Carbon monoxide: More dangerous than you think

By LUISA CABRERA
Contributing Writer

Since the deaths of FIU students Tony Perez and Janelle Bertot on Nov. 14 from carbon monoxide intoxication, the nation has paid greater attention to the dangers of this invisible poison. The gas, which is emitted when fuel is burned, binds to a person’s red blood cells and prevents the flow of oxygen to the body’s tissues after one inhales it. Soon after, the victim begins to experience a drowning sensation.

The majorities of fuel-burning products emit small doses of carbon monoxide, including barbecue grills, cars, household heaters and even fires extinguishers and cigarettes. “A smoker inhales a little, no big problem. But if someone is exposed to a lot of carbon monoxide, in essence, you become asphyxiated,” said John Landrum, a chemistry professor.

“The problem, however, is that most people don’t realize when they are being exposed to potentially lethal amounts of the gas. “Carbon monoxide is colorless and odorless,” said Robert Dollinger, executive director of the University Park Health Services and professor of health and lifestyles. “Most people don’t know they’re being affected until it’s too late. They go to sleep near the gas and never wake up.”

Adding to the risk is the fact that the poisoning can take place where one least expects it. “It could happen anywhere: in your house, in your car, if you’re working with fuel-burning machines. People need to be aware,” said Dollinger, who also happened to be Bertot’s professor in a premedicine class.

The National Poison Control Center recommends that if a person believes he or she has suffered from carbon monoxide poisoning, that person should call an ambulance immediately. Signs that indicate poisoning include: dizziness, shortness of breath, headache and extremely pink lips. If the victim ignores these symptoms, the intoxication might lead to unconsciousness, brain damage and possibly death.

“If you are in a situation
Faulty exhaust systems may cause carbon monoxide leakages

GAS, from page 1

where many more than one person begins to display symptoms, you should never dismiss carbon monoxide poisoning as a possibility,” Landrum said.

Since most accidents relating to the gas tend to occur in vehicles, people should have a mechanic check their car for a faulty exhaust system.

Fixing the problem may be as simple as replacing a gasket or welding some cracks in the gears, though some cars’ exhaust systems should be completely replaced.

“Most of the time, people aren’t even allowed to drive cars with faulty exhaust systems,” Landrum said. “But sometimes, they go unnoticed.”

Besides cars, another major source of carbon monoxide poisoning comes from sealed-off houses.

“Every year, you hear cases where three or four family members are rushed to the hospital because they’ve left their heaters on too long,” Landrum said.

He also stated that ventilation is necessary for all homes to fully release unwanted gases.

What people should remember, though, is that carbon monoxide poisoning is preventable.

“If you feel dizzy, nauseous, or even tired, it may be as simple as cracking a window,” Dollinger said.

“If you get out of your car and walk around, you may notice you feel better right away.”

WEATHER

Mond ay  
83°F/70°F partly cloudy
Tues day  
83°F/71°F mostly sunny
We dnes day  
83°F/70°F t-storms
Thur sday  
83°F/70°F t-storms
Frid ay  
82°F/68°F t-storms
Sat urday  
81°F/67°F t-storms
Sun day  
81°F/66°F partly cloudy

Courtesy of www.weather.com

PUBLISHER’S POLICY

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WEATHER

Hhi/Low
83°F/70°F partly cloudy
83°F/71°F mostly sunny
83°F/70°F t-storms
83°F/70°F t-storms
82°F/68°F t-storms
81°F/67°F t-storms
81°F/66°F partly cloudy

School’s almost over!!!

There will be several positions available at The Beacon for the Spring semester.

Drop by GC 210 or WUC 124 and fill out an application today to begin your training and future journalism career.

POLICE BEAT

SUNDAY • NOVEMBER 14

A male student left his Toyota Echo in Parking Lot 11 at University Park on Nov. 14 to attend a school related trip. When he returned on Nov. 14, he discovered that its hub caps were missing. The Department of Public Safety referred the student to his insurance company.

MONDAY • NOVEMBER 15

A female student parked her car in Parking Garage One at UP at 2 p.m.

Upon her return at 3:30 p.m., she noticed that someone entered her car and stole numerous items. Items reported missing include: a purse, a driver’s license and a laptop computer, along with credit cards and textbooks.

The Department of Public Safety has no suspects.

A female student parked her Nissan Maxima in Parking Lot 14 at UP on Nov. 14 at approximately 7 p.m. When she returned on Nov. 15 at about 5:30 p.m., she found that her person had removed her car’s headlight housings.

The Department of Public Safety has no suspects.

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EXPRESSES 11/29/04

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Have you ever worked at a newspaper before? Become a Section Editor today! Drop by GC 210 or WUC 124 and fill out an application!
WHAT DO YOU THINK?
With Thanksgiving coming soon, what do you plan to do with your turkey leftovers?

• Have more for dinner the next day/Make sandwiches for lunch.
• Throw it out/Give it to the dog. I won’t be able to handle seeing anymore turkey.
• Get creative! Make turkey smores, turkey shakes or turkey upside down cake.
• Turkey?? No, ham rules at my house.

Cast your vote at www.beaconnewspaper.com

WINNER & LOSER

WINNER
Halo 2: The sequel to the cultish video game has become the fastest grossing game in one week, proving that artificial alien slaughter is the healthiest expression of emotion since talking.

LOSER
Grand Theft Auto San Andreas: The crime spree video game lost to “Halo 2” in initial sales, proving that hiring a prostitute, running her over and taking your money back has simply lost its novelty.

QUOTEABLES
“Nicky and I are different in this crucial way: She’s better at shopping than I am.”
— Paris Hilton, heiress and socialite, comparing herself to sister, Nicky Hilton.

“In times of war, if you go through a bad neighborhood, I don’t want a little French poodle. I want a watchdog on my hands.”
— Gene Simmons, Kiss front-man, on why he voted for George W. Bush in the past election.

“The official mourning period is over today, and there is a silver lining — George Bush is prohibited by law from running again.”
— Michael Moore, director of Fahrenheit 9/11, in an interview with the Daily Variety.

“This might be the first joke inducted into the Smithsonian Institution.”
— Jerry Seinfeld, actor and comedian, as he donated the “puffy shirt” from a famous “Seinfeld” episode to the museum.

O P I N I O N

College stress triggers depression

By ALICIA BUSTAMANTE
Opinion Editor

Today, I felt like committing suicide. I wasn’t crying or curled up into the fetal position when I felt this, I was just walking to class. It was a mental lightning bolt — a momentary glimpse into a part of myself I chose to ignore.

This wasn’t the first time I felt this way. Like many, when my personal problems begin to snowball, I figure there is no point to life at all.

The daily routine begins to wear on me mentally and physically. When I view my life this way, I begin to feel like a failure, a cycle begins, and that bottle of sleeping pills in my medicine cabinet begins to look more appealing.

According to the American Foundation for Suicide Prevention, I’m in good company. Suicide is currently the 11th leading cause of death in the U.S. Every day about 80 Americans take their own lives, and about 1,500 attempt to do so.

At my most cynical, I think, “What’s one more?” Or I figure that this suicide epidemic is just the modern survival of the fittest, but there must be a better reason.

The AFSP cites depression as the primary cause of suicide. It causes about 60 percent of all suicide deaths every year.

Approximately 19 million Americans suffer from depression, but only one in three people actually get help to treat it.

So, about 66 percent of depressed people just stay depressed? That’s depressing.

I felt this; I was just walking to class, ignoring the modern survival of the fittest, while carrying jobs and exams, being around a dysfunctional family, having a tedious seasonal job, or realizing there will be no New Year’s kiss, can bog one down. However, there is reason to survive, even if the reason is to look for a reason. The first thing one must do is realize he/she needs help.

Phew! [FIU] DON’T LIE TO YOURSELF

By LUIS NIN

I have a test in ten hours and three chapters to study; I better just take a nap and wake up early.

Four hours later...
...five more minutes...

Six hours later...
At least I’ll be well-rested when I fail.

SEND US YOUR LETTERS

Letters to the Editor must be dropped off in GC 210 at the University Park campus, WUC 124 at the Biscayne Bay Campus or sent to beacon@fiu.edu. Letters must include the writer’s full name, year in school, major/department and a valid phone number for verification purposes. If brought in to an office, a legitimate ID may be accepted instead of a phone number. The Beacon reserves the right to edit letters for clarity and/or spacing constraints. Letters must adhere to a maximum of 400 words.

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Thanksgiving in Miami
Turkey tradition fuses with Latino influences

By CARLOS O. OLACHEA
Staff Writer

In a recent article in Gourmet magazine, Lillian Chou offered interesting ethnic recipes for the Thanksgiving smorgasbord to accompany the traditional turkey. I guess the magazine’s editors considered this to be a new idea: pairing traditional American dishes with international ones during a typically American holiday.

Obviously, Chou hasn’t spent much time in Miami. However, her recipes did get me thinking about the ethnic additions that Miamians put on their Thanksgiving tables.

It also got me thinking about the regional differences in Thanksgiving meals across the nation. Unbeknownst to some, the U.S. has regional cuisine that extends even to the Northern states.

I had to learn this the hard way when I first had my stepmother from Ala. why she didn’t prepare the same dishes that my mother from NH did. Her reply was simply, “Well, I just don’t cook Yankee food, honey.”

This, of course, refuted my provincial South American idea that the U.S. was composed of New York City, Texas and Hollywood.

There are many more regions that possess their own Thanksgiving traditions. I later learned that my mother’s Yankee dishes, like dressing made from wheat bread (as opposed to the standard cornbread dressing of the South), Harvard beats, succotash and cranberry sauce, will never be found on my Southern stepmother’s Thanksgiving table.

Likewise, Southern Thanksgiving standards like pecan pie and biscuits wouldn’t dare be present at a respectable Yankee Thanksgiving meal.

Alcoholic punches, common at Northern Thanksgiving celebrations, are hardly ever found in the Bible Belt, where dry counties continue to exist to this day.

In parts of Western Pennsylvania, which has a large German-American population, a Thanksgiving table might look more like an Oktoberfest to the untrained eye, with specialties like Rouladen (red cabbage slaw), Spaetzle (German-style spaetzle), and Kartoffeln salat (German potato salad).

As Miami is a meeting place of the Americas, it offers its own Thanksgiving specialties. Many people from the Spanish Caribbean will probably tell you that they have roast pork for Thanksgiving, in addition to the traditional turkey. Many times, as is the case with my Dominican family’s table, the turkey is just for ceremony and is never eaten.

For some Miami families the turkey is also a symbol of their new life in the U.S., as they adopt American traditions. Still others choose to have just a turkey and forgo the pork, and many families eat only foreign side dishes with their turkey.

For some people, however, bringing foreign foods to the Thanksgiving table is a sacrilege.

During a Thanksgiving dinner she hosted a few years ago, my stepmother gracefully served Southern belle composure while her Cuban guests placed dishes of boiled yuca, platanos maduros and arroz congri next to her macaroni and cheese and green bean casserole. Only after the guests departed did she express her disappointment at the travesty committed that evening.

Don’t you bring Cuban food to a Thanksgiving dinner,” she stated, setting a precedent that would bar anyone from making any ethnic modifications or additions to future Thanksgiving dishes.

Many Americans, however, are open to the idea of including food inspired by different cultures at their table during this holiday.

Surely you will find some families that have a bottle of Spanish wine at their table, and they may even end the meal with a French-inspired cheese board.

This Thanksgiving I’m going to the Miami family in Alabama. I will sample some very fresh, typical Southern Thanksgiving dishes, including a myriad of side dishes that may include a selection of about five different pies, not including each aunt’s rendition of the quintessential pecan pie.

Along with the food, there will be the Southern traditions that accompany the meal, which tend to be a more understated than the ones we are used to in Miami, like celebrating late into the night with lots of music, dancing and beer.

BBC Housing sponsors Thanksgiving pageant

By KATHERINE BEALE
Staff Writer

The Wolf Center Ballroom at the Biscayne Bay Campus became a runway Nov. 18, as Bay Vista Housing presented its third annual Lights Out fashion show and Thanksgiving dinner. The show included different categories of clothing: cultural, denim, vintage, sportswear, swimwear, and apparel for the show. The show included an active role in the event’s planning this year. Ingram was in charge of donations and apparel for the show. “It was really a lot of work, but we all worked as a team,” he said.

Despite the hard work, Ingram says he enjoyed the show and liked the outfits he wore on the runway. “The dress was my favorite tonight, but the After Hours suit is a classic,” he said. “Suits tend to please the gentleman in me.”

The event’s moonlight garden theme had special significance for its organizers, who saw the event as a celebration of diversity. “It represents harmony blended together to form something beautiful,” Delaney said.

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November 22, 2004
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STUT YOUR STUFF: A BBC fashion show participant walks along the catwalk to show off her staff. COURTESY PHOTO

What everyone seemed to agree on, however, was that the hard work it took to plan and carry out the event “This took a lot of work,” said Samson Tifagnehu, RA and sophomore majoring in hospitality management. “We’ve been practicing for weeks. A lot of housing leaders have been helping us out up to the moment the fashion show went on. It shows what the residents can do.”

RA and senior Orville Ingram, explained that after participating last year, he wanted to take a more active role in the event’s planning this year. Ingram was in charge of donations and apparel for the show. “It was really a lot of work, but we all worked as a team,” he said.

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LEAN ON ME: Family and friends of Tony Perez and Janelle Bertot gather near the University Park Graham Center fountain to attend a quiet, candle-light vigil. Fellow greek brothers and sisters gathered to pay final respects to their friends who passed away on Nov. 14. The group stuck together and gave each other support through the difficulty of losing close friends.

SID PENTZKE AND JESSICA MARSHALL/THE BEACON
Bouderra delivered a solid performance contributing 11 points, four steals and three assists on the night. FIU neither trailed nor led by less than seven points after its 9-0 run at the beginning of the game.

By ALDEN GONZALEZ Staff Writer

It would have been easy for the women’s basketball team to make excuses for the season. Two major players are out for the year for different reasons. Deniz Boz, the leader of the squad, is sitting out due to an ACL injury, and Allison Bustamante decided to call it quits after being the second leading scorer of the team last season.

But coach Cindy Russo and her team picked up a 61-44 victory in the season opener behind standouts Faiza Bouderra, and Milena Tomova. FIU defeated Bucknell at Pharmed Arena on Nov. 19. From the opening tip off, the Golden Panthers went on an 11-0 run and never looked back. After the victory, Russo was proud of the way her team came together despite preseason adversity.

“I think we played excellent defense,” said Russo. “We did some pretty good things for our first game as a team.”

Tomova took control of the paint all game long, leading the game with seven offensive rebounds and 15 points.

“Everybody out there wanted to make sure they played good defense,” said Tomova. “We wanted to be consistent and keep steady with our defense, and we did a very good job of that.”

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ELIMINATED, from page 8

be FIU’s year, and its top priority was an NCAA Championship. Yet, all goals and expectations came to an abrupt end in front of a sell out crowd.

“We just got really, really unlucky,” said senior Jared Rose.

The Golden Panthers dominated all phases of the match, out shooting UCF 14-3 and holding a 12-3 advantage in corner kicks.

But, with a few great saves, a couple of goal posts hit and several missed scoring chances, the Golden Knights turned their fortune around and prevailed for the improbable win.

“We played well, moved the ball, had great chances, but they just played great defense,” Kremser said.

The lone goal of the match came during the 25:08 mark, when UCF freshmen Scott Baron scored his first collegiate goal on a surprising play.

“It was a good shot that just found its way into the net,” Rose said.

Baron dribbled the ball past defenders and took a shot at the net. When other players shielded FIU goalkeeper Shawn Crowe, the ball rolled into the left side of the net, establishing the game-winning goal. This goal surprised Kremser.

“They only had three shots, and the easiest one just went in,” Kremser said.

The Golden Panthers came out strong in the second half and continued to attack with persistence. The team created numerous scoring opportunities, as most chances were near goals with shots barely missing the net.

The best chance took place when senior Lucas Scudeler took a rebound and drilled the ball past defenders and out of the goalie’s reach, but the ball sailed just wide of the net.

Crowe finished the game with one save in 90:00 minutes; UCF’s Ryan McIntosh collected five saves, including a couple of difficult ones that saved the game and secured the victory.

With the loss FIU ended the season with an 11-7-0 record, while UCF improved to 11-6-2 and advanced to the second round, where it will take on the top-seeded Wake Forest.

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Women’s basketball opens season with 17 point victory

By ALDEN GONZALEZ Staff Writer

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Men’s and women’s soccer dominate fall sports season

REVIEW, from page 8

Fans wishing for a coaching change will have to wait. There will be no such luck. Strock will be given at least another two seasons before wins and losses start to come into effect.

MEN’S SOCCER

Congratulations to coach Karl Kremer and the rest of the team. Despite losing star goal keeper Roy Rosenberg and electrifying forward John Pulido, the team has not missed a beat, winning a third straight Atlantic Soccer Conference title.

The team went undefeated in conference play and had nine players honored to the All-Conference team. Kremer picked up Atlantic Soccer Conference Coach of the Year for the third time since FIU joined the conference five years ago.

FIU made its fourth consecutive appearance in the NCAA championship. Despite losing in the first round, the team still had a good year. It will join in a more competitive soccer conference next season in Conference USA.

WOMEN’S SOCCER

Wow: This is the true underdog story of the year. After winning only four games in the last two seasons, coach Everton Edwards’s team advanced to the final of the Sun Belt Conference—a tangle from which one thought only Houdini could have escaped.

Despite only playing six of its 20 games at home, the team’s home games were the key to the season’s success.

The team finished a perfect 6-0 at home, which proved helpful in the postseason, because the SBC was held at FIU. Playing in front of a home crowd, the women reached the final but lost 1-0 to North Texas.

Playing top teams like Florida State University and the University of Florida early in its schedule helped the young FIU team prepare for the Sun Belt Conference games late in the season.

Young freshman goalie, Madeline Gannon, led the team all year. She filled the shoes of last year’s starter, Juliana Gomez perfectly, finishing the season with 81 saves.

VOLLEYBALL

By far, this was the biggest disappointment of the season, finishing with a horrible 2-21 overall record. The team lost 18 of its final 20 games, ultimately taking the title for the losingest team of the season.

Despite having a relatively new team with only six returning players, more than three victories were expected from coach Cookie Stevens’s team.

When seven seniors graduated last season, the six-year coach recruited top second-year players from dominate junior colleges.

Individual players stood out but not with W’s on the record. Expect the team to turn around next season, as many of the players will return with one year of experience under their belt.

When Stevens came to FIU in 1999 as a NJCAA champion, she turned the program around within three seasons, leading the Golden Panthers to a Sun Belt Conference Championship in 2001. With many coaching honors and victories, Stevens should bounce back strong next season.

CROSS COUNTRY

Steve Rubin’s young women’s team, made up of only fresh man and sophomores, reached the NCAA Regional Finals. Star Amanda Howard led the team, running the second fastest 6,000-meter time in FIU history.

Howard finished 43rd out of 163 runners at the meet. The team also competed well at the Sun Belt Conference Championship, finishing third as a team, but the men struggled, finishing in tenth place.

Both teams will have time to grow as neither have seniors.

CLASSIFIEDS

J O B S

Females wanted ages 15-25 years old to participate in an HPV vaccine Clinical Trial that may help in the prevention of cervical cancer. You will receive gynecological care free of charge and you may receive reimbursement up to $50/visit for 10 visits. For more details call: Iliana or Betty at (305) 243-5832.

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REPORT CARD

FOOTBALL

MEN’S SOCCER

WOMEN’S SOCCER

VOLLEYBALL

CROSS COUNTRY

Compiled by Sports Editor Harry Coleman

REPORT CARD

Blowing leads of 24 and 17 is unacceptable. The offense has performed well in the first half of games, but need to step it up late in ballgames. The defense has good solid players, but as a unit, they are horrible.

Coach Karl Kremer continues to win year after year. Reaching the NCAA championship tournament for a fourth consecutive year is the future goal. Since Kremer joined, they reached the NCAA tournament; no other team did that.

After two straight seasons winning only two games, coach Everton Edwards turned the program around. Despite being a team made up of relatively young players, it reached the Sun Belt Conference finals.

Volleyball regressed this season. The team finished with three wins, ten less than a year ago. The team ended the season by losing 18 out of its final 20 games.

The women excelled on the track, but the men struggled. Amanda Howard led the team by running record times. With such a young squad, the future looks promising.

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Have you put your skills to work?
Basketball opens season with victory

By HARRY COLEMAN
Sports Editor

The Sergio Rouco era started with everything he promised when he was hired in March of this year. Up-tempo basketball, hustling players and improved team chemistry led to the Golden Panthers first win of the season.

With 38 seconds remaining in the game, an Ivan Almonte lay-up broke a 62-62 tie and sealed the victory for FIU over Florida Atlantic on Nov. 19 at Pharmed Arena.

The Golden Panthers defeated the Owls 65-62, ending a losing streak of two years.

After leading 34-27 at halftime, the Owls tied the score and took a 55-46 lead with 8:08 remaining in the game behind a full court press to which FIU could not find an answer. With three players cramping up and suffering minor injuries, FIU went 10 players deep in the bench to secure the victory. Head coach Rouco was proud of the comeback.

“The victory is big, because we fought back,” said Rouco. “We had three guys cramping up, and we could have faulted and didn’t. Our guys didn’t give up. I said before, we are going to play hard, and we are not going to make excuses.”

New players Ivan Almonte and Ismael N’Diaye led FIU in scoring with 16 and 14 points respectively. Veterans center Byron Burnett played a monster game on defense, finishing with eight blocks.

With 12 seconds left in the game, FAU had the ball and waited to take the final shot. The Golden Panther defense played man to man and FAU was unable to take the shot as the shot clock expired.

“To win the ballgame and holding them to a shot clock violation, that’s big. It showed a lot of character from this team,” Rouco said.

N’Diaye (pronounced EN-jae) is happy to play for FIU in scoring with 16 and 14 points respectively. Veterans center Byron Burnett played a monster game on defense, finishing with eight blocks.

“New players Ivan Almonte and Ismael N’Diaye led FIU in scoring with 16 and 14 points respectively. Veterans center Byron Burnett played a monster game on defense, finishing with eight blocks. With 12 seconds left in the game, FAU had the ball and waited to take the final shot. The Golden Panther defense played man to man and FAU was unable to take the shot as the shot clock expired.”

UPSET: Despite being predicted by ESPN to advance past the first round, Carron Williams (right) and company could not overcome an early 1-0 deficit. FIU was eliminated in the first round. Geoff Anderson/Special to The Beacon

Knights eliminate FIU

By NIKOLAY OREKHOV
Staff Writer

There was an electrifying atmosphere at the FIU Soccer Stadium on Nov. 19, as the Golden Panthers men’s soccer team was prepared to take on a familiar foe.

The Golden Panthers faced the University of Central Florida, which beat in all of their previous six meetings – including a win just 12 days ago. Except, this time it mattered.

It was the opening round of the NCAA Tournament, and the two teams squared off against each other for the third straight year to begin tournament play. With a 23-6-3 all time advantage and two consecutive wins in tournament action over UCF, FIU was clearly favored to walk away with a win once again. But, the unexpected occurred, and the soccer playoffs quickly swung into the off-season.

“[UCF] just decided to defend,” head coach Karl Kremser said, explaining the difference between the last two matches against the opposing team.

The Golden Panthers played well but came up just short in a 1-0 loss to the Golden Knights, providing the first upset of this year’s tournament. With six key seniors playing their final season, this was supposed to be the breakthrough season for FIU over Florida Atlantic on Nov. 19 at Pharmed Arena.

Team by team breakdown:
Review of fall sports season

FOOTBALL

Due to its bad luck this hurricane season, the Golden Panther football team will finish off the season later than usual – in December.

After starting the season with an incredible come from behind victory against Youngstown and a big win against a very good team in Stephen F. Austin, the team has struggled and dropped to a losing 2-5 record.

Don Strock’s team has dropped four games in which the team was leading at halftime. The defense has struggled immensely, leading Strock to call its performance embarrassing.

Silly penalties on the part of the players, a disappointing defense and an ineffective second half offense, have been the key factors in FIU’s struggles. A player or two will need to step up as vocal leaders in order to stop teammates from getting penalties such as late hits, offsides and arguing with referees.

The three key factors in FIU’s struggles also fall on Strock. As a coach, he needs to set his players straight so, they don’t commit penalties that will hurt the team. With blown leads of 17-0 and 24-0, such losses should unite the team.

When up by a large margin, the team should continue to run the ball in the second half behind senior Rashod Smith. Against McNeese State for example, Smith carried the ball only five times in the second half, leading to many three and outs by the offense.

By HARRY COLEMAN
Sports Editor

With the fall season coming to an end, I wanted to sit down and recap fall season of FIU sports.

Some teams outperformed fans’ expectations, one regimented and the others performed at the level they were last season. Here’s a team-by-team recap in which I will discuss the season and the future of each team.

Simon Andree Strock/Special to The Beacon