The football game between the Golden Panthers and the Hurricanes Oct. 14 showed all the signs of a heated rivalry with plenty of fights in the stands and even a bigger one on the field, despite the (highly expected) lopsided score.

I knew from the start that there would be a high amount of uncertainty surrounding this game. The University of Miami has struggled on offense this season, enough to think it was feasible that FIU may have had a chance to keep the game close.

Well, many were wrong on that, myself included.

It turns out that all uncertainty was directed toward the brawl that occurred at the nine minute mark. Incoming FIU athletic director Pete Garcia apologized to UM administrators, FIU and UM fans and said that the type of behavior exhibited will not be condoned.

FIU Coach Don Strock also added that the melee “was embarrassing, to say the least.”

On the other hand, I may be one of the few who thinks the scuffle was the perfect way to start a cross-town rivalry.

Though much has been made about the suplex moves and helmeting, none of the players sustained any major injuries.

The fight also shows that these two teams are playing with emotion – hell, even fans were getting into altercations – so there will be no over-looking next year’s rematch.

Now, I’m not one to root for violence, destruction and chaos, but you have to remember, we’re not in some third-world country in which rooting for the opposing team can literally mean life or death.

However, if this game had ended with no altercations and just a 35-0 final, no one would care about it next year.

But now there’s at least one thing to watch for because the fans are riled up.

Still, something did seem out of place to me, specifically the varying responses given by team officials. FIU heads were very apologetic, while UM coach Larry

Uncovered scuffle starts true cross-town rivalry

MY VIEW

XAVIER VILLARMARZO
SPORTS EDITOR

MORE INSIDE

• Game coverage
• Student reactions
• Further commentary
• Photos

Starting on page 12
**THE BEACON**

**THIS WEEK ON CAMPUS**

**MONDAY • OCTOBER 16**

Panther Rage Meeting: 4 p.m., GC 150
SPC Fashion & Comedy Show: 8 p.m., GC Ballroom
"Women of Brazil" Movie Screening: 5 p.m., GC 243

**TUESDAY • OCTOBER 17**

Cultural Program HUASIPUNGO from Ecuador: 12 p.m., GC Forum
Yo Soy Latina! Theatrical Presentation: 8 p.m., GC Ballroom
Koarnote Night: 7 p.m., Gracie’s Grill

**WEDNESDAY • OCTOBER 18**

Cuban Research Institute Dance Lessons: 12 p.m., GC Forum
SGA Meeting: 8 p.m., GC 150
Game Day & Poker Tournament: 4 p.m., Student Lounge
Dinner & a Movie, "In the Time of Butterflies:" 8 p.m., GC Ballroom

**THURSDAY • OCTOBER 19**

CARNIVAL! Concert Featuring Pitbull: 11 a.m., Betsy Chapman Plaza Between Blue and Gold Garages.
Free Breast Health Screenings: All Day, Women’s Health Clinic UHSH
Koarnote Night, "Shake Your Booty!" 7 p.m., GC Ballroom

**FRIDAY • OCTOBER 20**

SPC Films: "Cars:" 7 p.m. and 10 p.m., GC 140

**SATURDAY • OCTOBER 21**

"Battle of the Bands," Presented by Lambda Chi Alpha: 2 p.m., Housing Quad
3rd Annual Minority Mentoring Picnic: 12 p.m., College of Law
Fall Jazz Festival Day Presents FIU Big Band & Guest Artist Wayne Bergeron: 8 p.m., Wertheim Performing Arts Center, (Tickets: $5 (Students), $10 (Faculty & Staff), $15 (General Admissions)).

**NEWSFLASH**

**FIU**

Foundation to educate Miami-Dade, Broward students on the dangers of carbon monoxide

Janelle’s Wishing Well Foundation has teamed up with Miami-Dade and Broward counties’ school systems to provide young adults with awareness on the dangers of carbon monoxide poisoning.

The foundation was started soon after FIU students Tony Perez and Janelle Bertot died of carbon monoxide poisoning in 2005.

Carbon monoxide, which is emitted when fuel is burned, binds to a person’s red blood cells and prevents the flow of oxygen to their tissue after it has been inhales.

- Compiled by Yessenia Forte

**FIU students rally for Nova janitors**

**BEGOÑE CAZALIS**

Bruce Nissen, an FIU Labor Studies professor, has tied alongside local politicians, student activists and religious figures at Davie United Methodist Church in Broward in an effort to help janitors working at Nova Southeastern University obtain the pay increase and medical benefits they’ve been seeking.

"NSU President Ray Ferrero believes he will get away with repressive and union-busting activities," Nissen said. "Until now, NSU’s reaction has been largely different from FIU’s response to the same issue last week."

At the rally, NSU custodians, employed by UNICCO, demanded higher wages and medical benefits. Representatives from the Service Employees International Union, which helped the workers unionize, were also present at the Oct. 5 meeting.

UNICCO, a maintenance services firm, recognized the union Oct. 3, after a majority of workers voted in favor. This has been the third acknowledged union by a Florida university in less than a year.

FIU custodians, employed by VISTA, began attending union elections in the summer with the help of the SEIU. FIU announced the decision to shift to in-house janitorial contracts Sept. 27.

The newly hired custodians will receive higher wages and health care benefits from FIU. They will only be able to keep a union if recognized by the American Federation of State County and Municipal Employees, which serves the public sector. SEIU works exclusively with private companies and will no longer represent FIU custodians.

"Unlike FIU’s faculty, which also has a union and willingly supports the University’s custodial workers, the NSU faculty does not have tenure and is afraid of speaking up and supporting the workers," Nissen said.

According to an e-mail sent by Fererro Sept. 29, the future of UNICCO’s contract at NSU remains uncertain. He announced a possible decision to open NSU contracts to other janitorial service companies, and UNICCO to keep a union if recognized by the SEIU.

"Significant consideration will be given to how UNICCO and its employees carry out their obligations to the university during the process," Fererro said.

UNICCO was in the process of recognizing NSU’s workers’ union by the time the e-mail was sent.

However, NSU janitors may not have it as easy as those at FIU. Nissen said that NSU, as a private university, could claim "private property rights" and suppress contracts under the law.

**CORRECTIONS**

In the story “Abortion Battle: Clinic draws supporters, protestors,” which ran Oct. 9, 2006, Beverly Thompson should have been credited as a professor and advisor of the Women’s Studies Student Association.

Thompson is also working on a documentary alone, not with Julia Dawson of the Miami Clinic Access Project as was reported.

The Beacon will gladly change any errors. Call our UP office at 305-348-2709 or BBC at 305-919-4722.

**BLOWN AWAY:** FIU’s Wall of Wind doublefan machine created hurricane force winds that blew out the windows of this condemned Sweetwater house.

**NEWSFLASH**

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- Compiled by Yessenia Forte
Maidique clarifies grant audit

C. JOEL MARINO
AND
BETSY MARTINEZ
Beacon Staff

(23) This is the second part of an interview University President Modesto A. Maidique granted The Beacon. Maidique will answer questions about his contract renewal in the Oct. 19 issue.

Q: More than a year has passed since the Board of Trustees voted on an $11.5 million settlement with the federal government. Is the University still making payments?

Initially, they wanted a huge amount of money. By, I think, a rather big negotiation, we were able to reduce the penalty to about $11.5 million. It’s important to know what we did wrong. What we did wrong, a lot of people do in their own accounting in their life. As a matter of fact, I often pay for a lunch and I don’t have a receipt, so I don’t get reimbursed. Often, I will buy a book for professional purposes and I don’t have a receipt, so I don’t get reimbursed.

What we didn’t do right is that we didn’t take 2 percent extra on $100 million you’ve got back. It’s being paid by an improved returns mechanism. The leadership of that center has basically, it’s being paid in a novel way. We agreed with Health and Human Services, who conducted the investigation, that we’ll pay them off for a period of time. They didn’t like that, so we went to a bank and borrowed the money and we paid them back. It’s being paid by an improved returns mechanism on the investments of money that we didn’t have control over before, so it doesn’t affect students’ fees, it doesn’t affect education in general fees, it doesn’t affect our donations; basically, it’s being paid in a novel way.

Q: You mentioned earlier that there had been accounting errors and mistakes, have new accounting policies been implemented?

It’s a completely new system, new processes. The leadership of that center has been completely overhauled. The director of the center is no longer the director, the financial director in no longer the financial director. It has a new name, a new mission, a new direction and it’s being tightly watched.

MONEY TALK: University President Modesto A. Maidique explains the Board of Trustee’s decision to negotiate an $11.5 million settlement with the federal government.

SGA Notes

New Business:
• Approval of Elections Board committee members; reps did not take the opportunity to ask questions before unanimously approving the board.
• Appropriation A06-24 passed allocating $1,300 to the SGC-UP House of Representatives for the SGA Cares campaign
• Resolution R06-09 passed in support of the Candellight Vigil in memory of Derek B. Jacobs

President’s Report (Alfonso “Alfie” Leon):
• For the Alabama away game, SGC-UP’s goal is to rent a vehicle to bus students to away games that are nearby. May have students sleep over. SGC-UP is devising a process to select students who will attend.
• (Travis Stokes) Sign-up for buses to the FIU-UM football game was just to get an accurate account of how many students would ride to UM game. Spots on buses are based on a first-come-first-serve basis.

Chief of Cabinet’s Report (Larissa Lockett):
• Any contact with The Beacon must go through Gia Abreu, public relations director. Lockett this authority is given through the SGA constitution.

Speaker of the House’s Report (Rocio Leon):
• Graduate Representative Shwana McNair resigned from her position.
Student Union (Michael Jadoo):
• Water fountains on the first floor of GC are getting fixed.

Elections Board (Jadene Tulloch):
• Applications were available Oct. 6. So far 12 applications have been taken.

Judicial Board (Kathryn Cubbon):
• Two amendments have been completed. They now need to be approved by the University-wide Council. A few things regarding the bylaws need to be addressed immediately and will be brought up to the House next week.

GEOFFREY ANDERSON JR.

C. JOEL MARINO
AND
BETSY MARTINEZ
Beacon Staff

The Beacon office is located in the Graham Center, room 210 at the University Park campus. Questions regarding display advertising and billing should be directed to the Advertising Manager at 353.348.2759. Mailing address: Graham Center, room 210, Miami, FL 33199. Fax number is 353.348.2712. Biscayne Bay Campus is 353.919.4722. Office hours are 9 a.m. – 4:30 p.m. Monday through Friday. E-mail: beacon@fiu.edu. Visit us online at: www.beaconnewspaper.com

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Janitors take action to get wage increase

Janitors take action to get wage increase

JAHITOR, page 2

communication between students and the union, making it harder for the workers to find student support.

FIU student organizations, such as the Bolivian Youth and Campus Action Network, who supported unionized janitors at FIU, were also supporting the PSU workers.

"I was moved," said Christian Andrew, CAPA representative, who attended the rally. "These workers are taking the very first step towards change by questioning.”

Two weeks earlier, janitors from 12 academic institutions throughout Florida met in the Graham Center conference room at University Park. The meeting was the network’s inaugural seminar and included workshops on employment issues, according to Jonathan Abreu, a member of United Students Against Sweatshops and CAN.

"On Friday night we found out PSU’s response to UNICCO’s plan to house these workers, not to house them. "We decided it was an issue that concerned us, so we started helping the union right away by signing a statement of solidarity.”

Number of signatures for the Solidarity Statement during the meeting and about 40 students, including those from FIU, signed it. Representatives of the CAN plan to deliver the statement personally to PSU’s president.

Earlier this year, strong pressure by the unions played a factor in the University of Miami to grant higher wages and benefits to UNICCO’s workers. One of them was Pablo Rodriguez, a former janitor who now works for SEIU organizing other unions.

"I participated in the hunger strike when I worked at UM; now I help others because employers don’t have enough information about union and employees don’t see their responsibilities,” Rodriguez said.

Nissen said the FIU organizations involved will continue to support the Nova janitors and landscape workers.

"The idealism of these students will make this a better place to live in the future,” Nissen said.
Future of current cafeteria debated

JOSE MAYA
Contributing Writer

A new cafeteria will soon be opening at the Biscayne Bay Campus but debate continues as to what will happen to the space occupied by the current cafeteria.

The 10,000 sq. ft. project has a budget of $4 million. It is is set to be partially completed by March 2007, according to Carlos Aspillaga, the senior project manager.

“The new cafeteria will open at the south end of [Wolfe University Center] and will be overlooking the lake, a beautiful addition,” Aspillaga said.

One of the questions students and faculty have is what will happen to the space the current cafeteria holds.

Earlier this year, the Biscayne Bay Campus Student Government Council hosted an open forum where students had the chance to display their opinions about what to do with the current cafeteria space once the expansion takes place.

“We have ideas but we need to put them together as a team,” said SGC-BBC President Camilo Silva.

Aramark — the dining services company that FIU is currently under contract with — “is the leading provider of food and support services to colleges and prep schools … Aramark serves over 200 million meals annually to students, faculty and visitors at over 400 institutions,” according to their webpage, www.aramark.com.

Based out of Philadelphia, the dining service company was voted in Fortune magazine’s 2006 list of “America’s most admired companies.”

Many BBC students are glad that the cafeteria will expand and they hope for more dining options.

“It would be a great idea to expand the cafeteria and maybe bring in some new companies that provide more choices to students,” said junior Mike Pina.

In the meantime, though, students will have to stick with the few choices they have: Subway, Grille Works, Home Zone, Grab and Go sandwiches, Salad bar/soup and Beene Pizza. Other options include snacks, sandwiches, specialty coffees and drinks at Java City on the first floor of Academic I.

SGC-BBC members will meet with Rosa Jones, vice president of Student Affairs and Undergraduate Education, Oct. 17 to discuss possible proposals for the new cafeteria.

Roger Clegg, the director of operations at BBC’s dining services, seemed optimistic about the expansion.

“I am excited about the new Wolfe [University Center] expansion and believe that all new facilities will serve to benefit faculty, staff and the student body at BBC,” Clegg said.

“We are debating to see what we do with the current cafeteria space. We must enhance communication with the schools in the area,” said James Sutton, assistant professor in the English department and chair of the Faculty Convocation Committee.

Lawrence has been a prolific writer of the city of Miami since 1989.

The new cafeteria will include four dining areas: the current cafeteria space, an area designated for faculty and students and visitors, and an area specifically for students.

“We could have even if Subway is good but it’s probably not bad because it really lacks taste. If you like it I would love to see sushi and healthier foods at BBC.”

Columnist Barry performs at BBC

EDDITH SEVILLA
Asst. News Director

Humor columnist Dave Barry has won a Pulitzer Prize, been syndicated in over 500 papers and is lead guitarist for a band that includes authors such as Stephen King, Amy Tan and Mitch Albom.

Barry will be speaking at a small event Oct. 18 in the Wolfe University Center in honor of his late father-in-law, Leonard Kaufman, a professor for the School of Engineering. The proceeds for the event will be used for a scholarship in Kaufman’s honor.

The performance will be open to the general public. Tickets will go for $5 for all FIU students and $20 for non-students.

However, a $65 admission fee will include participation in a pre-reception with Barry and an autographed copy of his book Money Secrets. For more information on tickets call 305-919-5524.

Barry talked to The Beacon through an e-mail interview about what he expects students will (or will not) learn during the event, memories of his father-in-law and his involvement with FIU.

Q: Mr. Barry, what important topics will you be discussing next Wednesday at FIU?

A: None of my topics are actually important, although I do have some very strong views, which I usually make up as I go along.

Q: Why is it important that students hear such topics?

A: I honestly can’t think of a reason why students would NEED to hear me discuss topics. But I can promise that there will not be a quiz.

Q: Do you have any valuable advice to students that day?

A: If I do, it will be totally by accident.

Q: This lecture will be in memory of your father-in-law, what are your best memories of him?

A: He was a very, very funny man; he found humor in everything, and loved to laugh. He also loved FIU, especially his students. He was a dedicated, hardworking professor.

Q: Besides this event, what other future involvement do you have planned with FIU?

A: I’m sure that, through my wife’s family, I’ll continue to work with FIU on fundraising and other events.
Black awards give due recognition

RICHARD BOADU
Contributing Writer

The 2nd annual Black Movie Awards will take place Oct. 18, 2006 at 10 p.m. on TNT. The first year was such a success that TNT decided to air the awards for a second year.

I am, however, a bit of a tarnish on the idea of the Black Movie Awards. They’ve helped break barriers for talented individuals like Denzel Washington and Jamie Foxx as well as for minority groups. They’ve helped make informed decisions for themselves.

Because consumers aren’t intelligent or responsible enough to care for their own health, the cities of New York and Chicago assume, local governments feel they must step into their constituents’ private lives and micro-manage their eating habits for them.

In the past, when other commonly used ingredients had been d e e m e d unhealthy, consumers have been perfectly capable of avoiding them on their own.

When monosodium glutamate was developed as an additive to enhance the flavor of protein in foods, the Food and Drug Administration declared it safe. Studies throughout the 1980s, however, suggested that MSG posed serious health risks as a potential cause of problems ranging from migraines to nerve damage. In response, restaurants and food manufacturers began posting labels declaring their products MSG-free. Consumers showed a preference for MSG-less foods, and most companies soon removed the ingredient from their products.

Food companies are well-aware of the effect that proper food labeling can have over consumer decisions. When the FDA suggested in 2002 that it might consider mandatory labeling of trans fat content in foods, restaurants around the country made the switch from trans fats to healthier oils.

The largest company to do so was Wendy’s, which has more than 6,000 restaurants around the country. According to The New York Times, Wendy’s recently stopped using partially hydrogenated soybean oil (a trans fat) and replaced it with a corn-oil blend, reducing the trans fat content in a medium order of fries from six grams to only half a gram. The FDA has tackled trans fats by requiring that all foods include trans fat content in their nutritional labels. The requirement came into effect Jan. 1, 2006, and all foods should include trans fat content on their labels by 2008.

This measure should provide consumers with enough information to define their eating habits to their preference. Will consumers choose to make intelligent health choices? That’s their own problem; but the right to choose the way to go.

However, this building boom is due to the extravagant addition of schools and programs to FIU.

Two of these programs include the College of Law and the College of Medicine. These programs are great, but to spend money and time with these types of ventures is limiting the ability of the administration to administer the University.

Not two years had passed since the beginning of the College of Law that attention was redirected to the College of Medicine. All this happened, and yet no visible attention was given to improving the infrastructure of the University.

Furthermore, while these additional programs may bring prestige to the University, they are limiting the funding of existing programs and student services.

It is irresponsible to build a city without first building its infrastructure. Just remember: slow and steady wins the race, and bigger is not always better.

VOJAEZUE
Senior Political Science/ International Relations

A helping hand in abstinence

I want to thank Crisnatha Derosier for her bold article, "Is abstinence dead?"

I believe this is an issue of great significance that isn’t brought up enough. You are not alone in saving yourself for marriage. And I know many students at FIU who share your conviction.

While the media and our culture pressure young people into “hooking up,” they fail to mention the consequences that result from having sex before marriage.

Will we be able to tell our future wife/husband, “I am giving you my whole heart,” or will it be, “I am giving you what is left of my heart, whatever I didn’t give away to X, Y and Z?”

Jonathan Cameron
Senior English

LETTERS TO THE EDITOR

Poor service a matter of money

Like all students, I’ve also experienced many of the same problems with the [University’s] services, but I do have a few suggestions to how Spookton’s [FIU bureaucracy frustrates students]"

The statement that money is not important and that it is the rude clerks that are the problem is seriously marginalizing the issue of money.

These people need to receive the recognition they are due. It is probably the best question to be asking and the answer is money. These workers are underpaid and overworked.

They are in this situation because the University – while increasing substantially in student population by about 10,000 refuses to increase its hiring of employees.

Ask any student who has been here for at least four years and they will probably agree.

The issue over “extra- gant building projects” is not approached from the right angle. Building funds are totally removed from student service funds. Termed PICO funds, they are given to the University only for building.

However, the building boom is due to the extravagant addition of schools and programs to FIU.

Letters must be dropped off at GC 210 at the Beacon office in the Student Foundation Building or sent to beetconopinion@yahoo.com. Letters must be under 200 words. Include the writer’s full name, year in school, major/department and a valid phone number for verification purposes. The Beacon reserves the right to edit letters for clarity and/or spacing constraints.

SEND US YOUR LETTERS
Students find relief in unique practices

NICOLE ACOSTA
BBC Assistant

FIU alumna Dahlia Mohammed agreed to have needles inserted onto her forehead, ears and wrists for 30 minutes to get rid of a headache. She said it went away almost immediately.

“It depends on each individual how effective it is, but it worked for me instantly,” Mohammed said.

The procedure Mohammed underwent, known as acupuncture, is one of several forms of alternative healing provided by the Wellness Center at FIU’s University Park.

Currently, the Wellness Center has staff that specializes in acupuncture, yoga, massages and chiropractic services.

According to Mariela Gabaroni, Assistant Director of University Health Services, the Wellness Center decided a few years ago that they wanted to set up an identity for themselves, and because the U.S. population was leaning more and more toward alternative therapies, they decided to follow the trend.

“We thought it was definitely a way for us to go,” said Gabaroni. “We want to build healthy individuals who can contribute to our community and our society.”

Used to curb headaches, stress and addictions, among other things, acupuncture is an ancient Chinese medicine that helps bring the body back into balance as well as maintain that balance.

— Mariela Gabaroni

Vigil honors memory of deceased student

MARIA CHERCOLES
Assit. News Director

More than 100 people held white candles, wore white and purple ribbons on their shirts and gathered in silence at the main room in the Phi Gamma Delta fraternity house at University Park Oct. 12 afternoon for Derek Jacobs’ vigil.

FIU student Derek Jacobs, 18, passed away Sept. 30 when he lost control of his motorcycle, slid along a guardrail and struck a wooden pole on Palmetto Park Road.

Friends, family and representatives from campus departments and organizations such as the Student Government Association, Campus Life and almost all FIU fraternities and sororities attended the vigil in Jacobs’ memory.

“We are not here to mourn over Derek’s death,” said Jacobs’ roommate Christian Fraga to open the ceremony. “We are here to celebrate his life because most of us can’t yet believe he’s gone, and for others, he will always live within our hearts.”

Jacobs was a member of the Phi Gamma Delta fraternity, also known as the Fijis, and lived in the fraternity’s house for two years.

At age 12, Jacobs was the youngest person to receive Microsoft certification to run a professional computer network. At age 18, after attending FIU for only two years, he was gearing to graduate from FIU’s School of Engineering and was considering attending medical school.

The ceremony was continued by a speech from Jacobs’ father, Jeffrey.

“Derek was full of life,” Jeffrey Jacobs said. “He always wanted to build healthy individuals who can contribute to our community and our society.”

The ceremony was continued by a speech from Jacobs’ father, Jeffrey.

“Derek was full of life,” Jeffrey Jacobs said. “He always wanted to build healthy individuals who can contribute to our community and our society.”

— Maria Chercoles

Miami rapper takes stage at cultural festival

The Student Programming Council will close its Hispanic Heritage celebration on Oct. 19 with its 2006 “Carnaval,” which will include a live performance by Miami’s own Pitbull, among other planned performers and events. “Carnaval” will start at 1 p.m. between the Blue and Gold garages and will last all day.

For more than five years, “Carnaval” has traditionally been the closing ceremony of Hispanic Heritage, a two-week celebration showcasing Hispanic traditions and culture. The planning for Carnaval 2006 began in May, and like previous Carnivals, more than 1000 students are expected to attend.

“We expect it to be an amazing success for SPC and FIU as a whole,” said Ayxa Barbel, Hispanic Heritage chair. “I want it to be a fun experience for all the students and a way to celebrate Hispanic Heritage and culture in an eclectic way.”

Besides Pitbull, other featured performers will include Ctraffik & Caliba, the FIU Marching Band, Popstarz, El Diablito, Vikingo, Ralphy Ray from EL Grupo K-Oba, the Lot 6 Dancers and Dynamic Dominicans of Reggaeton.

However, students agree that the star of the show will be Pitbull.

— Maria Chercoles

Techniques to easily pull yourself out of a rut

Sometimes, immersing yourself into too many activities can make you feel like you’re driving home from a club at 4 a.m. – you’re going too fast, and everything is blurrier than it’s supposed to be. The constant college demand to work hard and play harder has the side effect of feeling listless or like you’re in some pretentious indie film where it takes three hours for a plot to develop and in the end, no one learns any lessons.

I feel as though I’ve slipped into a “fat Elvis” period. It’s where you’re eating/drinking/sleeping too much to avoid stress. Plus, you have an insatiable desire for peanut butter and banana sandwiches.

Given that the average college schedule is packed like the under-ventilated bus to the Bis-cayne Bay Campus, there are some small things you can do to get yourself out of a rut and back in the saddle.

I JUST NEED “ME” TIME

In order to not go completely crazy, one needs time alone to reflect, if not mentally prepare, for life.
Acupuncture, massages among center’s health services

MEDICINE, page 6

Acupuncture releases endorphins and has no side effects.

Clients who want an acupuncture session at the Wellness Center must have a comprehensive health interview and examination with Janet Waterfields, the resident licensed acupuncturist. There, they are diagnosed through two methods. The first is through the examination of the color and coating of the tongue, and the second is through the palpitation of the radial pulse. Based on the accumulated information, Waterfields decides what she needs to treat by defining a syndrome or patterns that are involved in one or more meridians. The belief of acupuncture is that the body’s energy, or “qi,” flows through the body along interrelated channels, or meridians. When this energy flow is disrupted, the body will suffer from emotional and physical illnesses.

“The whole idea with acupuncture is to help the body restore equilibrium,” Waterfields said.

After pinpointing the problem, Waterfields treats the client with single-use sterilized needles that are inserted into certain points of the body; each point has its own action. After the needles are inserted, the client is left alone for half an hour with the needles still in place in order to relax. Then the needles are taken out, and the session is over.

Mohammed said the procedure didn’t hurt her. “It doesn’t even pinch or anything,” she said.

Waterfields recommends using acupuncture before using a more “invasive procedure” that is common in Western medicine.

Gabaroni said the most popular alternative healing method amongst students is the yoga classes, which are offered at the Fitness Center and taught by yoga instructor Betty Valladares. She teaches a style of yoga called hatha yoga, which tries to balance mind and body through physical exercises, or asanas, as well as through controlled breathing and meditation and relaxation in order to calm the mind.

“The purpose is so you release clutter in your mind. The purpose is to find union in yourself,” said Valladares.

Valladares is also the massage therapist at the Wellness Center. The two different types of massages offered are 10-minute chair massages and the 30 minutes to one-hour table massages. Used to promote circulation, massages also help release endorphins.

Creams and lotions, used primarily in table massages, are applied to the client’s skin in order to eliminate friction.

After the massage, the client is instructed to drink a lot of water the rest of the day to eliminate the toxins in their body through their urine or perspiration.

“The purpose is so you release clutter in your mind. The purpose is to find union in yourself,” said Valladares.

Chiropractic care originates from ancient Chinese and Greek medicine. It involves manipulating the spine to prevent and cure aches and pains. Chiropractic sessions, performed by Dr. James Stieglitz, can also improve flexibility, movement and nerve function.

Gabaroni feels the chiropractic sessions are an essential part of the Wellness Center.

“Everything runs through the spine, and that’s why chiropractic [sessions] are a good thing,” she said.

Gabaroni said that it is one of the Wellness Center’s goals to introduce students to alternative healing methods.

“When it comes to everything, we try to blend Eastern and Western medicines and expose students to all possible options,” she said.

These services, which, according to Gabaroni, are made to compliment a client’s life at a free or reduced cost.

“They do help out with a lot of different ailments,” she said. “Sometimes, dealing with stress just means focusing on yourself and you needing to figure out how to deal with stress. It’s all very personal what therapy you use.”
Pitbull headlines Latin bash

“[Pitbull] was very willing to come to FIU. He supports colleges greatly, especially in his hometown, Miami.” – Ayxa Barbel

According to Barbel, “Carnaval” has been promoted at all Hispanic Heritage events. SPC has sent University-wide e-mails announcing it, and it has also been advertised in the council’s website.

“We are relying on word of mouth as our target audience is FIU students,” Barbel said. There is no official budget for the whole event, which is a collaboration among the SPC Concords, Cultural Celebrations (Hispanic Heritage), and Campus Entertainment committees. However, it will cost SPC $20,000 to have Pitbull perform at FIU on Oct. 19.

“[Pitbull] was very willing to come to FIU,” Barbel said. “He supports colleges greatly, especially in his hometown Miami. He was very cooperative and excited to play here. It was a matter of opportunity and getting an act that a great part of the student body would come out to see.”

Past “Carnaval” celebrations included performances by Dominican Latin rhythms quartet Fulanito in 2004, and Miami’s fusion group Locos Por Juana in 2005, each performance attracting more than 1000 students.

“2004’s ‘Carnaval’ was great,” Barbel said. “I think Fulanito had a wonderful and energetic performance, and it was a lot of fun. Students even stuck around in the rain to see them.”

In addition to the live performances, radio station Mega 94.9’s street team will be at the event with music and giveaways, and Mega TV Channel 22 will be organizing interactive activities for students through their “Megafono,” including a $5,000 scholarship giveaway.

Other activities will include caricature drawings, free food and dance performances. The United States Navy will be there with Xbox live games and giveaways, and artist Kiki Valdes will be painting live on stage as Pitbull performs.

More information and updates on “Carnaval” 2006 can be found at http://www.yourspc.com.

Memorial celebrates progidy’s life, dreams

“Now that he left, we can’t believe he was 16 and I could not have done it without him. We are all going to miss him.”

After the Vigil, the silence was broken and Jacobs’ friends shared their memories and teachings from Jacobs with his family.

“He was a real genius,” said Jacobs’ grandfather Marty Jacobs. “I remember one day, when he was only 18 months, we bought a VCR, and we were trying to learn how to use it. Derek grabbed a tape, put it into the VCR’s opening and said, ‘Mama, push here.’ He then grabbed the remote control and pointed at the play button and said, ‘Mama, push here.’ He has always been like that.”

“[Pitbull] was very willing to come to FLU. He supports colleges greatly, especially in his hometown Miami. He was very cooperative and excited to play here. It was a matter of opportunity and getting an act that a great part of the student body would come out to see.”

Past “Carnaval” celebrations included performances by Dominic...
Yeah Yeah Yeahs

New York rock trio Yeah Yeah Yeahs took the stage at Pompano Beach’s Club Cinema on Thursday, Oct. 12 and it was a pleasure to both eyes and ears. The band’s opening act Deer Hunter was literally painful to watch or hear. The seemingly emaciated lead singer, Bradford Cox must have noticed several audience members, including myself, covering their ears during their set. In what seemed to be retaliation, the band responded with extremely loud feedback that didn’t do much to cool the audience’s feelings toward them. Cox uttered the string-inducing proclamation “Joye Ramone and I have the same disease. It’s called heartbreak!” before the band took their bows and made way for the main attraction. The only thing Cox seemed to be suffering from was tone deafness and possibly anxiety.

Yeah Yeah Yeahs made their appearance soon after an audience that was for the most part polite, if not just a little foul smelling from the heavy cigarette smoke in the air. Once only did the crowd lapse into chaos, eventually leading to my companions and I being drenched in beer, but in the heat of the moment all was forgotten and attention shifted back to the band.

The opening song of the set was the fast paced single “Gold Lion” from their latest record. Things didn’t slow down for quite a while with one fast song after another until the band took a break to change and then played their biggest hit to date: the ballad “Maps,” which was performed beautifully in a very dream-like, almost lullaby-style manner, complete with audience swaying and the concert staple of raised cigarette lighters. Thankfully, most of their fast numbers are relatively short to allow some of the more out-of-shape fans, like myself, a moment to breathe.

The set list consisted of several new songs with a smattering of tracks from their debut album as well, each played with finesse and energy, especially on the part of lead singer Karen. A push was in order.

The band’s most die-hard fans’ time and attention may still be on their sophomore album: they have even more tracks than New Order. In the process, however, they end up sounding pompous rather than serious.

On Sam’s Town, vocalist Brandon Flowers tries his hand at appealing to the common man by tapping into the universal themes of working-class America. The result is a mess of distant, inaccessible lyrics: generic and altogether devoid of meaning. The title track offers a particularly atrocious example: “I still remember Grandma Dixie’s wake/ I never really known anybody to die before/ red, white and blue upon a birthday cake/ and my brother, he was born on the fourth of July... and that’s all.”

Sam’s Town does not suffer so much from bad songwriting as it does from its attempt to be all things to all people. The title track, again, is a perfect example of this. Left alone, it could have been a perfectly good, gloriously infectious pop song. However, they manage to ruin it by tackling on an incongruously dramatic conclusion, complete with string arrangements and an anthem-like chorus of voices. It then inexplicably segues into about 15 seconds of circus music and ends suddenly.

To be fair, Sam’s Town does have its share of catchy melodies and perfect pop songs. The album’s third track, “When You Were Young,” is a flawless single.

Aside from scarce redeeming moments in tracks like “Bling (Confessions of a King)” and “Read My Mind,” where the band stops trying so hard and makes good, uncomplicated songs, Sam’s Town is hardly worth any purchase. To the fans of The Killers, their debut album was all shine and bright promise. Some people call it prayer; other people call it listening to the voices. Either way, the result is a product of the same disease. It’s called heartbreak.
Beason: game ‘clearly out of hand from very first play’

FOOTBALL, page 12

well. On the video replay of the fight, UM sophomore safety Anthony Reddick is seen smacking an FIU player with his helmet while an unidentified FIU player is suplexed by a UM player.

It took 15 minutes before coaches and officials got things under control.

“It was a good football game up until that point,” said Golden Panthers coach Don Strock. “I don’t have any idea how it started. It should have never happened and none of our players should have been involved.”

Both teams said nobody knew exactly what started the fight but admitted that both sides were doing a lot of talking and accused each other a taking cheap shots.

“We’re shocked. Nobody in the locker room has ever been a part of anything like that,” FIU sophomore running back Julian Reams said. “If the NCAA reviews the tape, they’ll see what was going on. Their whole bench cleared the sidelines and our starters got kicked out and [only a few] of their people got kicked out.”

However, UM junior linebacker Jon Beason – like many of his teammates – felt the blame rested on the Panthers.

“Why are we going to get thrown out against FIU? FIU doesn’t mean nothing to us on our schedule. If somebody gets suspended against FIU? FIU doesn’t mean nothing to us on our schedule. If somebody gets suspended for that over this game, it’s ridiculous because it was clearly out of hand from the very first play of the game,” Beason said.

“This is their national championship – to us, it’s just another game on the schedule. From the very beginning, they’re throwing punches, late hits, their type of stuff, trying to get us out of our game. I got punched in the face; I didn’t punch the guy back because I want to play against Duke, I want to play against Georgia Tech,” he added.

Police officers and security surrounded the field in order to keep fans from spilling onto the field. A few fan skirmishes broke out on the bleachers, though.

At the end of the bench clearing brawl, 31 players from both teams were suspended – seven FIU and 24 UM. Players that were suspended must sit out their team’s next game.

ACC and UM officials suspended Carlos Armour, Chris Barney, James Bryant, Tyrone Byrd, DaQuan Farr, Ryan Hill, Bruce Johnson, Charlie Jones, Brandon Meriweather, Brian Monroe, Derrick Morse, Randy Phillips and Anthony Reddick.


According to a report in the Associated Press Oct. 15, school officials stated that more sanctions are possible.

Sun-Belt and Atlantic Coastal Conference officials will review the tape of the fight before any additional suspensions or punishments are handed out. Officials from both FIU and UM condemned what occurred on the field Saturday night and apologized to each other.

“The University of Miami was gracious enough to grant us these games. They didn’t have to and this is how we repay them. I don’t care whose fault it is. At FIU, we don’t condone this kind of behavior,” incoming athletic director Pete Garcia said following the game.

What got lost in the punches, kicks, jabs, suplexes and flags that were thrown was the fact the Golden Panthers were shut out in a 35-0 loss to the Hurricanes in front of 51,130 spectators at the Orange Bowl.

Up until the brawl, FIU kept the game close, only down by 14.

“They didn’t do anything spectacular. We moved the ball on them better than we did on anyone all year. When the brawl happened in the game, a lot of our starters and a lot of people we count on to make plays came out of the game. That slowed down our offense,” sophomore center Xavier Shannon said. His father, Randy Shannon, is the defensive coordinator for UM.

At halftime, the game was well within reach. The defense dominated during the first quarter, only allowing UM to compile 109-yards of total offense, 66 of which came on the ground.

Coming into the game, FIU was ranked first in the nation in tackles for losses (9.6 per game). They continued that dominant trend by compiling eight tackles for loss and sacking UM junior quarterback Kyle Wíright two times. They also managed to hold UM freshman running back Jarvis James under 100-yards. James was coming off two spectacular 100-yard rushing performances.

Although the offensive line was going up against one of the toughest defenses in the country, they gave senior quarterback Josh Padrick enough time to make his reads, protecting him while only giving up three sacks.

The Golden Panthers almost struck first as they moved the ball down field with ease. On third and five, Padrick threw a pass intended for Williams only to have it intercepted by UM sophomore safety Kenny Philips.

Although players condemned what took place that night, they understood why some of their teammates stormed the field.

“We’re a team, we’re a family. They’re a team, they’re a family,” Beason said.

Pending any changes, the teams are expected to meet again next year on Oct. 6.
Football brawl not surprising

BRAWL, page 1

Coker said his team handled the situation “well.” I know these statements and most evidence points to FIU as the main instigators, but the fact that both benches started clearing at the exact same time shows that neither team handled the situation well.

Both sides should have been equally apologetic. Our team’s record is an unimpressive 0-7. At this point, regardless of how many games they’ve kept close, even if they win their last five games, they’ll still be a losing team. And ultimately, wins and losses determine a good team, not how many games they kept close.

With reactions to the fight piling up, it seems as though FIU’s winless streak is fueling the image they have of a team that shouldn’t be taken seriously. For example, here’s a quote from UM linebacker Jon Beason:

“This ain’t no rivalry,” Beason told The Beacon. “You can’t start a rivalry after one game. This is [FIU’s] national championship — to us, it’s another game on our schedule.”

His words show how opposing players view this year’s Golden Panthers — just another team to be brushed away before moving on to bigger and better opponents. It’s pretty easy to overlook a winless team, especially one that may now carry the stigma of a “thug team.”

Perhaps FIU incited the brawl as a way to release some of this season’s frustrations; perhaps it was all an accident. But a momentous event took place on that field and both teams — whether high-scorers or winless underdogs — should be able to understand that on that night, a real rivalry was born.

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Quality In Everything We Do
Students feel unity despite game marred by violence

The Hurricanes may have shut out the Golden Panthers 35-0 during the anticipated football match Oct. 14, but the most memorable moment of the night was the five minute on-field brawl that cleared both teams’ benches and resulted in 31 suspensions and multiple crowd fights.

During the seven-minute stoppage in play after the brawl broke out, FIU students stood by their team and showed a surge of school spirit, chanting “FIU, FIU, FIU” while refusing to be cleared out of a stadium covered in orange and green jerseys.

According to Doraiswamy, the brawls were trying their best to blame the melee on FIU. He said, “I do not know absolutely nothing about who was actually sparked by [UM player James Bryant] pointing at the FIU bench and mocking the team. It was embarrassing for a team like UM to pick a fight with a 5-year-old,” said Doraiswamy, in reference to FIU’s 5-year-old program.

Many of the student reactions to the brawl were in support of the Golden Panthers.

Junior Steven Fernandez was cheering on the team with friends when the fight broke out.

“The atmosphere was electric and emotions were running high,” Fernandez said. “There was a lot of tension between the schools and the audience during the fight.”

Students such as junior John Mendez also thought that the brawl made the game more interesting experience.

“When the fight broke out, it was like a party broke out in the stands,” Mendez said. “FIU and UM fans yelled at each other. In fact, I barely watched the game and blamed the melee on FIU. The press is obviously biased towards UM because it’s a much more older team that is synonymous with Miami as compared to us,” Doraiswamy said. “They say that FIU started the fight but it was actually sparked by [UM player James Bryant] pointing at the FIU bench and mocking the team. It was embarrassing for a team like UM to pick a fight with a 5-year-old,” said Doraiswamy, in reference to FIU’s 5-year-old program.

The players weren’t the only ones throwing fists, helmets and crutches at each other as the agitated audience took their anger out on each other. Sophomore Jephren Perez was a witness to one of the incidents where an FIU and UM fan started throwing punches.

“It happened shortly after the brawl,” Perez said. “Two fans started shoving each other and throwing punches. The cops tried to break things up but the FIU fan started swinging at the cops. When they couldn’t cuff him, they tased him. The cops started waving the taser around, warning the crowd after that. It was unbelievable.”

Videos and pictures of the brawl have sprung up all across the web from sports and news sites to social media sites such as YouTube.com and Facebook.com.

“It’s proof that the FIU spirit has actually increased because of the game. I can’t wait for next year’s game,” Doraiswamy said.

FOOTBALL, page 10

First football experience as violent as ‘futbol’

A fist flew through the air, then another one and soon enough, both teams were off the sidelines and on the field kicking, punching and even biting, as I’d later hear.

The frenzy soon reached the stands as fans from the home team clawed through the bleachers to get to those wearing the opposing colors, even slamming those who were trying their best to escape the chaos.

That was a night I’ll never forget: my first football (soccer) game when I was 6-years-old in Buenos Aires, Argentina.

Though I’ve been living in the United States for 15 years, I’ve never been able to find the level of excitement and passion in American sports that I find in soccer. I’ve watched a few football games on television and stopped by basketball or volleyball matches in high school to cheer for friends, but I’ve never had any incentive to attend a big local or college sporting event.

So I wasn’t expecting much when I decided to go to the highly anticipated and over-hyped football match between FIU and the University of Miami Oct. 14.

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Though I knew absolutely nothing about football, I was ready for anything.

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