Amgen said lower courts correctly ruled that the case could move forward as a class action. The Supreme Court is whether the pension funds have to show at an early stage of the lawsuit that Amgen’s claims about the safety and effectiveness of the drugs Aranesp and Epogen affected the stock price.

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They have seven children, born in Italy and the U.S. One of their children resides in London.

“FIU is much bigger and it’s a very exciting place to be,” Parfit said, comparing it to the University of London.

“Coming from England, it does look like a Garden of Eden... It’s much more luxurious in a way.”

Events scheduled on spirituality

MEDITATION, PAGE 1

Divali hit GC 140 from 4 to 6 p.m.

“Students who attend will have the special opportunity to understand the deeper meaning of these festivals in their own traditions, going beyond the mechanics of celebration and into the underlying essence of what they represent,” Vaclavik said.

“The lecture will address the universal symbol of light in the three different festivals. This interfaith discussion will go into the ways these three traditions relate to each other. “Our coming discussion should help participants identify and express this light in their lives,” Tumpkin said.

“For her, coming to Miami is like coming back home,” Parfit said.

Regardless of religious affiliation, the light is recognizable in everyone as they move from a selfish to a selfless interchange.”

Disability Resource center working with faculty on courses

DISABILITY, PAGE 1

DRC, including extended testing time, minimal-distraction testing rooms, technological equipment and software, four computer labs in the library and special access to tutors.

Scholarships designed for students with disabilities are also available. The Johnson Scholarship Endowment for blind or visually impaired students and the Ignite Endowment for blind or visually impaired students are providing the learning and academic environment are the faculty members. Alvarez said.

Their work involves dialoguing, discussing and mapping out plans with faculty to create accessible courses.

Faculty members are encouraged to go to the DRC to receive more information on creating courses that are more disability-friendly. Students are also trained on how to speak to professors or convey needs to fellow students to feel more comfortable.

University students can volunteer with the DRC as note-takers for students with a disability.

“This is a philanthropic engage-
When beliefs or non-beliefs get in the way of coexistence

MADARI PENDAS
Contributing Writer

Recently, the Vatican was wrapped in a scandal over stolen personal documents of Pope Benedict XVI. The leaked documents suggest that the Vatican has mafia connections, engages in money laundering and suppresses sexual abuse allegations. The trial against the insurgents is currently in progress; however, no one outside the Holy See is allowed to enter the courtroom.

But the Catholic Church is not the only religious organization under scrutiny.

In July, “Innocence of Muslims”, an anti-Islamic film made in the United States, led to world-wide riots and attacks on United States embassies. But in October, a film made in Texas, USA, led to world-wide scrutiny.

A Gallup Poll conducted in 2012 stated that 32 percent of Americans are non-religious. Atheists represent one of the large groups in America and according to a 2012 Gallup Poll, over 50 percent of Americans would vote for an atheist presidential candidate.

However, America is not only the country with a growing atheist population; 29 percent of people in France, and 15 percent of people in Germany identify as well.

For years the staggering number of atheists that exist, most do not openly discuss their beliefs out of fear of persecution or ostracism from friends and family.

A study conducted by the University of British Columbia found that most theists distrust atheists as much as they distrust drug users and, in a separate study, that “Atheists are also the minority group most Christians are least willing to allow to children to marry.”

Many claim atheism because of an acceptance of science over religious doctrines.

Bill Maher, television host of “Real Time with Bill Maher” and outspoken atheist, defends his beliefs by stating, “If you belonged to a political party or a social club that was tied to as much bigotry, misogyny, homophobia, violence, and sheer ignorance as religion is, you’d roar protest.”

The rise in atheism cannot be fully attributed, however, to the indications and violence exhibited by certain religious organizations.

Advancements in science and technology have created more skepticism about religious theories. Where once things could only be explained by supernatural means, scientific investigation has provided natural explanations.

For instance, the Greeks believed a god resided on Mount Olympus, but today, we know the mountains are just a place for clouds to gather and a寄信人：opinion@fiusm.com

Mr. President, it’s up to you to give us that support.

As students, we are given and encouraged to take advantage of our freedom of expression, whether it be in the classroom or amongst our peers throughout the University.

However, an idea that isn’t brought into the limelight as much isn’t a student’s freedom of expression.

On Oct. 30, the Christian News Network published a story criticizing the University’s Honors College Dean Lesley Northup for comments she made during a class lecture stating that the Bible is a book of myth and that in her opinion those who believe in creationism should not be allowed to be in the classroom.

The Christian News Network’s article goes on to interview Jason Lide, director of research at the Institute for Creation Research in Dallas, Texas, to counter any comments which Northrup could possibly raise to further explain what was said during her lecture.

The only thing that Lide does effectively is to preach a message of intolerance towards anyone who dares question the book, regardless of what walks of life an individual may be from, or what denomination of Christianity someone may observe. In the case of Northrup, she is a priest of the Episcopal Church.

The purpose of Northrup’s lecture, according to comments she made to the Christian News Network, was to encourage her students to keep an open mind, especially when it comes to religion.

Lide’s is the complete opposite, that Christians are supposed to be narrow minded.

If we’re going to take God at His Word, we have to believe that Jesus is the only way,” said Lide to the Christian News Network.

“When people say there are many different truths, it really isn’t truths — it’s beliefs. And there are many different beliefs to be sure, but most of them are wrong.”

Everyone is entitled to express their thoughts and beliefs, regardless of what they may be. I understand that not everyone would take to the Christian News Network.

Whether I agree or disagree with what Northrup said is irrelevant.

A more jobs are requiring post-secondary education, the need for higher education is more pressing than ever, and as it soon becomes not just a perk but an expectation within the workforce, we’ll have to assess, with unbending resolve, the issue of affordable and federal support.

Mr. President, it’s up to you to give us that support.
Beauty Project shines light on obsession with appearances

ALFREDO APARICIO
Staff Writer

The obsession with beauty, its ever-changing ideals and their consequences, will be at the heart of theater student Tatiana Pandiani’s devised piece for her Directing II Thesis, The Beauty Project.

It will combine the talents of singers, dancers, actors and musicians to create a completely original piece chronicling the everyday struggle with beauty through vignettes featuring monologues, stream of consciousness writing samples, dance routines and musical pieces.

Pandiani, senior performance major, researched for the project, which will be presented at the Advanced Research and Creativity in Honors Conference next spring and stems from her work with the ARCH program in the Honors College at the University.

“I chose beauty because it affects me, a lot of people in my life and people I don’t know,” Pandiani said. “In the university setting, you have people still becoming adults, finding ourselves and I think that we are all concerned with beauty, but the question is: when is too much, too much and when is too big, too big? We are exploring those limits.”

The first workshop, which served as an informal audition, was open to everyone and cast nine performers of various talents and experiences to devise and write a script through of various workshops during the semester, drawing on their own lives for inspiration.

“It’s not a conventional theater piece. Devised theater has forced us to go step-by-step and listen to each other and realize that the performers are not interchange-able, they’re specific people,” Pandiani said.

“The performers don’t have any roles. They create the role they play and write for them- selves, as well as others.”

For Pandiani, creating the script has been a very intimate process because of the lack of previously established ideas and definitions.

She allowed each performer to individually share who they are, how beauty has affected or is part of them and given them the opportunity to embrace themselves.

“It’s about trying to make it appealing and accessible to audi-ences and finding the universal aspect to it that will speak to the community,” Pandiani said.

One of the most recent work-shops focused on hair and the socially constructed ideals behind it. “Some people have intense, frizzy hair, but the ideal is always straight and flowy,” Pandiani said. “We explored how much we, as a group, take care of our hair and how much people read into hair styles and judge someone by it.”

Some of the more surprising findings of Pandiani’s research has been analyzing how far some people will go for beauty.

One book, “The Beauty Myth” explained that the South Beach Diet provides dieters with half the calories the Nazis fed pris-oners in concentration camps, which amounts to around 700 calories daily.

“It’s scary to read about how these fashions and trends trans-cend age and ethnic groups, especially since most ideals are constructed in my opinion,” Pandiani said.

Pandiani also researched psychology, women’s studies and visual arts, such as adver-tising and photography of the 20th century, as well as how male and female ideals are portrayed.

“Photographs have helped me more because we are a visual culture, mostly,” Pandiani said. “In creating this piece, Pandiani hopes audiences will ponder their own personal relationship with beauty and aesthetics. She hopes viewers discover many questions and don’t fear the lack of answers.

“A lot of the stuff we are asking we find that we don’t have the answer to. Instead of finding the answer to ‘what is beauty?’ I want the audience to engage fully with the piece and create aware-ness by bringing an open mind,” Pandiani said.

“We’re trying to be artists that are involved with the commu-nity, creating something fresh and original.”

FIU runs a Toys for Tots drive for underprivileged

SKYLAR SIEGEL
Contributing Writer

With the economy still recovering and the uncer-tainty job market, the holiday season is a rough time for many parents trying to make ends meet. For those families that cannot afford to put gifts under the Christmas tree for their children this year, the Toys for Tots foundation is ready to step in.

The objectives of Toys for Tots are to help less privileged children, usually between the ages of 0-14 in deprived communities nationwide, expe-rience the joy of Christmas, to unite all members of local communities in a common cause for three months each year during the annual toy collection and distribution campaign, and to contribute to better communities in the future.

The University’s Veteran and Military Affairs Office is partnering with the veterans FIU alumni association to run a Toys for Tots drive in Modesto A. Maidique and Biscayne Bay Campus.

“It is a marine corps based drive, but all of mili-tary affairs are working together,” said Mario Larin, Marine and senior international business major.

This year will be the first year that the veterans’ affairs office at the University is helping with Toys for Tots.

“I always wanted to help with the drive. Many different organizations have been getting involved, and we are looking to get a large university involve-ment,” said Mike Pischner, director of veteran and military affairs.

The Toys for Tots drive collections began Oct. 15 and will run until Dec. 18. The Marines will deliver gifts to the children 20 to 30 days prior to Christmas.

“The best part of helping Toys for Tots is to see how many kids we can help,” said Pischner.

The types of toys children receive from the drive will vary.

“I’ve seen children on TV receive everything from bicycles to Barbie dolls from a Toys for Tots drive, so different organizations are able to give different things,” said Pischner. “We are just asking for students and faculty to bring whatever they can, any unwrapped toy is welcomed.”

The veterans’ affairs office, along with FIU’s veteran alumni association, will continue to promote the drive until Dec. 18. Tuesday, Nov. 5 and Wednesday, Nov. 6, marines in uniform, such as Mario Larin, will be encouraging students in MMC to become involved with the drive. “The more gifts the merrier,” said Larin.

“We here in the veterans’ affairs office want to let admin know we are happy for their support with the drive and we are also grateful to MMC’s engineering society, who has already promised to donate 20-30 toys. We are happy that FIU is involved with the marines, although it is more a community effort than an FIU effort,” said Pischner.

While Toys for Tots coordinators like Pischner organize, coordinate and manage the drive, the ultimate responsibility depends on the support of the local community. To become involved with the drive, contact Mike Pischner at (305) 348-7662.

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THE BEAUTY PROJECT
WHEN: During Art Walk in Wynwood
HOW MUCH: FREE
WHERE: Hangar Gallery

FRIDAY, NOV. 16 & SATURDAY, NOV. 17
THE BEAUTY PROJECT
WHEN: 6 p.m.
HOW MUCH: FREE
WHERE: MMC DM 150

PHOTO: PHOTO BY MIKE APARICIO

-s-life@fiu.edu

Toys for Tots aims at giving less privileged families toys for their children.
Swing with the University’s Studio Jazz Big Band

I see jazz as one of the biggest and most different approaches in music. It’s interesting to look at what the school jazz band can do with it and also support the musicians of tomorrow.

IVAN ARDILA
Contributing Writer

For all of those jazz aficionados out there, it must be exciting to know that after performing in the Miami Nice Jazz Festival this past month, the FIU School of Music Studio Jazz Big Band will be having an evening entirely to themselves. “Swinging with the Big Jazz Bands” is a retrospective look at the music of the big band era during the ‘30s and ’40s when swing was at its most popular. The group will recreate music mainly from legends like Buddy Rich, Glenn Miller and Benny Goodman, but also newer compositions by Les Hooper.

“Jazz, in a style of music that is cross-generation,” said Jim Hacker, faculty member and director of the band.

He says that although it’s not so mainstream now, this style of jazz allows for group interpretation, as well as some individuality from the musicians. The band contains an active group under the arrangement and direction of Hacker.

“We’re not only reading and performing the music, but also creating,” said Hacker.

“The best part about playing this style of jazz music is that it takes you back in time. Most jazz groups these days are made of four or five people,” said Seth Merlín, a trumpeter on the band, after he and his peers were done rehearsing the classic “In the Mood” by the late Benny Goodman.

Professor Hacker also emphasized the importance of this coming event as the first time being presented by the Gold Coast Jewish Studies, a Florida non-profit organization dedicated to the perpetuation and advancement of jazz music as an art form.

The director and the band are excited and eager to perform in this and other similar events; however, their expectation regarding the support of FIU students in general isn’t very high. Many members of the band say that most University students don’t even know these concerts exist.

“With so many other events going on all the time at school, I don’t think many people know about these concerts,” said Merlín, a sentiment shared by another trumpeter, Kelley Gonzales.

“Not many people in FIU are aware of these events,” said Gonzales. “Probably because we don’t advertise enough outside of the School of Music.”

“I see jazz as one of the biggest and most different approaches in music,” said Alexander Coombs, music major. “It’s interesting to look at what the school jazz band can do with it and also support the musicians of tomorrow.”

What is undeniable is that attending the swinging with the Big Jazz Band’s concert should prove a great way to demonstrate school spirit and a chance to learn about legends from the past, interpreted by future ones.

FIU offers new course on Jews in Africa and Asia

KATHERINE LEPRI
Staff Writer

According to the 2010 census, there are approximately 5.3 million Jewish Americans. While most students are familiar with some of the aspects about Judaism in Israel and the United States, many may not be aware that there are 80,000 Jewish people living in Africa and over 50,000 Jews in Asia. Jewish culture has a rich history that goes back thousands of years. According to professors at FIU, some of the most unique and interesting stories are from Jewish emigrants in Asia and Africa.

(“Students) are all used to learning about Jews in Poland, Ukraine, or maybe Morocco,” said Nathan Katz, research professor in the department of Religious Studies. “(Students) are going to be learning about Jewish communities from Zimbabwe, China, India, Papua New Guinea, Nigeria. It’s just a totally different perspective on Judaism and the Jewish people.”

Co-teaching the class called Jews in Africa and Asia will be Research Professor Tudor Parfitt, a world-renowned expert on Jewish communities in Africa.

He is known as a pioneer in an emerging discipline that combines DNA and physical evidence to reveal the history of ancient human migration called genetic anthropology.

The newest addition in the Religious Studies curriculum will be taught at the Jewish Museum of Florida in Miami Beach, which originally began as a travelling exhibit about Jewish life in Florida. The museum includes two adjacent Art Deco synagogues from the 1920s, one of which formerly hosted the first Jewish congregation of Miami Beach.

“FIU strategically is making its footprint in Miami Beach. We’re part of that process,” said Katz. “The museum is really beautiful and it has wonderful archives inside library and so forth for students to conduct research.”

The class will explore populations such as the Lemb of Zimbabwe, the Beta Israel of Ethiopia, and the Ibo of Nigeria and Asian communities such as the Jews of Kochi, Mumbai, and Shanghai.

Parfitt, who is internationally recognized as “Britain’s Indiana Jones” for his intensive research of Jews in Africa, will be leading the portion of the class about the communities of sub-Saharan communities that he has studied in depth over the last 20 years.

Fred Ezekiel, one of the featured guest lecturers, will be speaking about his experience as a Jew in Shanghai in the period before and after 1953 when Jewish refugees of Eastern Europe escaped to Asia.

“Shanghai attracted people from all over the world,” said Ezekiel. “The story of the Jewish people from Shanghai is a very interesting story.”

According to Katz, the class will explore the process of how identities get created and how a group that identifies themselves can spread it to other groups who identify similarly using examples from the Jewish communities.

“We want to study that process of how one comes to this (Jewish) identity,” said Katz. “(And also) the development and progress of the community and why it progressed.”

“I have taught here at FIU with the Jews of Asia,” Katz said. “Now with Professor Parfitt joining us, we can expand it to talk about Africa and Africa and look for differences and commonalities.”

CAMPUS LIFE!

OUT TABLING EVENT

GREAT AMERICAN SMOKE-OUT TABLING EVENT

Friday, Nov. 2

10-2 p.m.

How Much: Free

Where: MMC WUC 223

Great American Smoke-out Event

I see jazz as one of the biggest and most different approaches in music.
The team really played well and executed the game plan. They played together and continued what they had going during the end season,” said Head Coach Thomas Chestnutt. "Troy is a good team they are well coached and have a strong offense, so we needed to shut them out to get momentum going into the next games.”

Next up was the only team that beat FIU at home this season: Middle Tennessee. This game was as much a semi-finals game as a retribution game.

This was a tough game for both teams with FIU coming out on top 2-1 in overtime. FIU’s defense was stout in the second half, cutting the amount of shots MT took and making them get out of rhythm for over time. This is when FIU took off from Florida Atlantic University’s forward Kim Lopez made the game-winning goal, her second goal of the game.

This was a must-win game. We did not want to lose to them again. We needed to pull this one off not only to make it to the finals but for the one lost at home we faced against them.”

Forward Chelsea Leiva said. It was then on to the finals for FIU, where they met North Texas; the teams tied during their first meeting in the season.

The game was not an easy one for the Panthers, taking their defense to a higher level. In the first half, NT held FIU to one shot and forced FIU to play on their heels. The offense showed up in the second half but the defense didn’t, allowing the Mean Green to take 14 shots with one hitting the net and taking the game from FIU.

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Club takes home 13 medals in first ever competition

BRYAN PALACIO
Contributing Writer

In martial arts, training your mind is just as important as training your body. FIU’s Tae Kwon Do coaches Lino Cappelli as well as brothers Ray and Chris Alvarez made sure their club was mentally prepared for their competition in Sarasota, Florida on October 20th. Their preparation showed as the team won a total of 13 medals: eight gold, four silver, and one bronze.

The club has 15 members and this was the first competition for the school. Only six members of the team competed, making the amount of medals won impressive. The team is still in its infancy though, this being only their second semester as an FIU club.

It was also the first time competing in general for many of the members. Coach Chris Alvarez was competing for the first time since tearing his meniscus in March. Overall, it was not just a win, but a monumental success for the club as a whole.

The coaches couldn’t have been more proud of them, as everyone probably should be.

Aside from the final outcome, I’m just proud of the team and how hard they have worked together,” said Coach Ray Alvarez. “From the beginning they have sacrificed their time and effort to become as successful as possible.”

He is also very proud of his brother, as everyone probably should be.

Before Chris’ injury, he had just been accepted into one of the top Taekwondo training centers led by the Olympic Taekwondo Team Coach and two-time Olympic Silver Medalist, Juan Moreno. Chris was just in his second practice when his injury occurred.

“I was very excited about the opportunity and was devastated when I injured my knee,” said Chris. “My motivation was basically to return back to training there as soon as possible so that I may continue working towards achieving my goals in the sport.”

He had a complete tear of the meniscal meniscus on his left knee, this caused the meniscus to flip over and wedge itself under the knee cap, locking his knee into place. The immediate surgery took six hours but was completely successful with the doctor reattaching the meniscus without having to remove any of it. The next day he was already rehabbing using a machine that worked his range of motion six hours a day. His recovery time to be able to do Taekwondo again was seven months. He was already back to training after just five months. His effort and work paid off as he was able to score a gold medal in the Men’s Black Belt Division, besting his final opponent 10-4.

“With Ray earning silver and Chris gold, the coaches’ inspirational performance resonated with the team. Fabian Feierabend, Alfonso Meneses, and Daniel Cuyen all excelled in their divisions and won 1st place in their sparing events.

“The competition was amazing for beginners and advanced belts,” said Fabian Feierabend. “The tournament was very competitive and I’m excited for how we finished.”

The tournament definitely going to represent FIU well for the rest of the seniors and the first competition for the club.

Not only did they train hard but they applied everything they’ve been learning over the last few months in the ring,” said Ray. “They are definitely going to represent FIU well for the rest of the tournament season.”

The team will be competing next year in April’s US National Collegiate Taekwondo Championships.

-sports@fiusm.com

Final home match for three star seniors in career

VOLLEYBALL , PAGE 6

“You never know how a team can play when it is put in a position to have to survive, so we just need to make sure we play at a high level in order to survive and move on.”

This weekend may not be the end of the 2012 campaign for the Panthers, but one thing is for certain, and that is it will be the final home match for four seniors on the squad.

The match against Troy in Sunday will mark the final time FIU fans will catch a glimpse of Renee Forde, Marjia Prsa, Ryanna Milligan and former All Sun Belt and FIU legend, Jovana Bjelica, play here in the friendly confines of US Century Bank Arena.

Bjelica has yet to step foot in a match in her final year of collegiate volleyball career as she suffered a fluke injury in the first game of the season that resulted in her breaking her right hand.

The 4-6 week timetable for her return has been severely prolonged, as she still has not made an appearance.

As for Bjelica and the rest if the seniors class, Theroulde believes the best is yet to come for these talented athletes.

“It is almost like seeing a child grow up and leave home and go on to their next level. Yeah, you’re sad that their leaving, but you’re extremely proud that they have arrived at the next phase of their lives in terms of their volleyball and academic achievements. This year Marija [Prsa] wants to play professionally, so does Renee [Forde] and Jovana [Bjelica] so I am extremely delighted to see them move on with their volleyball career.”

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When beer spills over the boundaries of the norm

BARBARA CORBELLINI DUARTE
Asst. News Director

Beer can be more than just a drink and the University’s beer club is expanding those boundaries. The Biscayne Brewers Bash, which was the first event organized by the Biscayne’s Renowned Engineers of Wort, brought 16 local brewers from South Florida and featured more than 40 types of craft beer on Sunday, Nov. 4. It was sponsored by the Chaplin School of Hospitality and Tourism Management.

Relieving the muscle strains of student life, safely

SHANNON COPELAND
Contributing Writer

The busy college life can make it hard for students to find time to exercise, but the Biscayne Bay Campus Recreation Center will give them a helping hand.

Set for Nov. 8, the Recreation Center will host the Fitness Day at the Bay in the Wolfe University Center Room 223 at 2 p.m.

Karen Cruz, intern at the Rec Center, came up with the idea to host the Fitness Day after conducting a survey at the fitness center asking students about problems they experienced like muscle strains before and after exercising.

“Students were geared toward the do’s and do not’s of fitness and how to prevent muscle strains before and after a class. Students will also learn how to properly tie shoelaces as this can affect them during a workout,” said Christina Reddick, assistant director at the BBC Rec Center.

At the event there will be fitness instructors, chiropractors and nutritionists to answer questions students may have. They will also do demonstration exercises for students to follow.

Instructors will show how to properly do several exercises, such as deadlifts, which can cause back pain if the person does not lift the loaded barbell correctly.

“If students develop healthy workout habits from now, it will benefit them in the long run,” said Reddick.

Timothy Gladden, fitness trainer from T3 Fitness, and Christine Teller, a nutritionist at the University, will be at the event so students can ask questions.

Crú, a sports fitness and physical education senior wanted to do an event that would benefit students.

“Exercise helps to keep you alert, especially for class and whenever I don’t exercise I feel really tired,” she said.

For those students who struggle to find time in their day to go to the gym, there will be tips for easy and fast workouts.

“Instruction will show exercises you can do as you get out of bed and even before you go to bed, and it will only take 5 minutes,” Cruz said.

The event is free and open to the public. Parking will be available in front of the library.

Sponsors, such as 5-Hour Energy and Optimum Nutrition, will be at the event.

SOMETHING FISHY

Liz Huselid, an FIU alum and technician, examines a specimen in the aquatic ecology lab inside of the Marine Science Building. This lab has a contract with the state and collects specimen from the Everglades. Each specimen is preserved in ethanol. Once each animal is weighed and identified, the data is sent to different park services in order to help monitor water levels and to keep a better environment.

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