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# FLORIDA INTERNATIONAL UNIVERSITY Miami, Florida

## ASSOCIATIONS OF HIV RISK BEHAVIORS AMONG OLDER LATINAS AND THEIR ADULT DAUGHTERS

A dissertation submitted in partial fulfillment of the requirements for the degree of DOCTOR OF PHILOSOPHY

in

**SOCIAL WELFARE** 

by

Gira J. Ravelo

2017

To: Dean Thomás R. Guilarte Robert Stempel College of Public Health and Social Work

This dissertation, written by Gira J. Ravelo, and entitled Associations of HIV Risk Behaviors among Older Latinas and Their Adult Daughters, having been approved in respect to style and intellectual content, is referred to you for judgement.

We have read this dissertation and recor	mmend that it be approved.
	Mark Macgowan
	Hui Huang
	Elena Bastida
	Patria Rojas
	Mario De La Rosa, Major Professor
Date of Defense: November 17, 2017	
The dissertation of Gira J. Ravelo is app	roved.
Robert Stempel	Dean Thomás R. Guilarte College of Public Health and Social Work
	Andrés G. Gil
	or Research and Economic Development described by Dean of the University Graduate School

Florida International University, 2017

#### **DEDICATION**

I dedicate this dissertation to my family. My sisters Melissa, and Mercedes (Mechy), I love you both always whether near or far, let's keep the torch burning sisters! To my stepdad Luis, for being a pillar of strength whenever called upon; and a special dedication to Ana Maria, for hanging on through the good and bad, especially during this very challenging time.

Finally, to the one who has sacrificed the most to give me love, support, strength, and life; for all you gave and gave-up to see me succeed, I dedicate this mother-daughter dissertation to my very own loving mother, Angela C. Taveras-Ravelo. Thank you mommy, for everything you have done to always keep us safe and make us strong.

Your loving daughter.

Gira.

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To conclude, I'd like to acknowledge the National Institute of Minority

Health and Health Disparities for their financial contributions to my academic and professional growth.

# ABSTRACT OF THE DISSERTATION ASSOCIATIONS OF HIV RISK BEHAVIORS AMONG OLDER LATINAS AND THEIR ADULT DAUGHTERS

by

#### Gira J. Ravelo

#### Florida International University, 2017

Miami, Florida

Professor Mario De La Rosa, Major Professor

This dissertation examines the associations between adult Latina daughters' HIV risk behaviors and that of their older Latina mothers' HIV risk behaviors. The central hypothesis of the study is that adult Latina daughters' influence their older mothers' behaviors and that such behaviors interact with the level of their attachment.

Older Latinas are a vulnerable population that face cultural risk factors, health care provider bias, and engage in low rates of HIV testing. The primary mode of HIV infection for Latinas is through heterosexual contact. Yet, traditional gender norms such as marianismo belief place pressure on Latina women to be submissive to their partners, disregard their infidelities, and not attempt to negotiate condom use, increasing the risk of HIV infection among Latinas via heterosexual sex with their primary partners.

Efforts by the CDC to increase HIV testing have emerged as a critical part of HIV prevention. However, research has indicated that older Latinas are less likely to speak to a health care provider about safe sex practices or HIV testing

than their younger counterparts. Despite health care providers having strong influences over Latinas' decisions to perform health related tests, physicians are not endorsing HIV testing for their older patients. This in part, leads to a disproportionate number of late stage diagnoses among older adults. Evidence suggest that adult daughters are a source of support and assistance in health-related issues for their aging mothers and are uniquely positioned to influence their mothers' health-related behaviors and decisions. Additionally, mother-daughter attachment has been found to be a protective factor to other risky health behaviors.

The present study (1) Examined the association between recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers and (2) examined the moderating effect mother-daughter attachment have on those associations. No statistical significance was found in examining the association between adult Latina daughters and their older mothers, nor was attachment found to be a moderator on those associations. Findings show culture may be the significant factor influencing the lack of association between adult Latina daughters and their older mothers. Results add to the literature and scientific field of social work and public health. Additionally promoting studies on cultural barriers that may exist in adult Latina daughter and older mother upward communication as techniques to promote healthy behaviors among older Latinas.

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#### **CHAPTER I. INTRODUCTION**

#### Latinx Population in the US

The 58 million Latinxs in the United States (US) represent 18% of the nation's population; they are the largest ethnic minority group in the US and second largest racial or ethnic group behind to non-Latinx Whites (Flores, 2017). Since 1970, the Latinx population in the US has increased 592%; between 2000 and 2010, the US population grew by 27.3 million, Latinxs accounted for more than half of that growth (15.2 million) (Pew Research Center, 2014). In 2015, the US Census Bureau reports that this population is projected to increase to 119 million by 2060 (US Census Bureau, 2015). Based on this projected increase, the US Latinx population will comprise 29% of the total US population by 2060 (US Census Bureau, 2015). Similarly, the older Latino population is also growing. In 2015, the Hispanic median age was up to age 28 compared to 25 in the year 2000. Although the median age for non-Latinx White was 43, foreign-born Latinxs had a median age of 42, which was up from 33 in 2000 (Pew, 2017).

In this study, the term Latinxs refers to both Latino men and Latina women, traditionally used as Latinos and is also being used interchangeably with the term Hispanics. The term refers to individuals, and their descendants, who were (a) born in the Spanish speaking countries of the Americas, including North (Mexico), Central, and South America—and the Caribbean—or (b) self-identify as Latinxs, regardless of race.

In 2014, the American Association of Retired Persons (AARP) reported that Latinxs age 50 and over represent 9% of the US population (2014). Yet, the

percentage of older Latinxs is projected to rise every year; reaching 9% by 2017 (American Association of Retired Persons [AARP], 2014). The growth in ethnic/racial minority populations is changing the country's composition; the US Census reported that by 2060 the 50 plus Latinx population will reach over 42 million, making up 24% of the US population (The Nielsen Company, 2015). The US Census Bureau reports that by 2020, "more than half of the nation's children are expected to be part of a minority race or ethnic group" (para. 3); by 2044, the country is expected to become a "majority-minority" (para. 4), where no single group will hold majority share of the total. Additionally, by 2060 the ethnic/racial minority population is expected to rise to 56% of the total population (US Census Bureau, 2015)

#### **HIV/AIDS among Latinxs**

In 2011 Latinxs represented 16% of the US population and accounted for 21% of all new AIDS diagnoses (Keiser Family Foundation [KFF], 2014); in 2013, Latinxs comprised 21% of all people living with HIV (CDC, 2017a). By 2015, Latinxs accounted for 18% of the total population and for 24% of all newly diagnosed HIV infections (CDC, 2017b). About 70% of all diagnosed HIV infection among Latinxs occur in gay and bisexual men; these men are account for 85% of infections among Latinos. Among Latinas, 90% of HIV infection occur from heterosexual contact (CDC, 2017b). Generally, the growing Latinx population is being infected at nearly three times the rate of non-Latinx Whites (CDC, 2017a). Specifically, in 2010, rates of new HIV infection among Latinos and Latinas were 2.9 and 4.2 times, respectively, then that of their non-Latinx

White counterparts (CDC, 2015a). Among older Latinxs, the rate is 5 times higher (Linley, Prejean, An, Chen, & Hall, 2012). Additionally, Latinxs and older adults are both more likely to receive a late HIV diagnosis, compared to non-Latinx White (Ellman, Sexton, Warshafsky, Sobieszczyk, & Morrison, 2014; Sheehan, Trepka, Fennie, & Maddox, 2015; Sheehan et al., 2017), presenting a critical health disparity for both older adults and Latinxs, particularly Latinas.

Much of what makes HIV/AIDS more prevalent among Latinxs is related to Latinx culture. Evidence has shown that several cultural factors contribute to the spread of HIV among Latinxs and create barriers for prevention (Beaulaurier, Craig, De La Rosa, 2009; Rojas et al., 2016). These factors include *machismo* (Pinel, 1994), marianismo (Marin, Tschnn, Gomez, & Kegeles, 1993; Moreno, 2007). Additionally, social economic status, nativity, acculturation, and poor communication with health care providers (Cianelli, Ferrer, McElmurry, 2008; Dang, Giordano, & Kim, 2012; Gonzalez-Guarda, Peragallo, Urrutia, & Vasquez, 2008; Peragallo, 1996; Shedlin, Decena, & Oliver-Velez, 2005). Additionally, among undocumented Latinx immigrants, fear of deportation deters them from accessing health care and preventative services, which are already scarce in many Latinx communities. Even in cases when proof of legal status is not a requirement for service delivery, misinformation about rights to health care and lack of trust in the system prevent this population from accessing much needed health care services (Derose, Escarce, & Lurie, 2007).

#### **HIV/AIDS among Older Adults**

The US population is getting older. In fact, the US Centers for Disease Control and Prevention (CDC) reported that the number of Americans aged 100 and over rose from 50,281 in 2000 to 72,197 in 2014, an increase of 43.6% (CDC, 2016). In addition to the growing numbers of older adults, they are also very sexually active (Lindau, Schumm, Laumann, Levinson, O'Muircheartaigh, & Waite, 2007). According to the CDC, people ages 50 years account for approximately 45% of people living with a diagnosed HIV in the United States (CDC, 2017c). Additionally, in 2015, this same group accounted for 17% of all HIV diagnosis in the US (CDC, 2017c). The largest numbers of diagnosis (45%) were among those 50-54 years of age (CDC, 2017c). Moreover, individuals age 50 and over accounted for 27% of the estimated 26,688 AIDS diagnoses in the US (CDC, 2015b; Effros et al., 2008). Increase in risky behaviors among older people, lack of knowledge, and lack of social media campaigns directed at this population have contributed to the rise of new HIV infections among older people (McCaig, Hardy, & Winn, 1991; Effros et al., 2008; Jacobs & Thomlison, 2009).

When HIV first emerged, the issue of HIV among older adults was not prioritized because older adults were not considered to be at high risk for sexually transmitted infections (STIs); however, more recent studies have proven otherwise (Cahill, & Valadéz, 2013; Linsk, 2000; Negin et al., 2012; Poynten, Grulich, & Templeton, 2013; Pratt, Gascoyne, Cunningham, & Tunbridge, 2010; Simone, & Appelbaum, 2008; Smith, Delpech, Brown, & Rice, 2010). The literature has placed more focus on HIV and other sexually transmitted diseases

among older adults. Such studies underscore that older adults are indeed sexually active. Yet studies have shown that older adults remain sexually active well into their 80s; they maintain sexual desires and engage in risky sexual behaviors, such as having multiple sex partners and engaging in sexual intercourse without condoms (Johnson, 2013; Falvo & Norman, 2004; Jena, Goldman, Kamdar, Lakdawalla, & Lu, 2010; Schick et al., 2010). In a New York study of unprotected sex among older adults age 50 to78 (70% male; 29% female) with HIV, 50% reported sexual activity in the past 90 days. Almost half (49%) of them reported having sex at least 2-3 times a week, and over 33% admitted to engaging in unprotected anal or vaginal sex in the past 90 days (18% with serodiscordant partners) (Golub et al., 2010).

New medical developments have also contributed to the increasing numbers of older adults with HIV/AIDS. The current generation of older adults, has come into their older years with erectile dysfunction medications (ED meds) on the market. Use of ED meds have shown to be correlated to increases in sexually transmitted disease among users (Jena et al., 2010) including HIV. In an Ohio University survey, one-third of sexually active older adults infected with HIV reported having unprotected sex, the majority were men, reported being in an ongoing relationship, and taking ED meds (Ohio University, 2007). Additionally, the number of people aging with HIV/AIDS has increased significantly, partially due to advances in medical research and new medical developments such as highly active antiretroviral therapy (HAART) (Effros et al., 2008). Consequently,

medical breakthroughs have creating a new public health issue of older adults with STDs/HIV who may also be experiencing other morbidities.

Adults over age 50 report having less knowledge of HIV/AIDS than that of their younger counterparts; most believe they are at less risk, and report less concern about unintentional pregnancy. Because the baby boomer generation first became sexually active during an era when condoms were mostly used as a contraceptive, they are less likely to use condoms to avoid sexually transmitted diseases and, thus, are less likely to be tested for HIV (Emlet & Farkas, 2001; Lindau et al., 2006).

However, lack of knowledge on HIV/AIDS among older people is not exclusive to older adults themselves, it is also true of a society and health care system that holds misconception that older people are not sexually active and are therefore at low or no risk for HIV infection (Linsk, 2000; Adekeye, Heiman, Onyeabor, & Hyacinth, 2012). Not only do physicians and health care providers have little training about HIV/AIDS among older patients, but they also experience discomfort in initiating discussions with their patients about HIV/AIDS (Harding & Manry, 2017; Hughes, 2011; Skiest & Keiser, 1997). In fact, older adults often experience sexual problems, which they find difficult to share with their physicians (Lindau, Leitsch, Lundberg, & Jerome, 2006) and physician are rarely engaging older adults about sexual behaviors (Harding & Manry, 2017; Skiest & Keiser, 1997). Lack of communication, knowledge, and ease among these health care providers, and their older patients create barriers for early

detection and education. These are missed opportunities for prevention, early diagnosis, early treatment, and to reduce stigmas and taboos of testing.

Symptoms of HIV can resemble those of aging to include fatigue, weight loss, mental confusion, and dementia (Harris, 2015). Often this overlap in symptoms results in older patients receiving a late HIV diagnoses. Late detection of HIV/AIDS results in increased mortality, increase spread of the virus, weaker response to HAART medication, and higher health care costs (Mugavero, Castellano, Edelman, & Hicks, 2007) and increased co-morbidities such as hepatitis, mental health disorders and cardiovascular disease (Lorenc, Ananthavarathan, Lorigan, Jowata, Brook, & Banarsee, 2014). Early testing and detection is particularly important among older people, because age influences the progression of HIV/AIDS. Once diagnosed with AIDS, life expectancy of people over age 50 is an average of 7 years, compared to 12 years among those age 13-49, with older women being more likely to die within 30 days of an AIDS diagnosis (Inungu, Mokotoff, & Kent, 2001; Lekas, Schrimshaw, & Siegel, 2005; Nguyen & Holodniy, 2008). Moreover, biological factors among older women increase their vulnerability to HIV infection—in comparison to their younger counterparts. Decrease in vaginal lubrication and thinning of the vaginal wall, both seen in older women, increases the likelihood of tearing along the vaginal wall, which could serve as an entry portal for HIV and STIs (Savasta, 2004; Gaeta, LaPolla, & Melendez, 1996). A weakening of an aging immune system increases the prevalence of infection as well as a more rapid progression of HIV than in younger individuals (Coleman, 2003; Gaeta, LaPolla, & Melendez, 1996).

Yet, in 2017, Guo and Sims reported that older women are significantly less likely to receive HIV testing compared to men and younger counterparts.

#### **HIV/AIDS among Older Latinas**

Most older and middle age Latinas are not intravenous drug users, do not have multiple sex partners, and do not have regular blood transfusions; therefore, they do not perceive themselves as being at high risk for HIV infection (Lopez-Quintero, Rojas, Dillon, Varga, & De La Rosa, 2016; Ochoa & Sampalis, 2014). Unfortunately, health providers also perceive their older patients to be at low risk for HIV as they are less likely to discuss sexual risk behaviors with them, than with their younger counterparts (Pilowsky & Wu, 2015). Patients such as older Latinas are consequently being misdiagnosed or receiving a late HIV diagnosis and consequently not able to benefit fully from antiretroviral therapies (Cohn & Clark, 2003).

Age, cultural, and gender sensitive HIV testing strategies are critical to preventing the spread of HIV among older Latinas. This population, that maintains cultural traditions and barriers that prevent HIV testing, is at high risk for HIV infection (Cianelli et al., 2013). Older Latinas have been described as a hidden population that faces health care provider bias, cultural risk factors, and increasing HIV infection rates (Craig, Beaulaurier, Newman, De La Rosa, & Brennan, 2012). Linley et al. (2012) found that older people were twice as likely—and Latinxs were five times as likely—to receive a late HIV diagnosis, compared to non-Latinx Whites; thus, placing older Latinas at a great disadvantage. The CDC has recommended routine, voluntary testing for all

adolescents and adults ages 13 to 64 (CDC, 2006). Because sexually active adults over age 64 are not included in the CDC recommendation, this population may not perceive themselves to be at risk for HIV infection. However, the Infectious Diseases Society of America has recommended routine HIV testing for all sexually active adults (Lubinski et al., 2009), targeting a larger at-risk population and encouraging testing for all adults.

#### **Stigma**

Studies have shown that stigmatizing attitudes toward people living with HIV/AIDS are linked to lower HIV testing (Brooks, Etzel, Hinojos, Henry, & Perez, 2005; Brown, Macintyre, & Trujillo, 2003; Mahajan et al., 2008). The Joint United Nations Programme on AIDS (UNAIDS) defines HIV stigma as a "process of devaluation of people either living with or associated with HIV/AIDS. This stigma often stems from the underlying stigmatization of sex and intravenous drug use – two of the primary routes of HIV infection" (UNAIDS, 2003, p. 1). HIV stigmatization first emerged in the United States as early as the virus itself (KFF, 2012)—stigmatizing homosexual men, hemophiliacs, Haitians, and heroin drug users, later known as the 4-H Club (Bazell, 2007). Additionally, then President Ronald Regan, who for years avoided mentioning the term AIDS in public (Boffey, 1985), banned HIV positive immigrants from entering the country (US Department of Health & Human Services [HHS], 2011), adding immigrants to the stigmatized group. In 2010, 30 years after the first cases of HIV surfaced, President Barrack Obama released the National HIV/AIDS Strategy; its vision stated that:

The United States will become a place where new HIV infections are rare and when they do occur, every person regardless of age, gender, race/ethnicity, sexual orientation, gender identity, or socio-economic circumstance, will have unfettered access to high quality, life-extending care, free from stigma and discrimination. (National HIV/AIDS Strategy for the United States, 2010, p. 1)

Goals for the new 2020 National HIV/AIDS Strategy include tackling misconceptions, discrimination and stigma in order to break down the barriers to HIV testing, prevention, and care. Thus, a nation where HIV infected people are "free from stigma" continues to remain the vision (National HIV/AIDS Strategy for the United States, 2015, p. 1). Researchers have previously determined that HIV testing is a critical part of HIV prevention (Castilla et al., 2002; De Cock, & Johnson, 1998; HHS, 2011; Weinhardt, Carey, Johnson, & Bickham, 1999); however, high risk populations, such as Latinxs, are less likely to be tested due to stigma (Gilbert & Rhodes, 2013; Mugavero et al., 2007).

#### Stigma among Latinxs.

Among traditional Latinx families, parents are not comfortable discussing sex or sex related issues with their children (Gil & Vazquez, 1996). The topic of sex is considered taboo for them, however when discussion about sex do take place, often Latinx parents inadvertently give mixed and confusing messages to their children (Gil & Vazquez, 1996). As for Latina daughters, several studies have found that they do report higher levels of communication with their mothers, compared to Latino sons, however, communication is less about risky sexual

behaviors and more about relationships, beliefs, and values (Raffaelli & Green, 2003; Romo, Lefkowitz, Sigman, & Au, 2002; Villarruel, 1998). Such studies underscore the notion that Latina mothers and daughters are unlikely to have discussions about risky and protective sexual behaviors (Mena, Dillon, Mason, & Santisteban, 2008). The present study attempts to examine whether the risky behaviors that more acculturated adult Latinas display are associated with the risky behaviors displayed by their mothers, as moderated by their relationship. Studies have shown that adult daughters may be influential in their mothers' health related behaviors (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Mosavel, 2009; Mosavel, & Genderson, 2016); thus, they may also play a role in influencing their mothers' risk and protective sexual behaviors.

#### **Present Study Research Question**

The present research study takes a step toward addressing a gap in the research literature regarding the influence that adult Latina daughters can have on their older mothers' sexual health behaviors. The study's key aims were to (a) examine the association the HIV risk behaviors of adult Latina daughters and those of their older Latina mothers and (b) examine the interaction effect of mother-daughter attachment on any associations between the HIV risk behaviors of adult Latina daughters and those of their older Latina mothers. The present study also focused on additional factors that increase HIV risk, such as substance use, multiple sex partners, and HIV testing and counseling.

The present study used a recurrent cross-sectional path analysis method of secondary data. The data originated from a longitudinal study with dyadic

Latina mothers and daughters. The parent study collected data from four different time points, all of which were used for the present study using a quantitative approach. The longitudinal data from this parent study—which was conducted on dyads of substance using and non-using Latina mothers and daughters—provides a unique opportunity to further examine this hard-to-reach population. Therefore, the present investigation set out to examine if associations exist between the HIV risk behaviors of adult Latina daughters and their mothers and whether these associations are moderated by attachment.

#### **CHAPTER II. REVIEW OF RELEVANT CONTRUCTS**

#### Machismo

The concept of *machismo* is a central part of Latinx culture. It relates to the social domination and control that men have over women. Machismo contributes to gender discrimination, sexual harassment, and men's financial, legal, and psychological control of women (Pinel, 1994). The literature portrays the machismo as men with autonomy while Latinas are depicted as being dutiful to families and partners. This, is a historically traditional belief of the stereotypical Latino. Although traditional Latino men seem to have more autonomy and hold most of the power, they are also responsible for the safety of their family. The traditional Latino man "protects his wife and family from all dangers" (Gil, & Vasquez, 1996, p. 9), making machismo a risk as well as protective cultural belief. Yet, regardless of marital status, this belief accepts, and at times, encourages men to have multiple sex partners while continuing sexual intimacy with their current partner or wife—a cultural belief that is associated with low condom use and high risk for HIV infection for both the men and their partners (Beaulaurier, Craig, & De La Rosa, 2009; Cianelli, Ferrer, & McElmurry, 2008; Pleck, Sonenstein, & Ku, 1993). Because most Latinas in the US are infected via heterosexual sex with their primary partners, machismo becomes an important cultural factor to consider when examining HIV risk among Latinas (CDC, 2017b).

#### **Marianismo**

Marianismo can be described as the counterpart of machismo; it emphasizes the woman's role as a submissive partner who is oblivious about sex, but yet eager to sexually and emotionally please her male partner and must accept the machismo-driven infidelities of these partners. Latina mothers traditionally play a key role in the Latinx family (Gomez & Marin, 1996). Latinas—and especially Latina mothers—have traditionally been viewed as owing the family a duty of self-sacrifice (Galanti, 2003), such tradition is known as marianismo. Many Latina daughters adopt the marianismo tradition of sacrifice and its accompanying servitude, and keep in accordance with traditional cultural values. Daughters are often socialized to highly respect their mothers so they can be considered a buena hija (good daughter) (Villanueva Dixon, Graber, Brooks-Gunn, 2008).

Traditionally, Latinas are expected to be well behaved, obedient, pure, and mirror the innocence of the Virgin Mary of Christianity (the term *marianismo* derives from "Mary"). For instance, a Latina who engages in sexual intercourse before marriage would be considered a shame to the family honor and herself (Benavides, Bonazzo, & Torres 2006). They are expected to remain virgins until marriage, then bear children, sacrifice, and commit themselves to husband and family (Gloria, Ruiz, & Castillo, 2004; Upchurch, Aneshensel, Mudgal, & McNeely, 2001). Such beliefs increase Latinas' risk and susceptibility for HIV and prescribe that Latinas should remain innocent and ignorant about sex and refrain

from discussions about HIV risk; these beliefs also hinder condom use and negotiation skills (Marin et al., 1993; Moreno, 2007).

#### Respeto

Respeto is a traditional and core Latinx cultural value (Antshel, 2002; Cuellar, Arnold, & Gonzalez, 1995; Freeman, Lewis, & Colon, 2002; Gonzalez-Ramos, Zayas, & Cohen, 1998; Halgunseth, Ispa, & Rudy, 2006; Marin & Marin, 1991; Unger, Gallaher, Shakib, Ritt-Olson, Palmer, & Johnson, 2002) that stresses obedience and consideration toward adults, parents, or elders by younger people (Delgado-Gaitan, 1994). It is "knowing the level of courtesy and decorum required in a given situation in relation to other people of a particular age, sex and social status" (Harwood, Miller, & Irizarry, 1995, p. 98). In a 2010 study with Mexican and Dominican parents examining respeto in a Latinx parenting framework, one participant expressed the importance of children showing respeto to parents, grandparents, teachers, doctors, extended family members, and even strangers - particularly in public, where it is most important, as a matter of family honor. Another participant noted that respeto is optional "for the American" ... "but [not] for Hispanics" (Calzada, Fernandez, & Cortes, 2010, p. 82).

Studies have shown that traditional cultural values influence attitudes and beliefs, which then influence health risk behaviors (Castro, et al., 2007; Gil, Wagner, & Vega, 2000; Unger, Ritt-Olson, Teran, Huang, Hoffman, & Palmer, 2002; Unger, Shakib, Gallaher, Ritt-Olson, Mouttapa, & Palmer, 2006).

Specifically, *respeto* or respect should be shown to those who hold position of

authority, elders, males, and those of high economic status; this can result in Latinx patients not questioning physicians or expressing dissatisfaction with services (Flores, 2000), making *respeto* a protective as well as potentially risky cultural belief.

#### **Familismo**

The term *familismo*, coined in the 1940s, signifies commitment to family, family members, and family relationships; commitment to family comes before oneself (Heller, 1970). Understanding this term requires an understanding of how different groups define family and the commitments that come with it. For instance, Asian culture generally defines family as filial piety (Cowgill, 1986; Unger et al., 2002), where children have a duty to be respectful of their parents, elders, and ancestors (Ng, Phillips, & Lee, 2002). Yet, non-Latinx Whites generally define family in terms of the nuclear family and encourage individuality and independence (Cowgill, 1986; Unger et al., 2002). However, for Latinxs, family means the nuclear, extended, and fictive family (neither by blood or marriage), and loyalty to the family is encouraged and its members are raised to depend on family (Sabogal, Marín, Otero-Sabogal, Marín, & Perez-Stable, 1987); this is *familismo*.

Research has consistently shown that Latinxs score higher in *familismo* when compared to non-Latinx Whites (Ferrari, 2002) or African Americans (Ramirez, Crano, Quist, Burgoon, Alvaro, & Grandpre, 2004). In fact, irrespective of language preference or Latinx subgroup, *familismo* is a core cultural value for Latinxs (Villarreal, Blozis, & Widaman, 2005). As such, it is a protective factor for

drug use and risky behaviors (Gil, Wagner, & Vega, 2000; Ramirez et al., 2004; Unger, Ritt-Olson et al., 2002) such as marijuana (Ramirez et al., 2004) and tobacco use (Kaplan, Napoles-Springer, Stewart, & Perez-Stable, 2001). *Familismo* and *respeto*—after controlling for age, gender, socioeconomic status (SES), adult modeling (mirroring adult behaviors), peer influences, and acculturation—have both been found to be positively associated with substance use, including alcohol, which are risk factors for HIV infection (Kalichman, Simbayi, Kaufman, Cain, & Jooste, 2007; Schensul, Singh, Gupta, Bryant, & Verma, 2010; Shuper, Joharchi, Irving, & Rehm, 2009; Shuper, Neuman, Kanteres, Baliunas, Joharchi, & Rehm, 2010).

#### Religion

Past research on the sexual behaviors of Latinas have shown acculturation and religiosity to be determinants of risky sexual behaviors (Cuellar, Arnold, & Maldonado, 1995). When HIV first emerged, religion was thought of as a barrier to prevention because some religions believed AIDS to be a punishment from God for the sins of practicing risky sexual behaviors. Additionally, some religions were against the promotion of condom use, since it was seen as promoting promiscuity (Balogun, 2010; Francesca, 2002; Monshipouri, & Trapp, 2012). However, religion has shown to be mostly protective for Latinas against risky sexual behaviors (Abraido-Laza, Armbrister, Florez, & Aguirre, 2006; Hill & Pargament, 2003; Hunt, Schneider, & Comer, 2004; Steensland et al., 2000). In fact, higher levels of religiosity are associated with lower levels of risky sexual behaviors, fewer lifetime sex partners, less anarchic attitudes, and later sexual

debut (Edwards, Fehring, Jarrett, & Haglund, 2008; Elifson, Klein, & Sterk, 2003; Liebowitz, Castellano, & Cuellar, 1999; Nonnemaker, McNeely, & Blum, 2003). Yet, few studies have investigated the role of religion in the risky sexual behaviors of Latinas.

Although the aforementioned constructs have been shown in the literature to be relevant factors for exposure to HIV, not all relevant constructs will be found in the present study's dataset, since the data from the parent study were collected to examine attachments as a moderator to substance use among Latina mothers and daughters. However, the following relevant constructs were available in the parent data and will be included in the present study's model.

#### Sociodemographic Variables

#### Socioeconomic status/income.

Researchers have documented that annual household income, poverty level, and employment are financial factors significantly associated with HIV prevalence (De La Rosa, 2002; Krueger, Wood, Diehr, & Maxwell, 1990; UNAIDS, 2008; Riley, Gandhi, Hare, Cohen, & Hwang, 2007). Moreover, the Center for Disease Control and Prevention reported that poverty drives ethnic disparities in HIV prevalence (as cited in CDC, 2015c). Additionally, women with low income are more likely to have an HIV infected partner (Ickovics et al., 2002), more likely to engage in commercial sex work (Bene & Merten, 2008; Jarama, Belgrave, Bradford, Young, & Honnold, 2007), and less likely to negotiate safe sex practices such as condom use (Henao-Martinez & Castill-Mancilla, 2013; Salabarria-Pena, Lee, Montgomery, Hopp, & Muralles, 2003). With 40% of

Latinas living in poverty, compared to 10% for n-Latina White (as cited in CDC, 2015c), Latinas are left disproportionately vulnerable to HIV infection.

Prevalence of HIV is higher among individuals with low socioeconomic status (CDC, 2017d); specifically, SES factors such as low income and low education level (CDC, 2017d; Raphael, 2004, World Health Organization [WHO], 2010a) have been most commonly used in past research and will be examined in the present study. Compared to non-Latinx Whites, Latinxs have less income and less education—factors that are significantly exacerbated among foreign born immigrants (Gonzalez, Hendriksen, Collins, Duran, & Safren, 2009). Women who report lower education and low income have a tougher time with condom and safe sex negotiations with their sex partners (Henao-Martinez & Castill-Mancilla, 2013; Salabarria-Pena, et al., 2003), which is significant given that heterosexual contact has been shown to be the primary (90%) mode of transmission for Latinas (CDC, 2017a).

#### Nativity/documentation status.

Timely diagnosis of HIV is vital in order to ensure survival and quality of life for HIV infected individuals (HIV-Causal Collaboration, 2010). However, undocumented immigrants are less likely to seek health care, including health screening, because of fear of the authorities and deportation (Asch, Leake, & Gelberg, 1994), because translations services are often inadequate, and the difficulty meeting all paperwork requirements (Dang, Giordano, & Kim, 2012); subsequently preventing immigrants from seeking medical care because of uncertainty in the system (Berk & Schur, 2001; Bustamante et al., 2012).

Additionally, undocumented status is a strong predictor of being medically uninsured (Bustamante, Chen, Fang, Rizzo, & Ortega, 2013) and precludes immigrants from benefiting from the Patient Protection and Affordable Care Act (Obamacare) (Zuckerman, Waidmann, & Lawton, 2011). Uninsured individuals are less likely to have regular medical checkups and, therefore, are less likely to receive preventive care; these individuals sometimes postpone medical attention, even when seriously ill (Ayanian et al., 2000). Yet, visiting a doctor in the past 12 months has been significantly associated with being tested for HIV (Van Handel et al., 2015).

#### Education.

Individuals with higher education levels are more likely to live longer and healthier and are more likely to practice preventative behaviors (Braverman & Egerter, 2008; Cutler & Lleras-Muney, 2010). Lower education levels have resulted in lack of awareness and knowledge about HIV prevention, which have been significantly associated with lower rates of HIV testing (Idris, Elsamani, & Elnasri, 2015; Rios-Ellis et al., 2010; Ugarte-Gil et al., 2013). Additionally, Zambrana and collegues found that most Latinas (60%) do not receive sex education from their parents and 21% reported not receiving sex education at school (Zambrana, Cornelius, Boykin, & Lopez, 2004). Yet, Latinas that did report receiving sex education were more likely to have partners that consistently used condoms (Zambrana et al., 2004). In 2010, 64.4% of Latinxs reported education level of high school diploma or above, compared to 88.2% of non-Latina White women; only 15% of Latinas reaching college level compared to

30% of non-Latina White women (US Census Bureau, 2016). Such estimates have placed Latinas at an educational disadvantage in regard to HIV awareness, knowledge, and prevention. Although education and income are closely correlated, in the current sample, they are not directly associated as many of these women may be highly educated in their native countries but do not speak English; hence, the women were unable to obtain high paying positions despite formal education.

#### Sex under the Influence of Alcohol and other Drugs

A large body of research has linked alcohol use to increased sexual risk behaviors (De La Rosa, Dillon, Rojas, Schwartz, & Duan, 2010). Latinas report higher rates of sex under the influence of drug or alcohol when compared to non-Latina White or Black women (Adimora, Schoenbach, Taylor, Khan, & Schwartz, 2011) and have a higher rate of acquiring HIV through heterosexual contact than that on non-Latina Whites (CDC, 2017b). A study by Baliunas and colleagues (2010) found the risk of HIV infection among individuals who report drinking alcohol is 77% higher than those who do not drink at all. Consuming alcohol specifically before or during sexual relations has been associated with an 87% increased risk of HIV infection compared to those who do not drink alcohol before or during sex (Baliunas, Rehm, Irving, & Shuper, 2010). Moreover, those who engage in binge drinking are twice as likely to report engaging in HIV sexual risk behaviors compared to non-binge drinkers (Baliunas et al., 2010). Subsequently, the HIV rate among Latina women is over 4 times that of non-Latina White women.

#### **Condom Use**

The CDC reported that the use of condoms is highly effective in the prevention of HIV (CDC, 2013). However, researchers have found that what dictates the use of condoms among sexual partners is not the effectiveness in the prevention of HIV, but the sexual relationship power that a woman may have in her relationship (Pulerwitz, Amaro, Jong, Gortmaker, & Rudd, 2002). Yet among Latinxs, culture can dictate that condoms not be used with wives or in intimate relationships, because sex without condom is an expression of love (Catania et al., 1992; Marin, Tschann, Gomez, & Gregorich, 1998). For men, irrespective of marital status, machismo encourages them to have multiple sex partners. Machismo is associated with low condom use and high risk for HIV infection for both the men and their partners (Beaulaurier, Craig & De La Rosa, 2009; Cianelli, Ferrer, & McElmurry, 2008; Pleck, Sonenstein, & Ku, 1993). Women who report high *marianismo* beliefs are expected to behave, be inexperienced with sex, and not discuss sex, even though discussions about sex with partners is positively associated with condom use in this population (Warren, Harvey, & Bovbjerg, 2011), Latinas continue to be infected via heterosexual sex with their intimate partners (CDC, 2017b). Yet, Latinas who carry condoms and insist on using them are perceived as promiscuous and not desirable as marriage partners (Weeks, Schensul, Williams, Singer, & Grier, 1995). For Latinas, trying to maintain cultural and traditional values prevent them from questioning their husbands' extramarital affairs, negotiating condom use with their partners, and

having open discussions about sex and risk behaviors (Hines & Caetano, 1998; Raffaelli & Suarez-Al-Adam, 1998; Rojas-Guyler, Ellis, & Sanders, 2005).

Although many Latinxs are aware of HIV risks and the advantages of condom use, they continue to report low condom use (Carballo-Diegues, Dolezal, 1996; Harvey & Henderson, 2006; Knipper et al., 2007). Moreover, despite most HIV infections occurring in married and primary relationships (CDC, 2017b), Latinx couples report even lower instances of condom use with their married or primary partners (Pulerwitz et al., 2002).

#### Communicating with Older Patient / HIV Counseling

Aside from the lack of HIV awareness and knowledge among older adults, there is also a misconception in public health and the community: older adults are categorized as a low risk group—excluded from being at risk for HIV infection (Linsk, 2000; Adekeye et al., 2012). Not only do physicians have relatively little knowledge of HIV/AIDS in older adults, but they also experience discomfort when initiating discussions with this population about HIV (Hughes, 2011). In fact, a survey of 3000 US adults age 57 to 85 showed that only 22% of women and 38% of men reported discussing sex with their primary care physicians after age 50 (Lindau et al., 2007). Since some symptoms of HIV resemble signs of aging (e.g., fatigue, weight loss, mental confusion, and dementia) (Harris, 2015), physicians are disregarding the HIV infection as a possible diagnosis for their older patients, which consequently creates a disproportionate number of late stage diagnoses (within 12 months of AIDS diagnosis) among older adults (Mugavero et al., 2007). In a study of 113 patient records evaluated from Duke University, Sanders

and her colleagues found that late diagnosis was most common among older patients. Late diagnosis leads to increased co-morbidity, mortality, spread of the virus, lower responsiveness to HAART, higher health care costs, and ultimately diminished quality of life (Sanders, Bayoumi, Holodniy, & Owens, 2008). In fact, once diagnosed with HIV, the average life expectancy of persons over age 50 is 7 years, compared to 12 years among those age 13-49 (Inungu, Mokotoff, & Kent, 2001; Lekas, Schrimshaw, & Siegel, 2005; Nguyen & Holodniy, 2008).

Several studies on mammogram testing have also shown that physicians are a strong referent on Latinas' decision to perform health related tests (Pasick et al., 2009; Stewart, Rakowski, & Pasick. 2009; Tolma, Batterton, Thompson, & Engelman, 2012; Washington, Burke, Joseph, Guerra, Pasick, 2009). In a sample of adult Latinas, Craig et al. (2012) found that over half (57%) of middle age and older Latinas reported that their physicians failed to endorse counseling on safe sex or HIV testing. Furthermore, middle-age and older Latinas who reported being tested for HIV did so in a community clinic. Results showed that they were less likely to be tested by their primary care physicians (Craig, Beaulaurier, Newman, De La Rosa, & Brennan, 2012). Similarly a cross-sectional study with a sample of 55 older African American and White women age 58-93, Lindau et al. found that most women (75%) felt providers should initiate conversations about sex, but only about half (55%) reported having discussed sex with their physicians since age 60 (Lindau et al., 2006). Such communication gaps have been significantly associated with low prevention screening—including HIV testing (Ayanian et al., 2000; Lindau et al., 2006; Timmins, 2002).

Not being able to communicate properly with providers, leads to lost opportunities for endorsing HIV testing and prevention for Latinxs. Physicians are missing opportunities for prevention, early diagnosis, and early treatment (Fisher, 2008; Liddicoat et al., 2004). Too often, communication with physicians is hindered by low English proficiency among Latinxs, which serves as an obstacle in the patient-provider relationship (Jacobs, Karavolos, Rathouz, Ferris, & Powell, 2005).

#### Acculturation

Acculturation is a process initiated through the integration of two or more independent cultural systems and by which immigrants modify their behaviors, attitudes, and culture toward those of the host society. It is not simply a culturechange; it is a "fundamental part of migration-induced adaptations" (Rogler, Cortes, & Malgady, 1991, p. 585). Moreover, acculturation has been continuously linked as a key factor to Latinx health behaviors and outcomes (Amaro & De la Torre, 2002; Andreeva, Unger, Yaroch, Cockburn, Baezconde-Garbanati, Reynolds, 2009; Caetano, Vaeth, Ramisetty-Mikler, & Rodriguez, 2009; De La Rosa, Vega, & Radisch, 2002; Rojas-Guyler, Ellis, & Sanders, 2005). However, acculturation can have both positive, as well as negative effects, on risk behaviors and health outcomes among Latinxs (Norris & Ford, 1994; Romero, Arguelles, & Rivero, 1993; Sanchez, Rice, Stein, Milburn, & Rotheram-Borus, 2010). For example, low acculturation is associated with low rates of HIV testing, and less reported condom use, but also with engaging in less risky behaviors; in contrast, higher acculturation has been associated with higher rates of HIV

testing and use of condoms, yet higher rates of risky behaviors, such as multiple sex partners and earlier age of sexual debut (Hunt, Schneider, & Comer, 2004; Lopez-Quintero et al., 2016; Lopez-Quinter, Shtarkshall, & Neumark, 2005; Marin & Marin, 1992; Marin et al., 1993; Rojas-Guyler, Ellis, & Sanders, 2005). Additionally, less acculturated Latinxs are more likely to experience barriers to revealing their HIV status (e.g. *familismo* and *marianismo*), and more likely to perceive stigma from their own communities (Rajabiun et al., 2008).

In a San Francisco study performed with a sample of 460 Latinxs, Marin and Marin found that acculturation status was positively associated with knowledge of HIV transmission (1990). In fact, after controlling for education, less acculturated Latinxs were more likely to report that HIV could be transmitted through casual contact (e.g., shaking hands or sharing eating utensils) (Marin & Marin, 1991). More recent studies have shown positive correlations between acculturation and HIV risk behaviors among Latinxs, such as low levels of condom use and substance misuse (De La Rosa et al., 2016; Berger Cardoso, Ren, Swank, Sanchez, & De La Rosa, 2016). Similar results have been found among higher acculturated Latina women who were more likely to be intravenous drug users and have multiple sex partners (Rojas-Guyler, Ellis, & Sanders, 2005). Additionally, foreign born Latinas report fewer sexual partners and lower rates of sexually transmitted infections and alcohol or drug abuse, but are less likely to be tested for HIV or use condoms (Castillo-Mancilla, et al., 2012). In addition, acculturation is a factor in HIV stigma. For example, Florez et al. found that Latinxs with lower acculturation show significantly higher levels of drug use

and drug addiction stigma (Florez et al., 2015). When using language as a proxy, researchers have shown that lower acculturated Latinxs are more likely to report stigma-related concerns that would impact HIV status, such as sexual orientation and drug use, and less likely to communicate their positive serostatus (Rajabiun et al., 2008).

# **HIV Testing**

Efforts to increase HIV testing have emerged as a critical part of HIV prevention (US Department of Health & Human Services [HHS], 2011); healthcare provider endorsements has been found to be the primary reason patients consent to HIV testing, particularly for older adults (Craig et al., 2012; Hillman, 2008; McMahon, Wanke, Terrin, Skinner, & Knox, 2011). In fact, studies on mammogram testing have also shown that physicians are a strong referent on Latinas' decision to perform health related tests (Pasick et al., 2009; Stewart, Rakowski, & Pasick. 2009; Tolma et al., 2011; Washington et al., 2009). Risk behaviors among people aware of their seropositive status are reduced therefore, making HIV testing a deterrent to the spread of HIV (Harrison, Song, & Zhang, 2010; Mugavero et al., 2007; Infectious Diseases Society of America, 2008). Still, approximately 21% of HIV positive people in the US are unaware of their status. When compared to non-Latinx Whites and African Americans, Latinxs have higher rates of late HIV diagnosis and are less likely to adhere to their treatment plan (CDC, 2003; Harrison et al., 2010). Harrison et al. noted that although life expectancy after time of diagnosis has increased for Latinxs, HIV health disparities among Latinxs are still of concern to public health (2010).

Efforts to increase HIV testing have emerged as a critical part of HIV prevention. The CDC has recommended the reduction of barriers to routine HIV tests. Routine testing has been recommended for all individuals, 13-64 years of age, in all health care settings, including primary health-care providers in the public and private sectors, hospital emergency departments, urgent care clinics, inpatient services, substance abuse clinics, public health clinics, community clinics, and correctional health-care facilities (HHS, 2011). According to the CDC (2017b), barriers to HIV testing can include stigma, lack of HIV knowledge and awareness, lack of health care providers endorsing HIV testing, and sociocultural and socioeconomic factors.

It is noteworthy that the CDC recommendations exclude patients age 65 and over from routine testing, unless the patient has risk factors for HIV infection (CDC, 2006). Similarly, physicians hold stereotypes about older adults, such as not being drug users or having multiple partners, and do not perceive them to be sexually active (Paltiel et al., 2005), even though researchers have shown that older adults remain sexually active well into their 80s (Lindau et al., 2007). In a study conducted in New York, researchers found that from 1995 to 2005, 41% to 13% respectively, of adults over 50 who were HIV positive were infected via intravenous drug use (IDU) (Karpiak, Shippy, & Cantor, 2006). Studies on HIV among older people have suggested that factors such as risky sexual behaviors and IDU are also a threat to the 50 and over population to being infected with HIV.

However, research has indicated that older Latinas in particular are less likely to speak to a health care provider about safe sex practices or HIV testing than their younger counterparts (Craig et al., 2012; Hillman, 2008; McMahon et al., 2011); this makes older Latinas particularly vulnerable to late diagnosis (Hughes, 2011), since researcher has shown that HIV testing is an important factor to HIV prevention (DiFranceisco, Pinkerton, Dyatlov, & Swain, 2005; Marks, Crepaz, Senterfitt, & Janssen, 2005). Nevertheless, older adults are generally not routinely tested for HIV (Linsk, 2000; Savasta, 2004).

#### Attachment

Attachment Theory, developed by John Bowlby, concerns the strong and ongoing emotional bond that connects one person (e.g., a caregiver, mother) to another (e.g., a child); this emotional bond is irrespective of time and space (Ainsworth, 1973; Bowlby, 1969). Bowlby's theory proposes that children are born biologically encoded to build attachment with their mothers as a survival mechanism (Bowlby, 1969). In 1935, Konrad Lorenz found that attachment was inborn in baby ducklings and thus a survival skill (Lorenz, 1935), this led to his Imprinting Theory, which later became influential to Bowlby's Attachment Theory.

Attachment Theory was first developed as a model to explain the early parent-child bond (Bowlby, 1969); research on attachment among adults has been increasing because it influences social functioning, well-being, stress, coping skills, morbidity, and health behaviors (Ciechanowski & Katon, 2006; Ditzen, et al., 2008; Maunder & Hunter, 2001; Maunder, Lancee, Hunter, Greenberg, & Steinhart; 2005; Maunder, Lancee, Nolan, Hunter, & Tannenbaum,

2006; Meredith, Strong, & Feeney, 2006; Schmidt, Nachtigall, Wuethrich-Martone, & Strauss, 2002; Waller, Scheidt, & Hartmann, 2004). Attachment to family members has been characterized by mutual trust, communication, and closeness across all stages of development (Armsden & Greenberg, 1987).

Among Latinas, attachment and family influence has been associated with good physical and mental health outcomes (Plant & Sachs-Ericsson, 2004). Yet, the vast majority of studies of protective familial influences on Latinas have involved adolescent samples (Robles et al., 2006; Romo et al., 2001). However, more recent studies on adult Latina mothers and daughters have suggested that attachment may play a protective role in substance use (De La Rosa et al., 2015), risk behaviors that may lead to HIV (De La Rosa et al., 2010a,) and overall health (Washington, 2009).

Traditional cultural values influence the life long bonds that Latina mothers and daughters often forge—in which they rely heavily on each other for support over the lifespan (Dixon, Graber, & Brooks-Gunn, 2008). Recent research has explored that bond among adult Latinas and their mothers. In fact, addressing attachment among adult Latina mother-daughter dyads is being examined for the implementation of risky health behavior preventions for older Latinas (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Sinicrope et al., 2009). As such, adult Latina daughters may be an untapped source to overcome the barriers that currently keep older Latinas from accessing health related knowledge and practicing risk prevention (Washington et al., 2009).

# Daughter-Initiated Communication on Health-Related Behaviors

Studies have indicated a one-directional transfer of health-related influence and information from mother to daughter (Hutchinson, Jemmott, Jemmott, Braverman, & Fong, 2003; Kratzke, Vilchis, & Amatya, 2013; Romo, Bravo, & Tschann, 2014; Santa Maria, Markham, Bluethmann, & Mullen, 2015; Widman, Choukas-Bradley, Noar, Nesi, & Garrett, 2016; Wight, Fullerton, 2013). However, recent studies have suggested that daughters may be uniquely positioned to influence their mothers' health-related behaviors and decisions (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Mosavel, 2009; Mosavel, & Genderson, 2016; Mosavel, & Thomas, 2009; Washington et al., 2009). Adult daughters have been shown to be a source of support and assistance in health-related issues for their aging mothers, due in part to their better ability to access and navigate the health care system, higher education, and greater familiarity with health-related terminologies (Jacobs et al., 2005; Tolma et al., 2012; McGraw & Walker, 2004; Washington et al., 2009). Additionally, older Latina mothers depend on their more acculturated daughters to bridge language gaps between them and health care providers and healthrelated information (Kratzke, Amatya, & Vilchis, 2014; Washington et al., 2009).

In a 2014 mixed-methods study on breast cancer information-seeking among young college women, 18% of adult daughters reported passing the breast cancer information they learned to their mothers (Kratzke, Amatya, & Vilchis, 2014). Approximately half (49.3%) of the study participants where Latinas, all were college students, and 35% had a family history of breast cancer.

Factors significantly associated with sharing breast cancer information with mothers were: university level of education (OR 1.31), practicing breast self-exams (BSF) (OR 2.38), and actively and passively obtaining information online (OR 1.89 and OR 2.95, respectively) (Kratzke, Amatya, & Vilchis, 2014). Qualitative analysis revealed that risk factor knowledge and age appropriate testing were the themes that emerged most with daughters who shared information. Most of the daughters reported influencing their mothers to focus on their adherence to testing, such as mammograms, clinical breast exams, and BSFs (Kratzke, Amatya, & Vilchis, 2014).

A study by Washington et al. investigated the influence that adult daughters have on their mothers' health behaviors and found that adult daughters play a significant role in their mothers' choice of health care providers as well as the quality of care they receive. Furthermore, the daughters were found to motivate their aging mothers in seeking out a health care provider (Washington et al., 2009). Mothers who reported higher levels of attachment and emotional ties to their daughters were more likely to follow their daughters' health-related advice (Washington et al., 2009).

The studies noted above have suggested adult daughters may be influencing their mothers' health-related behaviors—specifically in the context of cancer screenings (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Sinicrope et al., 2009; Washington et al., 2009). However, to date, no study has investigated the influences that adult Latina daughters may have on their mothers' risky sexual behaviors and HIV testing.

The present study aimed to begin addressing this gap in the research literature by exploring the mother-daughter relationship interaction on the associations between adult Latinas' risky sexual behaviors and their older mothers' risky sexual behaviors. Similar to previous adult mother-daughter health studies, the present study hypothesized that an association would exist between the daughter's risk behaviors and her mother's risk behaviors and influenced by the dyadic relationship.

### **Theoretical Framework**

The present study was guided by Social Cognitive Theory (SCT). Developed by Albert Bandura in the mid-1980s (Bandura, 2001), SCT explains how people attain and maintain certain behavioral patterns (Bandura, 1997). In the beginning, SCT was a theoretical derivative of Millard and Dollard's Social Learning Theory (SLT) (1941). In 1963, Bandura and Walters expanded SLT adding principles of observation, or vicarious learning (Bandura & Walters, 1963). Then, in 1977, Bandura introduced self-efficacy to the model, and renamed it Social Cognitive Theory (Edberg, 2015). Bandura found that people learn by observing the behaviors and attitudes of others, and outcomes of these behaviors (1977). The key factors that are involved in SCT are environment, the individual, and the behavior; these factors influence each other—no single factor is a simple result of the other (Glanz, Rimer, & Lewis, 2002). Environments, whether physical (temperature or size of a room), social (family, friends, colleagues), represent factors that can affect or influence the person's behavior. The individual is the person being influenced and the behavior that may be

influenced. The mutual interaction and influence that the individual, behavior, and environment have on each other is what Bandura called reciprocal determinism.

In the model, the adult daughter represents the environment (family, friends, and colleagues) that influences the older mother (behavior). The risk behaviors of the adult daughter (environment) also influences the mother's risk behaviors (behaviors). When daughters share information they have via education or HIV Counseling (personal attitudes), again this influences the mother's risk behaviors. These fluid interactions, influence the risk behaviors of the older mothers.

However, Parents and other family members significantly influence patterns of development in the individual (Perrino, Gonzalez-Soldevilla, Pantin, & Szapocznik, 2000). These influences extend well beyond childhood and adolescence, such that family influences continue to be important into adulthood (Fergusson, Boden, & Horwood, 2007; Overbeek, Stattin, Vermulst, Ha, & Engels, 2007). For instance, adult children and their parents-especially mothers and daughters, have been shown to influence one another's behavior considerably throughout the lifespan (Fingerman, Chen, Hay, Cichy, & Lefkowitz, 2006). Studies have shown mother-daughter communication relationships influence health behaviors such as breast. Therefore, although not part of the Bandura's Social Cognitive Theory (SCT), the present study proposes that the level of the adult mother-daughter relationship or their attachment will interact (or moderate) the influence that the environment (or adult daughter) may have over the older mother's risk behaviors.

Like the Bandura's SCT, this study explores the behaviors between the adult Latina daughters and that of their older mothers' risky sexual behaviors. Furthermore, the study explores the mother-daughter relationship's effect on associations between adult Latinas' risky sexual behaviors and that of their older mothers' risky sexual behaviors. The theoretical model for the present study is presented in Figure 1.

# **Summary of Present Study**

The present study was conducted using secondary data and aimed to investigate the associations that may exist between the risky sexual behaviors of adult Latina daughters and the risky sexual behaviors of their older Latina mothers, and examine whether the mother-daughter attachment patterns moderate existing associations of risky sexual behaviors.

This investigation evaluated all constructs at every time point. For the purpose of this study, alcohol users will be defined in terms of at least one binge drinking episode per month (adapted from Naimi et al., 2003), at least 4-5 glasses of wine, 3-4 cans/bottles of beer, or 3-4 four-ounce drinks of hard liquor per occasion during the 12 months prior to assessment. The National Institute on Alcohol Abuse and Alcoholism defines moderate drinking for women as having up to 1 drink per day; heavy drinking is defined as 5 or more drinks on the same occasion on 5 or more days in the past 30 days; and binge drinking is defined as 4 drinks within 2 hours or 5 drinks on the same occasion at least once in the past 30 days (National Institute on Alcohol Abuse and Alcoholism [NIAAA], n.d.).

The overall objective of the present study was to determine (a) the influence that adult Latina daughters' recurrent HIV risk behaviors have on those of their older Latina mothers, (b) and how mother-daughter attachment moderates those associations. The study research model is presented in Figure 2. The study focused on the association of factors that place older Latinas at high risk for HIV such as sexual risk behaviors, lack of HIV testing, and HIV counseling or knowledge, as well as how relationships with their adult daughters may interact with the associations.

The present study addresses the gap in the literature examining sociocultural aspects of HIV risk infection among older ethnic/racial minority women; its public health impact includes providing evidence for the need to create culturally tailored programs for the growing ethnic/racial minority population that is living longer due to advances in medical treatment. Such knowledge is necessary to facilitate the development of age and culturally appropriate prevention and intervention strategies that can ameliorate the disproportionate impact of HIV among older Latinas. Results from the proposed study would help in developing interventions aimed at preventing HIV among this growing population.

Furthermore, findings from the present study could also enhance existing programs that use one-directional intervention from mother to daughter—where mothers are influencing the decisions of their adolescent daughters. Instead, results can provide a basis for an alternative direction or bi-directional approach

to HIV prevention among older Latinas, where adult daughters may be the independent variable that influences the health decisions of their older mothers.

#### Innovation

Unlike most studies on protective familial influences on Latina substance use and HIV risk behavior (Robles et al., 2006; Romo et al., 2002), the present study innovatively focused on older Latinas—a population that is understudied in terms of its HIV risk behaviors. Moreover, the study examined a sample of Latina mother-daughter dyads. Moreover, most Latinx studies have focused primarily on Mexican/Chicano populations; however, data obtained for the parent study was collected in Miami-Dade, Florida that provides a rich and diverse Latinx community with populations from all over Latin America and the Caribbean. In addition to the innovation of the sample, mother-daughter attachment is being examined as a potential moderator. This is the first investigation to longitudinally examine the relationship of recurrent HIV risk behaviors of adult Latina daughters to that of their older Latina mothers. The study highlighted the importance of adult Latina mother-daughter relations in its examination of these recurrent behaviors.

#### **Research Aims**

**Aim 1**: Examine the association between recurrent HIV sexual risk behaviors of adult Latina daughters and those of their older Latina mothers.

Hypothesis: Recurrent HIV risk behaviors among adult Latina daughters will be positively associated with recurrent HIV risk behaviors among older Latina mothers.

**Aim 2:** Examine the moderation effect that the mother-daughter attachment moderator may have on the associations between the recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers.

Hypothesis 1: Mothers with higher attachment levels to daughters will show stronger association between recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers.

Hypothesis 2: Mothers with lower attachment levels to daughters will show weaker association between recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers.

Statistical analysis for the current study was completed using Statistic

Package for the Social Sciences, version 24 (SPSS v24) software (Field, 2013)

and the Hayes PROCESS modeling macro tool for SPSS. Descriptive statistics

were performed on all variables in order to summarize data and profile all

variables. Variables measured on a non-metric scale, such as categorical

variables, were summarized as proportions; variables measured in metric scales,

such as numerical variables, were summarized as means, median, mode, range,

and standard deviations.

#### **CHAPTER III. METHODS**

# **Summary of Parent Study and Data Source**

This chapter will provide a detailed description of participants, sample recruitment, and data collection methods for the parent study as well as baseline and follow-ups, the use of measures, independent and dependent variables, and analytical approaches used in the research model. The present investigation analyzed baseline (T<sub>0</sub>) and follow ups (T<sub>1</sub>, T<sub>2</sub>, T<sub>3</sub>) using recurrent cross-sectional analysis (Grossoehme & Lipstein, 2016), the study examined the following constructs across all four time points: (a) HIV sexual risk behaviors in the past 12 months, including sex under the influence of alcohol, multiple sex partners, and sex without a condom, (b) HIV testing and, (c), HIV counseling by a health care provider, and (c) the influence of mother-daughter attachment.

HIV sexual risk behaviors is the composite score of sex under the influence of alcohol, multiple sex partners, and sex without the use of a condom. Although HIV testing and HIV counseling indicate preventative practices, not practicing such behaviors would, in contrast, indicate a risk. Lastly, ttachment is composed of three subscales: alienation, communication, and trust, with a total of 25 indicators. The three subscales of all indicators are presented in Figure 2.

Data were obtained from the parent study: A Longitudinal Study of Substance Abuse and HIV Risk among Adult Latina Mother-Daughter Dyads (hereafter, the Women Study). The Women Study is a National Institute of Health (NIH)-funded 7-year assessment longitudinal cohort study conducted in Miami, Florida, and approved by the Florida International University (FIU) institutional

review board (R01 NR012150-01). The Women Study Principal Investigator is Dr. Mario De La Rosa, director of Center for Research on U.S. Latino HIV/AIDS and Drug Abuse (CRUSADA). The overall goal of the parent study was to reduce the rate of incidence of health disparities related to HIV/AIDS and substance abuse among adult Latinas. The specific aims of the Women Study were three-fold:

Aim 1: Determine the influence of social determinants on trajectories of change for substance use and HIV risk behaviors in a community-based sample of adult Latina mother and daughter dyads.

Aim 2: Determine the influence of mother-daughter attachment on trajectories of change for substance use and HIV risk behaviors in a community-based sample of adult Latina mother and daughter dyads.

Aim 3: Determine the moderating role of adult Latina mother-daughter attachment on associations between experiences of detrimental social determinants and trajectories of change for substance use and HIV risk behaviors in a community-based sample of adult Latina mother and daughter dyads.

The central hypothesis of the parent study was that social determinants, moderated by adult mother-daughter attachment, would influence substance use and HIV risk behavior trajectories in a community-based sample of adult Latina mother and daughter dyads. The Women Study design included 4 waves of data collection. Baseline  $(T_0)$  data were from a cross-sectional pilot study of intergenerational drug use and HIV risk behaviors among adult Latina mother

and daughter dyads, funded by the National Institute on Drug Abuse (R24DA014260, PI: Mario De La Rosa). The subsequent three waves ( $T_1$ ,  $T_2$ ,  $T_3$ ) consisted of a 5-year post-baseline follow-up ( $T_1$ ) and two waves ( $T_2$ ,  $T_3$ ) that were conducted 1 year apart from each other. The parent study longitudinal timeframe is presented in Figure 3.

# Baseline Data (T<sub>0</sub>)

### Recruitment.

Recruitment for baseline participants included announcements at local venues such as community health fairs, health clinics, drug court programs, Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) meetings, Spanish radio stations and television channels, and a local newspaper. A variety of sources were used to maximize the likelihood that we would be able to recruit both substance using and non-using participants. Inclusion criteria were: (a) consenting to be interviewed for at least 2-3 hours; (b) being 18 years of age or older; (c) self-identifying as Latina; (c) living in Miami-Dade County, Florida; (d) being able to participate as a mother-daughter dyad; and, (e) willingness to provide two telephone numbers to researchers for correspondence during participation. The baseline data included standardized measures of attachment, alcohol use, and HIV risk behaviors, along with a variety of demographic variables. Before being considered for the study, potential participants were screened via phone for eligibility. Inclusion criteria for the baseline and follow-ups are presented in Table 1.

#### Data collection.

Data collection procedures consisted of facilitated paper/pencil structured questionnaires at baseline. Face-to-face interviews were conducted in either English or Spanish—based on the preference of each participant—and completed by trained bi-lingual (English/Spanish) interviewers at a location agreed upon by both the interviewer and participants. Interviews lasted approximately 2-3 hours and were usually administered in the participants' homes; participants were compensated for their time with \$40 cash upon completion of interview. Once collected, data were entered into a Microsoft Access database in the language in which the data was collected. Subsequently, data were exported to Software Package for the Social Science (SPSS v. 14) as string values and converted to numerical values using syntax created from a codebook for analysis.

## Participants/sample.

Baseline data were collected on a community-based sample of 158 adult Latina mother-daughter dyads (N=316) living in the Miami-Dade area. Recruitment strategies included advertising in Craigslist, radio announcements, and flyers. Dyads were stratified across four substance use categories: Dyad 1 = substance-using mothers and substance-using daughters (n = 80); Dyad 2 = substance-using mothers and non-using daughters (n = 38); Dyad 3 = non-using mothers and substance-using daughters (n = 102); and Dyad 4 = non-using mothers and non-using daughters (n = 96). Classification of mothers and daughters into the four dyads was based on whether they qualified as users of

either alcohol, marijuana, cocaine, heroin, ecstasy, and/or prescription drugs.

Every effort was made to maintain a diverse sample, therefore, respondent driven sampling (RDS) was used as the primary strategy for recruitment into the parent study.

The RDS technique was developed as a response to the judgement that chain-referrals were seen as convenience sampling (Heckathorn, 2011). RDS was established during an AIDS prevention intervention that targeted active drug users for interviews, for AIDS prevention, and HIV testing and counseling (Broadhead & Heckathorn, 1994; Broadhead, Heckathorn, Grund, Stern, & Anthony, 1995; Heckathorn & Broadhead, 1996). This technique is an effective strategy in recruiting participants from hidden populations such as substance users and groups at risk for HIV infection (Heckthorn, 1997). "RDS produces samples that are independent of the initial subjects from which sampling begins. As a result, it does not matter whether the initial sample is drawn randomly." (Heckathorn, 1997, pp. 176-177).

Sixty-six percent of the overall sample reported being born outside of the United States. Most of the mothers (84.2%) had emigrated to the United States, and less than half of the daughters (46%) were US born. In terms of overall sample composition, 23% of the participants reported being Cuban, 14% Colombian, 5.4% Peruvian, 4.4% Dominican (Republic), 4% Nicaraguan, 3.8% Honduran, 3.8% from Puerto Rican, and approximately 11% from other Latin-American countries, predominantly South American countries. About 29% reported less than high school education, 25% GED or high school diploma, and

47% beyond high school education. At baseline, the average participant age was 52.2 years (SD = 9.81, range of 33 to 88 years) for mothers, and 27.6 years (SD = 8.96, range of 18 to 54 years) for daughters. Additionally, half the participants reported personal incomes of less than \$10,000 per year.

# Follow-ups $(T_1, T_2, and T_3)$

The first follow-up (T<sub>1</sub>) was conducted 5 years post-baseline and two subsequent follow-ups (T<sub>2</sub>, and T<sub>3</sub>) were completed 1 year apart and concluded by Spring of 2014 with a final retention rate of 91% (*n*=286) at T<sub>3</sub>. Because participants were being retraced for follow-ups, tracing and retention strategies differed slightly; with the development of new interviewing tools, methods for data collection also differed for follow-ups. Follow-up retention and data collection methods are described below.

# Locating participants (recruitment).

A full-time community outreach worker, six interviewers (that previously worked in the baseline study), and a graduate student contacted participants by phone or in person by visiting address on file. Study personnel used several relocation methods in order to locate participants. Initially, the community worker would (1) refer to the screening form used during baseline, which usually contained phone numbers and an address for the participant. In the event the participant could not be reached by phone, personnel would (2) attempt to contact the person who referred the participant to the baseline study, whose information was obtained from the participant during a data collection point. If neither attempt was successful, an outreach worker would (3) visit the address

listed for the participant on the screening form. After the contact information from the screening form was exhausted, (4) a trained graduate student researched the participant location via LexisNexis, a professional software tool used by academic institutes, government agencies, law enforcement, and private companies that perform tasks such as legal research, investigations, and identity searches. LexisNexis provided information necessary to help track participants who proved to be hard-to-reach. Information included updated phone numbers, addresses, and married surnames of participants, phone numbers and addresses of neighbors, friends, relatives, and reports of deceased participants.

#### Data collection.

Although baseline data were collected using paper/pencil structured questionnaires, for the follow-up interviews, the same measures were used and a similar questionnaire was designed using Questionnaire Development System 2.6 (QDS). Using QDS, questionnaires were developed as computer assisted personal interviews (CAPI). Subsequently, data collection procedures for all follow-ups (T<sub>1</sub>, T<sub>2</sub>, and T<sub>3</sub>) consisted of face-to-face interviews via CAPI. Contact information was collected in order to maintain communication with participant throughout the course of the remaining data collection waves. If a participant provided consent, interviews were also audio recorded for purposes of quality control. Afterward, data were uploaded into appropriate statistical software (SPSS/Mplus) packages for cleaning and analysis. Interviews continued to be conducted in either English or Spanish, as preferred by the participant, and completed by trained bi-lingual (English/Spanish) interviewers at a location

agreed upon by both the interviewers and participants. Interviews lasted approximately 1-1½ hours and participants were given a monetary compensation of \$50 for their time.

# **Present Study Data Source**

The present study sample consisted of 79 adult Latina mother-daughter dyads (*N*=158) from longitudinal secondary data obtained from the aforementioned (parent) Women Study. Mothers who were age 50 and over at the time of baseline were chosen for analysis, along with their corresponding adult daughters. The age of 50 and over was established by the World Health Organization as the definition for older adult for an aging project (WHO, 2010b). The same age was used in the current study in order to maximize sample size for analysis. Only dyads that participated in all four timepoints (T<sub>0</sub>, T<sub>1</sub>, T<sub>2</sub>, and T<sub>3</sub>) were included in the analysis.

## Present participants/sample.

Overall, most of the sample reported being born outside of the United States (Table 2 show countries of origin), and over half reported less than high school education. At baseline, the average participant age was 58.5 years for mothers, and 31.3 years for daughters. Overall, more than half the participants reported personal incomes of less than \$10,000 per year with the majority making less than \$30,000 per year, Table 3 shows individual descriptive statistics for mothers and daughters.

#### Measures.

Data collection and measurement tools were selected from the parent study for their relevance to the present dissertation. All the selected measures were standardized scales with adequate psychometric properties. The variables and measures for all four waves included in the present study are described below.

# Inventory of parent and peer attachment (ippa) (attachment).

A 25-item version of the IPPA (Armsden & Greenberg, 1987) was used to assess attachment between mothers and daughters. Originally, the IPPA was developed to measure young adults' and adolescents' perceptions of relationships (both positive and negative affective/cognitive dimensions) with their parents and close peers. The measure consists of three subscales (Quality of anger and alienation, communication, and mutual trust) rated on a 5-point Likert-type scale ranging from Almost never or Never true to Almost always or Always true. Participants were instructed to report their attachment with their mother/daughter by answering questions such as: "My (mother/daughter) helps me to understand myself better.", "If my (mother/daughter) knows something is bothering me, she asks me about it."

The IPPA has demonstrated acceptable internal consistency and testretest reliability coefficients in previous research (Adam & Chase-Lansdale,
2002). Cronbach's alpha coefficients in a sample of college students age 16-20
ranged between 0.72 and 0.91 for the sub-scales across both the parent and
peer scales (Armsden & Greenberg, 1987). In a sample of 18-20 year-olds, test-

retest reliability was reported with Cronbach's alpha coefficients ranging between 0.93 for parent attachment and 0.86 for peer attachment (Armsden & Greenberg, 1987). Furthermore, numerous other studies have supported the reliability and validity of the IPPA with adolescent samples (Adam & Chase-Lansdale, 2002; Black & McCartney, 1997; Formoso, Gonzales, & Aiken 2000; Ridenour, Greenberg, & Cook, 2006).

Because the IPPA was originally developed for use with adolescents and young adults, a confirmatory factor analysis was conducted to assess factor structure with the adult sample in the parent study. The confirmatory analysis produced an inadequate fit to the data from the mother only, daughter only, and total samples. Chi-square values (272 df each) was 630.87 (p < .001), comparative fit index (CFI) values was .89, and the value for root mean square error of approximation (RMSEA) was .07. Additionally, the alienation subscale yielded poor evidence of internal consistency (such as Cronbach's alpha coefficient of .68 with mother sample). As a result of the confirmatory analysis, a total attachment IPPA scale score was used for the parent study by first reverse scoring the alienation scale items and then calculating the sum of all 25 items including communication and trust. Cronbach's alpha coefficients for the total sample were 0.93 (0.93 for daughters; 0.92 for mothers) (De La Rosa et al., 2010b)

**HIV testing.** HIV testing was measured at T<sub>0</sub> by asking participants whether they had ever been tested for HIV; for each follow-up, participants were

asked if they had been tested since the last interview. Responses were collected dichotomously (1=Yes, 2=No).

### HIV counseling.

HIV counseling was measured at  $T_0$  and for each follow-up by asking if a doctor or health care professional had spoken to them about HIV prevention or safe sex in the last 12 months. Responses were collected dichotomously (1= Yes and 2=No).

#### HIV risk behaviors.

Due to small sample size, this variable was recoded by combining several variables. Variable includes having sex under the influence of alcohol, having vaginal sex without condoms, and having multiple sex partners (more than one within the last 12 months). If the participant met the criteria for being at risk for any one of the variables, she would be categorized as having HIV risk behavior. The final variable used in the analysis was binary: 1=identified risk behavior(s) and 0=no risk behaviors.

Sex under the Influence of Alcohol. Sexual behavior under the influence of alcohol was measured with three items taken from a survey from an investigation on substance use and youth risky sexual behavior trajectories (Life Course and Health Research Center, 1997). As in previously published research with the present sample (De La Rosa et al., 2010a), the three selected items were used to create a sex under the influence of substance risk index (SUISRI) for alcohol. The first item assessed how often the respondent (or her partner) drank alcohol before or during sex during the past 12 months. Participants were asked to

indicate frequency on the following scale for each item: 1=Never, 2=Rarely, 3=Sometimes, 4=Usually, 5=Always. The second item assessed, on average, how strongly the participant was affected (i.e., intoxicated) by alcohol use prior to or during sex. The third item asked how strongly the participant's sexual partner was affected (i.e., intoxicated) by alcohol use prior to or during sex. For these two items, participants were asked to indicate their response on a scale of 1=Not at all, 2=Somewhat, or 3=Very Strongly. The sex under the influence of alcohol risk index (SUIARI) score was calculated by summing the three items.

Sex without condoms. Sex without condoms was measured by the frequency of vaginal or anal sex in the past 12 months minus the frequency of condom use during the times participants had sex. A number above zero would indicate having sex without condoms.

Having multiple sex partners. Participants were asked the number of sexual partners in the past 12 months. More than 1 sexual partner indicated multiple sex partners.

#### Acculturation.

The measure used for acculturation was the *Multidimensional Measure of Cultural Identity for Latinos* (MMCISL) (Felix-Ortiz, Newcomb, & Myers, 1995).

The original MMCISL is a 35-item measure across ten scales—each measuring a different dimension of cultural identity. Dimensions include Spanish Language Proficiency, English Language Proficiency, Familiarity with American Culture, Familiarity with Latino Culture, Preferred Latino Affiliation, Perceived Discrimination, *Respeto*, Spanish Language Preference, Latino Activism, and

Feminism. Because of low reliability with the baseline sample (i.e., Cronbach's alpha < 0.70) (Dillon, Félix-Ortiz, Rice, De La Rosa, Rojas, & Duan, 2009), Perceived Discrimination, *Respeto*, Spanish Language Preference, Latinx activism, and Feminism were not used in the follow-ups (T<sub>1</sub>, T<sub>2</sub>, and T<sub>3</sub>). Consequently, the present study used the scales below.

- (1) Spanish Language Proficiency and (2) English Language Proficiency items asked respondents to rate their agreement with each item on a four-point Likert-type scale (1= not at all, 2= fair, 3= good, 4= excellent). Items from each scale asked how well the participant speaks, reads, and writes each language. Cronbach's alpha reliability estimates of .90 (mothers) and .91 (daughters) were found for the Spanish Language Proficiency scale and estimates of .94 (mothers) and .97 (daughters) were found for the English Language Proficiency scale.
- (3) Familiarity with Latino Culture and (4) Familiarity with American Culture scales asked respondents to rate their agreement with each item on a four-point Likert-type scale (1= I don't know anything about these, 2= I know very little about these, 3= I know something about these, 4= I know a lot about these). Items from each scale asked how familiar a participant was with (a) fine art and artists, (b) history and politics, and (c) cultural legends and symbols of their Latin American country and of the United States, respectively. Cronbach's alpha reliability estimates of .82 (mothers) and .79 (daughters) were found for the Familiarity with Latino Culture scale; and estimates of .78 (mothers) and .80 (daughters) were found for Familiarity with American Culture scale. The finaly

variable used was the Spanish Language Proficiency as a proxy for acculturation.

# Sociodemographics.

The present study used four dependent sociodemographic variables to include age, marital status, socioeconomic status, and nativity.

Age. Participants were asked for date of birth at baseline. All other time points used the same date in order to calculate age at time of interview. Data were analyzed on number of years.

Marital status. Participants were asked during each interview about their marital status. Nominal information was collected to include: 1= Married, 2= Remarried, 3= Widowed, 4=Separated, 5= Divorced, 6= Never married, 7= Living with partner. Marital status was then recoded as a binary variable: 1= Married, Remarried, Living with Partner and 2= Window, Separated, Divorced, Never Married.

Socioeconomic status (SES). During all four waves, information was collected on personal annual income and highest education level completed. Income was collected in increments of \$4,999, starting from 0-4,999 to 50,000 or more, on a scale from 1 to 11. For the data analysis, income was merged into six ordinal variables (1= 0-9,999, 2= 10,000-29,999, 3= 30,000-39,999, 4= 40,000-49,999, 5= 50,000 and over, 6= Don't remember). Data on education was collected using 9 ordinal levels (1= Less than high school, 2= High school diploma, 3= High school equivalency (GED), 4= High school for adults, 5= Some training/college after high school, 6= Some training without finishing HS, 7=

Bachelor's (4 yr. college) degree, 8= Graduate/Professional studies, 9= Other).

For the data analysis, education was merged into 4 ordinals: 1= Less than high school, 2= High school/GED, 3= Bachelor, and 4= Graduate/Professional.

Nativity. Participants were asked if they were born in the US or outside the US (yes/no). If born outside of the US, they were then asked to provide their country of birth. The variable was dichotomized into 1= Yes and 0= No.

#### Alcohol misuse.

Alcohol misuse was scored using items from the Health and Daily Living Form (Billings, Cronkite, & Moos, 1983) in order to assess each participant's alcohol use frequency during the 12 months prior to assessment and, in part, to determine dyad membership. The measure includes questions for beer, wine, and hard liquor ("How often did you drink beer during the last 12 months?") using an 8-point Likert-type scale from 1 (Never uses) to 8 (Uses every day). Alcohol misuse was defined as having at least one of the following: (a) 4-5 glasses or more of wine on any one occasion several times a month; (b) 3-4 cans/bottles or more of beer on any one occasion several times a month; (c) 3-4 drinks or more on any one occasion with 4 oz. of alcohol per drink several times a month; and/or (d) 5-7 drinks or more in one occasion with 2 oz. of alcohol per drink several times a month. For the analysis, alcohol misuse was recoded into a binary variable of 1= User and 2= Non-User.

### **Data Analytic Plan**

# Preliminary analysis.

Statistical analyses were completed using SPSS 24 (Field, 2013).

Descriptive statistics were performed for all variables to summarize data and profile all variables. Variables measured on non-metric scales (categorical variables) were summarized in terms of proportions while those measured in metric scales (continuous variables) will be summarized in terms of means and standard deviations. Examination of the distribution forms were pursued through graphical methods and summary statistics of higher order moments (skewness and kurtosis).

Frequency distributions for all continuous variables were conducted to determine if they violated the assumption of normality. According to Kline (2005), continuous variables were deemed non-normal if they yielded absolute skewness and kurtosis values greater than 3.0 and 8.0, respectively.

Statistical tests for were conducted to assess the potential influence of covariates in the research model. Dependent covariates were chosen in accordance to the literature and included age, income, education, health insurance, marital status, acculturation and alcohol misuse. Spearman's rho correlation analyses were used to examine the influence of continuous covariates age, and acculturation on study outcomes (Mothers HIV sexual risk behaviors, Mothers HIV testing, and Mothers HIV Counseling). An analysis of variance (ANOVA) examined the potential influence of the categorical variables education and income. A Chi Square test identified associations between binary covariates

health insurance, marital status, and alcohol misuse on older Latina mother HIV risk outcomes.

# Primary analyses.

The study utilized a recurrent cross-sectional research design (Grossoehme, & Lipstein, 2016). Recurrent cross-sectional analysis (ReC-SA) can be thought of as a series of smaller studies given that at each time point data from all participants are analyzed as an independent unit. After this analysis is completed, a second analysis focuses on differences and similarities between time points. ReC-SA describes differences when comparing time points. The level of analysis may be done across the entire sample or a subsample, and may be done upon completion of each time point. ReC-SA is appropriate when questioning how beliefs, such as health behaviors, change over time (Grossoehme, & Lipstein, 2016). A recurrent cross-sectional approach is best utilized for questions that focus on comparing discrete time points or where logistical challenges prevent examining changes overtime. In the present study, recurrent cross-sectional analyses was utilized in place of more traditional longitudinal techniques due to sample size limitations that did not provide enough power to examine changes in trajectory overtime. Such analysis would have required approximately a sample of N=800 (n=400 dyads) with a medium (0.20) effect size and 80% power (Hedeker, Gibbons, & Waternaux, 1999). Therefore Recurrent cross-sectional analyses was conducted across four time points (T<sub>0</sub>, T<sub>1</sub>,  $T_2$ , and  $T_3$ ).

The overarching aims of the study were to (a) examine associations between HIV risk behaviors of adult Latina daughters and those of their older Latina mothers and (b) test the moderation effect of mother-daughter attachment on those associations.

Recurrent cross-sectional moderation models across T<sub>0</sub>, T<sub>1</sub>, T<sub>2</sub>, and T<sub>3</sub> were conducted using PROCESS v2.16, a path analysis modeling macro tool available for SPSS (Hayes, 2012). PROCESS "is widely used through the social, business, and health sciences for estimating direct and indirect effects in... two and three way interactions in moderation models" (Hayes, n.d., para. 1); PROCESS simplifies the moderation analysis (Hayes, n.d.). Figure 4 shows the PROCESS moderation model where the effect of some predictor (X) on some outcome (Y) is influenced, or dependent, on a moderator (M) (Hayes, 2012). For the current study PROCESS estimates the direct effects of predictors (adult Latina daughter HIV sexual risk behaviors, HIV testing, and HIV counseling) on outcomes (older Latina mother HIV sexual risk behaviors, HIV testing, and HIV counseling) while simultaneously examining the moderating influence of mother-daughter attachment on those associations. The direct and indirect effects of adult Latina daughters having received HIV counseling across all three outcomes was examined. There is evidence that adult daughters seek out health related information and share with their mothers (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Mosavel, 2009; Mosavel, & Genderson, 2016; Mosavel, & Thomas, 2009). Therefore, effects of predictor (adult Latina daughter HIV counseling) were also examined on outcomes (older Latina mother HIV testing

and HIV sexual risk behaviors). Hair states that a moderator effects third variables or constructs that change the relationship between two variables or constructs that are related. Meaning, a moderator that shows the association between variables, changes depending on the amount of another variable that was added to the model (Hair, Black, Babin, Anderson, & Tatham, 2006).

When traditionally examining interaction effects, first order predictors and moderator terms are mean centered (Little, Card, Bovaird, Preacher, & Crandall, 2007). It is recommended that continuous variables be centered when conducting moderation analyses because the predictor and moderator variables are highly correlated with the product terms created for them (Little et al., 2007). This can create instability in the values of the estimated regression weights (Aiken & West, 1991; Cohen, Cohen, West, & Aiken, 2003; Jaccard, Turrisi, & Wan, 1990). Several studies have shown that if the first order variables are mean centered, meaning transformed from raw score to a deviation score scaling by subtracting the variable mean from all observations, the result product term is minimally correlated/uncorrelated with the first order variables, if the variables are reasonably bivariate normal (Little et al., 2007). Next, product terms are usually created between the predictor and moderator terms representing their interaction.

However, PROCESS version 2.16 automatically mean centers predictor and moderator terms and creates interaction terms. In addition, PROCESS recognizes binary outcomes without having to incorporate additional syntax. It should be noted that PROCESS v2.16 only produces confidence intervals for

unstandardized regression coefficients; therefore, results are presented in unstandardized values (*B*).

# **Human Participants Consideration**

This Human Subjects Research falls under Exemption (4): "Research involving the collection or study of existing data, documents, records, pathological specimens, or diagnostic specimens, if these sources are publicly available or if the information is recorded by the investigator in such a manner that subjects cannot be identified, directly or through identifier linked to the subjects"

As a secondary data analysis, the data will have already been collected under the auspices of Institutional Review Board (IRB) approved procedures at Florida International University (FIU), thus, human subjects' issues have been addressed. This Methods for this study were all approved by the IRB at FIU. As secondary data analysis, this study posed no risk of harm to participants. Nevertheless, the dataset was stripped of all identifiers.

All participants signed an informed consent form which was read outload in either English or Spanish, depending on the participant's preference. Consent specified participant's rights to confidentiality, their right to terminate participation at any time, and contact information for the principle investigator in case participants had additional comments or complaints. All interviewers completed sensitivity and confidentiality training. Strict measures were taken to ensure the database was secure. Contact information sheets were maintained locked without access to anyone not assigned to the study and completed data was

maintained in double coded electronic storage accessible only to the principle investigator.

### **CHAPTER IV. RESULTS**

This study examined the (a) influence of daughter's HIV risk behaviors may have on that of their mother's HIV risk behaviors and (b) whether attachment plays a moderating role on those associations influence. The data analytic plan for the present study consisted of: 1) obtaining descriptive statistics of the sample, 2) checks for non-normality, 3) testing for the potential influence of covariates in the model, 4) a series of recurrent cross-sectional path analysis testing the direct effects of adult Latina daughters HIV risk on their older Latina mother's HIV risk, and the moderating influence of mother-daughter attachment on that association.

# **Preliminary Analysis**

A variety of analytical techniques and procedures were conducted in order to determine possible data outliers, missing data, or non-normality. Below are the results of the preliminary analysis.

## **Descriptive statistics.**

Tables 3 thru 12 presents the frequency and distributions for all key observed study variables. Results indicated all continuous variables were normally distributed. Sample demographics revealed 72% of participants (*N*=158) were foreign born (86% of mothers [n= 79] and 58% of daughters [n=79]) had emigrated to the United States (See Table 3). In regard to country of origin, 30.4% of the participants were Cuban, 10% from Colombian, 11% from Peruvian, and over 8% from Puerto Rican (See Table 2). Overall, participants reported low levels of education with 54% having less than high school education, 28% had a

GED or high school diploma, 18% indicated education levels beyond high school education. Table 3 displays the samples education levels aggregated by mothers and daughters. At baseline, participants reported relatively low income levels with over half the sample (51.3%) having personal incomes of less than \$10,000 per year and 90% of participants reporting annual incomes of less than \$30,000 per year (See Table 3). Lastly, the mean participant age was 58.5 years (SD = 7.48, range of 50 to 88 years) for mothers, and 31.3 years (SD = 9.73, range of 18 to 55 years) for daughters (See Table 4).

At baseline 38% of mothers reported at least one sexual behavior in the last 12 months (Table 5), but almost half (49.4%) reported never having been tested for HIV (Table 6). Additionally, Table 7 shows 65.8% of mothers said no health care provider had spoken to them about HIV prevention or safe sex (counseling). Tables 8-10 detail daughters' behaviors. Over 82% of adult daughters reported some form of risky sexual behavior during the past 12 months, with 80% reporting having been tested for HIV. As for HIV counseling, Table 12 shows 62% of daughters said they had spoken to a health care professional about HIV prevention or safe sex.

## Missing data.

There were minimal amounts of missing data. Of the 474 dependent and independent predictor variables, only one was missing. As such, listwise deletion was used to deal with missing data.

# Analysis of Sociodemographics as covariates.

Statistical tests were conducted to assess the potential influence of covariates in the research models. Variables were evaluated for their influence on dichotomous study outcomes (older Latina mother's HIV risk, HIV testing, and HIV counseling) across each time point (T<sub>0</sub>, T<sub>1</sub>, T<sub>2</sub>, and T<sub>3</sub>).

An analysis of variance (ANOVA) was used to evaluate the potential influence of categorical variables education and income. Chi-square analyses were used to analyze binary covariates (health insurance, marital status, and alcohol misuse). Spearman rho correlations assessed continuous variables age and acculturation. Results indicated younger age was associated with greater involvement in HIV sexual risk behaviors at baseline and T<sub>1</sub> (T<sub>0</sub> [r= -.35, p=.002]; T<sub>1</sub> [r= -.38, p=.001]). Married women were more likely to engage in HIV sexual risk behaviors across all time points (T<sub>0</sub>:  $\Delta \chi^2$  [1] = 9.78, p= .002; T<sub>1</sub>:  $\Delta \chi^2$  [1] = 21.64, p= < .001; T<sub>2</sub>:  $\Delta \chi^2$  [1] = 31.94, p= < .001; T<sub>3</sub>:  $\Delta \chi^2$  [1] = 20.23, p<.001). At baseline married women were less likely to have been tested for HIV (T<sub>0</sub>:  $\Delta \chi^2$  [1] = 5.31, p= .021) Table 3 shows number of married mothers and daughters. No other potential covariates were significantly associated with the study outcomes. Subsequent primary analysis included marital status and age as covariates.

## **Primary Analyses**

A series models with 10,000 bootstrap iterations were tested with the SPSS macro PROCESS v2.16. Figures 5-8 presents results for the series of recurrent cross sectional moderation models tested at each time point. Results

are presented in unstandardized values (*B*). No significant direct and moderating effects were found in the proposed research models.

A series of post-hoc analyses were subsequently conducted. First, the total scale score for the attachment variable was disaggregated by subscale (Trust, Communication, and Alienation Subscale). Interaction effect for each attachment subscales were tested independently in the research model. No significant interaction effects were found for any of the subscales.

Next, post hoc analyses tested the proposed research model on the full parent study sample (N=130 mother-daughter dyads) of the last time point. The last time point ( $T_3$ ) was utilized for this analyses to increase the probability for mothers in the dyads being 50 years of age or older due to time laps of approximately 10 years and determine if the increases sample size would impact study findings. Cross sectional analyses on the N=130 dyads followed the same procedures as those previously indicated for the original N=79 dyads with regard to preliminary data analyses. Descriptive statistics indicated that ages for the mothers in the post hoc analyses ranged from 41-97 (M= 60.02, SD=9.97). Seventeen dyads included mothers under the age of 50. These cases were included in the exploratory analyses to maximize sample size.

Post-hoc analyses indicated that Latina mothers who were married (B= 2.95, p <.001) engaged in greater HIV sexual risk behavior, also higher income (B= .18, p=.03) was associated with a greater likelihood of having received HIV counseling. No other significant covariates were evident in the post-hoc analyses. Interaction effects for the full attachment scale, as well as the individual

subscales (Trust, Communication, and Alienation Subscales), were examined.

No direct effects of predictors (adult Latina daughter HIV sexual risk behaviors,
HIV testing, and HIV counseling) on outcomes (older Latina mother HIV sexual risk behaviors, HIV testing, and HIV counseling) were found. Also, no significant moderating effects for mother-daughter attachment were found on those associations.

## **CHAPTER V. DISCUSSION**

## **Summary of Results**

The current study examined the associations between adult Latina daughter's HIV risk behaviors and that of their older mothers during four time points and whether such behaviors were moderated by the mother-daughter attachment. The purpose was to take a step toward exploring the possibility of a new family prevention method for older Latina women who may be at risk for HIV infection. Despite Latinx cultural beliefs like *marianismo*, that place pressure on Latinas to be remain loyal, it also pressures them to be submissive to their partners, disregard their infidelities, and not attempt to negotiate condom use; beliefs like machismo encourage Latinos' infidelities; placing both at risk for HIV infection, while other cultural beliefs silence and stigmatize the family, biological factors put the older women at higher risk. This combination of cultural and biological factors place older Latinas at risk to HIV infection and creating a public health problem. Therefore, to address the current gap in the literature, the current study used secondary data from a longitudinal Latina mother-daughter study to test two aims. Aim 1 of the study was to examine the association between recurrent HIV risk behaviors of adult Latina daughters and also that of their older Latina mothers (50 and over year of age). It was hypothesized that recurrent HIV risk behaviors among adult Latina daughters would be positively associated with the recurrent HIV risk behaviors of their older Latina mothers. Results of the analysis found no support for this hypothesis. Aim 2 examined the interaction effect that the mother-daughter attachment moderator had on associations

between the recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers. The first hypothesis of Aim 2 was that older mothers with higher attachment levels to their adult daughters would show a stronger association between recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers. Results of the analysis found no support for this hypothesis. The second hypothesis of Aim 2 was that mothers with lower attachment levels to their daughters would show weaker association between recurrent HIV risk behaviors of adult Latina daughters and those of their older Latina mothers. Results of the analysis found no support for this hypothesis. However, consistent with the literature age was found to be significantly negatively correlated with HIV sexual risk behaviors (CDC, 2017c; Craig, 2007), HIV testing and HIV counseling (Craig, 2007) (See Table 4). Additionally, marital status was also significantly correlated with HIV sexual risk behaviors. Married participants were found to have higher HIV sexual risk behaviors, this finding was driven by the variable measuring unprotected sex.

#### HIV sexual risk behaviors.

Whether direct or indirect, communication about sex among Latina mothers and daughters seems to vary. In some studies, pregnant Latina teenagers report having had less sexual communication with their parents than reports from nonpregnant teens (Adolph, Ramos, Linton, & Grimes, 1995; Baumeister, Flores, & Marin, 1995). However, a 1994 study showed that Latina adolescents report higher levels of communication about sex with their mothers than did adolescent Latinos (Hovell, Sipan, Blumberg, Atkins, Hofsteter, &

Kreitner, 1994). Yet more recent studies found that although Latina daughters report having better communication with their mothers than Latino sons, findings suggest the communication is less about sex and more about values, beliefs, and relationships (Mena et al., 2008; Raffaelli & Green, 2003; Romo et al., 2002). Thus, in support of the study aims, the current study examined the association between adult Latina daughter risky sexual behaviors and that of their older mothers'. Data analysis did not support the hypothesis that adult Latina daughters' sexual risk behaviors would be associated with that of their mothers, suggesting possible daughter-initiated behaviors or influence. Lack of significance in the analysis may imply that lack of communication about risky sexual behaviors among Latina mothers and their adolescent daughters may continue bi-directionally into adulthood.

Although the hypothesis for aim 1 was not supported, results of the analysis were consistent with the literature and showed younger age as a predictor to HIV sexual risk behaviors. Additionally, being married was also found to be a predictor to HIV sexual risk behavior. It is likely sex without a condom is driving the significance with married status. However, as stated in Chapter II, Latinx machismo and marianismo traditional gender norms place pressure on Latinas to disregard their partners' infidelities and not negotiate condom use; thus, increasing these women's risk of HIV infection via heterosexual sex with their primary partners.

# HIV testing.

Adult daughters, including adult Latina daughters, influence their mothers' health screening behaviors by way of sharing of information with their mothers, encouraging them to be tested and proactively seek out information on healthrelated preventions (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Mosavel, 2009; Mosavel, & Genderson, 2016; Mosavel, & Thomas, 2009; Washington et al., 2009). However, studies have been limited to cancer screenings. Although older Latinas' HIV testing is associated to HIV counseling from health care providers (Craig, 2007), until the current study, to date, no studies have looked at possible associations between older Latina's HIV testing and their adult daughters' testing behaviors. No correlation was found between adult daughter's HIV testing and that of their older mother's. Therefore, analysis for the current study did not support the hypothesis that adult Latina daughters' HIV testing would be associated with that of their older mother's. However, consistent with the literature (Craig, 2007), results showed age as a significant predictor to HIV testing.

## HIV counseling.

Although HIV counseling from health care providers is a predictor of HIV testing (Craig, 2007), language gaps may make HIV counseling futile. Language gap problems may be more problematic in less diverse geographical areas of the country where it is more difficult to find bilingual physicians or translators. However, even in Miami-Dade County, Florida, where 64% of the population speaks Spanish at home (Statistical Atlas, 2015), differences in health care due

to primary language are evident. In fact, a 2005 survey found that Miami residents who reported speaking English at home were more likely to have a regular dentist (Graham, Tomar, & Logan, 2005). Nevertheless, ensuring reduction of ethnic/racial health disparity depends on both language as well as cultural competence (Huey, Tilley, Jones, & Smith, 2014). A study with 546 adult daughters (50% Latinas) Kratzke and colleagues found that daughters passively and actively seek out health-related information, like from the internet or formal education and share it with their mothers (2014). Daughters not only bridge language gap, but also dismiss health myths for their mothers (Kratzke, Amatya, & Vilchis, 2014). Such studies show that daughters are serving as brokers of language, information, and culture to their mothers.

In support of aim 1, the current study appropriately examined the association between adult Latina daughters' HIV counseling and their older mother's HIV counseling as well as the mother's HIV testing and risky sexual behaviors. However, data analysis for the current study did not support the hypothesis that adult Latina daughters' HIV counseling was associated with their older mothers' HIV counseling, HIV testing, or sexual risk behaviors.

Because Latinx parents and children hold such taboos about discussing sex (Gil & Vazquez, 1996), it is likely that messages gathered by adult Latina daughters that warn about risky sexual behaviors or promote HIV prevention are not being passed down to their mothers due to cultural taboos that have existed throughout adolescents (Mena et al., 2008). Analysis of the current study data showed no association between adult Latina daughters HIV counseling and that

of their mother's counseling, testing, or risky sexual behaviors. Consistent with the literature (Craig, 2007), HIV counseling was negatively correlated with age. As with risky sexual behaviors, results may suggest that communication about taboo topics continue to be taboo for Latina mothers and daughters even into adulthood.

### **Future Recommendations**

#### Research.

The literature has a wealth of studies regarding mother-daughter studies. Such studies include examining risky and protective sexual behaviors, and substance use. Many of them also include attachment and cultural beliefs as factors to risk behaviors. Moreover, several of the same studies also examine dyadic samples. However, to date, a small amount has focused on Latinas and an even smaller amount on adult Latina dyads. Given the rising Latinx population, older adults, and HIV risk behaviors among older adults, it is critical that more research is focused on this population as they age and require multiple services. Further research is needed to further understand the sexual risks of older less-acculturated Latina women. Additionally, the lack of significance in the current study suggests that the sex taboos that exist in Latino cultures are being carried over into adulthood by daughters and their older mothers. Researchers need to consider cultural taboos when working with older Latinas and insure candid responses. Self-administered interviews that are more likely to promote honest responses from this population should be considered.

#### Preventions.

Future prevention efforts with older Latinas should include development of a family-based, age, and culturally-appropriate prevention strategies that include adult daughters as broker to information and cultural barriers. Considering previous studies that examine adult daughters influence over their mothers' health-related behaviors (Browne & Chan, 2012; Kratzke, Amatya, & Vilchis, 2014; Mosavel, 2009; Mosavel, & Genderson, 2016), daughters do seem to be able to influence their mothers' health-related decisions. In fact, Mosavel and Thomas (2009) found that 100% of Latina daughters responded they would absolutely give their mothers health advice, compared to 63% African American daughters. The main reason for the difference was that African American daughters felt it was something their mothers already knew or should have known (Mosavel & Thomas, 2009); while Latina daughters suggested their mothers may not have known. Future prevention strategies must keep in mind barriers that keep older Latinas from obtaining reliable information about HIV risk such as language gaps and cultural factors that keep Latinas from speaking openly about sex-related issues. Often older parents are less acculturated than children that may have been raised in the U.S. Prevention programs should include adult daughters as brokers for their mothers. Strategies may include communication techniques that facilitate adult daughters to engage their older mothers about risky sexual behaviors. To date, no such prevention strategies are in effect.

## Policy.

As an HIV prevention strategy, in 2006, the CDC recommended routine testing for all patients 13 to 64 years of age in health care settings (CDC, 2006). This was an effort to increase testing as well as break down barriers that prevent individuals from testing by opening the lines of communication for HIV testing. However, this policy excludes sexually active adults over age 64 which creates the assumption that adults over 64 are not sexually active and thus not at risk for HIV infection. Yet older adults remain active well into their 80's and moreover engage in risky sexual behaviors (Johnson, 2013; Falvo & Morman, 2004; Schick et al., 2010) and find it difficult to speak openly to share with their physicians (Lindau, Leitsch, Lundberg, & Jerome, 2006). The Infectious Diseases Society of America has taken recommendations further by recommending routine HIV testing for all sexually active adults (Lubinski et al., 2009).

In 2010, Pinkerton and colleagues conducted a study on the cost of rapid HIV testing in hospitals. The study found the average per-test cost of rapid HIV testing and counseling was \$48.07 for a HIV-negative test and \$64.17 for a preliminary-positive test. Counseling accounted for 38.4% of the total cost (Pinkerton, Bogart, Howerton, Snyder, Becker, & Asch, 2010). Lowering home HIV test costs may help to boost the rate of HIV testing among low income populations where HIV resides most. Lower costs may also encourage health-care setting to promote testing to patients more often. Additionally, affordable home tests can encourage individuals to test more often in the privacy of their own homes. Economical testing techniques and procedures are especially

important to individuals at high risk for HIV infection. However, despite the cost of counseling, it is important that patients are aware of risk and protective methods and know how to gain access to HIV treatment services when necessary.

# **Implications for Social Work**

Social workers are organizers. Through organization, they can generate changes to local or federal policies as well as develop prevention programs that empower individuals and families. At a macro level, social workers can advocate for policies that provide health equality to individuals and communities, such as expanding HIV testing to all sexually active individuals. Moreover, social workers are also researchers contributing to public health, including HIV research. Social work HIV research contribute to intervention strategies, program implementations, and evaluations that are use at both micro and macro levels.

The National Association of Social Workers (NASW) and the Substance Abuse and Mental Health Services Administration (SAMHSA) joined together to contribute to the goals of the National HIV/AIDS Strategy. The strategies are to 1) reduce the number of new HIV infections, 2) increase access to care and enhance health outcomes, and 3) reduce HIV-related health disparities (NASW, 2014). Because testing provides awareness of status, and awareness of seropositive status decreases risky sexual behaviors, subsequently testing reduces the number of new HIV infection. As social workers, it is important to assess to what degree such services are being utilized and to reach out to the hardest to reach communities that have been historically underserved to ensure

health equity. Social workers are in a unique position to greatly help reduce the number of new HIV infections in both macro and micro levels.

As professionals trained to work with individuals, families, and communities with a variety of cultures, social workers play roles in helping to empower those who may have been disenfranchised, such as women, immigrants, children, and elders. Social workers who work with families can help bridge the cultural gap between family members, such as Latina mothers and daughters. Encouraging open lines of communications about risky and protective sex behaviors between parents and children, results in children being more open with their parents about sex. Such strategies may lead to open communications about sex into adulthood. Additionally, medical social workers are in a position where they can partner with health care professionals to reduce stereotypes held about sex and older adults. Such efforts can lead to increases in HIV testing, counseling and a reduction of stigma. Finally, social workers must continue HIV research efforts that contribute to breaking down barriers and address sociocultural challenges that place older Latinxs at risk for HIV infection.

This study adds to the literature and scientific field of social work and public health. Social workers and public health researchers examine and explore HIV interventions, preventions strategies, and evaluate programs in place being implemented for current or future use. This study contributes to such research by exploring the role of family members as deterrents to risky sexual behaviors and adult daughter-initiated upward communication as a technique to promote healthy behaviors among older adults.

### Limitations

Several limitations of the study should be considered. The most significant limitation to the current study was sample size. Although the parent study maintained a 96% retention rate, once inclusion criteria for the current study were met, the data yield a small sample size. Future research would benefit greatly from a larger more representative sample that could withstand more elaborate analysis and provide confidence in the findings. Although data for the present study was collected using face to face interviews, given cultural taboos addressed in Chapter II, self-administered questionnaires (SAQ) would reduce social desirability and possible interviewer bias.

In addition to sample size and interview methods, measurement instruments may have also posed limitations. The study attempted to test moderation of the interaction of the mother-daughter relationship using the Inventory of Parent and Peer Attachment (IPPA) scale (Armsden & Greenberg, 1987). Although IPPA is widely used among parents and under age children, further development of instruments to assess adult parent-child attachment may be warranted. Furthermore, although interviewers were extensively trained in building rapport as well as maintaining confidential information as required by the Institutional Review Board, sexual behaviors could not be confirmed. Instruments relied heavily on subject self-reporting. Accuracy of answers about sexual activities from a sample of Latina women may be difficult to ascertain given cultural taboos. Some of the data may have been strengthened with the availability of information from other sources, such as HIV test records. Future

studies on risky sexual behaviors of older Latinas may benefit from being able to gain information from other reliable sources, provide self-administered interviews, and a random and larger sample size.

#### Conclusion

This study aimed to advance the area of social welfare by exploring innovative strategies that would help reduce risky sexual behaviors of older Latinas. Advancing strategies to reduce the risky sexual behaviors of older Latinas could lead to reductions of HIV infections among a hidden population. Embedded cultural factors and cultural barriers make older Latinas a challenging population for prevention strategies. However, this study intended to show that by capitalizing on the same cultural values that create barriers to HIV preventions, such as *familismo*, older Latina women could be reached through their adult daughters. Most studies examining protective familial influences on Latina substance use and/or HIV risk behaviors, focused on adolescent samples (Robles et al., 2006; Romo et al., 2002). Examining the associations between older Latina mothers' and their adult daughters' risky sexual behaviors would build on existing literature that examine either mothers and adolescent daughter dyads or the health-related behaviors of adult mother and daughters.

Although the current study did not yield results as hypothesized, the findings underscored the impact, strength, and trajectories of the sexual taboos that exist in Latinx families and carry over into adulthood. Moreover, such results should not be discouraging, but instead inspire further research that measures and examines Latinx family communication strategies and factors that empower

Latinas to break through the cultural taboos that place them at risk for HIV infection.

**Tables and Figures** 

Table 1. *Inclusion Criteria for Current Study* 

Criteria	Inclusion
Age	18 and over (Daughters); 50 and over (Mothers)
Country of Birth	U.S. Latina America, or Caribbean
Interview	Consent to 2/3 hr. interview
Participation	Participant of Parent Study
Contact Information	Willing to provide 2 contacts

Table 2. Participants Identifying Country

	n	%	Valid %	Cumulative %
Mexico/Mex-Am/Chicana	8	5.1	5.1	5.1
Puerto Rico	13	8.2	8.2	13.3
Cuba	48	30.4	30.4	43.7
Nicaragua	4	2.5	2.5	46.2
Honduras	4	2.5	2.5	48.7
Venezuela	4	2.5	2.5	51.3
Colombia	16	10.1	10.1	61.4
Ecuador	4	2.5	2.5	63.9
Peru	17	10.8	10.8	74.7
Bolivia	2	1.3	1.3	75.9
Argentina	5	3.2	3.2	79.1
Other	33	20.9	20.9	100.0
Total	158	100.0	100.0	

Table 3.

Descriptive Statistic for Mothers and Daughters

		Mothers			Daughters			
	n	%	Valid %	Cumulative %	n	%	Valid %	Cumulative %
Nativity								
Foreign born	68	86.1	86.1	86.1	46	58.2	58.2	58.2
US Born	11	13.9	13.9	100.0	33	41.8	41.8	100.0
Total	79	100.0	100.0		79	100.0	100.0	
Education								
Less than HS	41	51.9	51.9	51.9	44	55.7	55.7	55.7
High School	20	25.3	25.3	77.2	24	30.4	30.4	86.1
Bachelor	13	16.5	16.5	93.7	8	10.1	10.1	96.2
Grad/Professional	5	6.3	6.3	100.0	3	3.8	3.8	100.0
Total	79	100.0	100.0		79	100.0	100.0	
Marital Status								
No partner	62	78.5	78.5	78.5	60	75.9	75.9	
Married/Partner	17	21.5	21.5	100.0	19	24.1	100.0	
Total	79	100.0	100.0		79	100.0		
Income at Baseline								
0-4,999	19	24.1	24.1	24.1	29	36.7	36.7	36.7
5,000-9,999	19	24.1	24.1	48.1	14	17.7	17.7	54.4
10,000-14,999	14	17.7	17.7	65.8	9	11.4	11.4	65.8
15,000-19,999	3	3.8	3.8	69.6	11	13.9	13.9	79.7
20,000-24,999	3	3.8	3.8	73.4	9	11.4	11.4	91.1
25,000-29,999	9	11.4	11.4	84.8	2	2.5	2.5	93.7
30,000-34,999	3	3.8	3.8	88.6	1	1.3	1.3	94.9
35,000-39,999	2	2.5	2.5	91.1	2	2.5	2.5	97.5
40,000-44,999	2	2.5	2.5	93.7	1	1.3	1.3	98.7
45,000-49,999	2	2.5	2.5	96.2	0	n/a	n/a	n/a
50,000 or more	2	2.5	2.5	98.7	1	1.3	1.3	100.0
Does not remember	1	1.3	1.3	100.0	0	100.0	100.0	
Total	79	100.0	100.0					

Table 4.

Age at Baseline, N=158

	<u>Participants</u>				
	Mothers	Daughters			
n	79	79			
Mean	58.51	31.32			
Median	56.00	29.00			
Mode	56	25 <sup>a</sup>			
Std. Deviation	7.486	9.729			
Range	38	37			
Minimum	50	18			
Maximum	88	55			

a. Multiple modes exist. The smallest value is shown

Table 5.

Mother-HIV Sexual Risk Behaviors\* (Did the participant have any HIV sexual risk behaviors in the last 12 months?)

				Cumulative
	n	%	Valid %	Percent
No	49	62.0	62.0	62.0
Yes	30	38.0	38.0	100.0
Total	79	100.0	100.0	

<sup>\*</sup>HIV Sexual Risk Behaviors include: sex without condoms, sex under the influence, multiple sex partners, or all

Table 6. Mother-HIV Testing (Have you ever been tested for HIV?)

	n	%	Valid %	Cumulative Percent
No	39	49.4	49.4	49.4
Yes	40	50.6	50.6	100.0
Total	79	100.0	100.0	

Table 7.

Mother-HIV Counseling (Has your doctor or any health professional spoken to you about HIV prevention or safe sex, in the last 12 months?)

				Cumulative
	n	%	Valid %	Percent
No	52	65.8	66.7	66.7
Yes	26	32.9	33.3	100.0
Total	78	98.7	100.0	

Table 8.

Daughter-HIV Sexual Risk Behaviors\* (Did the participant have any HIV sexual risk behaviors in the last 12 months?)

				,
			Valid	Cumulative
	n	%	%	Percent
No	14	17.7	17.7	17.7
Yes	65	82.3	82.3	100.0
Total	79	100.0	100.0	

<sup>\*</sup>HIV Sexual Risk Behaviors include: sex without condoms, sex under the influence, multiple sex partners, or all

Table 9.

Daughter-HIV Testing (Have you ever been tested for HIV?)

				Cumulative
	n	%	Valid %	Percent
No	16	20.3	20.3	20.3
Yes	63	79.7	79.7	100.0
Total	79	100.0	100.0	

Table 10.

Daughter-HIV Counseling (Has your doctor or any health professional spoken to you about HIV prevention or safe sex, in the last 12 months?)

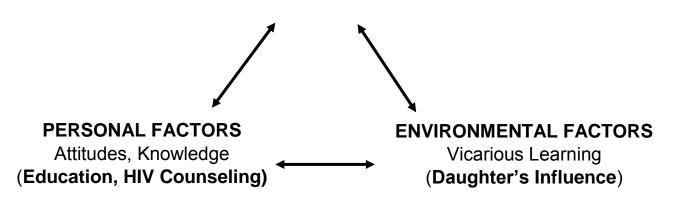
				Cumulative
	n	%	Valid %	Percent
No	30	38.0	38.0	38.0
Yes	49	62.0	62.0	100.0
Total	79	100.0	100.0	

Figure 1.

# Study Theoretical Framework

# **BEHAVIORAL FACTORS**

Skills, Practice (HIV Risk Behaviors)



Based on Albert Bandura Social Cognitive Theoretical Model

Figure 2.

Study Research Model

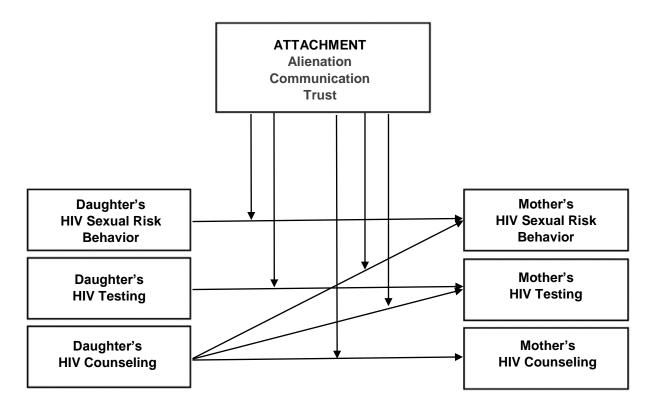


Figure 3.

Parent Study Longitudinal Timeframe

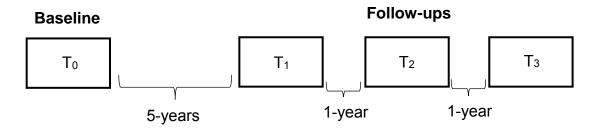
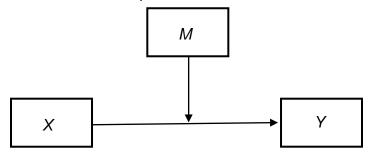


Figure 4.

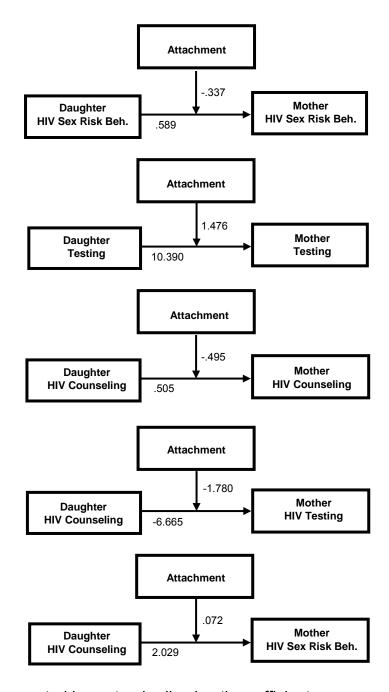
# PROCESS Conceptual Model



$$\hat{Y} = i_Y + b_1 X + b_2 W + b_3 X W,$$

Figure 5.

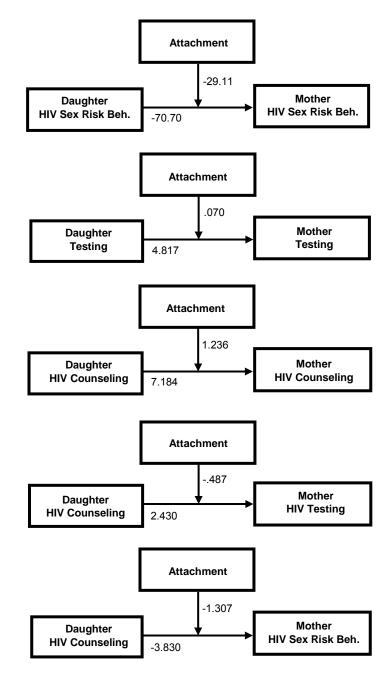
T<sub>0</sub>: Recurrent Cross-sectional Moderator Model



Note. Parameters reported in unstandardized path coefficients

Figure 6.

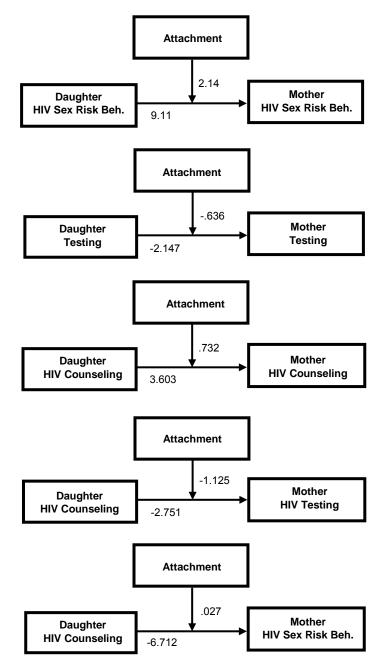
T<sub>1</sub>: Recurrent Cross-sectional Moderator Model



Note. Parameters reported in unstandardized path coefficients

Figure 7.

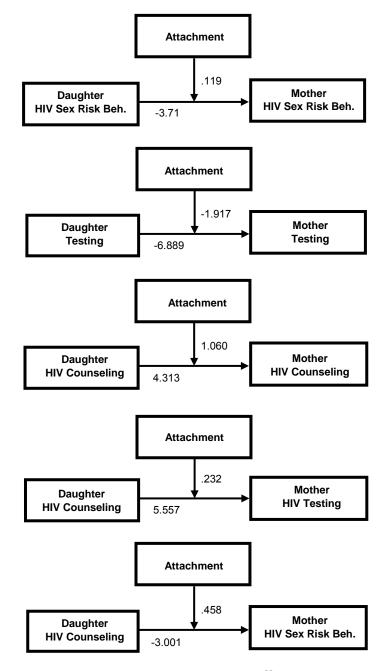
T<sub>2</sub>: Recurrent Cross-sectional Moderator Model



Note. Parameters reported in unstandardized path coefficients

Figure 8.

T<sub>3</sub>: Recurrent Cross-sectional Moderator Model



Note. Parameters reported in unstandardized path coefficients

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# **APPENDICES**

# Appendix A

### PERSPECTIVE ON MOTHER/DAUGHTER ATTACHMENT

# PERSPECTIVE ON MOTHER/DAUGHTER ATTACHMENT: Some of the following statements ask about your feelings about your [IFMD]. answer the questions for the one who is participating with you.

uiisw	ci the questions for the one who is participa		ing With your
B1.	My [IFMD] respects my feelings?		
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B2.	I feel my [IFMD] does a good job as my [IFMD].		
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
В3.	I wish I had a different [IFMD].		
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B4.	My [IFMD] accepts me as I am.		
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B5.	I like to get my [IFMD] point of view on things I	'm	concerned about.
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true

B6.	I feel it's no use letting my feelings show around	my [IFMD].
		1 Almost never or never true
	;	Not very often true
		3 Sometimes true
		4 Often True
		5 Almost always/always true
B7.	My [IFMD] can tell when I'm upset about somethi	ng.
		1 Almost never or never true
		Not very often true
	;	3 Sometimes true
		4 Often True
		5 Almost always/always true
B8.	Talking over my problems with my [IFMD] makes foolish.	me feel ashamed or
		1 Almost never or never true
		Not very often true
		3 Sometimes true
		4 Often True
		5 Almost always/always true
B9.	My [IFMD] expects too much from me.	
	, ,	l Almost never or never true
	,	Not very often true
		3 Sometimes true
		4 Often True
		5 Almost always/always true
B10.	I get upset easily around my [IFMD].	
	, , , , , , , , , , , , , , , , , , , ,	1 Almost never or never true
	:	Not very often true
		3 Sometimes true
		4 Often True
		5 Almost always/always true
B11.	I get upset a lot more than my [IFMD] knows abo	out.
		1 Almost never or never true
	:	Not very often true
		3 Sometimes true
		4 Often True
	,	5 Almost always/always true

DIZ.	when we discuss things, my [IFMD] cares abou	ιπ	ly point of view.
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B13.	My [IFMD] trusts my judgment.		
	, , , , ,	1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
			Almost always/always true
B14.	My [IFMD] has her own problems, so I don't bo		•
DI I.	Thy [IT FID] has her own problems, so I don't bo		Almost never or never true
		2	Not very often true
		3	Sometimes true
		_	Often True
D4.5	A4 [TEMP]		Almost always/always true
B15.	My [IFMD] helps me to understand myself bette	er.	
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B16.	I tell my [IFMD] about my problems and trouble	es.	
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B17.	I feel angry with my [IFMD].		
	3, , , , ,	1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		-	Almost always/always true
		0	12miost amays, amays title

B18.	I don't get much attention from my [IFMD].		
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B19.	My [IFMD] helps me to talk about my difficulties	5.	
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B20.	My [IFMD] understands me.	1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B21.	When I am angry about something, my [IFMD]	trie	es to be understanding.
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B22.	I trust my [IFMD].	1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true
B23.	My [IFMD] doesn't understand what I'm going t	hrc	ough these days.
		1	Almost never or never true
		2	Not very often true
		3	Sometimes true
		4	Often True
		5	Almost always/always true

- B24. I can count on my [IFMD] when I need to get something off my chest.
  - 1 Almost never or never true
  - 2 Not very often true
  - 3 Sometimes true
  - 4 Often True
  - 5 Almost always/always true
- B25. If my [IFMD] knows something is bothering me, she asks me about it.
  - 1 Almost never or never true
  - 2 Not very often true
  - 3 Sometimes true
  - 4 Often True
  - 5 Almost always/always true

# Appendix B

#### **ACCULTURATION**

ACCULTURATION: We are almost at the end of the questionnaire. The next questions ask about the differences and similarities that you notice between your country of origin and the United States. Included are questions on: where each family member has lived for most of their life, language preferences, and values.

Q1.	How do you describe yourself? Check all apply)	that apply. (Check all that
		_Mexican/Mexican American/Chicano(a)
	_	_Puerto Rican
	_	_Cuban
	_	_Guatemalan
	_	_Salvadorian
	_	_Costa Rican
	_	_Nicaraguan
	_	_Panamanian
	_	_Honduran
	_	_Venezuelan
	_	_Colombian
	_	_Ecuadorian
	_	_Peruvian
	_	_Bolivian
	_	_Chilean
	_	_Argentinian
	_	_Uruguayan
	_	_Paraguayan
	_	_Other
Q1A.	If "Other", specify:	
Q2.	How well do you speak Spanish? (Choos	se one)
		1 Not at all
		2 Fair
		3 Good
		4 Excellent

Q3.	How well do you read Spanish? (Choose one)		
		1	Not at all
		2	Fair
		3	Good
		4	Excellent
Q4.	How well do you write Spanish? (Choose one)		
		1	Not at all
		2	Fair
		3	Good
		4	Excellent
Q5.	How well do you speak English? (Choose one)		
•	, , ,	1	Not at all
		2	Fair
		3	Good
		4	Excellent
Q6.	How well do you read English? (Choose one)		
-	The state of the s	1	Not at all
		2	Fair
		3	Good
		4	Excellent
Q7.	How well do you write English? (Choose one)		
_	, , ,	1	Not at all
		2	Fair
		3	Good
		4	Excellent
Q8.	How familiar would you say you are with fine a <u>Latin American country?</u> (PROBE: Painters, actor		
	1		now anything about these
	2		ery little about these
	3		omething about these
	4		lot about these
Q9.	How familiar would you say you are with fine a <u>United States?</u> (Choose one)	rt and fi	ne artists <u>of the</u>
	1	I don't kı	now anything about these
	2	I know v	ery little about these
	3	I know se	omething about these
	4	I know a	lot about these

Q10.	How familiar would you say you are with history and politics of your Latin American country? (Choose one)		
	1	1	I don't know anything about these
	9	2	I know very little about these
	Č	3	I know something about these
	4	4	I know a lot about these
Q11.	How familiar would you say you are with his <a href="States?">States?</a> (Choose one)	st	ory and politics <u>of the United</u>
		1	I don't know anything about these
		2	I know very little about these
		3	I know something about these
		4	I know a lot about these
Q12.	How familiar would you say you are with cu your Latin American country? (PROBE: like t		
	1	1	I don't know anything about these
	2	2	I know very little about these
	ě	3	I know something about these
	4	4	I know a lot about these
Q13.	How familiar would you say you are with culthe United States? (Choose one)	lt	ural legends and symbols <u>of</u>
	1	1	I don't know anything about these
	2	2	I know very little about these
	Ę	3	I know something about these
	4	4	I know a lot about these
Q14.	How familiar would you say you are with po Latin American country? (Choose one)	p	ular entertainers <u>of your</u>
	1	1	I don't know anything about these
	9	2	I know very little about these
		3	I know something about these
	4	4	I know a lot about these
Q15.	How familiar would you say you are with po <u>United States?</u> (Choose one)	p	ular entertainers <u>of the</u>
	1	1	I don't know anything about these
	2	2	I know very little about these
	É	3	I know something about these
	4	4	I know a lot about these

In choosing a boyfriend/girlfriend, I: (Choose one) Q16. 1 Accept only Latino(a) 2 Prefer a Latino(a) 3 Have no preference 4 Prefer White 5 Accept only a White 6 Prefer someone that is neither Latino(a) or White If I could choose a boyfriend/girlfriend for a member of my family, I Q17. would: (Choose one) 1 Accept only Latino(a) 2 Prefer a Latino(a) 3 Have no preference 4 Prefer White 5 Accept only a White 6 Prefer someone that is neither Latino(a) or White Q18. In choosing a partner for marriage, I will: (Choose one) 1 Accept only Latino(a) 2 Prefer a Latino(a) 3 Have no preference 4 Prefer White 5 Accept only a White 6 Prefer someone that is neither Latino(a) or White <u>Language</u> Q19. What language do you use when you speak to your parents? (Choose one) Only English English better than Spanish Both equally Spanish better than English Only Spanish Q20. In what language are the TV programs you usually watch with your friends (Choose one) 1 Only English 2 English better than Spanish 3 Both equally

4

Spanish better than English

Only Spanish

- Q21. I prefer to watch TV in... (Choose one)
- 1 Only English
- 2 English better than Spanish
- 3 Both equally
- 4 Spanish better than English
- 5 Only Spanish
- Q22. In what language are the radio programs and music you usually listen to when you are with your friends? (Choose one)
  - 1 Only English
  - 2 English better than Spanish
  - 3 Both equally
  - 4 Spanish better than English
  - 5 Only Spanish
- Q23. In what language are the radio programs and music you usually listen to when you are by yourself? (Choose one)
  - 1 Only English
  - 2 English better than Spanish
  - 3 Both equally
  - 4 Spanish better than English
  - 5 Only Spanish

# Appendix C

# **DRINKING**

DRINKING: This section asks you specific questions about your recent drinking. For each item tell me the answer that best describes you.

G1.	How often did you drink beer during the last 3 months	? (Choose one)
	1	Never
	2	Several times
	3	About once a month
	4	Several times a month
	5	1 to 2 days a week
	6	3 to 4 days a week
	7	5 to 6 days a week
	8	Everyday
	9	Other
G1A.	If "Other", specify:	
G2.	What was the usual amount of beer you had on any ty you drank beer during the past 3 months? (Choose on	•
	1 1	-2 bottles or cans (12 oz.)
	2 3	-5 bottles or cans (12 oz.)
	3 A	about 1 six pack
	4 A	about 2 six packs
	5 8	six packs or more
G3.	How often did you drink beer during the last 12 month	ns? (Choose one)
	1	Never
	2	Several times
	3	About once a month
	4	Several times a month
	5	1 to 2 days a week
	6	3 to 4 days a week
	7	5 to 6 days a week
	8	Everyday
	9	Other
G3A.	If "Other", specify:	

G4.	What was the usual amount of beer you had on any you drank beer during the past 12 months? (Choose		•
	1	1-2	2 bottles or cans (12 oz.)
	2	3-5	5 bottles or cans (12 oz.)
	3	Al	oout 1 six pack
	4	Al	oout 2 six packs
	5	3 s	six packs or more
G5.	Do you drink light beer or regular beer? (Choose or	ne)	
	1	Lig	ght Beer
	2	Re	egular Beer
	3	Ne	either light nor regular
	4	Во	oth light and regular
G6.	About how often did you drink hard liquor (vodka, r the past 3 months? (Choose one)	um,	, whiskey) during
		1	Never
		2	Several times
		3	About once a month
		4	Several times a month
		5	1 to 2 days a week
		6	3 to 4 days a week
		7	5 to 6 days a week
		8	Everyday
		9	Other
G6A.	If "Other", specify:		
G7.	What was the <u>usual amount</u> of hard liquor (vodka, respectively) had on any typical day when you drank liquor during (Choose one)		
		1	1-2 drinks
		2	3-4 drinks
		3	5-7 drinks
		4	8-10 drinks
		5	About 12 drinks
		6	About 1 pint
		7	About 2 pints
		8	3 pints or more

G8.	About how often did you drink hard liquor (vodka, run the past 12 months? (Choose one)	n, whiskey) during
	1	Never
	2	Several times
	3	About once a month
	4	Several times a month
	5	1 to 2 days a week
	6	3 to 4 days a week
	7	5 to 6 days a week
	8	Everyday
	9	Other
G8A.	If "Other", specify:	
G9.	What was the <u>usual amount</u> of hard liquor (vodka, rur had on any typical day when you drank liquor during to (Choose one)	
	2	3-4 drinks
	3	5-7 drinks
	4	8-10 drinks
	5	About 12 drinks
	6	About 1 pint
	7	About 2 pints
	8	3 pints or more
G10.	When you drink hard liquor, how many ounces do you (Choose one)	ı mix in each drink
	1	1 oz.
	2	2 oz. (1 shot)
	3	3 oz.
	4	4 oz. (1/2 cup)
	5	More than 4 oz.

G11.	About how often did you drink wine during the pa one)	ast (	3 r	nonths? (Choose
			1	Never
			2	Several times
			3	About once a month
			4	Several times a month
			5	1 to 2 days a week
			6	3 to 4 days a week
			7	5 to 6 days a week
			8	Everyday
			9	Other
	G11A. If "Other", specify:			
G12.	What was the <u>usual</u> amount of wine you had on a drank wine during the past 3 months? (Choose o	•	pic	cal day when you
	•	-	1-	3 glasses
		2	4-	5 glasses
		3	A	bout 6 glasses (one bottle)
		4	A	bout 9 glasses
		5	A	bout 2 bottles (12 glasses)
G13.	About how often did you drink wine during the paone)	ast	12	months? (Choose
			1	Never
			2	Several times
			3	About once a month
			4	Several times a month
			5	1 to 2 days a week
			6	3 to 4 days a week
			7	5 to 6 days a week
			8	Everyday
			9	Other
G13A.	If "Other", specify:			

G14.	What was the <u>usual</u> amount of wine you had on a typical day when you drank wine during the past 12 months? (Choose one)
	1 1-3 glasses
	2 4-5 glasses
	3 About 6 glasses (one bottle)
	4 About 9 glasses
	5 About 2 bottles (12 glasses)
	6 Three bottles or more
G15.	How often did you drink wine coolers (or something similar) during the last 3 months? (Choose one)
	1 Never in the past 3 months
	2 Several times in the past 3 months
	3 About once a month
	4 Several times a month
	5 1-2 days a week
	6 3-4 days a week
	7 5-6 days a week
	8 Everyday
	9 Other
	G15A. If "Other", specify:
G16.	What was the <u>usual</u> amount of <u>wine coolers</u> (or something similar) you had on any typical day when you drank wine coolers during the past 3 months? (Choose one)
	1 1-2 bottles (12 oz.)
	2 3-5 bottles (12 oz.)
	3 About 1 six pack
	4 About 2 six packs
	5 3 six packs or more

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