Ramadan Fast-a-Thon encourages charity

By KATHERINE BEALE
Contributing Writer

Adel Elsayed, a sophomore and biomedical engineering student, hadn’t eaten since dawn. Yet he didn’t touch the plate of cookies his 2 p.m. class passed around.

Elsayed, a Muslim student, will not eat anything during the daylight hours of Ramadan, the month of purification from Oct. through Nov. Instead, he said he will feed himself spiritually by praying, reading the Koran—Islam’s holiest book—and trying to keep his mind and actions free from lust and negativity.

“What I get out of Ramadan is discipline,” he said. He added with laughter that watching other people eat in front of you requires even more discipline.

For the estimated one billion Muslims in the world, fasting during Ramadan is an essential part of Islam. As one of the five pillars (or required duties) of their religion, fasting is proudly observed by able Muslims as an act of faith and empathy.

In an effort to keep up with this tradition, FIU’s Muslim community invited non-Muslim students to join them on Nov. 1 for an entire day of fasting.

The Muslim Student Association coordinated the third annual Ramadan Fast-a-Thon to benefit the Daily Bread Food Bank. For every non-Muslim student who fasted for the third annual Ramadan Fast-a-Thon, the FIU’s Muslim community invited students to join them on Nov. 1 for an entire day of fasting.

THE HOURS:

Good Eats: Anisaah Rahman, a Muslim Student Association member, prepares food during an iftar, or ceremony commemorating the end of a fast, during one of many events held in honor of Ramadan. C. Joe Mann/THE BEACON

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The Muslim Student Association coordinated the third annual Ramadan Fast-a-Thon to benefit the Daily Bread Food Bank. For every non-Muslim student who agreed to go without food and drink from 5:30 a.m. to 5:30 p.m., a local business donated $1 to Daily Bread. In the end, over $650 was raised.

MSA President Lora Kajan, a junior and international business major, was pleased that many non-Muslims participated.

“Besides the charity… it makes you appreciate that you have a lot more, because once you go without food for a whole day, you really appreciate the privilege of eating,” she said.

The Fast-a-Thon also gave students an opportunity to see what their Muslim friends experience during the month of Ramadan.

“It’s a very rewarding experience,” Kajan said. “They step into our shoes for the day. It’s not easy what they’re doing, and we appreciate that.”

An estimated 33 million Americans are living without enough to eat, according to the National Student Campaign against Hunger and Homelessness.

The Ramadan Fast-a-Thon is one way for students to help those people. Around 300 participants signed a pledge-sheet promising to abstain from food and drink and to try not to think any negative thoughts.

Kajan described the renewed gratitude students have for food once they have fasted.

“When you buy something [to eat], you might eat just a little bit of it and then throw it away. Then when you’re fasting, you think, ‘Oh, if only I had that now.’ She says that when she gets hungry during fasting, she puts her discomfort into perspective by remembering that she is fasting for only a month while there are others who constantly go without food.

At the end of the day, 125 of the students who pledged their time joined FIU’s Muslim community for a meal in GC 243.

The Muslim students began the event with a group prayer, eating a date as a sign that the fast had ended.

At the end of the meal, they showed a movie to educate non-Muslims about the history and importance of Ramadan in the Islamic community.

Shopping spree promotes Breezeway’s new hours

By ASRA JAWAID
Staff Writer

The Breezeway Café, at the University Park residential quad, has been sponsoring a contest since Oct. 18 to promote the store’s extended weekday hours.

“The reason why we’re having this contest is because we’re trying to advertise,” said Carlos Palomino, assistant manager of the store. “We’re trying to let people know that the Breezeway is now open until 2 a.m. on weekends.”

The concept of the contest is simple enough. Members of the housing community who visit the Breezeway can register for the contest by filling out a short form available at the cash register between 12 a.m. and 2 a.m., Monday through Thursday, Oct. 18 to Nov. 9.

On Nov. 10, a prominent member of the Housing Community will randomly draw a winner from one of the registration forms.

The winner will then be given 15 seconds to grab as many items as he can carry from around the store. As a prize, he will get to keep whatever he collects.

All members of the housing community, whether they are students, employees or teachers, are allowed to participate. The only exception to this rule is employees of the Breezeway Café; they are prohibited from entering.

Housing residents are hearing about the contest in many different ways. Some have seen the sign at the checkout counter of the Breezeway. Others, like senior Courtney Capoano, heard about it from their roommates.

“My roommate, Alli, saw a flyer in an Everglades hallway and told me I should enter,” she said. “I’m excited. I don’t know what my chances of winning are, but I have hope. It’s like ‘Supermarket Sweep’ and that show is awesome.”

The contest is being sponsored by the Fresh Food Company. For more information, contact Ximena Cordero at (305) 348-2538.
Arafat exit would leave Mideast at crossroads

According to Palestinian political analysts, the long-term incapacitation or death of Yasser Arafat, 75, who was flown to Paris on Friday for treatment of an undisclosed illness, would leave Palestinians with nothing to fear from the leader who has been at the center of his country’s affairs for decades.

Without Arafat, new pressures could mount on Israeli Prime Minister Ariel Sharon to resume peace negotiations, possibly under the guidance of a more pragmatic successor. Sharon’s oft-stated assertion that Arafat is no partner for peace lies behind his decision to withdraw Israeli settlers from the Gaza Strip and erect a barrier separating Israelis from Palestinians.

The U.S. administration might also now show greater interest in Middle Eastern diplomacy. For the past four years, President Bush has shunned Arafat. As they have in the past, Palestinian leaders are confronting the prospect of who would replace Arafat.

Many expect that Arafat’s title—President of the Palestinian Authority, Chairman of the Palestine Liberation Organization, Chairman of the PLO Executive Committee, and Chairman of the Fatah Revolutionary Council and Chairman of the Fatah Central Committee—will be divided.

OTHER UNIVERSITIES

Fewer black students choose state universities

From Georgia to California and throughout the Midwest, the number of black freshmen on state college campuses has declined, in some cases by hundreds, puzzling admissions officers and university officials. Comprehensive statistics on minority enrollment for the year have not been gathered, but a survey of a dozen major universities reveals a troubling trend: fewer black freshmen and no explanation, despite record numbers of high school graduates.

The University of Michigan, the subject of a fiercely contested U.S. Supreme Court case on affirmative action that may have discouraged potential applicants, enrolled 530 African-American freshmen this fall, down 60 from last year.

This year, African-Americans enrolled at the University of Georgia dropped by 26 percent. Ohio State enrollment declined by 157 first-year black students, or 29 percent. The University of Wisconsin at Madison was down by eight students.

Not all state schools saw declines. Indiana University in Bloomington registered an increase of 106 black freshmen, a 36 percent jump, and the University of Illinois at Chicago enrolled 18 more than last year, according to admissions officers.

Some private schools also recording strong increases. Northwestern University enrolled 109 African-American freshmen, the highest number in four years.

The University of Chicago welcomed 55 black freshmen, one short of last year’s record of 56.

The Beacon regrets this error. If you would like to report errors please call us at 305-548-2709 or on BBS at 305-919-4722.
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Returning soldiers struggle to resume campus life

By AAMER MADHANI
Chicago Tribune

BLOOMINGTON, Ind. – Lying on the hood of the Humvee he used as his bed for much of the war, Brandon Nordhoff determined that many of the thousands of Iraq war veterans who have reported being inundated with soldier-students looking for help collecting their education benefits under the Montgomery GI Bill.

He has made up for lost time with his social life he lost while deployed with his Indianapolis-based Marine reserve unit.

After one such dream, Nordhoff determined when he returned to campus, he would pledge a fraternity and make up for the social life he lost while in Iraq. While many of his Marine buddies are still in Iraq, he feels awkward. "Going to war changes you," said the corporal, a junior from Kirksville, Mo., a small farming community near Bloomington. "I feel 200 percent different than the people in Bloomington and a lot of the kids at the university."

In the first few weeks of the school year, Veterans Affairs officers at campuses throughout the Midwest have reported being inundated with soldier-students looking for help collecting their education benefits under the Montgomery GI Bill.

The officers can help them straighten out their benefits, but universi-}

ties have no one designated to help the soldiers with the transition from battlefield to classroom.

Although the Iraq war has not generated the unrest on campuses the Vietnam War brought in the 1960s and 1970s, divided opinion on the current conflict is obvious. Some returning soldiers complain their classmates and professors often have a shallow view of the war and they do not show enough support for the troops.

"Inevitably in classes, you have these kids who criticize the war and criticize the president and don’t know what they’re talking about,” said Cpl. Daniel Rhodes, a Marine reservist from La Grange, Ill., and a senior in political science at the University of Illinois in Champaign. "I want to say to them, ‘Do you realize that you’re sitting here in a classroom, living freely, because we’re willing to fight?’"

Other veterans have returned to campus with doubts about the necessity of the war in Iraq. From lectures in his Chinese history class about how emperors sold war to their people, to a local business owner’s toy-soldier display representing Americans who have died in combat, Bradley Rehak, a senior at the University of Iowa, said he is constantly reminded of the war. "We can say that we got rid of a terrible dictator by going to war," said Rehak, 24, a medic with the Iowa National Guard. "The argument misses the far greater points that we haven’t found that Saddam Hussein had weapons of mass destruction and we haven’t found links between al Qaeda and Iraq.”
Debate bursting out all over Iraq’s university campuses

By NANCY A. YOUSSEF
Knight Ridder Newspapers

BAGHDAD, Iraq — Within the relatively safe confines of Baghdad’s university campuses, a picture emerges of what democracy and how to implement it on university campuses all over Baghdad.

The fall of Saddam Hussein has led to debates between students and professors about democracy and how to implement it on campuses – or whether universities are ready for such debates at all.

Like American universities, Iraqi campuses provide a haven for open political thought. The discussions are much more progressive than they are off the grounds, in large part because campuses are among the few places that aren’t overburdened by security problems.

Students hold protests and sit-ins, sign petitions and go on marches, all new since Saddam Hussein fell. This week, a group of students from al Mustansiriya University protested Iraqi national guard officers using their dormitories, saying that space should be reserved for students. The debates are steeped in religion. Most universities have only two major political student associations: a Shiite Muslim one and a Sunni Muslim one.

An angry, messy, uneven and at times anti-American debate is erupting all over Iraq’s university campuses. A group of students from al Mustansiriya University is advocating a different style of education, one that reflects al Moosawi’s Shiite background. They are debating whether universities are ready for open political thought. The discussions are much more progressive than they are off the grounds, in large part because campuses are among the few places that aren’t overburdened by security problems.

Each group from Iraq’s historically rivalrous Islamic traditions is advocating a different style of university life, and how much religion should shape it.

Should women be forced to wear head scarves and should they be allowed to wear pants? Can students put up posters of their favorite candidates or would that offend others? Can a Shi'ite student be treated fairly at a school administrated by a Sunni president, and vice versa?

Politeness has become so pervasive that the Higher Education Ministry has posted signs on all campuses that tell students their rights. Among them: “The freedom of opinion expression is a guaranteed right to the entire academic society, under the rule that this does not interfere with a student’s education.”

At Baghdad University, students are debating whether women should be forced to wear uniforms: long gray skirts and white shirts. Last year, students largely tossed out the idea of a uniform. But when the school year began earlier this month, it appeared to make a comeback.

At al Mu'tasim University, the president is Sunni. Shiite students said they had to form an association to protect their interests. They call their group al Quafar, named after a verse in the Quran. Their counterparts are called Youth and Students.

“The university is here for teaching.” said Ahmed Niaha, 21, a third-year computer science student who’s Sunni. “They are very sectarian. The nationalistic feeling has disappeared.”

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On the other side of the city, at al Nahrain University, the president is Sunni. Shiite students said they had to form an association to protect their interests. They call their group al Quafar, named after a verse in the Quran. Their counterparts are called Youth and Students.

“Every university president is the reason the level of education has gone down.” Ahmed Faras, 25, a graduate chemistry student.

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“Every university president is the reason the level of education has gone down.” Ahmed Faras, 25, a graduate chemistry student.
EDITORIAL

Journalistic rights must be respected for all events

It was inarguably an honor to have one of a series of Florida senatorial debates held at FIU’s University Park campus last week, especially because of the prestige and political interest it brought to the university.

However, while The Beacon covered the story, it was surprised to find out that The Miami Herald would exclusively photograph it.

A newspaper that serves the public has the duty to cover politics; however, the notion of the press sponsoring a political event appears strange. The two entities should remain unlinked, mainly as it is a question of ethics. However, the ability of all media to be able to participate in such events and fully communicate information to the masses is also of importance.

Because of “security measures,” the reason why photographers could not document the event, the sponsors did not allow any media except for the Herald to enter the debates. It was most unfair that The Beacon was excluded from taking pictures of an event that occurred on campus. As a student newspaper, the range of events that we cover must be geared to what’s within campus walls and when those options become censored, even if just by photographic rights, journalism becomes tainted. The small steps that we take to become legitimate and respected are halted and that is a plight we shouldn’t have to face.

WHAT DO YOU THINK?

The drop date is approaching soon, will you be taking advantage of it?

• No. I’ve done well in all of my classes up to this point.
• Yes. I’ve taken one too many classes / I didn’t do well on a midterm.
• I can’t. Even if I’m not doing well, I need the credits to graduate or for financial aid requirements.
• Midterms! I thought those were finals!

Cast your vote at www.beaconnewspaper.com

SEND US YOUR LETTERS

Letters to the Editor must be dropped off in GC 210 at the University Park campus, WUC 124 at the Biscayne Bay Campus or sent to beacon@fiu.edu. Letters must include the writer’s full name, year in school, major/department and a valid phone number for verification purposes. If brought in to an office, a legitimate ID may be accepted instead of a phone number. The Beacon reserves the right to edit letters for clarity and/or spacing constraints. Letters must adhere to a maximum of 400 words.

LETTER TO THE EDITOR

Lack in food variety and over-pricing at FIU’s food court encourages student to eat off campus

I get a sinking feeling in my stomach every time I walk by the food court area of GC. The lack of variety in terms of food choices is simply unbearable. Not only are the menus redundant and overpriced but also the quality of the food is anything but palatable. I would much rather spend twenty minutes driving than spend an equal amount of time in the lines for Subway. This lack of patronage amounts to a decline in profits for the university.

If those in charge of the school’s finances see a sharp drop in returns from the rubbish peddlers they call restaurateurs, it’s because they are not keeping their consumers satisfied.

Color subs for complex concepts, ideals

By TANYA BARRIENTOS
Knight Ridder Newspapers

Red states. Blue states. The purple pill. Pink ribbons. Red ribbons. Yellow bracelets. Green Party. Orange terror alert. What can brown do for you? Need I say more? Suddenly our lives, and our allegiances, have become color-coded. It’s as if we’ve done away with words to state our states of mind. I wonder why. Are we too busy to take the time to explain our beliefs? Or are we just tired of listening?

I’d like to think the move toward color is good, that it’s a bold stride away from seeing the world in simple black and white but it isn’t.

Instead of inviting questions, conversation or even a bit of analysis, our Crayola-colored platforms have become just another form of shorthand.

First we embraced sound bites that reduced complex thoughts to simple phrases. Then we moved to text messages that turned conversations into new-age hieroglyphics (C U L8TR).

Now we don’t even bother to speak. Just flash a color and be done with it.

If you ask me, it’s a giant step backward. We’ve all painted ourselves with such broad brush strokes that there’s no room for shades of gray.


I can remember when being blue meant being sad, when Big Blue stood for IBM. Now, blue is a discount airline, or a troupe of men painted indigo performing on Broadway.

And oh, the things yellow has seen! In old cowboy movies it stood for cowardice. During the Jimmy Carter-era hostage crisis it represented hope and remembrance. Now, Lance Armstrong has usurped the primary color, with his LiveStrong rubber bangles.

In mommy circles, pink still stands for baby girls and Barbie. But once that kid goes out of elementary school, she’ll know that the cheerful shade of rose veers toward the darker side of womanhood, especially in October.

Don’t act surprised. If you’ve ever owned a T-shirt, mug or bumper sticker that says I (HEART) N.Y., you’ve contributed to our painter’s-palette world. The day you slapped an oval decal on your car you$toring your vacation spot (VT, OBX, N.Y.), you’ve contributed to our painter’s-palette world. The day you slapped an oval decal on your car you"toring your vacation spot (VT, OBX, N.Y.), you’ve contributed to our painter’s-pa

Rodolfo Rivas, Economics major

The simple solution would be to offer a greater variety of food, perhaps a pizza place? A Burger King?

I’m sure a franchise owner would jump at the chance to have a store open in such a busy campus. So until this problem is rectified, I will continue giving my money to the Taco Bell across the street.

Speak your mind!

If you would like to leave a comment about any story, go to www.beaconnewspaper.com

Alejandra Diaz Editor in Chief • John Lovell Managing Editor • Alicia Bustamante Opinion Editor
How can we save Miss America?

By LENORE SKENAZY
New York Daily News

So, ABC is dropping the Miss America Pageant but signing on for another nine episodes of “Desperate Housewives”? Where is the logic in that?

A girl spends 10 years learning how to play the ukulele and ABC couldn’t care less. But have her tear off her clothes, French-kiss a sweaty gardener and moan off camera and somehow that is supposed to be more interesting to American audiences?

Whatever happened to our long-standing love affair with the flaming baton?

Does no one give a darn anymore about roller ballet? Do ABC execs think it’s easy to juggle fruit while singing Neil Sedaka tunes?

Where is the logic in that?

Of course, and in my home, of course, and in everyone else’s home, too, for many years.

In 1961, for instance, 75 percent of all little girls were tuned to the pageant. (And 76 percent of all little girls sat watching in sashes made of toilet paper.)

Last year, however, only 9.8 million people watched _ one _ to 1980, the landfill was disguised by calling the site the Munisport Landfill. In 1977.

In the meantime, BBC, then called the North Campus, opened in 1977. If you take a look at FIU’s history, the landfill was dis-

“ If you take a look at FIU’s history, the landfill was disguised by calling the site a ‘former Internama site.’”

One handsome (and, unfor-

If you graduated today, how likely would it be to find a job?

Deborah Williams
Life-span Development, Graduate student

“I am about 85 percent confident that I will get a job, because by the time I graduate, I will have two doctorates in two fields.”

Jenna Gornet
Psychology, Senior

“It is not very likely that I will find a job dealing with my major.”

Matt Oglesby
Philosophy, Senior

“It is more likely that I find a job outside my major. I would prefer to continue education and one day be a professor of my major.”

NOT SMILING FOR LONG: Even an extreme makeover cannot help the low-rated Miss America Pageant. COURTESY PHOTO

An extreme makeover cannot help the low-rated Miss America Pageant. (And 76 percent of all little girls were tuned to the pageant. (And 76 percent of all little girls sat watching in sashes made of toilet paper.)

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Student questions odd smell at Biscayne Bay Campus

By ARIANNE BRITT
Contributing Writer

The FIU Biscayne Bay Campus is an extraordinary sight located along Biscayne Bay in the heart of North Miami.

It’s the perfect place for a marine biology program, a nice day of kayaking – and landfills. That’s right, landfills.

Luckily, the Munisport Landfill that once surrounded the campus is now inactive. Nonetheless, the landfill historically released more ammonia into the environment than is naturally useful.

The county removed some cubic yards of waste. The EPA made plans to treat the water and the landfill finally had neighbors, academia.

Nonetheless, the landfill historically released more ammonia into the environment than is naturally useful.

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The landfill site was altered by digging eight burrow pits over 16 acres of land and filling them with water to cover the old landfill waste.

And, even though the Agency for Toxic Substances and Disease Registry has reported that the soil, sediments, surface water and groundwater are contaminated, you will only see warning signs if you slow down and look extremely closely when driving down 151 St. on your way to class. So why does the campus smell when it rains? I say, it’s because it is next to what knows what kind of toxic waste and chemicals. Is this frightening? A little.

Has anyone been seriously injured? No. Does the rain make everything smell stank? Definitely.
Ink body art still popular

By JARROD MILLER-DEAN
Staff Writer

South Beach is known for its beaches, heavy tourism, and never ending link of clubs, gyms and bars. On the side of 14th and Collins, a small shop sticks out from the rest. A large- chested mermaid riding an eagle soars across the wall next to the entrance, while a ghoulish character creator Rat Fink, holds a sign reading, “18 or older only.”

As you walk into the basement-sized shop, miniature posters, drawings and designs crawl upon the walls. Farther in the room, a tattooing area of four sectioned stalls is equipped with reclining chairs and diamond plated swinging doors is reminiscent of a surgical nightmare.

A heavily tattooed artist with a sinister grin seems to say, “This will only hurt a little bit,” slowly drawing on the skin with the dreaded ink gun. The more serious client wants to have their pieces worked on in sessions. This is when a piece is so large or detailed that it takes more than one sitting to complete. The sacred style of Maori, indigenous to New Zealand and Easter Island, is one of many tattoo techniques. Originally bones were used to mark young warriors as a sign of manhood or life experience. An artist must know what each symbol means and where it must be placed on the body. It is not an easy process, being very rigorous and detailed.

This is one of many things that sets Lou’s apart from the average shop. Each artist has several years’ experience, specializing in various areas with their own style. One artist’s skull and crossbones can look extremely different from another’s. Many artists sell their flash work (drawings), resulting in similar tattoos for sale in different shops.

Tattoo artists are a tightly knit society. We look down on ‘scratchers’ (non-professionals that do work out of the home). It’s a bad representation of tattooing as an art form,” artist Matt said. It’s a bad representation of tattooing as an art form,” artist Matt said.

A heavily tattooed artist with a sinister grin seems to say, “This will only hurt a little bit.”

THE MONSTER WITHIN: Many customers prefer images of tribal bands, zodiac signs or Japanese calligraphy. Others often prefer an alternative design that blends different styles, such as a vivid oriental dragon (above).

Tips for Your Tattoo
• Stay away from names of significant others for obvious reasons.
• When you go to a shop, the store’s state-issued license should be visible, as well as sterilization utensils and machines.
• Don’t be afraid to ask to see other work by the artist. If he is legitimate, he should have a portfolio viewable upon request. Besides, most artists enjoy showing off their pieces.
• Be sure to get the proper aftercare instructions.
• Leave the bandage on overnight. The next day, gently wash with warm soap and water.
• Apply Vitamin A and D oil twice daily.
• Other ointments are available, but be sure to ask your artist before you apply them.
• Don’t scratch!
• Stay out of direct sunlight, and always put sunscreen on your tattoo when you go into the sun.

YEAR OF THE DRAGON: Some customers consider tattoos to be a more creative outlet and a way of expressing their individuality.

BIG FISH: A tattoo as detailed as this may have to be worked on in sessions.

JARROD MILLER-DEAN/THE BEACON

JARROD MILLER-DEAN/THE BEACON

JARROD MILLER-DEAN/THE BEACON
Members of Nonpoint reveal passion through lyrics

By CHRIS WHITFIELD
Contributing Writer

With awe inspiring lyrics meant to unearth the inner rage of every head bouncing fan, the Fort Lauderdale based band Nonpoint achieves a higher level of respect on their new album, Recoil. Released August 3rd, Recoil marks a new era along side the likes to hold their heads up throughout the hard rock community. The powerful melodies of Nonpoint have been felt over 300,000 copies. With one year dedicated to this album, it is no wonder that “Truth” relates directly to the war in Iraq. With one of the most thrilling live events on tour today, Nonpoint combines personal songwriting with lyrics of truth. With Nonpoint’s favorite with addicting vocal melodies. You will find yourself overcome by Andrew Goldman’s enchanting guitar work as you catch yourself selecting repeat on your CD player. “Past It All” reflects the hardships of relationships with touching lyrics like, “This wasn’t what you said it would be when I got there / and when I got there they didn’t even recognize me.” Recoil shows elements of love and sorrow behind all the rage, providing a balance of emotion throughout the entire album. With twelve beautifully crafted songs, it combines powerful lyrics with melodic guitar work creating an emotional roller coaster that confirms Nonpoint as a mainstay in the rock community.

For more information about Nonpoint tours, news and discography, visit www.nonpoint.com.

NONPOINT: Members of Fort Lauderdale’s hard rock band, Nonpoint, are thrilled to do what they love – writing and performing.

The band took 12 months to capture their thoughts on a new album after their first two sold out with Lava Records of the Warner Music Group. Nonpoint in concert, you will be deafly pleased. As you build a reputation as one of the most thrilling live events on tour, Nonpoint combines supreme guitar melodies with lyrics of truth. With a recent appearance at Ozzfest in the U.S. and Great Britain, they are here to stay, adding to the depth of genuine, aggressive rock. Nonpoint’s single “Truth” relates directly to the war in Iraq. With criticism pulsating in every phrase, this song challenges the U.S. government’s involvement in Iraq without crossing the thin line into anarchist blabber.

The band took 12 months to capture their thoughts on a new album after their first two sold out over 200,000 copies. With one year dedicated to this album, it is no wonder that Recoil can harness all that emotion, providing the release we’ve all been waiting for.

The lead vocalist Elias Soriano and drummer Robb Rivera explored their Spanish roots “Rabia” or “Rage.” This song is entirely in Spanish, yet it succeeds. Even the “no speaka espanol” fans admire and understand its angry tone. The track “In the Air Tonight” is a take on the classic Phil Collins song of the same title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title. With Nonpoint’s unique spirit, they manage to create their own song title.

NONPOINT: Members of Fort Lauderdale’s hard rock band, Nonpoint, are thrilled to do what they love – writing and performing.

COURTESY PHOTO

LIFE! www.beaconnewspaper.com

的思想对伊拉克战争的关切。

对于非点而言，这是一首能让人情感释放的歌曲。

非点的单曲“真理”直接涉及到了伊拉克战争。随着批评在每一句话中脉动，这首歌挑战了美国政府对伊拉克的干涉，没有越过将词句推向反叛的界限。

乐队在12个月内捕捉了他们的思想，创作了他们的新专辑。在他们的前两张专辑都大卖之后，他们与华纳音乐集团的拉瓦唱片公司合作。非点在演唱会中会让人耳目一新。随着你建立作为最令人兴奋的现场音乐活动之一的声誉，非点结合了卓越的吉他旋律与歌词的真理。

“过去的一切”反映了关系的困难与歌词的感性，如：“这并不是你所说的，当我到达那里/ 当我到达那里，他们甚至没认出我。”

非点展示了爱与悲伤的元素，背后是所有的愤怒，提供了情感的平衡。有了十二首美丽地雕琢的歌曲，它结合了有力的歌词与旋律吉他工作，创建了一个情感的过山车，证明了非点在摇滚乐界的地位。

有关更多关于非点巡演、新闻和音讯，请访问www.nonpoint.com。

非点：来自佛罗里达州的硬摇滚乐队非点，对他们所热爱的——写作和表演——感到非常激动。

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U.S. labels give Canadian singers wider fame

By DAVID HILTBRAND
Knight Ridder

Turns out Avril Lavigne isn’t just an inscrutable pop Smurf. The singer, in the midst of a North American tour, is also a modern-day pioneer for Canadians.

The extraordinary success of the 20-year-old skier girl from tiny Nap- anee, Ontario, opened the borders for a raft of precocious female talent from up north, including Fefe Dobson, 19, Skye Sweetnam, 16, and Keshia Chante, 16.

Actually, Chante hasn’t managed to cross over with the rest. Though the impressive young soul singer from Ottawa may well be the most talented of the bunch ... she ran the table at the Canadian Urban Music Awards two weeks ago, she is the only one who hasn’t landed on Billboard’s Heatseekers chart, the only one who

Billboard’s Heatseekers chart, the only one of the four

1. Who has broken the most American records
2. Which is the most talented
3. Who managed to cross over

As a consequence, Canadian musicians, from the time of their first talent showcases, are eager to attract the attention of U.S. labels.

I wanted to look in

“...The deals are much bigger and the power of American labels is far superior. They can break artists on a worldwide level.”

Ken Krongard
Music Executive

Ken Krongard, the music executive who dis-

covered Lavigne for the Arista label, recalls the

mindset of her first manager.

“Cliff (Fabri) was all about the American labels,” Krongard notes.

“...The deals are much bigger and the (promo-

tional) power of the American labels is far superior. They can break artists on a worldwide level. There aren’t many Canadian artists signed to Canadian

labels who have broken worldwide.”

Without Arista’s influence, Lavigne’s bratty-punk 2002 debut, “Let Go,” would not have sold 14 million copies. The young singers in her wake may not reach such sales heights, but it’s thanks to her, it’s cool to be Canadian.

Back in 2000, Krongard was one of few Americans actively scouting for talent in Canada.

“I wanted to look in

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U.S. AIR FORCE
Leftover candy can be baked into anything from breakfast to dessert by Patti Alderson

Recipe Collector

It’s something fun, and it’s something to do with all those candy bars you get from fund-raisers. I don’t like to be wasteful.

Pumpkin Cake, Milky Way Pain au Chocolat (which could definitely work for breakfast) and Dots Tartlets.

But perhaps the most offbeat recipes appear in the “Sticky Fingers” section featuring recipes especially for children.

They include Circus Peanuts Cereal (we’re not making this up!), Pigs in Blankets (Tootsie Rolls wrapped in Fruit Roll-Ups), Pop Rocks Crip Rice Bars and Shortbread Pizza with Candy Toppings (“One cookie pizza to go Hold the Swedish Fish”).

The National Confectioners Association, www.candyusa.org, offers these tips when cooking with candy:

Since candy is naturally sweet, be sure to cut back on the amount of sugar in the ingredient list. Most baked goods with candy in them require a lower baking temperature and a lower baking temperature. When using chocolate candy, be sure to mix pieces into the butter or dough to protect it from the direct heat of baking.

For frozen desserts, choose candies that don’t freeze too hard, such as toffees and mints. Unbaked candy products, such as candy canes, Necco wafers or Butterfinger shards, can be used to make dessert sauces and glazes.

RECIPE

The following recipe is from “The Candy Bar Cookbook: Baking With America’s Favorite Candy” (Longstreet Press, 2000) by Alison Inches and pastry chef Ric McKown.

**MILKY WAY PAIN AU CHOCOLAT**

The Milky Way Bar was invented in 1923. It was the first candy bar with a fluffy nougat center.

Makes 4 servings

2 (2.5-ounce) Milky Way bars
1 container refrigerated rolls

For the glaze:
1 cup chocolate chips
1 tablespoon milk
1 tablespoon butter

For the pain au chocolat:
Preheat the oven to 375 degrees and spray a cookie sheet with nonstick spray.
Chop the candy bars into 1-inch slices.
Break open the crescent roll container. The dough will be in 2 halves. Unroll dough and divide on the middle partition, taking care not to tear the diagonal perforations.

There will be 4 rectangulars of dough.

Place all 4 rectangles of dough on the cookie sheet with the narrower edges toward you.
Sprinkle 1 cup of chopped candy bars on top of each rectangle, leaving a 1-inch border on both sides and a 1-inch border on the end furthest from you.
Roll up the dough like a sleeping bag, beginning with the edge closest to you. If the diagonal perforations tear when rolling, gently pinch them together.
Repeat with the remaining 3 rectangles.
Space the pains au chocolat 2 to 3 inches apart.
Bake 20 to 22 minutes, or until golden.
Per serving: 520 calories (51 percent from fat), 30 grams total fat (12 grams saturated), 14 milligrams cholesterol, 58 grams carbohydrates, 7 grams protein, 570 milligrams sodium, 2 grams dietary fiber.

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WASTED EFFORT: (Top) FIU exits locker room to face NMSU. (Bottom) Despite a season high of 232 rushing yards by senior running back Rashod Smith, FIU was unable to defeat the New Mexico State Aggies. Smith also scored a school record four touchdowns. After missing last season due to a foot injury, Smith has returned strong rushing for 749 yards this season for an average of just over 118 a game. Geoff Anderson/Special To The Beacon

Strock: “They all struggled. Everyone struggled.”

FOOTBALL, from page 16

to punt in the game.

“It’s not a mystery, that team was just a better team than we were,” said defensive coordinator Bernard Clark.

“What it boils down to, New Mexico [State] has a better football team.”

During the first half, FIU was in the red zone at the one-yard line and failed to score on fourth down. Going for it backfired on the FIU coaching staff.

“The disturbing thing was that we went on it in fourth down at the one yard line thinking they couldn’t possibly go 99 yards, and they did,” Strock said. “We didn’t make any plays defensively.”

The Golden Panthers opened the game strong scoring on the first drive, striking first for the third consecutive week.

Quarterback Josh Patrick completed a 40-yard pass to Chandler Williams, setting up a two-yard touchdown by Smith.

After a New Mexico State field goal and touchdown, FIU answered right back with a 73-yard touchdown run by Smith. A big block by full back Adam Gorman set up the run as FIU led 14-10.

The Aggies answered back with another touchdown on a seven-yard pass from Pierce to Jared Quick.

FIU then missed on a fourth and one at the one-yard line. NMSU followed by completing its longest drive of the season, 99 yards on 13 plays. The FIU secondary struggled as a pass from Pierce sailed over the head of corner back Matt Castillo in the end zone to give NMSU a 24-14 lead.

The secondary was without senior and leader Greg Moss, who has been bothered by a sore hamstring. Freshman Lionel Singleton and senior Kevin Tomothee were ineffective replacing Moss. Both struggled but according to Strock, it was part of the team’s domino affect.

“They all struggled. Everyone struggled,” said a fuming Strock after the game.

Smith’s 76-yard run erased the deficit to 24-21 but the Aggies had some tricks in the playbook.

On the ensuing drive, NMSU lined up with three linemen instead of five.

The outside guards were set as wide receivers, including four on the left side. Pierce was quarterback under center and lateraled the ball to back quarterback Joey Vincent who was lined up at wide receiver. Vincent then completed a 47-yard pass to Tolbert as the FIU defense looked stunned.

Smith scored a 2-yard run to end the half 31-28 NMSU. The FIU offense disappeared in the second half putting up only three points on a 28-yard kick by Adam Moss. It was the ninth straight field goal by Moss.

The loss is the third straight for FIU who started the season 2-1. The Golden Panthers have yet to defeat a Division I-A opponent in the three-year history of the program.
played our game and got the goals," Plentz said.

FIU capitalized on its first break when Carron Williams broke free by putting a move on the defender and nailing the ball into the net from the top of the box in the 79th minute of the match, knotting the score at one.

It was all Golden Panthers from there on out, as the momentum of the game clearly shifted to FIU.

“We showed a lot of resiliency and we just kept pushing away,” Kremser said.

The winning goal came in the midst of several, loud chants from the fans. It energized the Golden Panthers to victory.

Allen Handy made a great pass to Plentz, who took care of the rest and drilled the ball past the St. John’s goalkeeper in the 84th minute of the match.

“I don’t think I’ve seen a prettier goal than the one Fernando scored,” Kremser said.

The FIU goalkeeper Shawn Crowe played one of his better games this season; he contributed immensely. He finished with four total saves, which included two spectacular saves that erased sure goals off the scoreboard.

“I thought Shawn Crowe had come back,” exclaimed coach Kremser. Daley Reed of St. John’s finished with three total saves.

The victory propels FIU to (7-5-0) overall and drops the Red Storm to (8-6-1) goal-. Of St. John’s earned the offensive MVP for his three-goal effort in the 2-0 win.

FIU did not have many opportunities, as the Golden Panthers completely shut down their offense, allowing only one total shot on goal throughout the match.

OCT. 30: FIU 2, FDU 0

After picking up an emotionally charged victory against No. 9 St. John’s, the Golden Panthers returned to the FIU Soccer Stadium on Oct. 30 and shut out Fairleigh Dickinson 2-0.

With the win the Golden Panthers improved to (8-5-0), winning five of their last six games, including two straight this weekend to win the FIU Invitational.

“I feel like we’re finally coming together,” said FIU head coach Karl Kremser.

The Golden Panthers jumped out to an early 1-0 lead, when junior Jared Rose connected on a penalty kick in the 20th minute, as he recorded his fourth goal of the season.

The goal was all FIU needed for this one, as Rose provided his first game-winner of the season.

The Golden Panthers then added an insurance score when Oscar Gil made a great move on the defenders and scored his third goal of the season in the 87th minute, giving FIU the 2-0 win.

FIU goalkeeper Shawn Crowe played another superb game, as he finished with one save and picked up his second shut-out of the season.

FDU (8-6-1) goalkeeper Antonio Treglia recorded five saves in a losing performance.

FIU’s Allen Handy was named the tournament defensive MVP for his outstanding performance during the two games, while Andrei Gotsamanov of St. John’s earned the offensive MVP for his three-goal effort in the 5-0 Saturday win against USF.

The Golden Panthers return to action on Nov. 5 when the team takes on the conference opponent Adelphi.

IN BETWEEN TWO: Brazilian star Fernando Plentz (above) scored the winning goal against No. 9 St. John. It was the sixth goal of the season for the forward, who is in his final year at FIU.

Men’s soccer picks up eighth win

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College students - especially freshmen - battle weight gain

By KAREN UHLENHUTH
Knight Ridder Newspapers

KANSAS CITY, Mo. – There’s one part of the freshman curriculum that McKenzie Tyrrell is determined to skip. That would be the Freshman 15, the zipper-straining weight gain that, according to conventional wisdom, accompanies a student’s first year away from home when she or he is surrounded by the temptations and stresses of college life.

Tyrrell started hearing and worrying about becoming a chubby college student even before she started college. The older girls would return from college with, if not fat, then certainly with thick pants.

“They were talking about how it’s something that’s going to happen,” said Tyrrell, a freshman at the University of Kansas. “They were saying it’s hard to prevent because of the all-you-can-eat dormitory food and the partying.”

Tyrrell, for one, is taking preventive action. She works out almost every day … OK, since she’s gotten “off track” it’s really been more like three days a week.

But at her all-you-can-eat dormitory cafeteria, she tries to keep her portions reasonable. And as for pizza and beer, she hardly ever … well, she does occasionally join her dorm mates in a gooey cheese-covered late-night snack. But she hardly ever washes it down with a cold brew.

Given the poten
t com
dis
considered a weight gain problem, Carey found. Even if she’d already eaten a meal, for example, Carey might consent to accompany her roommate to the cafeteria. And while she was there, she seemed she might as well pick up a bowl of ice cream just so her friend wouldn’t eat alone.

“That’s the only time a lot of us have to talk,” Carey said. “Otherwise I’m busy with meetings and homework.”

When she eats alone, she said, “I grab a sandwich and leave. I don’t stick around for ice cream.”

It’s hard to say just how many students pack on the pounds. The third or fourth-year student who has gained 20 pounds since the start of freshman year “is a pretty common scenario,” said Ann Chapman, a dietitian at KU’s Watkins Memorial Health Center. She counsels students about eating issues.

“One of the things that impresses me is how students let weight creep up on them … 20 or even 40 pounds over two or four or five years. Some are shell-shocked over that. They’ve gained that much.”

Joe Donnelly, who directs KU’s Center of Analysis and Weight Management, has studied eating and exercise habits among the school’s students.

Although conventional wisdom targets freshmen as the weight gainers, Donnelly said a study he has conducted at KU suggests that’s the upperclassmen, not the freshmen, who are putting on the pounds.

“As far as we can tell, it isn’t. It’s probably juniors and seniors.”

He said some students are still growing — taller, that is — and for them, weight gain doesn’t necessarily present a health issue. But for those who are growing only thicker, Donnelly said, “5 or 8 pounds in a year or two is quite a bit of weight.” And it’s often just the beginning.

College can be a fattening experience for some obvious reasons, Donnelly said.

“KU has food everywhere. Lunchrooms are all you can eat. There are pockets of food all over campus. There’s vendor stands in both unions. The new school of education, they immediately put in a cafe. These things are all over the place.”

“My legs are definitely in shape. I walk literally everywhere,” said Anjance Reeves, who was dining with two other non-bus
rider at Mrs. E’s cafeteria, on Diney Hall. Reeves, a freshman from Kansas City, Kan., guessed she walks 40 minutes a day.

To get a better understanding of college weight gain, KU’s Donnelly and Debra Sullivan, an associate professor in the department of dietetics and nutrition at the University of Kansas Medical School, have been watching what the students in Lawrence are eating. At KU, as among most adults, the average weight gain seems to be a greater concern among women than men.

One of their findings: Even students who buy a standard meal plan that provides on average 10 or 12 meals a week typically eat 55 percent to 60 percent of their meals outside the cafeteria, Sullivan said.

Compared to students from an earlier era, Sullivan said, “They have more indifference money and to eat outside the dorms. I paid for a meal plan, and I ate my meals there.”

The timing of that discretionary food is part of the problem, Sullivan said.

“A significant chunk of the day’s energy comes after 8 at night,” she said. “And that generally means one thing: pizza. Or maybe two: pizza plus beer.”

“Your studying at night, and you’re stressed or bored,” Sullivan said. “And there is that socialization factor. You’re not hungry, but somebody says, ‘Let’s buy a pizza.’”

Although the cafeteria invites students to make healthy choices, “they’re not eating healthy,” Chapman said. “And they’re eating from the comfort food, from the late-night fast food, and more fast food.”

“Undereating leads to overeating,” Chapman said. “A lot of students get into a pattern of that. They’re not eating breakfast because they want to sleep in. They grab something quick for lunch, and then they eat a huge dinner and feel terrible, both physically and emotionally.”

There’s a lot of guilt associated with overeating, especially with females.

The program now recommends snacks foods in vending machines and at convenience stores on campus.

That translates into baked instead of fried chips, granola bars instead of candy bars, and bags of nuts and seeds.

There are no data yet on the response to the healthier food program, but Chapman said that may happen soon.

While they may make the campus less fat, the best efforts of the university’s food service won’t counter all of the forces driving college students to overeat.
Division I-A schedule not easy for Golden Panthers

My original article was based on five main points:

1) “The Golden Panthers’ all-time record: seven wins, 16 losses, was mostly against Division I-AA schools.”

There are nine wins and 20 losses now. A 2-4 record is not a good sign, especially since at least two of those losses should have been wins.

2) “FIU has never won a road game.”

Not anymore. Both wins have been away from FIU, including a surprising win against No. 5 Stephen F. Austin. It isn’t what Florida Atlantic is doing (11 straight road wins and counting), but it’s a big step in the right direction.

3) “FIU has never beaten a scholarship opponent.”

Like No. 2, this is true no more. The win versus Youngstown got FIU off the schnide, but the Lumberjack game that showed fans for the first time what FIU is capable of doing. It’s a very positive sign.

4) “FIU has averaged roughly 7,000 fans a game, 8,000 short of what they need to stay I-A.”

Hurricanes cancelled the first two home games. The Lafayette game saw FIU barely crack 10,000. The McNeese game couldn’t get to 9,000, even with rappers Method Man and Redman performing a free concert.

Homecoming should see an increase, and the showcase contest against Florida A&M could draw over 20,000 fans if FAMU fans attend.

Petitioning the NCAA to waive the attendance requirement for this year is a viable option, if its Board of Directors doesn’t decide to waive it first. But, it’s not a good sign that FIU is nearly 6,000 people short of what they need.

They’ll need mother nature to stay out of the way. Some wins would help too.

5) “FIU Community Stadium needs a make-over.”

Plans are in place to create a new stadium within the next couple of years, if sponsors are found.

Overall, the season has been disappointing so far. While both of the wins were big, we’re still seeing an underscoring team. I won’t punish them for the Cajuns game; they played tough against one of the better teams in the Sun Belt. The disappointments were the other losses. A 17-0 lead against Louisiana-Monroe degenerated when the Indians started chucking the ball and FIU couldn’t stop them.

A 24-0 lead vs. McNeese melted away when the defense folded like a tent and the offense couldn’t run or pass the ball with consistency.

The penalties in the game hurt FIU. That should be unacceptable.

The run game was fantastic against New Mexico State and it kept both teams even for a at least the first half.

But the passing game had another sub par performance, and the defense couldn’t catch a fly, much less an Aggie.

With that said, there’s no reason to give up hope. FIU still has a chance to prove that they are capable of handling a full Division I-A schedule next season, but it won’t be easy.

I only see one game left where FIU is the favorite (FAMU). Georgia Southern (ranked No. 2 in 1-AA) will be much tougher than the team FIU lost to last season, and Western Kentucky (ranked No. 7 in I-AA) is no cakewalk.

Don’t forget Florida Atlantic; they’ve looked amazing all season, cruising to a 6-1 record.

If FIU can get it together and play like they’re capable of playing, a 500 record by season’s end is possible.

If they do it, I like their chances when they go to a mostly I-A schedule next season, even though they still haven’t beaten an I-A team.

That’s asking a lot, but they have the talent to make it happen.

So go on, boys. Prove you can do it. Just remember this. Time is running out.

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**SPORTS**

**THE BEACON**

**“Embarrassing”**

By HARRY COLEMAN  
Sport Editor

It could be called a second half curse or just a second half slump but whatever the situation is, it’s definitely costing FIU football games. 

FIU (2-4) lost 56-31 on Oct. 30 to Division I-A opponent New Mexico State (2-5) at a chilly Aggie Memorial Stadium in front of 14,472.

Both teams got off to explosive offensive performances as the Aggies edged FIU by only a field goal at halftime by a score of 21-28.

Things didn’t go FIU’s way in the second half however, as NMSU outscored the Golden Panthers 25-3.

FIU head coach Don Strock wasn’t pleased after the game with the performance of his team, particularly the defense.

“Defensively, it was embarrassing,” said Strock. “We didn’t do anything. You can’t catch up if you don’t have the ball.”

With the loss, FIU wasted the efforts of senior running back Rashod Smith who finished the game with 232 yards rushing on 24 carries.

Smith scored a school record four touchdowns on runs of 76, 73, 2 and 2 yards, all in the first half.

“That was probably the best first half I’ve had in my football career,” said Smith who had 204 rushing yards in the first half.

“Everybody was pumped up and ready to come out and finish the game strong, because we haven’t finished a game yet this season.”

Smith however, ran out of power in the second half, as both he and FIU had no answer for the Aggies.

“I started to hit the holes slow in the second half, and mainly I just started cramping up,” he said.

The defense once again struggled as it allowed 646 yards of total offense, 429 coming on the air. Aggies quarterback Buck Pierce finished the game nearly perfect, hitting 27 of 35 passes for three touchdowns.

Pierce’s main target was wide out Tim Tolbert who totaled up 126 yards and two touchdowns.

The 56 points given up by FIU was the most in school history. The previous high was 55 against Western Kentucky in 2002. The Golden Panther defense didn’t force the Aggies to jump ahead at the 34:57 mark, when Steven Old recorded his fourth goal of the season on a difficult header, assisted on a perfect free kick from Andrei Gotsmanov.

The Golden Panthers trailed 1-0 going into halftime, as they had several offensive opportunities, but were not able to convert them into scores.

Players knew that they would get their act together and pull out a victory in the second half.

“We knew we could win this game all along, it was just a matter of time for us,” said senior Fernando Plentz after the game.

Despite losses, there is still hope for football

I figured it would get some people mad – notably, those involved with the program – and that did happen.

What I didn’t expect was the reaction it got from others – good and bad. It was the most-read sports article in The Beacon website for that issue.

So when The Beacon asked me to write another piece, I figured it’d be a good idea to look back at that old article and see how much progress has been made; especially since we’ve seen this team in action for the first six weeks.

**Soccer wins back to back games**

By NIKOLAY OREKHOV  
Staff Writer

In a rematch of the 1996 NCAA Title Game, the Golden Panthers brought their A-Game and got their long-awaited revenge against No. 9 St. John’s team, winning 2-1 on Oct. 29.

FIU started the game very slowly and sloppily by falling behind 1-0 in the first half, but eventually the team got their act together and came from behind to score two goals to record one of their biggest wins of the year.

“We played a very, very good team that is very difficult to beat,” said head coach Karl Kremer.

The match was filled with intensity and emotions, as expectations for the team have been high since the beginning of the season.

Kremer’s goals are to reach the NCAA tournament, like last year.

During a tough defensive battle the two teams remained scoreless for the first 30 plus minutes of the match.

Then, St. John’s was able to jump ahead at the 34:57 mark, when Steven Old recorded his fourth goal of the season on a difficult header, assisted on a perfect free kick from Andrei Gotsmanov.

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Despite losses, there is still hope for football