NO MORE BEEF

The Panthers held Marshall in check defensively for more than three-and-a-half quarters, but fell short to the Thundering Herd 20-10 in the Beef ‘O’ Brady’s Bowl in St. Petersburg on Dec. 20.

The battle for Pell Grants has come to a close, and concerned students can breathe a sigh of relief.

Congress has enacted only “minimal changes to Pell Grant,” according to an article in St. Louis Today. They have decided to leave the maximum award amount intact and make eligibility requirements more stringent.

Congress has decided to adopt many of the tenets of the House proposal from November.

Starting this July, Pell Grant eligibility will be reduced from 18 semesters to 12 semesters; meaning that once students use a Pell Grant for six years, they will cease to acquire funding. Moreover, only students who possess a high school diploma or GED certificate will be eligible for Pell Grants from here on out.

There has also been a change in how aid is calculated for some low-income families. As of now, families with an adjusted gross income of $30,000 or less are not expected to contribute towards the costs of education.

Starting July, the maximum adjusted gross income to be qualified for an Expected Family Contribution of 0, and thereby the maximum award, will drop to $23,000.

Students within the bracket from $23,000-$30,000 will see cuts as significant as $1,500 a year, explained Mark Kantrowitz, publisher of FinAid.org, to St. Louis Today reporter Tim Barker.

Besides these changes, student loans have also experienced a change wherein interest begins to accrue from the date of graduation. There will no longer be a six month grace period after students complete their studies.

Currently, the University has 17,032 student recipients of Pell Grants. This number comes to about 45 percent of the total student body.

“At least 45 percent of the total student body, Pell Grants have a huge impact on FIU,” said Carlos Becerra, director of Federal Relations for FIU in Washington, D.C., “Losing Pell Grants for many students may make the difference between taking classes one semester.”

According to some preliminary calculations devised between the Federal Relations Office and the Financial Aid Office of FIU, 1,015 students can breathe a sigh of relief.

“In addition to new faculty and staff, we will have almost 4,500 new undergraduate and graduate students calling FIU home for the first time. We believe these temporary changes will help accommodate the additional traffic and parking demands that normally arise during the first two weeks of the spring semester,” he said.

Out of the 1,500 new temporary parking spaces, 300 of those can be found east of PGS Market Station. Tamiami Park will host to be available at the Miami-Dade County Fair and Exhibition location, which is near the bus terminal.

“The Student Government Association and FIU Police are working closely together the next two weeks to ensure safety to students wishing to park outside of the regular on-campus parking areas, like Tamiami Park, according to Sanjovez Udhanani, SGA vice president.

Several students had difficulty finding parking during the first two weeks of the previous fall semester, including freshman business major Danny Galvez.

“Finding parking in the first couple weeks of school is like finding food in the Sahara. You have students aimlessly driving in circles all over campus, stopping at each and every parking garage,” Galvez said. “[So] I’m relieved to hear about the addition of temporary spaces in the first two weeks, and I believe they will be exceptionally helpful.”

For students, faculty and staff who decide to make use of these temporary parking spaces, additional shuttle services will be provided.

Along with the Panther Mover, which provides transportation between the Primera Casa building and the Panther Garage, there will be several pick-up and drop-off locations at the Tamiami Park and Fair and Exposition locations.

These additional shuttle services will be available from 9 a.m. until 7 p.m. during the first two weeks.

Tamiami Park will have a pick-up area on the western side, which provides a round-trip service to the Primera Casa building, including the Health and Wellness Center.

A pick-up location can be found in the center of the parking area at the Fair and Exhibition, which will provide transportation between the Frost Art Museum and the Blair Gay Center.

A golf cart shuttle service will transport students, faculty and staff from the PGS Market Station overflow parking area to the Chemistry and Physics building.

“I do not think the addition of permanent spaces to be unduly important. Maybe in the long run, but for now, the problem is at least easily defined—I just need to find somewhere to park my car,” said Galvez.
FLI honors the work of Dr. Martin Luther King Jr.

AURA ALTAMIRANDA
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This year marks the 21st annual commemoration of Reverend Dr. Martin Luther King, Jr. at FIU.

A two-week program has been organized by the Office of Multicultural Programs and Services and committee members that come from different departments of the University including the College of Arts and Sciences, the College of Medicine, the Honors College, the Center for Leadership and Service, among many more.

“I think people walk away energized and wanting to make sure they are contributing to the ideals of Dr. King and that we can somehow make sure we’re keeping his dream alive and keeping his legacy alive and moving in the right direction,” said Doretta Sawyers, MPAS Director and committee chairperson.

MLK Commemorative Breakfast, which is serving as the premiere event of a series of celebratory activities held in Dr. King’s honor, is being held on Jan. 13.

The event will take place from 8:00 to 10:30 a.m. in the Graham Center Ballrooms and has an expected turnout of 550 attendees with a current waiting list. These attendees, by ticket or invitation only, will range from different members of the FIU community to the outside community, such as students from different high schools.

With funding from Student Government, the College of Medicine, the Honors College, and other sponsors in and out of campus sought out by the fundraising committee, the event was planned with a budget of $42,000.

Six months of planning led the committee to choose the program’s overall location to be Gould’s Park, Cutler Bay and the MLK Commemorative Breakfast, where MLK, is being held on Saturday, January 14, 2012.

The event will take place from 8:00 to 10:30 a.m. [By invitation or tickets] MLK Commemorative Breakfast Keynote Speaker: Alvin F. Poussaint, MD, Professor of Psychiatry, Harvard Medical School

MLK Commemorative Breakfast at the Patricia & Phillip Frost Art Museum

Tuesday, January 13, 2012, 8:00 a.m. — 10:30 a.m. ([By invitation or tickets]) MLK Commemorative Breakfast

AURANGZIB HUSSAIN
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Every day there are people who strive to make a change. Some plan it out days in advance.

The Non Profit and Global Health Interest Group is doing just that. The students from the Herbert Wertheim College of Medicine are preparing to hold clinics in rural Jamaica, from June 13 through June 22.

The clinics are designed to allow students to learn how to take physicals and treat patients all while being under supervision of licensed physicians.

From the data that the group has gathered from previous trips, they have learned that the people of rural Jamaica suffer from chronic illnesses like diabetes and hypertension. Unfortunately, as Sang puts it, it is difficult to prevent those types of diseases.

“Non-profits pick up the slack for the government in most of these countries,” said Yoko Young Sang who is the secretary of the Non Profit and Global Health Interest Group.

Sadly, in many countries like Jamaica there is no serious medical infrastructure in place to help people.

Although the clinic is done with the intent of teaching students the nuances of being a physician, Michaela Gaffney a first year medical student and president of the Non Profit and Global Health Interest Group believes there is something else students can learn.

“I think [the clinic] is very important, and it’s at the core for all the movements we are seeing with medical care in the country at the moment,” said Gaffney.

To Gaffney this clinic is a representation of what is happening from a medical standpoint in America.

“I think it’s very important, and it’s at the core for all the movements we are seeing with medical care in the country at the moment,” said Gaffney.

Currently there are premedical students, public health students and medical students involved in the Non Profit and Global Health Interest Group. However, most of the students that will attend the clinic in Jamaica will be graduate and medical students.

Gaffney credits much of the support to the organization’s faculty advisor Dr. Bruce Peters, who helps out with planning and other local clinics that the group holds.

Funding for this trip will be made in part from money received in fundraising and other funds.

Medical students open clinics in Jamaica for 10 days

New eligibility requirements to affect 6,103 students

PEL GRANTS, PAGE 1

New eligibility requirements to affect 6,103 students

Tenny Laura, a junior studying business and communication, displayed just the opposite; she explained that the losses she sustained earlier this year were sufficient to push her to spend more of her energy on finding resources than focusing on school.

“My budget was tighter. Even having Bright Futures and Florida Pre-paid, I’m in college, and it’s never enough,” she explained, “It became tougher when my mom got into a car accident.”

“She’s back at work, but she has a special schedule due to some complications and her therapy schedule,” she went on to say, “so she’s spending less time at work, meaning less money; I had to get a job and now I have to depend on myself for everything.”

Another student, Yenny Laura, will begin her first semester this term just prior to the changes taking effect.

“If I’m upset because I feel the government should be focusing a larger percentage of their resources on getting people into college and not just by maintaining, or possibly increasing, the available aid for higher education but also by improving public education across the country,” she said, “Education in America is continuing on a downward spiral and reform doesn’t happen overnight.”

Becerra expressed his concerns about the cuts, however, noting, “Most of our students are working class, drastic cuts to the Pell Grant program will directly affect graduation. If students cannot pay for classes one semester because their grants have been cut, they may lose out on the program altogether seeing as the semesters it is applicable are also being reduced.”
valentina Herrera
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Facing political turmoil and economic hardships, Lorena Sanchez and her family escaped an uncertain future in Uruguay to come to America.

Her brother, Matias Alvarez, 14, is now facing the bleak perspective of being deported when he turns 21. "Matias has been in America since he was 2 years old," she said. "He speaks English with his friends, and he tells my mom that he knows he will get deported when he turns 21. He is such a talented boy, he wants to go to medical school."

Sanchez, who recently married an American citizen and probably can stay, fears the rest of her family could get deported any day.

"My parents brought us to this country, for a better future," Sanchez said. "They think that even if they can't make it, they want us to be able to stay, and succeed."

The Sanchez family is among thousands in Florida that are pinning hopes on passage of the Development, Relief and Education for Alien Minors Act.

Dr. Alvin Poussaint, a professor of psychiatry, associate dean for Student Affairs, and director of the Office of Recruitment and Multicultural Affairs for Harvard Medical School, was selected from a series of candidates by the committee to address the year's theme.

"I thought 'wow I have $1 million more in a lifetime by simply obtaining legal status and each beneficiary will contribute tens of thousands of additional dollars in federal and state taxes."

This story was researched and written for JOU 3300 Advanced News Writing taught by Dr. Fred Blevins in the School of Journalism and Mass Communication. You can see this and other class work by going to thenewswave.org.

Students will treat patients

grant they hope to apply for through the Herbert Wertheim College of Medicine. However, most of the funds will come from "personal funding." They have embraced the challenge that time will impose on them in getting the funding.

At a previous fundraising
day of Service at Gould’s Park in Cutler Bay, the MLK Parade in Liberty City, among many others.

As Sang notes this clinic to will test a way that taking a small step to help people can go a long way.

Harvard dean to speak on Dr. King

Dr. Robert Santos, who has authored several books on the subject of mental health, is going to thenewswave.org
In late December, hundreds of Panther fans were packing their bags in anticipation of heading north to cheer on their team against Marshall University in the Beef ‘O’ Brady’s Bowl. Former head volleyball coach Danijela Tomic was packing her bags too.

"She was not, however, going to Tampa for them," said Tomic. “That’s priceless. Relationships you build with people are something that enriches us as human beings.”

So what prompted her to leave the program she built from the ground up?

"I couldn’t grow anymore at FIU. I’m not okay to be average in anything," she said boldly.

Tomic stated that BGSU reached out to her as early as in the beginning of December and showed that they really wanted her. She mentioned that BGSU treats volleyball as a priority sport and that they have the best volleyball facility in the Midwest. In addition, Tomic said that the region is very rich in volleyball talent.

"The combination of everything was just a good thing for me," said Tomic.

So with a vacat position as head coach of indoor volleyball, newly assigned Assistant Athletic Director and Director of Volleyball Operations Rita Buck-Crockett is tasked with finding a viable candidate to continue building upon the success that Tomic had.

According to Buck-Crockett, the posting for the job was published as early as Jan. 6. She did mention, however, that there have already been inquiries into the position.

"We want somebody that is going to lead the program and go to the national championship," she said. "Bottom line is, you have to know what you’re doing to take a position like this. There are some big shoes to fill."

When it came to success, Tomic made it her priority to extend it to her players as well. During her tenure, her players earned six AVCA All-American awards, two Sun Belt Conference Player of the Year honors and 24 All-Sun Belt Conference awards.

"I really, really feel blessed having all my players for seven years in FIU and all the coaches that worked with me and all the fans and support," said Tomic. "That’s priceless. Relationships you build with people are something that enriches us as human beings."

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Fanni Hutlassa and junior Finda Panthers face.

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East division and North Texas
Tennessee possibly winning the

the conference, with Middle
built, the Panthers will most
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there will need to be some
well as make a run at the SBC

they are 0-2 in Sun Belt confer-
in the top five in the nation. FIU

in the top three in the conference.

Mansare. Hutlassa and Mansare
are currently averaging 13.6
points and 10.6 points per game,
respectively.

With an 11-point differential
between Coley and the next best
scorer, Hutlassa, it shows that the
offense goes exclusively through
Coley.

It may not necessarily be a
bad thing, since Coley is such
a prolific scorer, but the ball
must be spread around between
different players.

The Panthers can’t count on
Coley to score 24 points
each game. There needs to be
higher production from the rest
of the starting line-up, such as
Mansare, Hutlassa, Zoifa
Labady and Carmen Miloglav.

Although there is points
coming from Mansare and Hutl-
assa, almost nothing is coming
from the shooting guard and
small forward positions.

Labady is currently playing
31.1 minutes per game, yet only
averaging 4.1 points per game.

Adding to that, she only puts
up roughly four shots per game,

making it seem as though she
does not do much on the offen-
sive end on most possessions.

The weakest link in the starting
lineup is Miloglav. Averaging
30.5 points per game, Miloglav
is averaging 3.3 points on four
shots per game while shooting 31
percent from the floor, her assists-
to-turnover ratio is at an even

one, averaging 2.9 assists and 2.9
turnovers, and she has committed
the second-most turnovers on the

the Panthers this season with 43,
second to Coley’s 54.

Although most of what Milo-
glav does, such as sacrificing her
body for loose balls and taking
charges, is not measured by stats,
there needs to be an increase in
production from multiple posi-
tions to make it easier to win

What may help her is having
her move to the point guard
position and let Coley focus on
the shooting responsibilities. It
would give Miloglav a chance
to contribute more often when FIU
has the ball.

Not all is bad for the Panthers.
FIU is first in the conference in
multiple categories, including
scoring, field goal percentage,
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defense and blocks, while being
ranked second in defense, defen-
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in the conference in steals, while
Coley is first in blocks with 2.6
per game.

The team has the capability
of being the best in the confer-
ence. A few adjustments can
be the difference between finishing
in the top three in the conference
to winning the championship.

Email at rico.albarracin@
fiusm.com.

I continued to play through high school. My doubles partner and I went to the state
finals one year.

Her father knows that she still enjoys
playing tennis from time to time.

“(Jericca) and her cousin still go to the
tennis court and hit whenever they are
back home,” Jerry Coley said. “She is
always staying active.”

When she attended St. Petersburg
Catholic school, Coley remembers a
game where her team was tied with a
rival in the waning seconds.

“I made a last second shot against one
of our rival schools,” Coley recalls. “Our
team was running through a play. I made
the game-winning shot and then my

Not only did she pick up basketball
quickly, her tennis skills were already at
the peak. She remembers starting at an
early age.

“I love tennis,” Coley said. “It started
as just an after school program, but then

A few lineup adjustments could lead to championship

I'm not only one thing that can
be said about the current
Panthers’ season, it is that sopho-
more Jerica Coley is a star.

Coley is currently the team
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Cristobal to stay for now, in talks for contract extension

The team saw a familiar face, former Panther Eric Frederick, who transferred out of FIU to Texas Wesleyan. Frederick’s team got the best out of his old club, defeating FIU 72-68. The Panthers almost came up with the biggest upset in school history at Maryland on Dec. 14, coming four points short, 65-61. In that game, leading scorer DeJuan Weight injured his knee in the first half and has not been back since that game.

Isiah Thomas’ team added some height during the break, as 6-10 Brandon Moore returned against Bowling Green to notch a career high 10 points in the loss. Also, new big man Joey De La Rosa, 6-11, made his debut against Middle Tennessee where he put in four points and four rebounds and followed it with nine points and three rebounds in a win against Western Kentucky.

FOOTBALL

The prize for the most successful season in FIU history was a trip to the Beef ‘O’ Brady’s Bowl to play Conference USA opponent Marshall in St. Petersburg. It was a defensive battle for most of the game, and T.Y. Hilton scored the Panthers lone touchdown with 1:31 remaining in the first quarter. FIU did not reach the endzone again. With the score tied 10-10 late in the fourth quarter, Josh Brisk had his punt blocked, setting up the Herd to kick a 39-yard field goal to take the lead. Ensuing FIU possession, Hilton coughed up the ball back to Marshall, which set up freshman quarterback Rakeem Catoo to find Aaron Dobson for a 31-yard touchdown with 23 seconds left in the game to seal the FIU loss 20-10.

After the game, head coach Mario Cristobal did not comment on his future as the FIU head coach, despite rumors circulating that he was a top candidate for the University of Pittsburgh coaching job. According to the Pittsburgh Post-Gazette, Cristobal interviewed for the Pittsburgh gig, but two days later, former Wisconsin offensive coordinator Paul Chryst was hired for that position.

Cristobal is currently in talks of another contract extension, only four months after receiving a five-year extension in August of 2011.

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The team saw a familiar face, former Panther Eric Frederick, who transferred out of FIU to Texas Wesleyan. Frederick’s team got the best out of his old club, defeating FIU 72-68. The Panthers almost came up with the biggest upset in school history at Maryland on Dec. 14, coming four points short, 65-61. In that game, leading scorer DeJuan Weight injured his knee in the first half and has not been back since that game.

Isiah Thomas’ team added some height during the break, as 6-10 Brandon Moore returned against Bowling Green to notch a career high 10 points in the loss. Also, new big man Joey De La Rosa, 6-11, made his debut against Middle Tennessee where he put in four points and four rebounds and followed it with nine points and three rebounds in a win against Western Kentucky.

FOOTBALL

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New Year's resolutions
Students share their goals for self-improvement

SYLVIA SIMIONI
sylvia.simioni@fiusm.com

“I want to lose 10 pounds. I want to get straight A’s this semester. I need to edit that Timeline feature and stop Facebook from ruining my life.”

New Year’s resolutions are the most consistent, short-lived fad in recorded history, dating back as far as the ancient Babylonians renewing their annual vows to return borrowed items and pay off debt.

Even so, absolving oneself of financial woes is not the only incentive prompting University students to make a fresh start in 2012. “I think the last decade has showed us the importance of the online persona,” said Bianca Calimano, a senior English literature major. “Some people scrounge at the beginning of the year and deactivate their Facebook profiles, only to find themselves succumbing to the oh blue and white monster within a week.”

A lighter tone follows students who wish not to make such a brazen move with their Internet lives.

Janine Toledo, a junior education major, remarked: “I want to polish my profile this year — and stop uploading photos of what I thought, drunkenly at the time, were too funny to pass up online.”

“You can manage the teacher whatever questions you want to ask in the class, you get to ask them in person…”

“We’re at that point in our lives when we have experienced this type of self-defeat in not fulfilling these hefty goals,” said freshman Kristie Paredes. “I hate online classes,” said freshman Kristie Reyes, a business major. “Traditional is better because it allows you to meet new people and help each other so that you can do better in the class, but with the online course, you just have to rely on yourself and the teacher’s email responses.”

“Traditionally is the most notable difference between online and on-campus courses. In an online course, students can choose to complete the material anytime and anywhere. With this in mind, self-discipline and more motivation is essential to ace an online course, since so much freedom is allotted to the student.”

Taking online courses requires an additional fee along with the regular tuition price, which covers the cost of managing and maintaining the learning management system, along with the tools, additional software, and technical support. The fee, which is $174 per online class taken, may be a deal breaker for students who are trying to save as much money as possible.

The question of which option is better is not an easy one to answer. Students agree that there are pros and cons for both class-taking styles, yet there does seem to be a preferred choice in the end.

“Even so, absolving oneself of financial woes is not the only incentive prompting University students to make a fresh start in 2012.”

“When it comes to teaching, I believe it is easier online, however, as a professor, having the face-to-face contact for many students seems to be the deal maker.”

“When you’re right there in the class, you get to ask the teacher whatever questions you want, whereas in an online course, you have to rely on the material and the teacher’s email responses.”
“Bender Ball” work out regimen is Ab-solutely Amazing

Big things come in small packages — even in fitness classes. Recently, I attended a strength training workshop to learn how to incorporate the Bender Ball into my group fitness classes. Though seemingly harmless, the Bender Ball Method of Core Training proved to be ab-solutely amazing.

Developed by Leslee Bender, the Bender Ball Method uses a small green ball to target your core muscles. The method involves combining everyday exercises with the Bender Ball for an added challenge of stabilization, causing you to reach the upper, middle and lower abs — including the oblique muscles.

Janette Janero, Fitness Program graduate assistant, said that the Recreation Center decided to bring in the Bender Balls because exercises can get monotonous. By adding the Bender Ball to your workout, a new challenge is created, making exercises that you are already familiar with fresh again.

In addition to the great workout you will achieve by using this tiny green wonder, the Bender Ball also helps prevent lower back pain. However, Janero warns that because the Bender Ball increases the intensity of the exercises, the risk for injury is also increased.

To grant you the benefits of both safety and a gratifying workout, I had Janero demonstrate a few Bender Ball exercises that you can do on your own.

### Crunch

**Start off with 20 reps.**

To begin, sit down on a mat and bend your knees with your feet positioned next to each other. Place the Bender Ball behind your lower back and stabilize it. Make sure that your ears are in line with your shoulders and cross your arms over your chest; lay your hands on your shoulders. On the way down, extend your back fully and inhale; exhale on the way up. Janero said that the Bender Ball crunch is her favorite exercise because it allows the spine to fully extend, which enables you to reach your core muscles at a deeper level.

**Bird-Dog**

**Once you find balance, hold for 10 counts.**

While this exercise may require a balancing act in the beginning, the bird-dog can become easy after much practice. To recreate the challenge in this exercise, put your hands and knees on the floor, then the Bender Ball underneath your left hand and check that your hand is in line with your shoulder. Make sure that your pelvis is parallel to the floor and that your hip does not turn up. Draw your belly button in toward your spine, engage your abs, raise your left leg back behind you and extend your right arm forward. The purpose of this exercise is to keep your spine in alignment, from the tips of your toes to the front of your arm. Remember to breathe throughout this exercise.

**45 Degree Hold**

**Start off with three reps and hold for seven seconds on each side.**

Lay down flat on the mat with hands underneath your lower back to support your spine. Place the Bender Ball between your legs, just above your ankles and cross your right leg over your left leg. Tighten your abs and lower legs until you feel an effort to engage the abdominal muscles. Make sure that your lower back does not get raised off of the mat and hold this position at a 45 degree angle. Bring your legs back up and switch so that the left leg is over the right leg. Repeat and make sure you breathe throughout the exercise.

**Side Bridge and Reach**

**Start with 20 reps.**

This is a challenging approach, try the second modification. Extend your legs and keep yourself supported by your elbow. For added difficulty, support yourself with your hand.

Exhale on the way up and inhale when you come back down. The Bender Ball caters to all fitness levels, from beginner to advanced, and it is available for purchase on the Bender Ball website with a free fitness DVD at just $10, plus shipping and handling.

It is time to get bent into shape. Be on the lookout for the Bender Ball at my Ultimate Abs and Cardio class this semester.

**LIFE!**

**Fit For Life!** 21bسوءkd/fitness columnist. Look for it every other Monday. All photos by columnist. Email at natasha.iribarren@fiusm.com

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**CALENDAR 2012**

**WEEK OF WELCOME**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<td>SPC Comedy Show Featuring D’Sean Ross</td>
<td>SPC Pit Events Present: Make Your Own Custom Corkboard</td>
<td>CSO-Opoly: CSO Club Fair</td>
<td>SPC Presents: Winter Wonderland</td>
<td>MLK Commemorative Breakfast</td>
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<td>Kick off the new semester with some laughscourtesy of D’Sean Ross. Ross has been seen on MTV’s Yo Mama and BET’s Comic View. When: 5:30 p.m. Where: MMC GC 243</td>
<td>Get organized with a customized corkboard. SPC will be providing students with corkboards and supplies. When: 11 a.m.-2 p.m. Where: MMC GC Pit</td>
<td>The Council of Student Organizations will be giving away free food and drinks. When: 11 a.m.-1 p.m. Where: MMC GC Ballrooms</td>
<td>Enjoy hot cocoa and cookies while watching your friends snowboard on an inflatable snowboard ride. When: 12:30-2 p.m. Where: MMC GC Ballrooms</td>
<td>The annual commemoration breakfast will honor the American Legend. When: 8-10:30 a.m. Where: MMC GC Ballrooms</td>
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<td>Yoga Wellness Activities invites students to do yoga with Michelle Alva. Bring your yoga mat. When: 1-2 p.m. Where: MMC GC 243</td>
<td>EOPD Training: Sexual Harassment – It’s a Matter of Respect Equal Opportunities Programs and Diversity present a seminar on how to prevent sexual harassment in the workplace. When: 10-11:30 a.m. Where: MMC GC 314</td>
<td>CAMPUS Life Bonanza Campus Life will be reaching out to students to get more involved in the new semester. When: 11 a.m.-1 p.m. Where: MMC GC Lawns</td>
<td>Student Activism: What Are You Fighting For? Campus Life invites students to their student activism panel. When: 12:30-2 p.m. Where: MMC GC 150</td>
<td>SPC Movie: “50/50” Joseph Gordon-Levitt plays a 27-year-old battling cancer. Also starring Seth Rogen and Anna Kendrick. When: 5 &amp; 8 p.m. Where: MMC GC 140</td>
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<td>Live Blues Monday Start the week off right with live blues at Miami’s oldest bar Tobacco Road. When: 9 p.m. Where: Tobacco Road, 626 S. Miami Rd. 33130</td>
<td>CSO-Opoly: CSO Club Fair The Council of Student Union invites students to “Speak Your Heart Out” When: 7:30 p.m. Where: MMC GC Faculty Lounge</td>
<td>Bsu Presents: Speak Your Heart Out The Black Student Union invites students to “Speak Your Heart Out” When: 5:30-9:30 p.m. Where: MMC GC 150</td>
<td>Basketball Doubleheader Come out to see both men’s and women’s basketball play against Middle Tennessee University. When: 5:30-9:30 p.m. Where: MMC US Century Bank Arena</td>
<td>To have your event featured Email: <a href="mailto:Calendar@fiusm.com">Calendar@fiusm.com</a></td>
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Photoshop creates unrealistic expectations for products

GOALS, PAGE 7

improvement are two other facets of college life best addressed in moderation.

"Before you swear to yourself to get straight A’s this semester, look back at the grades you earned during the fall,” Lozano advised. “Perhaps it would be better to aim for nothing lower than a B, or better yet, to set a rational grade for each class instead of the semester as a whole.”

He added: “Find the ways in which you can use downtime for something productive — even if it means using those 30 minutes you have to wait to use Megavideo to back up your photos on an external hard drive.” The upkeep of our “online persona,” nevertheless, remains unusually important among college and graduate students.

“I don’t think it’s bad to expose your life and thoughts online,” Caliman argued. “If fact, the Internet has become one of the most efficient mediums in getting your ideas across, with your name attached to them.”

The success of online social platforms like Facebook and Twitter has spurred the launching of professional networking sites like Academia.edu and LinkedIn.

“You can risk a job offer by having no profile online just as you can by having too much of an infamous one,” she said. “I’ve already begun to clean out my inbox,” Caliman continued. “My advice is to create a profile that shows you’re serious about your business image, and I can guarantee you’ll have a leg up over those still boosting up theirs.”

New year, new changes

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NDAA disregards constitution and civil rights

On December 31, 2011, as President Barack Obama signed the National Defense Authorization Act into law, America experienced a collective deja vu; an over-reaching, unconstitutional piece of legislation being enacted a la Bush circa 2001. Our current President, whose ideology during election time seemed almost antithetical to that of former President George W. Bush’s, signed a law that not only has the potential to threaten constitutional rights, but actively disregards them entirely. Think—Patriot Act meets limitless, physical detainment.

The most problematic part of the NDAA is that it codifies into law the justification for holding American citizens, domestically and overseas, for an unspecified, indefinite time. The statute’s formation has been mass confusion evidenced by a myriad of conflicting media reports that this bill does not allow or pertain to the detainment of American citizens.

The American Civil Liberties Union deems this claim, “Don’t be confused by anyone claiming that the indefinite detention legislation does not apply to American citizens. There is an exemption for American citizens from the mandatory detention requirement (section 1032 of the bill), but no exemption for American citizens from the authorization to use the military to indefinitely detain people without charge or trial (section 1031 of the bill). The military has the power to indefinitely imprison American citizens, but it does not have to use its power unless ordered to do so.”

It is important to point out how flawed it is that there has to be clarification of government legislation. The language is so inherently confusing that it has to be interpreted by an external third party.

Anthony D. Romero, ACLU’s executive director stated, “President Obama’s action is a blight on his legacy because he will forever be known as the president who signed indefinite detention without charge or trial into law. The statute is particularly dangerous because it has no temporal or geographic limitations, and can be used by this and future presidents to militarily detain people captured far from any battlefield.”

NDAA disregards constitution and civil rights

If the President has “serious reservations” about this bill, he should have acted as the ultimate commander and demanded revisions.

The intentionally vague language of the bill combined with President Obama’s statement that he had “serious reservations” about the legislation make his decision to enact the legislation either perfidy, cowardly, or intentionally misleading.

If the President, who we believed would bring honesty and illumination to eight years of flat out lies and darkness, has “serious reservations” about this bill, he should have acted as the ultimate commander and demanded revisions.

During the signing of the bill he released a statement, “Moreover, I want to clarify that my Administration will not authorize the indefinite military detention without trial of American citizens.”

President Obama’s assertion that he does not plan to use the bill during his term illustrates a reluctance to stand by this legislation. It is unfortunate that President Obama is ignoring the fact that future administrations could capitalize on the civil rights abuses this bill allows for.

Furthermore, his addendum to the bill, that essentially attempts to ease concerns about civil rights violations, is a careless afterthought; this bill needs more explanation than a wordy public relations spin that ultimately says nothing at all.

Email at brooklyn.middleton@fiusm.com.

Kaplan courses should be required

JUNETTE REYES

Kaplan Test Prep is exactly what the title suggests: a program intended to prepare students for all major standardized exams such as the GRE, GMAT, LSAT, and the MCAT. FIU partnered with Kaplan Test Prep in order to further prepare students for their exams for graduate school, making it the official test-preparation program of our University.

The program offers “…on-campus classes, expert advice, [and] free events and seminars on the graduate school and university admissions processes…”

The program is located within the Graham Center at the Modesto Maid- sage Campus and within the Wolfe Center at the Biscayne Bay Campus. The presence of the Kaplan Test Prep program beyond GC, however, seems to be scarce, which presents a flaw in the promotion of the program to all students on campus.

All of which could be solved by making it a requirement for students to enroll in the program.

Such an important and useful program should be advertised as much as possible, yet its existence is near extinction outside the program’s location.

The advertisements themselves are quite simple but succeed in stating the purpose of the Kaplan Test Prep program. Many fliers might be found on the busy Graham Center itself.

I propose that the University makes it a requirement for all students to take a Kaplan Test Prep course in accordance with the exam they will eventually need to take to move onto graduate school.

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The Graham Center is, by far, one of the busiest buildings on campus and is not necessarily the best place to focus on one thing, considering that there is almost always a lot of ongoing traffic there.

There are more Kaplan ads there, considering that is where the program is located, but it still is, and will always be, a matter of the students’ time and intentions.

I sought information to somewhat determine where students’ intentions lie based on the number of enrollment and their way of discovering the program but Kaplan would not release such information to me.

In order to eliminate the need of promoting the Kaplan Test Prep program on campus, as well as eliminate the students’ time and intentions factor in this situation, I propose that the University makes it a requirement for all students to take a Kaplan Test Prep course in accordance with the exam they will eventually need to take to move onto graduate school.

Making it a requirement benefits the Kaplan Test Prep program because it obviously rules out the need to promote their program, but it will also benefit students in their preparation to excel.
FIU
FLORIDA INTERNATIONAL UNIVERSITY

RENT
TEXTBOOKS

& SAVE OVER 50%
ON CAMPUS ONLINE 24/7

YES YOU CAN SCRIBBLE, SCRATCH HIGHLIGHT IN YOUR RENTAL TEXTBOOKS

LOWEST PRICE GUARANTEE WHEN BUYING NEW OR USED*

*Does not apply to online retailers. See bookseller for details.
Dean Hampton makes changes to magnify CSHTM

NADRA MABROUK
nadra.mabrouk@fiusm.com

Mike Hampton, Dean of the Chaplin School of Hospitality and Tourism Management, moved his desk right near his open office door so students can see whether he is available with a slight peek. Appointed dean of CSHTM as of spring 2010, Hampton created changes to the school to assist students in becoming productive graduates as soon as they receive their diploma.

“In a year, we’ve made high progress,” Hampton said.

According to Kathie A. Alexander, director of Budget and Human Resources, four new professors with Ph.Ds have been hired to teach in the CSHTM program from fall 2011. Two more are being hired for fall 2012.

Among these new professors are Miranda Kitterlin, graduate of University of Nevada, Las Vegas with a Ph.D in Hospitality Management and Michelle Yoo, who has a Ph.D in Hospitality Management from UNLV. Kitterlin teaches Organizational Behavior, Facilities Management and Fundamentals of Management.

According to Hampton, Kitterlin and Yoo create an interesting environment for students.

“The new faculty make the theoretical constructs of management come alive with real world application,” Hampton said.

With more study abroad programs created in Peru for spring break and summer, Hampton has been working to broaden students’ minds. Currently, plans are in progress for an academic agreement with DCT University Center School in Switzerland. DCT, located near the city of Lucerne, prepares students for international careers in the fields of hotel and restaurant management or to become chefs in specific food areas.

Hampton’s advising plan encourages students to turn their résumés into portfolios integrated from coursework and work activities. Students weave together academic and professional experiences in order to become more attractive to prospective employers.

The Career Development office has become more centered inside the building to HTM 260 A for better access to students to stop by and receive help. With advising, Hampton hopes to assist students reach out to industries and gain exposure to areas they are interested in concentrating upon. By aligning students with associations, they get professional affiliation.

Saturday excursions are designed to give students a behind-the-scenes tour of hospitality programs across Florida including Canyon Ranch, Monkey Jungle, and the Oasis of the Seas. Students get to meet with management of these programs and gain more insight into the industries. Roundtable series are every Wednesday. In the roundtable series, CEO’s of high level industries come to the Carnival Student Center and meet informally with the students. Students then have a Q&A session with the employers.

“It’s important for students to have a broad perspective for career opportunities. Demand is there,” Hampton said. “The vision I have is to prepare students to function at high levels. We are producing company executives so they can make the decisions to operate internationally.”

Construction has begun for a new teaching restaurant, food production lab, and a new brewing science center for beverage management. Fundraising has also begun for the funding of the construction of a finance encombrement and a graduate research building. Hampton, along with the rest of the executive team members, do a daily walk around the school while classes are in session to speak to students. He is open to suggestions from students that he receives via Facebook, in person, and through text messages.

“He’s an abundance of energy. He is always open to new ideas and differing viewpoints.” Alexander said, “I am very fortunate it has been an amazing experience because of the professional and career development I am gaining under his leadership.”

The FIU swimming and diving team won back-to-back meets in a span of a week. On Jan. 3, the Panthers won seven events to capture the Orange Bowl Classic in Key Largo. FIU defeated George Mason 186-160. FIU also edged out Eastern Michigan 376-364 on Jan. 5 to win the FIU Relays at the Biscayne Bay Campus.

MELISSA MENDOZA
bbc@fiusm.com

After a month long winter break, campus organizations are coming together to keep students from falling into the start of the semester blues. The Office of Campus Life at the Biscayne Bay Campus, along with the Student Programming Council, Student Government Association, Office of Orientation and the Recreation Center are hosting a number of events throughout the first week of the Spring semester to welcome back students to BBC.

Kicking off the week is the “Welcome Back Beach Party” hosted by the Office of Campus Life on Jan. 9 from 11 a.m. to 2 p.m. in the Wolfe University Center’s Panther Square. The beach party will consist of activities with caricature artists, mosaic art, Caribbean themed music and food being given out on a first come first serve basis.

Following the beach party, the “SPC Square Day: Mindbreeze Game show,” held on Jan. 10, will also be located in Panther Square from 11:30 a.m. to 2 p.m. The students in attendance will take part in a real-time game show and be eligible for cash prizes.

SGA will be hosting a “Book Buy Back Day,” to allow students to buy, sell or exchange their old textbooks at a reasonable price on Jan. 11 from 11 a.m. to 2 p.m. If you are not looking to choose architecture as your new profession of choice, take down your male high tower of books and bring them on down to the event in WUC 221.

The Office of Orientation will be hosting a Peer Advisor Announcement in Panther Square at 12 p.m. on Jan. 11 to assist returning partners with the new semester.

Even as the week comes to an end, the parties live on. On Jan. 13, students walking past WUC 221, can grab some food at “Brunch at Biscayne Bay” from 10 a.m. to 11:30 a.m. The brunch, hosted by the Office of Campus Life, will be provided, as usual, on a first come first serve basis.

Making a splash at the end of the week is the “Game Day” event hosted by the BBC Center on Jan. 13 from 11 a.m. to 2 p.m. in Panther Square. It is a pregame event designed to get the students riled up for the FIU vs. Connecticut State Swan Meet which will be Jan. 14 at 12 p.m. in the recreation pool area.

More information can be found at the Biscayne Bay Campus Life office in WUC 141 or by calling (305) 919-5804.