Budget deliberations postponed at last minute

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Campus-specific budget deliberations at both the Modesto Maidique and Biscayne Bay campuses were postponed until further notice, according to the Student Government Association.

They were to set take place on Feb. 29 at MMC and March 5 at BBC.

“I feel pretty confident that we’ll be meeting again sometime next week,” said Patrick O’Keefe, president of the Student Government Council at MMC.

With the Activity & Service Fee Committee in discussion about an increase in the A&S fee, it would be difficult to begin any new allocations with funding numbers continuously changing, according to Donovan Dawson, senate speaker of SGC-MMC.

The A&S fee is one of the fees that students pay for with their tuition, along with an athletics and health fee.

“I wouldn’t want to hand anything over to the Senate that is incomplete or isn’t finalized,” said Dawson to Student Media after the U-wide budget deliberations on Feb. 18.

The budget deliberations involve student government leaders deciding the disbursement of the $13 million of A&S fee monies.

Unlike University-wide deliberations, campus-specific deliberations are supposed to address the funding of organizations that are exclusive to each campus such as Student Programming Council and Council for Student Organizations.

Recently, the A&S Fee Committee held two public hearings at both campuses to listen to the concerns and opinions of students and faculty regarding the proposed increase in the A&S fee this year.

According to the SGA website, the committee’s final meeting to vote was scheduled to take place Feb. 28.

They are to announce the decision during the coming weeks as to whether the fee will increase and if so, by what percentage.

“Although the United States is beginning to recover from the 2008 financial crisis, European countries are still experiencing an ongoing crisis.”

The lecture was hosted at the Biscayne Bay Campus, and, as a participant in the Reader’s Program, FIU was provided free pizza for the attendees. Eric Feldman, graduate assistant for the Office of Global Learning Initiatives, helped organize and market the event.

“Because of our partnership with the Reader’s Program, we are offered these kind of opportunities,” Feldman said.

Around eight students attended the conference and appeared prepared to ask questions. After speaking for 20 minutes, Kahn began answering questions posted in the online forum by different students across the nation.

Fufu Zhou Wu, a sophomore in blocks per game, averaging two per conference, made the top.

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Also making an appearance on the all-conference team was Fanni Huflassa who
Jackson Health System cuts 10 percent of workers
Miami-based Jackson Health System, which is one of South Florida’s largest healthcare providers, is cutting about 10 percent of its workforce.

Chief Executive Carlos Migoya said at a news conference Tuesday that they would be cutting 1,115 jobs. The Miami Herald reports that the cuts are expected to create a net savings of $69 million. The struggling public hospitals have lost $420 million the past three years.

Migoya says the cuts will mean 920 people will be laid off, while another 195 vacant positions will be eliminated. The system is adding 350 part-time positions, which those being laid off will be allowed to apply for.

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Office doors in the hallway were shut, but Mary Helen Hayden’s office was wide open. Outside her door sat a student assistant and Hayden’s office manager. Trash cans, stacks of books and binders filled the room.

Hayden is director of the School of Social Work at FIU. This March marks her 35th year at the University, a good time to look at the serious impact she has had on the community from her years as an adjunct instructor to her recent appointment as school director.

Jennifer Abeloff, associate director of the school, has worked with Hayden for about eight years. “She has been my mentor and guided me in my administrative and leadership skills,” Abeloff said of Hayden.

“Dr. Hayden is a very intelligent, organized person with a wealth of knowledge regarding FIU and social work. She is able to engage students, faculty and community members at a level that is above and beyond what most individuals can accomplish,” said Abeloff.

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She earned a master’s in social work from Florida State University and embarked on her career. She met her husband of 39 years, Bruce Hayden, while working in Miami’s Spectrum Program, where she began her career in social work.

The pair counseled heroin addicts for about a year and a half. The opportunity to co-facilitate groups together let him see that “her talent and love was in the area of training and organizing and teaching than it was working one-on-one.”

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“It was quite an experience,” she said.

While at UM, she accepted an offer to become an adjunct professor at FIU.

“As a faculty member she was wonderful,” said Mario De La Rosa, a professor of social work at the University, noting that Hayden has been director for only a year. “She is a key member of our faculty and now takes on the key role of administrative issues.”

As director, Hayden deals with student issues, oversees the faculty and handles curriculum and scheduling. Hayden also makes sure the school adheres to the accreditation standards set by the Council on Social Work Education.

Along with her duties as director, she is on numerous committees at FIU. She is part of the Office of Engagement, the Leadership Center and Neighborhood Help, a joint program that includes the College of Public Health and Social Work, the College of Medicine and the College of Nursing and Health Sciences. Students in Neighborhood Help go out into the neighborhoods of north-east and northwest Miami. Each team is assigned families.

The medical and nursing students are with the families for four years and look after their medical care, while the social work students are with the families for two semesters and deal with the social issues in the households.

Some of the issues that the families face are unemployment, psychological problems and drug and alcohol abuse. The students connect the families for services and to conduct counseling.

Abeloff said Hayden “gives back to the community not only through her work as the director but also personally as a board member at Camillus House, as well as through tremendous social service programs that she leads at her church.”

Serving FIU is just as rewarding for Hayden as it is for students and faculty. “It’s not just my career,” she said. “It’s my life.”

This story was researched and written for JOU 3300 Advanced News Writing taught by Dr. Fred Bleven in the School of Journalism and Mass Communication. Hayden can see this and other class work by going to thenewswave.org

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Panthers clash with Western Kentucky in opening round

MALCOLM SHIELDS
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After enduring an entire regular season of injuries, inconsistent play and multiple losing streaks, all of that can be nullified if FIU completes a feat that the program has not obtained in 11 years: winning its conference championship.

The Panthers take their first step at a run in the conference tournament on March 3 at 8:30 p.m. against Western Kentucky in the first round of the Sun Belt Tournament at Hot Springs, Ark.

The Panthers split the season series with Western Kentucky. FIU (8-20, 5-11 SBC) won the first meeting in Bowling Green 61-63.

The Hilltoppers won the second meeting 61-51 in Miami. Western Kentucky (11-18, 7-9 SBC) enters the matchup with FIU on a two-game winning streak, which included a win over conference leading Middle Tennessee.

The Hilltoppers have balanced scoring from the outside and inside and guards Derrick Gordon, Jamal Crowder, J.T. Price and forward George Fant. “[We are] two teams that are evenly matched. They play a lot of young players,” head coach Isiah Thomas said. “They’re going to be a tough game.”

FOUR GUARD LINEUP

In FIU’s win against South Alabama, coach Thomas utilized a four-guard lineup, which consisted of DJI Wright, Jermaine Allen, Phil Taylor and Deric Hill. The lineup allows Taylor to play more off the ball.

Taylor, who is slated as the starting guard, continues to grow from a score-first guard to a facilitating guard. “I have come a long way. It has been a learning experience,” Taylor said. “Coach is on me every day and I just try to get better every day.”

Combined the quartet amassed 66 of FIU’s 81 points against the Jaguars. Also the group combined for 13 of the team’s 16 assists in the game.

DEFENSIVE IMPROVEMENT

In three of the last four games, FIU has allowed teams to shoot over 45 percent from the field. Against the Hilltoppers, the Panthers will need to do a better job on the defensive end, closing out on their shooters on the outside.

“We have to work better on our defense, work better on our zone defense and look at what they did last time,” Wright said.

The Panthers have keyed in on Price to limit his shooting from beyond the arc. “Price hit two back-to-back big three’s on the wing last time to put them up so we got to contain him,” said Wright.

THREE PANTHERS HONORED

Wright, Allen and Taylor were recognized by the Sun Belt Conference by being named to the 2011-2012 All-Conference teams.

Wright was selected to the second team, while Allen and Taylor were voted to the third team.

Despite missing the first five conference games for the Panthers due to injury, Wright completed his senior season in conference play, averaging 16.8 points and 8.5 rebounds per game.

Allen completed his senior season as the third leading scorer in the conference with 15.4 points per game. He also led the conference in steals with 40 and ranked fifth in the conference by shooting 81.8 percent from the free-throw line.

Taylor capped off his sophomore season as the seventh leading scorer in conference play with his 14.3 points per game average.

Taylor finished the season ranked fourth in three-point field goal percentage at 44.6 percent and second in three-pointers made with 49.
**BASEBALL**

Panthers open home schedule against Ivy League opponent

EDUARDO AUMAGUER  
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The boys of baseball are coming home.

After a two-consecutive series on the road against two top-20 programs, the Panthers are ready to kick off their home opener against the Brown Bears tonight at 7 p.m.

Though the players return to FIU Baseball Stadium with a 3-5 record hanging over their head, they know that it is not remotely indicative of how good they are.

“Our record should be 4-2, and that’s modest,” said senior left-hander Joe Vogel. “It’s pretty disappointing from that standpoint so I’m just hoping that we shake the dust off and try to get ready and play Notre Dame out in Arizona.”

In the first round FIU shot a combined 309 with Coyle leading the way, shooting a 73 with the par set at 72. Yolecci Jimenez shot second result for the Panthers in round one with a 76, while Katie Mundy (79), Monica Miller (81) and Tania Tare (85) rounded out the top five.

The second round brought the best results for the team, with a total score of 303. This time Mundy led the effort with a 73 of her own with Coyle shooting a 76, Miller at 77, Jimenez at 78 and Tare at 81.

“We only had one player that I think shot her average for the week, so that means we had six players who didn’t play very well,” said head coach Joe Vogel.

FIU finishes eleventh in Sir Cards Pizza Challenge

JACKSON WOLEK  
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After a four month layoff from a tournament, the women’s golf team played three rounds at the Weston Hills Country Club in the Sir Pizza Cards Challenge from Feb. 27-28.

FIU finished 11th, tied for their worst placing this season since the Susie Maxwell Berning Classic in Oklahoma on October 2011.

Reigning Sun Belt Freshman of the Year Shelby Coyle completed the tournament shooting the best for the Panthers, going seven over par with a score of 223. She came in 12th place out of 81 golfers on the field.

“I started off really well and then I just had problems with my swing,” said Coyle. “Considering it’s the first tournament I played this spring, I played decent. I can’t complain.”

The Panthers, who came into the tournament ranked 60th in the nation, have now fallen to 41-25 on the year and have yet to win over a top 25 team.

“We only had one player that I think shot her average for the week, so that means we had six players who didn’t play very well,” said head coach Joe Vogel. “It’s pretty disappointing given that we had six players who didn’t play very well.”

“FIU players are trained not to take any good hitter will catch it, but you have to stop nibbling.”

**CLASS ACT**

Senior outfielder Pablo Bermudez was nominated as one of the 30 finalists for Lowe’s Senior CLASS Award.

To be eligible for the CLASS (Celebrating Loyalty and Achievement for Staying in School) award, one must be classified as an NCAA Division I senior and have notable achievements in four areas of excellence – community, classroom, character and competition.

Bermudez, the reigning Sun Belt Player of the Year, has been active with the Susan G. Komen foundation, as well as the American Heart Association, Arthritis Foundation and MLK Day of Service among others.

Despite being the early favorites, the Panthers lead the all-time series 6-2.

**BEAR BEATDOWN**

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SHANNAN O'NEIL-FIQUERO
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Americans admire foreign tongues, especially the romance languages. For Professor Beatriz Cariello, the passion in Portuguese doesn’t only come from speaking it, but teaching it as well.

Cariello teaches advanced Portuguese I, a Portuguese class for Spanish speakers. She makes sure that no single class of hers is the same. Cariello aims to make her students well-rounded.

“You are going to talk, read, write, and speak. You are going to read, write, communicate and learn about the culture, food, people and how the people behave.”

Cariello encourages her students in Advanced Portuguese I for Spanish speakers to speak, read, and write in Portuguese in her classroom.

They first moved to Boston, where Cariello decided she had to start a program in education. When Cariello’s husband was transferred, the family moved to Miami. She did not want to get attached, thinking she and her family would eventually move again. However, in 2006, she was invited to teach at the University.

“I said, ‘Why not?’” said Cariello. Today, Cariello teaches Portuguese with creative spin at the University, two middle schools and is the academic coordinator for the “Vamos Falar Português” foundation. The foundation, which is based in Miami, holds free classes for children to teach them how to speak Portuguese with music, cooking, history, theater and more.

Since a foreign language credit is required at the University, Cariello believes Portuguese is a smart choice because of its practical applications.

“There are many opportunities in Brazil and to work with Brazilians, it’s not just another place that my students have the passion, learn the culture and succeed,” said Cariello.

Being able to communicate while understanding culture and utilizing Portuguese in their careers is all part of Cariello’s plan for her students’ success.

REEL TO REEL

Three films that were looked over for best picture

Year after year, casual moviegoers leave it up to the Academy Awards to let them know what films are the cream of the crop. The biggest issue with this is that the Oscars are just as flawed as any other award show in their selection of nominees. This year’s ceremony, even with its grand total of 61 nominees, brought along a number of veritable trash winners that aren’t doing much to help the film industry.

This isn’t to say that all the films nominated for Academy Awards this year, specifically the nine Best Picture nominees, are bad. Quite the opposite, actually.

Martin Scorsese’s “Hugo” makes full use of the 3D technology made available today. The enigmatic Terrence Malick’s film, “The Tree of Life,” proves to be one of the most experimental and divisive works in cinema today, challenging everyone to think outside the box even through his depiction of Earth’s creation.

Best Picture winner, “The Artist,” goes from the silent era to the point where the film itself is a black & white silent film.

Audiences can only imagine how hard it is to find actors who can express sentiment using only their facial expressions, write a script with no dialogue and compose a score that can be heard on the audience from start to finish.

Regardless of great films like these, there are just too many bad apples that make it into the running that don’t deserve a nomination.

This year, it is films like “Extremely Loud and Incredibly Close,” “Moneyball” and “The Help” that I personally believe were entirely undeserving of their title as Academy Award nominees for Best Picture.

The following three movies are ones that I and many other film buffs genuinely believe deserved far more recognition than they received this year.

**DRIVE**

Ryan Gosling stars alongside Carey Mulligan in the movie “Drive.”

Regardless of great films like these, there are just too many bad apples that make it into the running that don’t deserve a nomination.

This same sun-moonlights as a getaway driver, seemingly living a lonely life with no attachments. We slowly see him becoming involved in the life of his neighbor Irene and her son to the point that he offers to help her husband Standard in a tight situation involving the most unforgiving of gangsters.

It’s easy for one to dismiss this as just another action film after reading the synopsis, but there’s nothing about average Nicolas Winding Refn’s “Drive.” In terms of its technical achievements, it rises above the rest, making it hard to keep up with.

**SHAME**

It’s an NC-17 film that features a lot of sex and has full frontal nudity. Why hasn’t every single person gone out of their way to watch Steve McQueen’s movie? Probably because NC-17 films rarely get a chance to see the light of day, even though they tend to be the bravest depictions of harsh topics.

In this case, we have a relentless look at the life of Brandon, a sex addict whose life is disrupted by the arrival of his sister, Sissy.

“Shame” might sound like border-line pornography, but I can assure you it’s anything but erotic and will likely leave people feeling uncomfortable rather than aroused.

McQueen places the audience in a purely voyeuristic position, utilizing an immense amount of long shots to enhance the numbing mood of the film. Even the use of full frontal nudity does not go to waste; it shows us Brandon in his most vulnerable state—physically and emotionally.

This year has undoubtedly been remarkable for Michael Fassbender, but his performance as Brandon is one that truly showcases his superior talent.

While he has a body that everyone dreams about seeing either in the mirror or on their bed, the camera is focused on the slightest changes in his facial expressions. Many people show the downward spiral his character is taking. Without his perfect acting guiding it, the film would be nothing.

This isn’t to say that Carey Mulligan doesn’t bring her best to the film. Breaking from her usual characters, she dives into the role of Sissy, embodying this mess of a woman perfectly. The two complement each other in the best and most unusual of ways.

“Shame” is a film powerhouse and a masterful character study. It is well-deserving of Oscar nominations.
Peru offers colorful culture

...for anyone interested in... in South America to their travel plans, a stop in Peru might be a good idea. Extremely varied when it comes to the subject of her country, Clark emphasized on what to do and what not to do while visiting Peru.

Peruvians are passionate when it comes to their food. A traditional example is ceviche, an entire usually eaten with corn or sweet potato. Corn, a popular ingredient, is not only much larger than American corn but it is also available in purple and white.

The traditional drink is made of purple corn. It is like lemonade because they boil the purple corn, the water becomes purple and they put sugar and lemon in it,” said Clark. This beverage is called chicha and is available in an alcohlic version that uses maize and white corn.

Color is highly valued in food and fashion in Peru.

...Peruvians are passionate... in past ages.

Fashion is very similar to American culture, but it lacks neutrals. Color is often played with, perhaps by the influence of the dress of the indigenous people.

Clark related how much Peruvians enjoy music. “In Peru, as soon as you arrive, you hear a lot of music. People are never of silence; there is always music playing.”

Peru’s representation of American fast food places is also very different. At McDonald’s, onions and spices are mixed in with the meat to please the Peruvians. Everyone eats with forks and knives and it is considered a treat to dine at any fast food restaurant due to its extravagance. Even though it is more expensive and dinned with elaborate decorations, it is normal since it is a foreign entity.

As for the weather, it is very, very humid; it almost feels like it is raining when you stand outside. Towels found in hotels are usually going to be damp because they can only get so dry in the dryers.

According to Clark, this is common. Packing any type of leather, such as purses or jackets, is not a good idea because they might get ruined.

In downtown Lima, there are two parts to the city: the colonial and the modern. The colonial area may be more interesting; it has more history and it fully represents what Peru may have been like in past ages.

“The modern part is nice; it looks like Miami,” said Clark. Colonial or modern, Peru might be the place to meet all of your rest and relaxation needs during your next vacation break.

Explore International is a bi-weekly traveling column where Holly McCoach interviews students and alumni about their native countries. Email her at hollymccoch@fiu.edu.

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Whaling activities mass murder of highly intelligent species

PAOLO RAMOS
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The search for intelligent life beyond our atmosphere is inconsequential that it exists right here on the same planet.

In oceans worldwide, intelligence and culture are present in the dwindling communities of cetaceans, which is the family that dolphins and whales belong to that are constantly threatened by human activities.

Whales and dolphins have proven that they have the capacity to understand and learn just as humans can.

Incomprehensibly, humans have responded by hunting their species to near extinction and giving little to no regard to the protection of their environment.

The underestimation of the intellectual capacity of cetaceans has contributed to the unrelenting terror caused by whaling activity.

Whales and dolphins must be treated with respect and dignity, much like how humans are supposed to treat each other. To lose such valuable animals would be a devastating loss to the planet.

In the minds of much of society, whales and dolphins exist as caricatures of simple-minded animals whose only aim is to blindly enter - and remain - into ocean warming.

As recently as March 2012, the International Whaling Commission has placed a moratorium on whaling, activities which still occur through illegal or legal means to seemingly no benefit.

Whales and dolphins are hunted for their meat, which some countries consider to be a delicacy.

This is ironic because whale and dolphin meat has been known to contain significantly high levels of toxins and pollutants such as mercury.

Modern whaling methods make this fact even more disturbing. One method is the exploding harpoon, which explodes in the inside of a whale upon penetration.

In the film The Cove, an undercover mission exposed the horrific methods of dolphin-drive hunting in Japan where thousands of dolphins were driven and trapped in an inlet and were subsequently slaughtered.

There are current discussions in the scientific community on whether or not cetaceans should be considered a species.

Whales and dolphins are one of the few species of animals that demonstrate higher mental processing. They have exhibited culture, language, and complex social structures, much like what humans call civilized society.

In a BBC article, psychologist Dr. Lori Marion was quoted saying, “We went from seeing the dolphin/whale brain as being a giant amorphous blob that doesn’t carry a lot of intelligence and complexity to not only having an enormous brain but an enormous amount of complexity and a ripple effect on the rest of the human brain.

If whales and dolphins exhibit similarity to human culture socially, mentally and biologically, then there should be more considerations taken when making decisions such as those involving whaling.

If humans wish to gain a better understanding of intelligent life, then the preservation of whales and dolphins is the key.

The future looks bleak for most cetacean species, but if there are any solutions, it’s that dolphins share the same values as humans, then maybe there is still a chance for the seven endangered species to replenish.
Obesity rates have held steady in America and remain the highest among other developed countries. A busy college life will often result in students grabbing whatever is nearest and quickest to eat, such as these bites from the bookstore. The largest increase in obesity rates happened between 1988 and 1994. 

Quick, easy and greasy bites increase the risk of obesity

JOEL DELGADO
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Florida just can’t seem to catch a break—not even while it’s on one.

After finding itself on a slew of not-so-flattering lists, South Florida can add another one to its resume: Trashiest Spring Break destination. Key West was runner-up to only Las Vegas while a number of other spots across the state, including Miami Beach, also ended up among the top 10 list compiled by CoEdMagazine.com.

The qualifications for landing on such a list? They include the number of Hooters restaurants, the strong presence of tattoo parlors, liquor stores and strip clubs in the area, and the number of times the destination has made an appearance on “Girls Gone Wild.”

Students are beginning to wonder whether appearances on lists such as this one will repel them from hitting South Beach. That could cause problems for the local economy, since tourism is an essential driving force.

At the same time, there is also reason to believe that the “trashy” label may act as a magnet for college students looking for a fun and reckless week long getaway.

“This could be a positive thing to attract people for spring break,” said Rosanna Fiske, an associate professor in the Department of Advertising and Public Relations. “I don’t know if this story will help or hurt tourism… but when [University of Florida] and [Florida State University] were named the top party schools in the country in different years, they received more applications from prospective students. That might happen in this case.”

But UF and FSU also pushed back against those labels by becoming stricter on academic standards. Places like Miami Beach and Key West may also push back against these recent stories by highlighting other areas.

“They have to showcase what makes Miami special,” Fiske said. “You can’t be a trashy city and then have events like [South Beach Wine and Food Festival], art festivals and other events of that nature at the same time.”

Junior Mario Riveron, a construction management major, usually makes his way upstate for the week-long break from anything school-related, but this time around he is staying in Miami. And he is ready to enjoy the week-long hiatus from textbooks and studying.

“It’s beach time,” he said. “The good thing about Miami Beach is that you have everything there. There’s also a great nightlife. It’s a whole week of just partying and it’s very accessible.”

According to Riveron, despite the stinky moniker, there are positives to Miami Beach as a spring break spot.

“I say it’s really safe and enjoyable,” he said. “It’s one of the hardest places to get into a club without a proper ID. Surveillance is high and you see cops cracking down on DUs more than ever.”

Rubia Palma is spending her spring break differently than most, joining 15 other students on an Alternative Breaks project to the Dominican Republic to help disadvantaged elementary school students. But if she was staying in Miami, she said she would try and find a way to go to the beach with friends and family.

“I usually enjoy my spring break in Miami because there are so many interesting things you can do,” she said. “I don’t think it’s fair that Miami was named one of the trashiest spring break destinations. But then again, haters are always going to hate.”

The stories that label some of these Florida cities in a negative light have had an effect on Riveron and whether or not he chooses to visit a certain location. But he realizes what might appeal to his preferences may not be what other spring breakers are looking for.

“It’s all based on perception and what they want to do,” Riveron said.

“These stories do have an effect in the moment. It creates an effect momentarily in the first couple weeks. But after that, people kind of forget, especially in cities where a lot is going on like Miami,” Fiske said.

TOURISM

‘Haters always going to hate’ on Miami being a trashy city

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Think twice before chowing down on that venti caramel macchiato and cheeseburger: enough of these may eventually kill you.

These indulgences have caught up to Americans with the last several decades. Studies have shown that the largest jump in obesity rates happened between 1988 and 1994. The rates, which have remained steady in America, are the largest in comparison to any other developed country. The popularity of television series such as “The Biggest Loser” and “Extreme Makeover: Weight Loss Edition” has awakened watchers to the epidemic. The awareness has made many reevaluate the meal choices they’ve been making. For others; however, other details, such as convenience, still play key roles on the foods they are choosing to eat.

Thanks to the hectic schedules of most college students, many find it difficult to maintain healthy eating habits, usually settling for whatever options they have on their way to campus.

“It was for pleasure, because it was tasty, and the special of the day,” biology major Steven Russy said while indulging in Grille Works’ Chef’s meal of the day, spaghetti and meatballs. “I know I can do better, but it is what appealed to my appetite and I ate the time.”

However, the majority of students seem satisfied with the variety of food choices offered at FUU.

“FIU has a diverse choice of foods for most people, and I never see a special repeated in the cafeteria,” said Pablo Gomez, a business major.

The increasing number of students trying to become fit, whether it is for health or other reasons has caused most Universities to add facilities in which students can reach their health goals.

The clinic and wellness center work together and do outreach, which includes tabling events in the Wolfe University Center, Academic One, and in front of the gym, said Pamela McGuinness, a senior registered nurse at Wellness Center.

“We play games and help clarify any questions and common confusions students often have and hold cooking demos along with the hospitality department which are usually held in the dorms,” said McGuinness.

Obesity rates have held steady in America and remain the highest among other developed countries. A busy college life will often result in students grabbing whatever is nearest and quickest to eat, such as these bites from the bookstore. The largest increase in obesity rates happened between 1988 and 1994.

Top 10 Trashiest Spring Break Cities

- Las Vegas, NV
- Key West, FL
- South Padre Island, TX
- Daytona, FL
- Myrtle Beach, SC

*Courtesy of CoEdMagazine.com*