TOUGH LEARNING CURVE

Team suffers worst loss in history

CHRIS MARTINEZ
Staff Writer

Enveloped by both history and the audible roar of 107,638 passionate fans, the Golden Panthers entered Beaver Stadium with the optimism and hope that comes with a fresh season and a new coach.

The game, however, was a strike of reality and a reminder that last year simply isn’t that far in the past.

“We played dumb, we played nervously and it showed,” head coach Mario Cristobal said. Cristobal’s coaching debut was buried beneath a myriad of fumbles and missed opportunities that overshadowed any positives that could have been drawn from the 59-0 loss to the Penn State Nittany Lions.

For a team as physically outmatched as the Panthers were, it was essential that they play nearly mistake free, but the performance turned in was anything but that. “We made some typical young team errors,” Cristobal said.

Miscues haunted the team from the opening quarter as the Golden Panthers coughed up the lead from the opening quarter as the Panthers were, it was essential that they play nearly mistake free, but the performance turned in was anything but that. “We made some typical young team errors,” Cristobal said.

Football, page 15

Pines Center offers students other options

SANDRA MATEU
Staff Writer

Christine Anderson works 15 to 20 hours a week as a substitute teacher and bookkeeper in an after-school care program in Pembroke Pines Center. When she gets out of work at 6 p.m., she drives to the Broward Pines Center, 15 minutes away, where she goes to school full time.

Anderson, 22, has taken classes for her psychology major and education minor at both University Park and the Biscayne Bay Campuses, but she prefers to take classes at the center because it’s a short commute from where she works.

“The Broward Pines Center is to help the non-traditional commuter students obtain a one-of-a-kind, higher education experience, according to Isabel Morales, associate director of the Pines Center.

More than 2,000 students are currently enrolled in the Pines Center. Most of these students range from where she works.

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Book thefts on campus

Christina Vieg Aso. News Director

Franz Augustin knows a book thief when he sees one.

Sometimes, it’s just a hunch. Other times, the potential thief may get noticeably nervous. "When the customer doesn’t have a receipt and wants a refund—that’s usually a red flag," said Augustin, the textbook floor leader at the University Park bookstore.

Though it doesn’t happen every day, textbook theft at FIU is a more common crime than bookstore employees—and FIU students—would like.

According to Augustin, thieves manage to take off with textbooks stolen from the UP bookstore a couple of times a week. "Another less suspected crime? Bandits also swipe already bought books from FIU students and try to sell them back to make a quick profit," Augustin said.

The thefts affect all students, not just those who lose their books, because the bookstore has to raise prices to make up for the loss of profit.

"[The thieves] shouldn’t be so selfish and think about everyone else—but it’s probably that they don’t care anyways," said senior Jessica Zarate, a psychology major.

FIU recently apprehended a band of three suspects for shoplifting at the UP bookstore. The police caught the group after they were chased out of the bookstore by Joe Lopez, shipping and receiving supervisor at the UP bookstore.

Sometimes, the thieves work alone as shoplifters who come back to the bookstore several times a day, trying to return different books to different employees.

Other times, the shoplifters try to return books that seemingly don’t go together, like undergraduate and graduate textbooks.

"Really, all we can do is make a judgment call," Augustin said.

When bookstore employees are dealing with a suspected thief, there are two options: refuse service or call the police. Sometimes the bandit will make a run for it and all bookstore employees can do is give a description of the suspect and the way he or she left.

"We’re not the police—we let them deal with it," Lopez said.

The UP bookstore is currently working on several ways to foil would-be book stealers. According to Lopez, the store is working toward increasing security and possibly striking a partnership with campus safety, though nothing is certain yet.

In the meantime, students should take their own steps to keep their textbooks safe.

Augustin and Lopez suggest treating your textbooks just like you would a purse or wallet—keep it out of plain view in your car, never set it on the bathroom floor, and never leave it in the care of someone you don’t know.

They also suggest writing your name in permanent marker so that if your books are stolen, employees at the book buy-back counters can keep an eye out for the stolen property.

Augustin and Lopez also warn students not to agree to sell books back to people, or you could be aiding in theft.

Lopez also has a word for those students involved in the business of textbook-thievery.

"The students doing this don’t understand that they are putting their future at risk—not just jail time—but you can get kicked out of school," Lopez said.

In the issue dated Aug. 30, the story titled “FIU moving toward healthier cooking options” should have referred to Avidai Manso as a she. In the photo, “cooking options” should have referred to Avidai Manso as a she. In the photo, "cooking options" should have referred to Avidai Manso as a she. In the photo, "cooking options" should have referred to Avidai Manso as a she. In the photo, "cooking options" should have referred to Avidai Manso as a she. In the photo, "cooking options" should have referred to Avidai Manso as a she.
Professor studies Mexican community-owned forests

CHRISTINA LEMUS  
Staff Writer

Professor David Bray is known by students at FIU because he has taught in the environmental studies department for 10 years. But what students may not know is that many months out of the year, Bray is not teaching in the classrooms of FIU. Instead, he is teaching in the forests of Mexico.

Last summer, five FIU students and six students from the National Autonomous University of Mexico and the Interdisciplinary Center for Integrated Regional Development of Oaxaca, Mexico worked with Bray in a forest community in Oaxaca.

The research aimed to prove that community-managed forests reduce deforestation at rates similar to areas protected by the government.

Through this research, Bray hopes to reveal to other countries to understand how communities in other parts of the world can achieve the same results that Mexican communities have.

The communities living in Oaxaca are traditional indigenous communities who still have many traditional governance patterns and institutions, but are also undergoing rapid change because of migration to the United States, which for some Mexicans means temporary migration because they return to live in their home communities “Bray said.

A lex Racelis, a master’s student at FIU from 2001-2003, studied with Bray in the community forestry of Mexico and considers him to be a perfect mentor.

“The positive impacts of David’s research in the Mexican state of Quintana Roo, has made him a local legend. You would be hard press to mention Dr. Bray’s name and not illicit a smile and a warm greeting from community members. He is one of the few academics who truly cares about the broader impacts of his professional work,” Racelis said.

In September 2006, Bray was invited to give a presentation to high level Chinese forestry officials in Beijing, who look to Mexico as a model.

Later that November, he was invited to speak at the World Bank in Washington D.C. for the same reason and in May of 2007, he and his colleagues gave a speech to the Mexican government that owns the forests, which for some Mexicans is temporary migration because they return to live in their home communities.

“I felt very proud to be able to communicate the successes of Mexican community forestry to other parts of the world,” Bray said.

He has received financial assistance from the Ford Foundation, Hewlett Foundation, Tinker Foundation, the US Agency for International Development.

He has also received help from FIU in order to make these annual trips out of the country possible.

Jack Parker, professor of environmental science and chemistry at FIU is a close friend and colleague to Bray and thinks highly of his study abroad class in Mexico.

“I think that his study abroad class helps students get a different environmental experience and a real chance for a global perspective,” Parker said.

Bray plans to continue his research in Mexico and in other countries to understand how communities in other parts of the world can achieve the same results that Mexican communities have.

He encourages students to get involved in the program by contacting the environmental science department at envstud@fiu.edu.

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Santeria, hip-hop courses work toward deconstructing religious, racial stereotypes

NICOLE ACOSTA
Asst. News Director

African arts classes aiming at African New World Studies (ANWS) program emphasize that African influence can be felt throughout the world.

They also deconstruct stereotypes in African-influenced genres according to Akin Ogundiran, ANWS director.

This Fall, ANWS is offering courses that deal with everything from hip-hop music to the Santeria religion to African arts and its history.

The Race, Gender and Sexuality in Hip-Hop course "examines racial, gender and sexual identity constructions within the context of hip-hop culture in the United States," according to Dione Stephens, associate chairperson for the Department of Sociology.

Stephens said it is important for all students to take her course because hip-hop is not exclusively by a people of African descent. It has become a part of other cultural expressions, such as Latin-American genre.

"The classes do not interfere over it," Ogundiran said. "So the classes are not necessary meant [for] only peoples of African descent [that] claim that identity, it is actually a contribution to multiculturalism on our campuses.

"You look at Latin American music and African heritage is written all over it," Ogundiran said. "The point is for them to understand their artistic creativity because it is in the artistic creativity that we truly understand the individual and what they are thinking and their visions of the world."

Emesto Picardo hopes the students in his Santeria and Transnational Perspectives course will learn that there are other, non-Judeo-Christian religions and also learn how each of these religions contribute to the local society.

Santeria, a religion practiced in the Caribbean and South Florida, integrates the worship of Yoruba deities, which stems from West Africa, with the worship of Roman Catholic saints.

Picardo, a Santeria priest and ANWS honorary research fellow, will introduce five to six guest speakers throughout the course.

They will each address a different aspect within Afro-Cuban Santeria and its history in the Caribbean and South Florida.

"Santeria has religious and cultural significance, but also social and political significance. It gives students the opportunity to understand the cultural identity," Picardo said.

"The introduction to Africana Arts course will introduce students to the visual arts in African cultures from Africa, the Caribbean, Latin America and African America," according to Ogundiran.

Taught by Gene Tinie, African and African Diaspora Art professor, the course will lead into the study of how enslaved Africans brought their art to the Americas.

"It's a combination of different things and the idea of that people's art is the instrument of their freedom," Ogundiran said. To understand the contribution of Africans to the world and civilization, you have to understand their [African American] artistic creativity because it is in the artistic creativity that we truly understand the individual and what they are thinking and their visions of the world."

"The Race, Gender and Sexuality in Hip-Hop, AD 4920, meets Tuesdays from 6:25 to 9:05 p.m. in the Graham Center, room 279 at University Park.

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Introduction to Africana Arts, AFA 4931 and AHR 3930, meets Wednesdays from 5 to 7:40 p.m. in Aademic I at the Biscayne Bay Campus.

Santeria and Transnational Perspectives, AFA 4933, meets Tuesdays from 5 to 7:40 p.m. in Trailer 100 at BCC.

Pines Center facilitates needs of non-traditional commuter students

PINES CENTER, page 1

from 20 to 60 years old, usually have family responsibilities, a job and are racially diverse, according to Claudia Martinez, coordinator of student affairs at the Broward Pines Center.

These students attend classes in state-of-the-art 80,000 square foot facility, which includes case study rooms, a student lounge and a 450-seat auditorium.

The building is shared by Broward County's Southwest Regional Library and Broward Community College.

It is also shared by city of Pembroke Pines’ Charter High School.

Because most students are non-traditional, the classes are offered late in the afternoon or early in the morning and on the weekend.

The Broward Pines Center's offices stay open later than at the other FIU campuses and are even open on Saturdays. This helps them with their busy schedules as commuter students said.

"The classes do not interfere with their jobs," Ogundiran said. "The classes do not interfere because Broward Community College offers different programs, and Charter School students attend in the morning, while FIU students come at night or really early in the morning when there are no other students in the center," M. Orales said.

Student life at the Broward Pines Center is different from other FIU campuses due to the students and the campus itself being non-traditional.

"We understand the needs of our students and facilitate the solving of problems so we can meet their needs. It is a tailoring process," said Diana Little, the director of the Broward Pines Center.

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"We understand the needs of our students and facilitate the solving of problems so we can meet their needs. It is a tailoring process," said Diana Little, the director of the Broward Pines Center.

Some of the activities scheduled for this Fall in the student life calendar include Career Week, which will take place from Oct. 8 to 13.

"We have included career development and we want to add help on career resumes and interviews. The point is for them to enjoy, learn and have a positive attitude," M. Artiz said. "We try to incorporate the stuff the commuter student needs."

A roster event taking place at the Pines Center this Fall is Stress Release Week, which will take place from Nov. 26 to Dec. 7.

According to Martinez, last year’s event was a hit at the Broward Pines Center.

"Students come here for a little period of time. They just come to class and then they leave. We try to make that time the best and improve their day," Martinez said.

"It’s calm and the classes are more productive because they are right to the point," said Herrera, a junior.

"The Broward Pines Center, which opened Jan. 2003, currently offers upper division undergraduate level programs within colleges such as arts and sciences and business administration.

It also offers master’s level programs from the Colleges of Education and Health and Urban Affairs. Doctoral programs from the College of Education are also offered.

Arocho to Little, the center is planning on adding two or three more majors such as elementary education and psychology and a master’s in public administration.

"Everything we do is according to the needs of the students and are depending on that, we will add the majors with more demand," Little said.

The Broward Pines Center is at 17195 Sheridan St., west of 1-75 in Pembroke Pines.

For more information on the Pines Center visit http://broward.pines.fiu.edu or call 954-438-8600.
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10:00 AM - 3:00 PM
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√ Meet admissions representatives
√ Get materials from over 100 national ABA-approved law schools.
√ Attend workshops on the application process, financial aid and scholarships.
√ Receive advice from law students on preparing for and succeeding in law school.

To register and obtain further details:
www.law.miami.edu/mlf/
The first 200 entrants to the fair will get a copy of the ABA Guide to Law Schools (2008 Edition)
The emphasis on Greek life, as the article’s author noticed, is not due to any agenda to force it on students new to the university. We do admit that we actively promote our Greek organizations during orientation. But note also that many Greeks are often involved in many other groups, honor societies and organizations on campus. To understand our commitment to FIU, consider that the following campus leaders are all Greek: the Student Government Association president and vice-president; the Student Programming Council leader, Homecoming and Dance Marathon overall directors, plus many peer advisors, resident assistants, freshman conversation speakers and Panther Camp facilitators.

Even members of our faculty and administration are proud members of fraternities and sororities. I joined Greek life as a junior. As one of those cynical freshmen students and an "uncharacteristic high school student" before I realized the impact that the Greek system offered to me. It provides leadership, scholarship and networking opportunities to its members and it looks great on a resume.

A cademically, our FIU Greek community outperforms non-affiliated students, according to Office of Campus Life statistics.

The average Greek student’s grade point average is higher than the average FIU student’s GPA. Greeks have higher graduation rates than those of non-affiliated students and students who “go Greek” are more likely to return to college the following year.

More importantly, Greek-affiliated students have higher average incomes than non-Greek alumni following graduation.

The “real world” appreciates campus involvement and rewards it accordingly. The Panhellenic Council invites A Na Paola Capitol to go through the recruitment process and see what Greek life is like firsthand.

Trust this cynic – it’s anything but stereotypic.

Every week, The Beacon invites members of the FIU community to speak to fellow students about issues important to them.

This week’s guest is Celinda Miranda, a senior public relations major. She serves as chief justice of the Panhellic Council and recruits for her sorority.
GET THROUGH THE STORM IN THREE STEPS

PREPARATIONS

**Shopping List**
- Drinking water (one gal per day)
- Manual can opener
- Nonperishable foods
  - Canned meats, fruit, vegetables
  - Canned soups
  - Nonperishable milk
  - Cereal, granola bars
- Flashlight (one per person)
- Portable, battery powered lanterns
- Large trash bags (lots of them)
- Battery operated radio
- Gas stove or grill
- Charcoal, propane for the grill
  - "Cook in ventilated area"
- Waterproof matches, butane lighter
- Unscented bleach
- Water purification tablets

**Documents to keep safe and dry**
- Insurance documents
- Contacts (on paper)
- Family, doctors, insurance agents
- Banking information
- Leases/mortgage
- Proof of occupancy (utility bill, etc.)
- Photo inventory of your personal belongings

**For Babies**
- Disposable diapers
- Formula, bottled baby foods
- Medication
- Bottles and feeding utensils

KNOW THE LINGO

**Hurricane**
A tropical cyclone in which wind speeds reach a constant of at least 74 miles per hour with a string of thunderstorms, torrential rains and storm surges of up to 20 feet.

**Tropical Storm**
An organized system of strong thunderstorms with maximum sustained winds of 39-73 mph.

**Tropical Depression**
An organized system of clouds and thunderstorms with maximum sustained winds of 38 mph or less.

KNOW THE WARNINGS

**Hurricane Warning**
Indicates that sustained winds of at least 74 mph are expected within 24 hours or less. By the time that this warning is issued, you should be in the process of completing protective actions and deciding the safest location to be during the storm.

**Hurricane Watch**
Indicates the possibility that you could experience hurricane conditions within 36 hours. This watch should trigger your action plan, and protective measures should be initiated.

HAVING A PLAN: KNOWING WHEN TO EVACUATE

By Ben F. Badger Jr

A proper evacuation time is sometimes hard to determine, but according to Charles Cyrille, emergency management coordinator at FIU, it’s better to evacuate than staying put.

“If you feel where you live is unsafe, you should always err on the side of caution,” Cyrille said.

Cyrille commented that those living in a mobile home should evacuate if winds reach more than 39 mph.

Those not living in a mobile home should be aware of local news in order to know if a mandatory evacuation order has been given. Always have a way to communicate with family and emergency personnel in addition to having plans on what to do in case of an emergency.

For the most part, evacuations for those not living in a mobile home are issued due to flooding concerns over anything else. So living by a body of water will increase the chances of a need for evacuation.

Determine which is the safest room in the house and take all the emergency items you want to keep handy in that room.

Fill your bath tub with water. Floods might contaminate water sources and you want to keep a clean water reserve. Be sure to clean the tub thoroughly before you fill it up.

If you have friends or relatives outside the evacuation areas, planning to spend the hurricane with them might be more comfortable than going into a shelter or battling down the hatches in your own home.

If you are in an evacuation zone, the safest thing to do is always to evacuate.

If you decide to stay home

If you plan to evacuate

Depending on where you live in Miami-Dade County will determine where your designated shelter is. For a complete list of evacuation centers and a list of evacuation zones see http://www.miamidade.gov/oem.
WEATHERING THE STORM

Phase I: Alert
- FIU’s Emergency Management Group and Special Assignment Group are activated and ready to alert.
- Media Relations issues bulletins to University community, as appropriate.

Phase II: Critical Alert
When the path of the storm indicates an imminent threat, and Monroe County officials request to make shelter space available, FIU enters Phase II.
- The community is officially placed on alert.
- Preparations are made to shelter residential students.
- Preparations are made to shelter Monroe County evacuees.
- Media Relations begins scheduled releases to University community with news updates.

Phase III: Watch
- Evacuation orders are executed for Barcayme Bay Campus residential facilities.
- President’s staff makes “closing decision” as appropriate.
- Essential emergency employees are deployed per arrangement.
- Media Relations continues scheduled news releases.

Phase IV: Warning
- EMG and SAG coordinates response strategy.
- University increases amount of emergency personnel in anticipation of deteriorating weather conditions.
- Emergency personnel deployed to shelters on and off campus.
- Media Relations continues scheduled news releases.

Phase V: Occurrence
- All personnel take protective cover and monitor radios and television stations.
- Essential emergency employees staff shelter operations at various locations.

Phase VI: Recovery
- Public Safety conducts initial damage assessment.
- Incident commander issues “all clear” for first response emergency employees.
- Safety hazards are removed, roads and campus access points are cleared. Thorough damage assessment report completed for each FIU structure.
- President’s office and incident commander decide on “reopening schedule.”

PET SERVICES
- Miami Dade County has two pet-friendly shelters, but note that no dog or cat will be allowed into either shelter without proper vaccinations. Pre-registration is required for both shelters.

Sunshine Pavilion
10901 SW 248 St.
Miami, FL 33199
Accepts cats, dogs, small mammals and birds, but no reptiles. Owners must provide pet food. There’s room for about 150 animals and 330 humans.

Highlands Oaks Middle School
2375 NE 203rd St.
Miami Beach, FL 33180
Animals will be kept in the locker rooms, which have easy outdoor access for walks.

For other counties go to: www.floridapets.net/petfriendlyshelters.html

PET EVACUATION KIT
- Food for your pet(s)
- Pet’s proof of recent immunizations
- Extra water
- Tag ID
- Litter box
- Extra garbage bags

Car Concerns
- Make sure to have your car insurance documents handy.
- Make sure to have your insurance company’s phone number.
- Do not leave your car under trees or open areas. You might consider parking at a relative or friend’s home if they can provide closed parking.
- All of FIU’s parking garages will remain open so you might consider leaving your car there during the storm.

The Perfect First Aid Kit
- Band aids (several sizes)
- Gauze
- Thermometer
- Cough syrup/cough drops
- Alcohol pads, cotton balls
- Parakeets – Tylenol/Advil/Aspirin
- Paper cups
- Latex gloves/Latex free gloves
- Prescription medications as required
- Antibiotic cream
- Mosquito repellent
- Sunscreen (45 SPF recommended)

HUNGER PAINS
- A big step in hurricane preparation is making sure your kitchen is stocked. You could experience power outages after the hurricane that last for days, sometimes weeks, leaving kitchen appliances useless.
- But the lack of electricity hasn’t kept college students from coming up with ideas for edible hurricane food.

Alexandra Gomez, a hospitality major, said her favorite storm dishes are tuna salads and fruit cocktails.

“They’re both so delicious, and so easy to make,” she said.

Gomez said all you need for the tuna salad is the following:
- 1 can of white tuna, drained and flaked
- 6 tablespoons of Italian dressing
- ¼ teaspoon of curry powder
- 1 tablespoon of diced pineapple
- 1 pinch of garlic powder
- 1 teaspoon of olive oil
- 1/8 of salt
- 1/8 of pepper

In a medium bowl, mix together tuna, dressing. Season the tuna with curry powder, parsley, and garlic powder. Mix all together and serve.

The best part is that you can eat it as a sandwich, with crackers, or on top of a salad,” Gomez said.

A variation is adding some potato chips in a tuna salad to make it a little tastier and crunchier.

You can also substitute the tuna for canned chicken and even canned seafood.

As for the fruit cocktail, check your local grocery store for a variety of individual canned fruits and fruit cocktails.

Another simple idea is cold hot dogs, a favorite item of hospitality major George Fernando.

“I mix ketchup and mayo to make a special dipping sauce and dip hot dogs in it,” Fernando said.

He also suggests Parmalat milk, boxed long-life milk that can be kept on shelves without spoiling.

“My mom buys the juice box sized ones and we use them for cereal in the morning,” Fernando said.

For coffee lovers, make sure to stock up on powdered milk and instant coffee. Snacks can turn to crackers and chips, dry foods that become more flavorful with a variety of spreads and jams – salses and peanut butter is a common combination.

Tortilla chips and salsa are also a classic snack to munch on – salsa and nacho cheese can be canned, so spoilage isn’t so immediate.

Remember to stay hydrated, especially with the hot and humid season.

It is suggested by the American Red Cross Association that a minimum of one gallon of water should be reserved per day for drinking, cooking and re-hydrating dry foods.

The American Red Cross also suggests stocking enough food and supplies for you and your family for at least a week – two is even better.

Don’t forget to buy paper plates, napkins and plastic silverware to conserve your water instead of washing the dishes.

Just make sure to have a manual opener or you’ll be left pretty hungry!

SO, YOU LIVE IN THE DORMS

All resident students are strongly encouraged to establish an evacuation plan in the event the University or Miami-Dade County issues an evacuation order.

 Upon receipt of an evacuation order, all residents will be directed to seek shelter. Students from Miami-Dade, Broward and Palm Beach Counties (the tri-county area) will be instructed to return home to their families or relatives or a safe place off campus for the duration of the hurricane.

In the event of a hurricane, your floor resident assistant will provide you with updates. If you have questions, please seek out resident staff for assistance.

Plan on notifying your RA immediately of your plans. If you are from outside the tri-county area and you don’t have a return home to the assigned shelter off campus, you will be sheltered on campus. You will need to register for the shelter, pack your hurricane kit and watch for email and flyer updates distributed throughout the community.

Students who seek shelter on campus will be required to bring a three-day minimum supply of water and food.

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The Bay Vista housing complex at the Barcayme Bay Campus will be closed and all remaining students who require shelter will be evacuated to the University Park.

Bay Vista housing students will be transported to UP by bus.

Important Reminders:
- No guests or pets are allowed in the FIU shelter.
- Alternative shelter information is available at your front desk.
- Share your plans with family and friends.
- Only FIU residents and approved staff are permitted in the shelter.
- For your safety, it is required that you remain in the shelter. Should you choose to leave the assigned shelter area, even if it is just for a brief time, you will be ineligible to return to the shelter.
- Carry your FIU identification at all times.
- You will be responsible for your hurricane kit.

In the event of a hurricane, your floor resident assistant will provide you with updates. If you have questions, please seek out resident staff for assistance.

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The hurricane hit, the power’s out and the roads are filled with debris. Hopefully you followed all pre-hurricane recommendations, but here are some extra tips for after the storm:

- Get updated on your surroundings. Call local authorities and see if the neighborhood is safe. Many times, authorities can close down roads because of flooding or damage – you may need to find alternative routes home.

- If you still have electricity or a generator, stay updated with television or radio news for the latest weather coverage and traffic information. Curfews might also be enforced, so be sure to follow them or else you may end up like FIU student George Alvarina.

- Last year, I was waiting outside a restaurant while the manager was deciding what to do. Considering I was out of water and food, the lines were quite long. A cop insisted on giving me some water, but the cop was nice and helped me over for being out of water and food. He also said he’d help me get food. I didn’t think it’d be a big deal, but the cop insisted on giving me this long speech about how he was doing his job and how I should be like midnight,” said Alvarina. “I’m driving down Bird Road when I see cop lights in my back mirror. [The cop] pulled me over for being out of past curfew.”

- Drive carefully. Driving in Miami is dangerous enough without a hurricane, but after a storm, many traffic lights aren’t operating. Be sure that cars are also functioning properly and that they have enough gas to get you where you’re going. Gas is scarce during a hurricane, meaning long lines for students such as Nicole Amaro.

- “I hate trying to get gas during a hurricane,” said Amaro. “Half the gas stations shut down and when you find one that’s open you sit there for hours at a time to pump gas for less than five minutes, it’s ridiculous.”

- Stay in touch with family and friends. Notify them about where you’re going.

- Try to come home before dark, so you’re able to do everyday tasks before it gets dark. Use flashlights in the dark – not candles. The last thing needed is a fire in the house, which ended up happening to FIU student Jenny Gonzales.

- “My mom, who is a bit old school, decided that it would be a smart idea to light candles around the house,” said Gonzales. “Well, she forgot that we have a really playful cat that thought the flame was some sort of a toy. The cat knocked over the candle, which caught the table cloth on fire and continued to burn the table. The whole night was a disaster.”

- Be careful with your food. Food spoilage is a big problem after a hurricane. Discard all food that needs to be kept refrigerated. Don’t forget your small – if in doubt, throw it out. Instead, use dried or canned food.

- There might be contamination in tap water, so do not drink or prepare any foods with it. Don’t let pets drink it.

- Be patient. Everything will eventually go back to normal. It can be aggravating and stressful to endure the effects of a hurricane, but remember that you are not the only one.

- Remember to use common sense when it comes to you and your family’s safety.

Coping with Stress

- Talk to someone about your feelings – anger, sorrow, and other emotions – even though it may be difficult.

- Seek help from professional counselors who deal with post-disaster stress.

- Do not hold yourself responsible for the disastrous event or be frustrated because you feel you cannot help directly in the rescue work.

- Take steps to promote your own physical and emotional healing by eating healthy, rest, exercise, relaxation and meditation.

- Maintain a normal family and daily routine, limiting demanding responsibilities on yourself and your family.

- Spend time with family and friends.

- Participate in memorials.

- Use existing support groups of family, friends and religious institutions.

- Ensure you are ready for future events by restocking your disaster supplies kits and updating your family disaster plan. Doing these positive actions will be comforting.

Source: fema.gov
This Fall, the Wolfsonian Museum, located on 1001 Washington Ave., will use the arts to reshape historical events. The museum will also present lectures and photomontages to enrich student knowledge, regardless of their majors. For those who love history, international issues and politics the Wolfsonian will have "Doing Violence to Perception: John Heartfield and Political Photomontage" in late September. During the lecture, Andres Mario Zervison, an assistant professor of Art at Rutgers University, will examine how Heartfield's photomontage reshaped public perception.

Heartfield was one of German communism's most recognized artists and one of Hitler's greatest enemies. Wolfsonian Assistant Director Kate Rawlinson believes that this lecture will be a great learning experience for the audience. "John Heartfield took images that reflected the chaos Germany experienced in the 1920s and 30s and made it appealing to the real world," she said. She added that the images used for the photomontage are anti-Nazi and might be of particular interest to political artists. On Oct. 4 at 7 p.m., Julie Bargmann, an associate professor of architecture at the University of Virginia, will bring a touch of regenerative environmental design to the Wolfsonian with her lecture "Dumb as Dirt." This lecture is an investigation of the creative potential of landscape disturbed by industrial decay.

Lectures aren't the only events the museum will be hosting. For those who are passionate about lyrics and rhythm, the museum is promising a melodic night on Nov. 8 with the "Florida Grand Opera Young Artist Studio Concert." With this concert, performers intend to transport audiences back to a 1920 Berlin, before Nazism.

Museum visitors on Nov. 16 will have the opportunity to see the film Consumption Junction. Curators Barron Sherer and Kevin Wynn will present the 60 minute video which shows a selection of vintage film clips that take a closer look at American consumer culture – from roots to development – after World War II.

Music, business and design won’t be the only things highlighted throughout November. On Nov. 30, the Wolfsonian will mount a fully-automated robotic orchestration presenting the 1924 then-scandalous composition “Ballet Mécanique.” Rawlinson said that the original composition of this show calls for 10 human musicians and that the 1953 arrangements presented will feature four pianos and extensive percussion.

Rawlinson also said that no one should miss this event because these types do not happen in Miami very often. "The arts are always going to be beneficial for the students in the real world, even those not necessarily within their majors," Babilonia said.

The museum will also have a large number of events such as book presentations, tours, workshops and educational programs.

For more information on admission fees, other events and reservations, contact Julieth Dabdoud, communication manager for the Wolfsonian, by calling (305) 535-2622 or by going online to www.wolfsonian.fiu.edu.

ARUTMNSTRIY: The Wolfsonian Museum will host exhibitions including “Agitated Images: John Heartfield & German Photomontage” (bottom left and bottom right) and “Indocinating Youth: Selections from the Pamela K. Hazen Gift of Propaganda Books for Children.” (top and bottom center). Both exhibitions are a part of the museum’s Fall schedule, which also involves guest lectures as well as film showings.
Prominent visitors use University House for stays

KASSANDRA POOL
Staff Writer

What started as a sketch on a napkin by Florida International University President Modesto A. Maidique ended as a 12,700 square-foot University House on the east end of the University Park campus. Built in 2001 and costing more than $2 million, the house was funded by the FIU Foundation: a private, non-profit corporation whose role is in the development of the University as a major educational, cultural and economic resource.

Before the University House was built, Maidique lived in Pinecrest. The Miami Department of Health and Human Services web site explains the straightforward definition of vegan - eating only foods derived from plants. There are different types of vegetarians and vegans, however.

Lactovegetarians consume not only plant foods but also dairy products, with the exception of eggs. Ovo-lactovegetarians consume all these things as well as eggs. Ovo-lactopescatarians also add fish to their diets.

With the media coverage that vegetarian and vegan lifestyles are receiving, the question about nutritional values remains as does the question of the possible motivations of the people choosing them.

Nicole Crane, junior, was raised vegetarian and at the age of 12 decided to make the switch over to a vegan diet. Since then, it's a decision she has not regretted.

A "vegetan diet, when it is done correctly, is an anti-cancer diet, and I believe it can also reverse cancer," Crane said. "Vegetarians who still eat eggs and milk are still consuming animal products, excess cholesterol and all the hormones, bacteria and pus from milk."

Lot Kupferman, a registered dietician at the Wellness Center, however, warns against the pitfalls of lack of nutrition when adhering to the vegan diet.

"They're missing so many essential vitamins, minerals and proteins," Kupferman said. "Usually the person is malnourished. A multi-vitamin doesn't cut it. They have minimal heart problems, but usually low energy levels because of being malnourished."

She explains that for vegetarians the risk of missing out on essential nutrients is smaller.

"If you choose low-fat or fat-free dairy products, the benefits usually are less calories and lower cholesterol," Kupferman said. "Overall, eating less meat is healthier. If you eat properly, as an ovo-lactovegetarian, you can get what you need without supplements."

Chairperson of the English department, Dr. Carmela M. Cinti, has been an ovo-lactopescatarian for about 10 years, ever since she and her husband decided to make the change for health reasons. To this day, all evidence shows that her body is receiving the nutrients it craves.

"I'm healthy," Cinti said. "My cholesterol's really low. My iron levels are okay. I feel fine."

Her daughter, Sarah, though, raised by vegetarian parents, only made the decision to become one herself three years ago.

"My biology class raised chickens from eggs, and they were really cute and I didn't want to eat them anymore," Sarah M. Cinti said.

A normal ritual is only one reason for committing to forgo meat. Kupferman stresses the importance of understanding one's own motives, and of understanding what the body needs before jumping into the decision.

"If people choose to be vegetarian because they want to lose weight, they're not going about it the right way," Kupferman said. "Do they know they have to have the rice and the beans together in order to replace the meat in the hamburger?"

Then time in between classes is scarce, it might prove difficult for students on vegetarian and vegan diets to track down appropriate food, but Crane has identified specific places on campus where she can get quick snacks that fit her vegan lifestyle.

"At the Panther Stop, there are all the Odwalla products, which I love," Crane said. "They have nice dried fruit and in the bottom corner of the last aisle is a great hummus and cracker snack pack."

Kupferman also recommends planning ahead and keeping snacks balanced.

"If you think of yogurt and fruit, you're getting several food groups," Kupferman said. "Your snacks should almost be like a small meal."

Prominent visitors use University House for stays

SARAH RODRIGUEZ
Staff Writer

It seems that being vegetarian or vegan has become a trend among celebrities, and while they are garnering much of the media attention for their diets, vegetarianism and veganism is also relevant within college communities.

A 2006 Vegetarian Journal poll reported that 1.4 percent of all adults over the age of 18 qualify as vegan, but this figure seems to increase significantly when only college students are interviewed.

In 2005, a Marriott Food Services found that 72 percent of college-age students, nearly 25 percent replied that finding vegan meals on campus mattered to them, although their commitment to a vegan diet was not a requirement for such an answer.

Often confused as having the same definition, the terms "vegetarian" and "vegan" aren't interchangeable.

The Student Alumni Chambers are located.

The university house, designed by Raul Rodriguez and Quiroga Architects Charters, Maidique has been living in the second floor where his private chambers are located.

The first floor of the house, however, is used for guest and annual events such as the Student Alumni Assoication (SAA) annual meeting held every May.

SAA member Vignesh Doraiswamy has visited the house and remembers it like "stepping into its own class and satisfying every taste." Doraiswamy said, "I've only been to the first floor. I can't imagine the rest."

Prominent visitors of UP such as the Dalia Lama have stayed in the house's parlor room. The room has a couch that turns into a queen bed, making the room useful for meetings and the accommodation of an overnight guest.

M ost of the house's visitors are friends and donors to the University as well as visiting dignitaries such as presidents of foreign countries and guest speakers.

The President might host lunch, a meeting or small event for visitor in one of the many rooms, depending on the occasion. A cross the hall from the parlor room is the living room, containing a black Steinway 1964 piano that belongs to Maidique.

"Sometimes he plays the piano, but when visitors come to the house he receives a FIU professor or student from the School of Music to come and entertain them," said Director of M edia Relations A ndy Santana-Bravo.

For large receptions or events, the living room furniture is rearranged or removed and becomes integrated with the courtyard once the appropriate doors are opened.

One of the first and largest events to have taken place in the house was when Sergio Pino of Century Home builders gave a donation to FIU's Global Entrepreneurship Center, now known as the Eugenio Pino and Family Global Entrepreneurship Center.

"It looks like your classic home because they don't need to bring their equipment, so it keeps things running smoothly if they just get to show up and have a place to work," said Santana-Bravo.

One of the house's most school-spiritual features is a mosaic of FIU's great seal on the main entrance floor with navy blue letters, gold palm fronds and at the center has a background of navy blue and marbled letters.

FIU tour guide employee M ichelle O ria remembers the house vividly despite visiting the house two years ago.

"It looks like your classic house that you would want to throw a dinner party. The exotic paintings make it a showcase."
Old thriller RPG revamped

LUIS H. GARCIA
Staff Writer

Between the classes, projects and clubs, high school can be a big time in a person’s life. For a small group of students in Gekkoukan High School, though, extra curricular activities also involve fighting demons.

Continuing a hit’s Shinn Megami Tensei line, the long-dormant Persona returns from the Playstation era to deliver a role-playing experience that will captivate its audience.

As a transfer student, your character is quickly drawn into the mystery known as the “Dark Hour,” when between midnight and 1 a.m. shadows feed on the minds of human beings, and only those with the power to wield personas – mental projections of one’s psyche – can stand a chance against the shadows.

The game takes an interesting approach with the high school backdrop. Days are broken up like a school day where you can opt to spend time in class studying.

Once at the dorm, you can choose to sleep, study, visit the local mall to buy weapons and items or when possible, explore the shadow’s nest, Tartarus, which only appears during the dark hour. One key factor to your time at school, besides exams, is how you build your relationships with classmates.

While exploring Tartarus, the dungeons always changes and you can see the monsters and decide whether to avoid them or fight. Combat is handled in turn-based fashion, and exploiting the monster’s weakness leads to extra turns, making selection of skills and personas very important.

Your party will also suffer fatigue from too much fighting, and it will affect performance in combat and school, so balancing rest and fighting shadows is crucial to moving through the game smoothly.

While loading times and battle control (you can only choose actions for the main character) might be an issue for some, they don’t hinder the game much.

Shigenori Soejima’s artwork for the game does a great job of portraying the bright, cheerful high school atmosphere and shifting to the dim, twisted and bizarre hue of the dark hour, and Shoji Megura’s score follows suit with catchy upbeat tunes and sinister chords.

Also, the game’s material is not too weak at the heart. Shocking scenes and references to demons and the like permeate the game. Even the act of summoning a persona is scary.

The voiced dialogue and animated scenes further show off Persona 3’s high production values and envelop the player in the experience.

The game even comes with a hard cover art book and a CD of the game’s soundtrack.

Persona 1 serves a unique approach to RPGs with its setting and gameplay and is executed beautifully.

Fans of the previous Persona games or Persona 3 will find much to enjoy in Atlus’ latest outing and as the dark hour comes, school’s out and hell’s in.

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IN MY OPINION

Nittany Lions prove to be too much for Golden Panthers

SPORTS  www.beaconnewspaper.com

It was what most people knew and what loyal fans wouldn’t admit: FIU never stood a chance against Penn State.

The Golden Panthers were demolished 59-0 picking up right after the 2007 season.

In addition, quarterback Wayne Younger’s first collegiate game was defined by consistent pressure by the Penn State defense and his inability to hold on to the ball. The offense was stagnant due to the offensive line’s inability to create running lanes or provide Younger with enough time to throw the ball. He was sacked numerous times and the running backs averaged less than 1-yard per carry.

The lack of offense made the defense’s job much harder. The Nittany Lions offense did not travel much of the field to reach the end zone due to the Golden Panthers’ ineffective defense giving great field position via turnovers and lack of yards. Despite the misleading 59 points, the defense did not perform as badly as the score indicates. They too were able to stop the run in the beginning, but the pass defense gave up long third down conversions, which resulted in longer drives and more scores.

Perhaps the most disheartening performance on the field was the special teams. Besides defensive back Lionel Singleton’s three fumble returns, kicker Dustin Rivest had a field goal blocked inside the 20-yard line. That was the best chance for the offense to avoid a shutout. The blocked field goal, however, was not the kicker’s fault. The offensive line allowed too much penetration, which led to the blocked field goal.

If FIU expects to break their losing streak this season, they will have to fix their offensive woes. The defense is good enough to keep them in most games, but lack of offense fatigues the defense. The good news is that the 59-point results in only one loss. Although it is only the beginning, it was not pretty watching the Golden Panthers mauled by the Nittany Lions.

It was like losing a parent,” said Eketebi. “You see someone everyday for so long, then you turn around, and they’re gone.”

Although Eketebi has been helping coach the FIU team since 1987, he did leave the Golden Panthers’ sidelines in 1996 to be the head coach of the men’s soccer team at Nova Southeastern University where he compiled a 12-6-1 record. The following year, an official assistant position was open at FIU, and Kremser brought Eketebi back.

Kremser’s retirement has left Eketebi to take full control of the men’s team for the first time.

However, he knows the procedures involved in running practices, and he has established contacts in Miami to help him with the recruiting process.

“I know the institutions, the clubs and high schools,” he said.

The two speak everyday, but Eketebi says his demeanor on the field is quieter than Kremser was during practices.

“I don’t yell as much as coach,” Eketebi said. “But he was from a different generation, and he was much more melo.”

According to Eketebi, it is rare to see one coach stay at one institution for several years. It is more difficult to establish a long-term friendship now, than when Kremser began coaching.

“Coach became more like family,” Eketebi said. “It was always Christmas and Thanksgiving at his house.”

As head coach, Eketebi’s hopes to have a kinship with his players. FIU alumni keep in touch with him, including some of the former Golden Panthers playing Major League Soccer.

“It’s a sign that they care about the legacy they left behind,” Eketebi said.

His legacy at FIU continues with the 2007 squad. The players will be expected to control the ball or the majority of the game. It’s a technical strategy to limit mistakes and limit the opposing team’s offense.

“We will play South American style, a possession game,” Eketebi explained.

Lots of ground passes are involved. The defense strategy will have to mesh with new offensive threats. Last season, the team did not win when they scored less than two goals.

“We will rely on offensive power from Cabas, Stovali and Caporaloti,” he said.

Their development will dictate how the team performs as a whole.

Eketebi is one of five new coaches athletic director Pete Garcia hired to change the FIU athletics. He will attempt to fulfill one of the most important things his mentor taught him.

“There’s no substitute for winning.”

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IN MY OPINION

Team looks to regain past glory with new head coach

Sergio Bonilla
Sports Editor

The men’s soccer team won NCAA Division II championships in 1982 and 1984, the only two national titles won in FIU’s history.

Midfielder Munga Eketebi played on the 1984 squad, and he now holds the two plaques in his office as the men’s soccer head coach.

Of all the new coaches hired this year, Eketebi is the only head coach hired who spent the previous year with FIU. His predecessor, Karl Kremser, retired this year after 27 years of coaching.

Kremser coached Eketebi from 1983-1986 before making him part of the soccer team’s coaching staff. Eketebi coached alongside Kremser for nearly 20 years.

A lot of spending so many years together, he could not register the fact that Kremser’s departure is final.

According to Eketebi, it is rare to see one coach stay at one institution for several years. It is more difficult to establish a long-term friendship now, than when Kremser began coaching.

“Coach became more like family,” Eketebi said. “It was always Christmas and Thanksgiving at his house.”

As head coach, Eketebi understands how the men’s soccer team looks to regain past glory with a new head coach.

“Lots of ground passes are involved.” The defensive strategy will have to mesh with new offensive threats. Last season, the team did not win when they scored less than two goals.

“We will rely on offensive power from Cabas, Stovali and Caporaloti,” he said.

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“There’s no substitute for winning.”

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Sports Editor

The Beacon – September 4, 2007
**PENN STATE 59, FIU 0**

Cristobal shut out in head coaching debut

**Football, page 1**

Ball three times in the first quarter alone, which quickly put them into a 14-0 hole. Couple with a negative running game that netted a negative total from the combined backs, the Golden Panthers took a 24-point deficit into the locker room and by the end of the third quarter they trailed by more than 40 points.

The Golden Panthers found themselves overmatched in every facet of the game, both physically and fundamentally. The secondary, considered the strongest unit on the Golden Panthers team, routinely left receivers open and surrendered 231 passing yards in the first half alone. Penn State quarterback Anthony Morelli threw for a career-high three touchdowns and 295 yards.

The front seven on defense managed to strangle the Lions rushing attack for the first half, but collapsed in the second, giving up a total of 210 rushing yards and 26 first downs.

Starting quarterback Wayne Younger, who despite losing the ball on a sack in the first half, demonstrated a degree of poise on several of the many times the pocket collapsed around him. Wayne went 12-25 for 117 yards before being replaced by Colt Anderson early in the third.

“We are going to keep the quarterbacks competition alive,” Cristobal said. “You better prepare yourself on the mental part, and we weren’t,” Cristobal said.

Receivers failed to get open, as Greg Ellison led all receivers with three receptions for 31 yards and 12 times and fumbled the ball five times. In addition, defensive back Lionell Singleton fumbled the ball on three separate occasions.

The offensive line looked broken and lost, leading to third quarter penalty where the referee delivered the call, “prior to the snap, false start, on the entire offensive line.”

“You better prepare yourself on the mental part, and we weren’t,” Cristobal said.

The team set a record punting the ball 12 times and fumbled the ball five times. In addition, defensive back Lionell Singleton fumbled the ball on three separate occasions while on special teams. However, the team did not throw an interception all day.

Upon the score reaching 52-0, a scan of the stands revealed a bored crowd that began leaving the stadium before the end of the third quarter. The only response in the second half was elicited from the announcements of the Michigan score, and by the end of the fourth quarter an anticipation of next week’s match against Notre Dame was in the air.

The Golden Panthers committed several mistakes the whole game. It will be next week’s game against Maryland, played at the Orange Bowl that will give a better barometer of how the team does this season.

**OLD MEETS NEW:** Head coach Mario Cristobal meets with Penn State head coach Joe Paterno prior to the game.
LION’S PREY

New coach prepares team for season

SERGIO BONILLA
Sports Editor

The motto: “Building for success one brick at a time” lingers in the program as a first assistant coach.

There’s no question turning around the program is the main goal, but it’s a step-by-step process,” said Chestnutt. “Pre-season was one step, practice is another.”

The second head coach in FIU women’s soccer history was hired in 2006.

He was a first assistant coach at Fresno State, Chestnutt helped coach the women’s UF team as a graduate student working towards his Ph.D in biomedical engineering from 2002-2004. He received his Ph. D May of this year, and he stresses the importance of education to the girls.

“Told them that education is the number one reason they’re here,” Chestnutt said.

Having played at the University of Dayton, for the Tampa Bay Cyclones and for the F.S.C Lohfelden in the German Fourth division, Chestnutt knows firsthand the difficulty of finding a secure job as a soccer player anywhere in the world.

In addition to coaching at Fresno State, Chestnutt has been involved in elevating a losing team to unprecedented level of play.

He was a first assistant coach at Fresno State from 2004-2006. The Bulldogs won their first-ever Western Athletic Conference Tournament Championship in 2005 and continued to win finishing with a 13-3-3 record in 2006.

Chesnutt was a heavy contributor to the recruiting process at Fresno State as a first assistant coach.

In addition to coaching at Fresno State, Chestnutt helped coach the women’s UF team as a graduate student working towards his Ph.D in biomedical engineering from 2002-2004. He received his Ph. D May of this year, and he stresses the importance of education to the girls.

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Pre-season is over and regular season has begun. Chestnutt now looks to apply his teaching methods for the entire season by systematically alternating players in order to keep them from becoming too fatigued.

“We have to save legs from getting banged up,” he said.

A defensive mindset will govern the team throughout the season, and physical contact is required to shut out teams and keep games close.

“Defense is a good offense,” he said.

“I want to have an attack-minded team,” Chestnutt’s plans for the 2007 season reflect the motto in the locker room, except he views this season as more than just one brick.

“Right now, we want to be competing at a national level,” he said.

It’s not a matter of if, it’s a matter of when.

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“Right now, we want to be competing at a national level,” he said.

It’s not a matter of if, it’s a matter of when.

SACKED: Quarterback Wayne Younger fumbles after being tackled by a Penn State linebacker during the FSC Lohfelden in the German Fourth division.

The motto: “Building for success one brick at a time” lingers in the program as a first assistant coach.

There’s no question turning around the program is the main goal, but it’s a step-by-step process,” said Chestnutt. “Pre-season was one step, practice is another.”

The second head coach in FIU women’s soccer history was hired in 2006.

He was a first assistant coach at Fresno State, Chestnutt helped coach the women’s UF team as a graduate student working towards his Ph.D in biomedical engineering from 2002-2004. He received his Ph. D May of this year, and he stresses the importance of education to the girls.

“I told them that education is the number one reason they’re here,” Chestnutt said.

Having played at the University of Dayton, for the Tampa Bay Cyclones and for the F.S.C Lohfelden in the German Fourth division, Chestnutt knows firsthand the difficulty of finding a secure job as a soccer player anywhere in the world.

In addition to coaching at Fresno State, Chestnutt has been involved in elevating a losing team to unprecedented level of play.

He was a first assistant coach at Fresno State from 2004-2006. The Bulldogs won their first-ever Western Athletic Conference Tournament Championship in 2005 and continued to win finishing with a 13-3-3 record in 2006.

Chesnutt was a heavy contributor to the recruiting process at Fresno State as a first assistant coach.

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Pre-season is over and regular season has begun. Chestnutt now looks to apply his teaching methods for the entire season by systematically alternating players in order to keep them from becoming too fatigued.

“We have to save legs from getting banged up,” he said.

A defensive mindset will govern the team throughout the season, and physical contact is required to shut out teams and keep games close.

“Defense is a good offense,” he said.

“I want to have an attack-minded team,” Chestnutt’s plans for the 2007 season reflect the motto in the locker room, except he views this season as more than just one brick.

“Right now, we want to be competing at a national level,” he said.

It’s not a matter of if, it’s a matter of when.