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BRINGING THE KAINES

Hillary Clinton introduces Tim Kaine as her VP pick at FIU

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Hillary Clinton selected Sen. Tim Kaine as her running mate, and chose FIU as the location to make the announcement.

Kaine is a “progressive and likes to get things done,” according to the first female Democratic Party nominee, who introduced him for the first time at the Clinton 2016 rally held at the FIU Arena Saturday, July 23.

“Donald Trump might think that America is in decline but he is wrong,” Clinton said at the rally. “We will offer a very different vision for our country, one that is about building bridges not walls.”

After Trump’s announcement selecting Mike Pence as his running mate, Clinton responded that her candidate is “everything that Donald Trump and Mike Pence are not,” and affirmed that Kaine shares values similar to her own.

Kaine has received skepticism by progressives for his support in the global trade deals, and his vote in favor of giving President Barack Obama authority

on the Trans-Pacific Partnership, according to an article published by The New York Times. He also argued for looser bank regulations that have some voters questioning whether he was the best decision for the ticket.

Although he has received mixed feedback, Kaine has been regarded by Clinton’s campaign as a reliable senior member of the democratic office, ever since his election in 2012. He is known as a Catholic civil rights lawyer who went to Honduras on a mission trip during his time at Harvard Law School.

Clinton’s campaign rally on campus acknowledged him for his continual efforts in advocating for racial justice, immigration reform, gun reform, LGBTQA rights, and has recognized his high ratings from the Planned Parenthood Action Fund.

“I have been able to see how government works and how, sometimes, it doesn’t, from just about every perspective,” said Kaine. “I’ve always believed that however you serve, what matters is whether you actually deliver results for people. And that has been my goal in every position I



STEPHANIE ESPAILLAT/THE BEACON

Hillary Clinton speaks about the Republican party, her running mate, and her platform at the Clinton 2016 Miami rally that took place in FIU’s arena on Saturday, July 23.

have ever held.”

Sara Moats, an FIU instructor in the department of Politics and International Relations said to Student Media: “Overall, I think Tim Kaine is a good choice

for vice president. He and Clinton make a solid team.”

Moats believes that the duo has good chemistry and that Kaine will help pull swing states such as Ohio and Pennsylvania, which

are important battleground states in the general election.

Florida congresswoman Debbie Wasserman Schultz also made an appearance at the Miami event.

“South Florida, we are

better than Donald Trump’s dangerous and divisive rhetoric and America is far better than that,” Schultz said.

SEE DNC, PAGE 5

BISCAYNE BAY

BBC’s Adventure X returns

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With the Biscayne Bay as the backdrop, the Wellness and Recreation Center at the Biscayne Bay Campus is holding what they are calling, “Outdoor Adventure X programs.”

From when it started in 2000, Jonathan Torrey, coordinator of Rec services, helped grow the kayak and paddle boarding program.

“We had two kayaks, and they were really only used for lifeguard training,” said Torrey.

Now, with more than eight kayaks and paddleboards, students can enjoy these trips and meet new people. Torrey highlights the advantages of having these activities at the BBC for students and faculty to enjoy.

“Students can gain

knowledge of the campus and the environment. We see dolphins, manatee, and the marine biology program even uses this as a teaching experience,” Torrey said.

The Recreation Center holds these kayak and paddle boarding trips often throughout the month, and they even offer nighttime trips as well.

Torrey said: “Every event is packed, and there are usually people on a waitlist. Students like the price and the fact that you can come out and have fun either as a beginner or someone more advanced.”

Everything is supplied, and participants are not required to provide their own equipment.

“It’s a great way to meet new people, especially because it’s two per kayak, and the lifeguard staff pays really close attention to safety,” Torrey said.

Before going out on the bay, there is an instruction and safety demo, to assure all participants feel comfortable and safe with the equipment. Alumna Ireysis Ramos is a frequent participant on the trips.

“The night trip is really cool, because we get to all gather on the island that they take us to and enjoy s’mores and sit around a warm fire. Whether you are a beginner or not, the lifeguards care a lot about our safety,” Ramos said.

Ramos also enjoyed the touristic atmosphere on the trips and the collective experience shared by the participants.

Student, Kayleen Baez, said her favorite part is “the environmental aspect of it, we see a lot of cool wildlife out there.”

The Adventure X programs offers an opportunity to meet new people and to exercise outside.

Trump races Clinton to the White House

PATRICIA KATRI
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The presidential election of 2016 is about to begin, with both Republican and Democratic selections officially announcing their vice-presidential candidates.

The Republican National Convention, which took place in Cleveland, Ohio between July 18-21, initiated one of the first steps in beginning the long race to the White House this November.

Both Donald Trump and Hillary Clinton were fighting for the hearts and minds of the American electorate.

Sarah Moats, an FIU instructor in the department of Politics and International Relations wrote an opinion editorial for FIU News discussing National Conventions and their purpose.

“At first glance, a party convention seems like a large celebration. There are music, balloons, celebrities and moving speeches,” wrote Moats.

“However, the festivities take a backseat to the real purpose of a nominating convention: to formally select the party’s nominee for president and vice president.”

She writes that this is an opportunity for the party to formally announce its candidates, and to “show a unified front and build support for the party’s platform – each of which will be used to launch momentum going into the general election in November.”

The possibility was raised prior to the RNC that Republican delegates might choose a candidate other than Trump. However, the supposed “Dump Trump” voters lacked enough support to derail Trump’s nomination.

“For the Republicans, unification has proved extremely difficult,” wrote Moats. “Republican Party leaders are very uneasy about the notion of Donald Trump as the nominee.”

SEE RNC, PAGE 5

NATION & WORLD BRIEFS

Leaked emails show how Democrats took care of big donors

About 20,000 emails were released by WikiLeaks, which provided a searchable database of correspondence of seven DNC officials from January 2015 to May 2016. McClatchy could not independently verify the emails.

The emails include those that raise questions about the organization's impartiality during the Democratic presidential primary contests between Hillary Clinton and Bernie Sanders, which cost DNC Chair Debbie Wasserman Schultz her job Sunday, and show how the committee coordinated its message with others and responded to inquiries from journalists, including those at McClatchy.

The emails also show several instances in which Democratic staffers disagreed about which donor was more worthy of reward.

Latin America presses gay, transgender protections despite public tension

The United States may lead the hemisphere in progressive attitudes on gay and transgender issues, but it lags behind several Latin American nations when it comes to passing laws that protect the vulnerable community.

That divide between laws and public attitudes was on display this week as international diplomats gathered in Uruguay to discuss ways to protect gays and transgender people throughout the world.

The gathering was a follow up to the U.N. Human Rights Council decision two weeks ago to appoint an independent expert to work with governments on ways to protect gay and transgender people.

Lead levels near California battery plant were far beyond health limits

Homes, schools and a day care center near a closed battery recycler in nearby Vernon are contaminated with higher levels of brain-damaging lead than previously disclosed, with soil samples at one property as much as 100 times above California's health standard, state and county records show.

Yet it remains unclear where and at what concentrations the poisonous metal has been detected in neighborhoods near the Exide Technologies plant because California regulators have not released pollution readings for the vast majority of properties.

TRIBUNE NEWS SERVICE

Terror strikes France

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As thousands gathered to celebrate Bastille Day on July 15, tragedy struck France again when a terror attack killed 84 people—including 10 children and teenagers— and wounded 202 others. More than 50 people remain in critical condition and 25 others on life support, according to the guardian.com. Two Americans were among the dead, and three more were injured.

The Islamic State has claimed responsibility for the attack, and stated that the assailant, Mohamed Lahouaiej Bouhlel, was “a soldier in the fight against crusader states,” as mentioned on The New York Times.

This is the third major terrorist attack to hit France in just 19 months.

Griffin Dudley, president of Pi Delta Phi and the French Honor Society at FIU, shared her initial reaction when first hearing about this incident.

“I think this time, it was shock, almost a numbness that it can't be real, especially since it was France's Independence Day. Our advisor for both Pi Delta Phi, the French Honor Society, and Le Cercle Francais, our French club for general members, is in Paris right now, in the province region,” she said. “And the first thing you do is email her like: ‘What is going on, is everything okay?’ We have former officers who are living in France right now, and that's the first thing you do, if you contact everyone you know.”

Bouhlel drove a rented 20-ton refrigeration truck down the waterfront of the Promenade des Anglais in Nice, France around 10:45 p.m. going 1.1 miles eastward, according to The New York Times. Reports say that “Mohamed Lahouaiej-Bouhlel drove through the seafront promenade area of

the French city on Tuesday and Wednesday in preparation,” as stated on BBC.com.

He exchanged gunfire with three police officers during his rampage before he was killed, as stated on The Guardian. In the truck, police found that the cargo hold contained a bicycle and eight empty pallets, or stacking platforms. In the cab, police found an automatic 7.65-millimeter pistol, two fake assault rifles, a nonfunctioning grenade, a cellphone and unspecified documents, according to The New York Times.

CNN mentioned that Bouhlel's

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I think this time it was a shock, almost a numbness that it, it can't be real, especially since it was France's Independence Day.

Griffin Dudley
President
The French Honor Society

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father said “his son showed signs of mental health issues—having multiple nervous breakdowns and exhibiting volatile behavior.” Although authorities have yet to find any evidence that link Bouhlel to the militant group, French Interior Minister Bernard Cazeneuve said Lahouaieji-Bouhlel seemed to have been “radicalized very quickly,” as stated on BBC.com.

Just hours before the attack occurred, French President Francois Hollande announced that the state of

emergency would be lifted. Deputy mayor of Nice, Rudy Salles, said that “there was a kind of sentiment of lightness,” as mentioned on Time.com.

Those sentiments quickly faded when the attack occurred, and President Hollande declared that he would extend France's state of emergency until January 2017. He also called on “patriotic French” to volunteer in the civilian military reserve, according to Time.com.

Maria Antonieta Garcia, an advisor for Pi Delta Phi, and Le Cercle Francais at FIU, expressed her sentiments on why France continues to be a target for terrorism, and how this violence could be stopped.

“ISIS instructed its followers to hit the US and specifically France for what these countries represent in the world: freedom. The government has to be more aggressive in dealing with this threat and each person has to be vigilant,” Garcia said. “I think people will feel safe when they see more security measures being taken. Right now, the state of alert has been extended until January 2017, this means more police forces on the streets, more security initiatives and a larger budget allocated for security.”

According to reuters.com: “Two more people, a man and a woman close to Bouhlel, were arrested in Nice early on Sunday and another person in the afternoon. Four others arrested previously were still being held, but Bouhlel's estranged wife was released without charge after being held since Friday.”

It is unknown why he initiated this attack because Bouhlel was seemingly unknown to French counterterrorism agencies, and there were no links found to terror groups or evidence of radicalization. However, police are still investigating to see whether he acted alone or had an accomplice.

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Being creative can improve health

THE BEACON | Editorial

PANTHER HEALTH



MAYTINEE
KRAMER

Creating things with your hands is a time-old tradition that will never cease to exist. Arts and crafts are a wonderful distraction from our daily routines, and whether it's jewelry making, painting, crocheting, or sculpting, it gives a sense of satisfaction and accomplishment.

Making art has given adults a vehicle for escaping, producing a stress-reducing effect while also encouraging creative thinking.

Adults have long used crafts to unwind, and recently, more and more people are beginning to realize the health benefits of arts &

crafts, rather than just seeing it as a favorite childhood pastime.

One of the hottest items topping bestseller lists are coloring books for adults. These coloring books have been marketed toward stressed-out adults who want to benefit from the quiet zen that a coloring session can offer.

Adult coloring books can be found taking over shelves in all sorts of stores, offering a variety of designs and concepts to choose from. Although the first commercially successful adult coloring books were published in 2012 and 2013, researchers and art therapists have been promoting the calming benefits for over a decade.

Researchers from Johns Hopkins University to the editors of Yoga Journal suggest coloring as an alternative to meditation. The American Art Therapy

Association stated to Time Magazine that the process of making and creating artwork is used to "explore feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety and increase self-esteem."

While coloring books may be beneficial for mindfulness and reducing stress, a different study published in the journal Neurology suggests that older adults who do creative activities like arts and crafts could delay the development of memory problems in old age.

The study followed men and women for four years, reporting their levels of engagement in the arts, including woodworking, ceramics, and sewing. The study also examined their

social life — hanging out with friends, traveling, attending book clubs and Bible studies—as well as their computer use.

The study found that those who exercised their artistic muscle were 73 percent less likely to develop mild cognitive impairment, or memory problems and reduced mental function, than those who didn't partake in artistic activities.

People who took part in a lot of crafts like woodworking and quilting were 45 percent less likely to develop mild cognitive impairment than people who did not, and computer users were 53 percent less likely to develop it, compared to those who didn't use the computer.

In addition, social adults were 55 percent less likely to have memory problems later on than their antisocial

peers.

Arts and crafts further uses one's senses in new and novel ways, enhancing problem-solving skills and encouraging creative thinking that lets you come up with your own unique solutions.

It's fun to explore and express yourself through art because it's open to interpretation, guides personal creative expression, reduces stress levels, and can give some insight on what you can and enjoy doing. Overall, arts & crafts are not just for children, it's for people all ages.

Maytinee Kramer is a staff writer for FIU Student Media. Her column, Panther Health, is a commentary on maintaining one's health during college. For suggestions or comments, please contact Maytinee at maytinee.kramer@com.

CAPS can help students with depression

RIVERS OF TRUTH



LINDA RIOS

Every year, incoming college students are warned about depression, but are never given thorough strategies on how to deal with it when it surfaces.

I was given this advice a long time ago, even before it was my turn to apply for colleges; little did I know that I would end up being a victim of this disorder.

In order to understand what goes on while someone is in a depressive state, we must first know what depression is.

According to the National Institute of Health, depression

is a mental state in which the individual feels down. Their activities can be affected in several ways, from change in their behavior to lack of food consumption or eating more than usual. Depression can even make it difficult to get out of bed for several days at a time.

Several studies have proven that if a person moves to another state when going to college, or even moving away from home and living at the university's dormitories, the individual is more prone to depression. Healthline.com shares how the lack of sleep combined with a lack of exercise and poor eating habits are the perfect recipe for depression.

Speaking from personal experience, suffering from depression

is sometimes unbearable. I had someone pass away just before I began my first semester at the University, and, as a result, I wasn't myself when my college career began.

From going to class and being physically present but not mentally there to not being able to control emotions and breaking down unexpectedly, I can confirm that depression is not something fun to have while being a college student.

According to Healthline 75 percent of college students who are suffering from depression do not seek help, but attempt to ride it out themselves because they are afraid of what others might think.

Being able to speak up and express

what you are feeling to someone is a hard thing to do, even more so if you don't accept that you might be going through something detrimental to your future.

The Counseling and Psychological Services at FIU is an on-campus organization that specializes in helping students with these issues; it's a great resource that not enough people take advantage of.

By interviewing some students, I learned that most of them think the same way I do about CAPS.

Camila Madera recognizes the benefits students can receive by visiting CAPS.

"CAPS has individuals that sit down and talk to you as well as providing

you with medication if needed," the engineering major told FIU Student Media. "Talking to someone, I let it out of my system and feel better about my situation."

"I didn't know what CAPS was, being a freshman and all, but they explained what it does when attending orientation," Daniela Zapata, a student studying biology, said.

I myself have been hesitant to step in one of their offices because of bad experiences with counseling I've had in the past. However, CAPS is a great aid for those suffering from mental illness or going through difficult times.

Suffering from depression or other mental disorders is not something that

should be taken lightly. Being an FIU student comes with many resources to take advantage of, which we pay for. CAPS allows us to do something about mental health rather than allowing the problem to get out of hand.

There is no excuse for not getting help when it is needed, especially with the abundance of information made available to all students. There is no reason to sit and do nothing about your own mental care.

Linda Rios is a contributing writer for FIU Student Media. Her column, Rivers of Truth, is a commentary on pop culture current events. For suggestions or comments, please contact Linda at opinion@fiusm.com.

FIUSM to facilitate student-police forum

As an editorial board, we were not impressed by the FIU held discussion "Reflections on Recent Tragic Events" Friday, July 8 with FIU police Chief Alex Casas, Vice President of Student Affairs Larry Lunsford, FIU President Rosenberg and Black Student Union President Nykeema Radway, leading the conversation.

We felt some of the responses of administration to the distressed students did not help to ease that distress, regardless of how well-intentioned they may have been. We feel that there was not sufficient conversation between FIU police and students, save for common rhetoric - although the conversation held by administration was nonetheless a start.

FIUSM will be holding it's own forum during the fall semester to further progress the understanding held between FIU police and the students they serve. We hope to provide a space for open dialogue and to create active solutions based on the concerns of students and police.

Alexander Casas, chief of the FIU Police Department, along with the Allhan Mejia, SGC-BBC president, Michelle Juarez, SGC-MMC vice president, Daniel Capote, Stonewall Pride Alliance president and Malcolm Jones, the president of the Pan-Hellenic council have been confirmed as panelists in the upcoming FIUSM Forum and will be in attendance. BSU has declined to sit on the panel.

We have spoken to Casas who is on board with our goals, and looking forward to creating solutions to enhance relations in our University community.

The forum will be held for an hour and 30 minutes. The first 50 minutes will consist of a panel discussion which will be mediated and led by FIU Professor Antoine Hardy. Later, 30 minutes of the forum will be dedicated to an open audience Q&A, and the remaining 10 minutes will be used to discuss solutions to the concerns of FIU Police and students.

We hope that by facilitating discussion among the FIU community and by providing a space for honesty and sincerity, FIUSM can assist the students and the University in taking real steps towards change. We must remember in times like these that words are powerful - but only if they are used properly. Blanket statements and common rhetoric are tired and fruitless in the wake of tragedy. It is the bare minimum.

The editorial board at FIUSM believes that conversations need to be had in order to devise solutions and that solutions need to then be carried through. In exceeding the common rhetoric that is expected of us in these times to enact lasting change we will have taken a step forward.

SEND US YOUR LETTERS

Have something on your mind? Send your thoughts (400 words maximum) to opinion@fiusm.com or drop by our offices at either GC 210 or WUC 124. With your letter, be sure to include your name, major, year, and copy of your student ID. The Beacon will only run one letter a month from any individual.

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Miami-bred sci-fi author returns to her writing roots

COLUMNIST



COLIN SIMPSON

On July 17, Books and Books in Coral Gables hosted sci-fi/fantasy author Romina Russell, of the famed YA Zodiac Series. Although Russell is currently a Los Angeles-based author, she has strong roots here in Miami.

Born in Buenos Aires, Argentina, she moved to Miami as a kindergartener and attended school in northeast Miami-Dade.

At the event, Russell talked about her life coming to Miami as a

Grace, a 16-year-old student from "House Cancer." The series takes place in what is called the "Zodiac Galaxy," a universe which consists of 13 systems, 12 of which are named after each of the real-life astrological houses, with each possessing different personality traits, physical qualities, and spiritual beliefs. The 13th House, Ophiuchus, is based on a mystical legend. Zodiac sets the groundwork for her sci-fi/fantasy adventure.

During the event, Russell read a section from her second novel, and then spent the rest of her presentation answering questions from the audience about her

some kind of answer... some kind of foundation."

Ultimately, she decided to explore the questions regarding our existence and the boundlessness of space through her imagination and writing. For her Zodiac series, Russell combined her love for astronomy with her interest in astrology.

"We contain so many worlds within us already," Russell stated. She extensively researched each zodiac sign and used that knowledge as the foundation for her series.

"It is really important to have people who are at the same level of development as you," Russell said. "And it is vital to write about something that you are passionate about."

During the event, Russell announced that the third novel in the Zodiac series, Black Moon, has been written and will be released on Dec. 6, 2016.

After her presentation, Russell personalized and signed copies of her novel for fans and took pictures with them. She also had exclusive free promotional items available for fans, including a map of the



COLLIN SIMPSON/THE BEACON

youngster fluent in Spanish, but with no ability to speak or understand English. She spoke about her love of listening to the rhythm and rhyme of Shel Silverstein poetry while learning English from her teacher in elementary school.

As a teen, Russell wrote for her high school newspaper at Dr. Michael M. Krop Senior High School, becoming its editor-in-chief.

She attended Harvard, majoring in English, and interned during the summers at the Miami Herald.

She initiated and authored a weekly Sunday column, called "College, She Wrote" describing her life at the university setting, and the column became nationally syndicated. Upon graduation, she moved to Los Angeles, and wrote movie trailers for five and a half years.

Romina Russell came to Books and Books to promote her new novel "Wandering Star," which is the second installment in her fourth book series, "Zodiac."

It tells the story of Rhoma

characters, her background, and how she got into writing the genre of science fiction.

Her inspiration for the series was her curiosity and obsession with the infiniteness of outer space. She said, "I would turn off the lights, lie down on my bed, and just try to fathom infinity ... how can something be ever-expanding ... what's in the place that it is expanding to before it expands into it? What is existence? What is non-existence?" From her teen years in middle school, these questions kept her up at night.

Growing up, Russell also watched a lot of sci-fi like "Star Wars," "Star Trek," "Battlestar Galactica" and "Firefly." She said, "I love how in sci-fi, they provide

Zodiac galaxy, and cards, each detailing one of the Zodiac houses.

Russell had some words of advice for FIU students who want to become authors: "In writing, the most important thing is to trust yourself and open yourself up to advice from other people ... it's so crucial to share your work with people who you trust who will be constructive."

Visit fiusm.com for the full column.

Books & Books is a column focusing on book events happening in South Florida. To offer comments and suggestions to Collin, email him at collin.simpson@fiusm.com.

POKÉSTOP IT



NADINE MATAS/THE BEACON

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CAMPAIGN CRAZE



STEPHANIE ESPAILLAT/THE BEACON

Clinton campaign visits FIU Saturday, July 23 announcing Tim Kaine as Clinton's running mate. Debbie Wasserman Schultz spoke at Clinton's rally before stepping down as party chair of the DNC due to controversial email leak.

Trump is official Republican candidate

RNC, PAGE 1

Moats stresses in her piece that it is imperative that Trump find common ground with the rest of the Republican leadership, in order to avoid appearing "weak and indecisive to voters."

Much attention was drawn to the Convention's speakers, including members of the Trump family, Melania, Donald Jr., and Ivanka Trump.

Melania Trump drew widespread criticism for delivering a seemingly word-for-word repetition of first lady Michelle Obama's speech at the Democratic Convention eight years ago, including such phrases as "your word is your bond," "your dreams and your willingness to work for them," and the "passion and intelligence" of her parents—in the same sequence used by Mrs. Obama in 2008.

Trump Jr. drew both praise and criticism from Republicans, Democrats, and non-binary voters from his speech.

In his keynote speech, Trump renewed his pledge to "make America great again," and claimed that he identified himself as the "law and order candidate."

"Our Convention occurs at a moment of crisis for our nation. The attacks on our police, and the terrorism in our cities, threaten our very way of life," Trump said. "I have a message for all of you: the crime and violence that today afflicts our nation will soon—and I mean very soon—come to an end."

Trump established a "put America first stance," making American greatness, rather than global cooperation, a priority for his presidency, should he win the election.

"As long as we are led by politicians who will not put America first, then we can be assured that other nations will

not treat America with respect—the respect that we deserve," Trump said.

The Convention was also marked by the selection of the Republican vice-presidential candidate, Indiana governor Mike Pence. Moats responded to the strategic importance in picking the vice-presidential candidate.

"The vice president selection is very important. Theoretically, the running mate should further unify the party by pulling support from a different segment of the party," wrote Moats. "For example, Trump's running mate is expected to be very politically experienced and also appeal to the party's conservative ideology. This would further ease tensions with party leadership."

At the Convention, Pence identified himself as a Christian, conservative, and Republican. Faith, as he stated at the convention, has been important in his life from an early age.

"When I was young, I watched my mom and dad build everything that matters—a family, a business, and a good name," he said at the Convention. "I was raised to believe in hard work, faith, and family."

In mentioning the importance of family, Pence sees parallels between his devotion to his own and his running mate's children successes: "As we say back at home, you can't fake good kids," he said.

The response from Hillary Clinton's campaign had been quick, as indicated by the #BetterThanThis hashtag created on Twitter.

Even though the Democratic Party remains mired in controversy amid Hillary Clinton's and DNC email scandals, the presumptive Democratic nominee has announced her running mate: Virginia Sen. Tim Kaine, a fluent Spanish speaker and liberal who is committed to public service.

Clinton picks Tim Kaine as her running mate

DNC, PAGE 1

Later on Sunday, July 24, Schultz made the decision to step down from her position as the party chair after a leak of 19,000 emails were published by Wikileaks describing messages of ruining Bernie Sanders' chances in claiming the nomination.

She has also received criticism for taking actions to limit the number of primary debates, and also being in favor of superdelegates that guaranteed Clinton's nomination.

"I know that selecting Hillary Clinton as our next president is critical for America's future," Schultz said in a statement. "I look forward to serving as a surrogate for her campaign in Florida and across the country to ensure her victory."

“

There are always a few bumps, however Sanders realizes his supporters must now channel that support to Hillary Clinton

Sara Moats
FIU Professor

Politics and International Relations

”

It was revealed that Schultz no longer has speaking authority and chair privileges on behalf of the party and cannot appear in Clinton's next stop at the Democratic National Convention in Philadelphia on Monday, July 25.

"I do not think the actions of the DNC came as a great surprise. Clinton had a majority of the superdelegates' support throughout the primary season and Sanders knew the Democrat Party establishment supported Clinton over his campaign," said Moats. "Candidates that were once rivals during the primaries are now unified under a single party name."

Bernie Sanders made a statement on Schultz's resignation saying that she had made the right decision for the democratic party to step down. He also commented on Clinton's vice president selection, stating that he does not share the same political views as Kaine and would have rather seen someone like Elizabeth Warren as the running mate, a more ideologically progressive candidate.

Moats believes that Sanders understands that he must offer his support for Clinton's running mate for the greater good of the party even though he would have preferred a candidate with a more progressive record.

"There are always a few bumps, however Sanders realizes his supporters must now channel that support to Hillary Clinton," said Moats.

Following the announcement, Trump took to Twitter and said that having Kaine as Clinton's running mate "is very disrespectful to Sanders and his supporters", and has heavily denounced the DNC.

Even though the rally was Kaine's formal introduction to American voters, comparisons to the Republican ticket were made by the Clinton, and she also spoke about the initiatives that she will take on as president of the United States.

"This is one of the most consequential elections in our lifetime; when someone says I alone can fix it, that should set off alarm bells in not just Democrats' minds, but Republicans, independents, [and] people of all ages and backgrounds," said Clinton. "That is not a democracy."

At the rally, Clinton stated that she will provide the middle class with better wages, provide tax relief for working families, and further create jobs in the U.S. Other positions on her platform consist of making college debt-free, tackling issues revolving around climate change, and reforming the criminal justice system.

Even though the DNC and Clinton's campaign are currently under fire for questionable actions during the primaries, some of Clinton's final messages at the rally maintained that her campaign is different from Trump and Pence and that she will continue her goal in becoming the next president of the United States.

"Donald Trump and other speakers repeatedly attacked Hillary Clinton. I do not think the Democrats will return the political rhetoric to the same extent," said Moats. "I expect the party as a whole will portray a more positive outlook for our nation's future and will focus more on the Democrat Party platform."

‘Star Trek Beyond’ a ‘fantastic movie, definitely deserves a watch’

LIFESTYLE POINTS



JOSEPH
CARDENAS

The summer has brought us blockbuster events to give 2016 a run for most memorable year in film. Among box office hits like “Captain America: Civil War,” “Finding Dory” and the new “Ghostbusters,” is the third installment of the brand-new “Star Trek Beyond” movie franchise — number 13 in a long line of total Star Trek films. Audiences can expect this film to boldly go where this franchise hasn’t gone before. Spoilers for past Star Trek films ahead.

“Star Trek Beyond” expands on the continuity of the past two films, wherein there is an alternate timeline of events separate from the original franchise established by series creator, Gene Roddenberry.

In its current five-year mission to explore strange new worlds, the U.S.S. Enterprise is in its third year and Captain James T. Kirk, along with others, is beginning to become restless in the routine. Facing a possible promotion to admiral, Kirk begins to think about his future and who he wants to be. Meanwhile, Spock, second-in-command, begins to feel the full weight of being one of the last remaining Vulcans in the universe when a close friend passes.

Despite the crew’s inner turmoils, threats to peace

in the universe never ceases. An officer enters a planet belonging to the United Federation of Planets reporting that her ship was attacked by something in a nebula located in a part of uncharted space. The only ship capable of surviving the trek — no pun intended — is the Enterprise.

The crew sets out with the officer in order to examine the uncharted nebula and assess what took down the ship. What they find is a swarm of alien ships that swiftly and brutally destroy the Enterprise, sending its crew down into the nearby planet and at the mercy of its tyrannical warlord Krall, played by Idris Elba.

The latest installment proves once again that Star Trek is not only a cinematically brilliant franchise, but also makes efforts to be socially conscious. The movie deals with undertones of the struggles faced by veterans after times of war, though this doesn’t become immediately clear until the second half of the movie. A new character, Jaylah, also exposes the crew to the oppression her people face under Krall, and the fear the crew face when Krall uses them against Kirk, as well as the Federation.

From what it seemed, the film took more liberty with practical effects than relying on visual effects like its predecessors have, a subtle yet noticeable

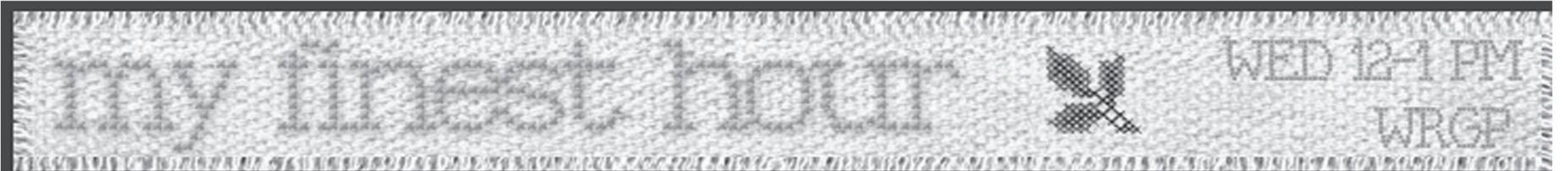
difference. It gave the movie a more grounded reality, and it was refreshing to see less reliance on computer-generated effects.

Excellent acting was done by Zoe Saldana and John Cho, who played Uhura and Sulu respectively. However, the most notable dynamic was between Zachary Quinto, playing Spock, and Karl Urban as Doctor McCoy. The roles were played very well; seeing Spock and McCoy have a majority of interactions was interesting and great to see.

The film was also a respectable sign off to Leonard Nimoy, who originally played Spock in the original series and had large roles in the past two Star Trek films but died before production began. The film featured a tribute to Nimoy and Anton Yelchin, who also died earlier this year.

Overall, “Star Trek Beyond” was a fantastic movie and definitely deserves a watch on the big screen. It’s already been released, and ready to beam audiences up into a universe that expands as it moves further into the final frontier.

Lifestyle Points is a weekly column covering films and pop culture as it relates to the FIU community. To contact Joseph Cardenas for suggestions and comments, email him at joseph.cardenas@fiusm.com.



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SOCCER

Playing soccer in Miami ‘a big change from Germany’ for defensive leader

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Initially, the adjustment to life in the United States was difficult for Marvin Hezel, defensive player for the FIU men's soccer team, who grew up in a small town with a different climate.

Born in Waldshut-Tiengen, Germany, Hezel grew up in a family oriented, relaxed community with a small population. He was introduced to soccer at a young age by his parents and often played with friends in his free time. When he was offered a scholarship to play overseas in Miami, he jumped at the opportunity.

“It took about a year or so to get used to the Miami weather,” said Hezel. “It was a big change from Germany. I often practiced in the heat that first year to try and get used to it as fast as possible. Coming from a town that only had 25,000 people to one that has almost half a million is a big change. It felt crowded compared to Waldshut, where you have met or seen just about everyone that lived there.”

It didn't take long for the soccer player to make a name for himself here in the states.

In 2015, Hezel was named the



BEACON FILE PHOTO

Junior defender Marvin Hezel competing on the field against a University of South Carolina player.

Conference USA “Defensive Player of the Week” for the week of Sept. 8. He started all 20 games of the Panther season and accumulated a total of six points throughout the season. The points include two goals and two assists from the FIU defender. At

the end of the season, Hezel was named to the 2015 All-Southeast Region first team, the All C-USA first team, the C-USA Championship All-Tournament team and the C-USA All-Academic team.

“When I first arrived in the U.S., I

spoke a very limited English,” said Hezel. “I was very excited when I was awarded a scholarship to play at FIU, but more excited about a foreign opportunity to play overseas while getting an education.”

Hezel said he would listen to how the people around him spoke English and would research any unfamiliar words at night. He made it his goal to look up at least one word per day during his freshman year to help him learn English. Hezel said his English is almost as good as his German, although he has trouble with the occasional word.

Now entering his senior year, Hezel is focusing on his final season on the team and completing his undergraduate degree in marketing. He is currently interning with FIU's Sports Marketing department and working out twice a day to get ready for the fall season.

“I love the communication aspect of marketing,” Hezel said. “Learning how to promote a product to a certain consumer is the part I like the most. There's some psychology at play in marketing that I am fascinated by. It's an interesting field.”

FOOTBALL

Three Panthers on All C-USA Team

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Conference USA has released its preseason All-Conference USA Team on July 20, and three FIU players were selected this year: two seniors, Jonnu Smith and Michael Montero, and junior, Anthony Wint. These returning starters are expected to be the leaders of this season as they are preparing for training camp beginning in August, knowing that the Panthers are going in as a young team.

“They are always looking up to me,” Smith said. They know they can come to me for any advice.”

Last season, Smith started eight games before going down with a knee injury that kept him out in the last four games. Despite his injury, he led the team in touchdown passes and finished his junior career with 36 passes for 397 yards and four touchdowns.

The Ocala, Florida, native was added to the NCAA record books for catching at least one catch in 32 consecutive games. His best game, last season, was in week eight against Old Dominion University, when he tied a career-high 10 catches and a career-best 183 yards, which was fourth-most in the University's history.

Smith was named to the John

Mackey Watch List for best tight ends and received an All-C-USA honorable mention. He is currently on the watch list this year as well, and is ranked No. 8 best tight end in the country.

Wint started every game at middle linebacker, leading the Panthers with 88 tackles, 41 solo, which ranked him No. 16 in the C-USA for total tackles. Adding the 5.5 tackles for loss tackle, he also recorded 0.5 sacks, one interception, two-pass breakups and two-fumble recoveries, which gave him a single-season career best. The two fumble recoveries ranked him No. 24 in the country.

Montero started all 12 games as the starting center for the Panthers and received Second-Team All-C-USA honors. The three-time captain anchored the young offensive line by contributing 4,173 total yards, which was fifth-most in school history, including 2,854 passing yards, the second-most in school history.

Montero was recently selected to the Preseason Rimington Award watch list for best linemen and the Danny Wuerffel Award watch list for community service.

The Panthers will report to training camp on Aug. 1, and the team's first game is on Sept. 1, against Indiana University at 7:30 p.m.

SWIMMING AND DIVING

Horner to coach Botswana team in Rio this summer

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Randy Horner, FIU's swimming and diving coach, will be coaching the Botswana Olympic swimming team in the upcoming 2016 Summer Olympic Games in Rio de Janeiro, Brazil.

“It's an honor to be selected to coach Naomi and David at the Olympics,” Horner told FIUSports.com.

Horner, who was named the “2016 Conference USA Coach of the Year,” guided the Panthers to their second straight C-USA championship this season, defeating second-place Rice by 318 points, the largest margin of victory in C-USA championship history.

Since taking over the program in the 2010-2011 season, the Missouri State grad has found success in recruiting athletes from around the world. Horner has recruited swimmers from over 12 different countries including Iceland, South Africa and Slovakia.

Horner will be coaching sophomore backstroke and freestyle swimmer, Naomi Ruele in Rio, who he recruited back in 2014 while she was still living

in her native city of Gaborone, Botswana.

“I spoke to Nacho and Randy and got along with them really well,” said Ruele. “There was a coach/athlete chemistry and I decided to come here.”

Horner will be coaching Ruele this August as she competes in the 50-meter free, as well as David Van Der Colff, a freshman from Nova Southeastern, who will be competing in the 100-meter backstroke.

This summer in Rio will be the first time Horner coaches an Olympic swimming team, but Ruele and Van Der Colff are not the first Olympic swimmers to be coached by Horner. Olympians Raichin Anotonov (Bulgaria) and Jackie Wellman (Zambia) were coached by Horner in 2004 during his time as an assistant swimming coach at Missouri State.

He then established a swimming program in New Orleans prior to moving to South Florida and then repeating his success as a coach at FIU with two-consecutive Conference USA championships. Now, Botswana has trusted Horner to lead their swimmers in the Olympic Games.

Despite his international success, Horner plans to stay

in South Florida for the next few years. In 2015, the FIU executive director of Sports and Entertainment announced that Horner agreed to a contract extension with FIU which runs through the 2018-19 season.

Christian Garcia, a senior accounting and finance major, is an avid Olympics fan who says he can't wait to support Ruele and Horner.

“I always watch the Olympics every four years, but there is no doubt I will be tuning in to see Naomi represent FIU,” said Garcia. “I think it is awesome to see athletes from my university represent their home nations. I will be rooting hard for Ruele and Horner.”

Senior Adam Machin, majoring in political science, agrees with Garcia and was shocked when he learned about Ruele representing Botswana.

“I was fascinated to learn about Ruele and her background. I think it is amazing that FIU will be represented by someone from Botswana in an Olympic Game,” Machin said. “It truly does speak to the diversity of our University.”

The Summer Olympics in Rio de Janeiro will begin Aug. 5.

WOMEN'S BASKETBALL

WELCOME HOME

New assistant head coach focused on recruiting students to FIU's 'beautiful vicinity'



PHOTO COURTESY OF FIUSPORTS

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Joe Silvestri, new assistant head coach for women's basketball, has high hopes for the success of the women's basketball team for the upcoming season.

Although Silvestri has only been a part of the coaching staff for a month, he believes that there is

something special about the team that will develop throughout the offseason.

The New York native moved to Spring Hill, Florida 15 years ago. Silvestri attended Palm Beach Atlantic University where he played basketball. After suffering a few knee injuries, he hung up his basketball shoes for good. He later finished his degree at the University of Central Florida.

"I would have loved to play all four years, but it didn't work out that way," Silvestri said. "I regret not being able to finish, but at the same time, I look at it and say that my path brought me to this."

Before joining FIU, Silvestri was an assistant head coach at UCF for two years and served as the director of Program Development before that.

Earlier this year, he

received an honor as one of the women's basketball Coaches Association's "Thirty Under 30." The class recognizes 30 up-and-coming women's basketball coaches, ages 30 and under in the sport. Silvestri was one of six male coaches to make the cut.

When Head Coach Tiara Malcom began her search for an assistant head coach, Silvestri was at the top of

her list. Silvestri received a call from Malcom in May saying that she wanted to set up an on-campus interview.

It only took her a week to make a decision before contacting Silvestri again, letting him know that she wanted him on her team. Malcom appreciated Silvestri's ability to work hard and the positive energy that he brings to all of his games.

"It was a really great honor that she called me and went through the process with me," Silvestri said.

Since being hired, Silvestri has been working with the team in small groups for the offseason, and says that he is happy with the progress they are making.

"So far, I know what they can and cannot do in some of the drills," Silvestri said. "They're very coachable, great listeners, and very attentive."

Silvestri plans to learn about the team on the court, but he believes that growing a relationship off the court is also a big part of the offseason for him.

"I think it's important to really get to know the girls and have that connection for you to really take them to the next level," Silvestri said. "It's also important

to have that relationship outside of this and spend time with them not on the court so that when they do come into work, they know that your relationship with them is genuine."

The Panthers ended their offseason in the second round of the Conference USA Championships against Marshall University. The game was the last for senior Taylor Shade, who scored eight points and finished her season 19th overall on the all-time FIU scoring list with 1,069 points.

"She was a really good player," Silvestri said. "Those are big shoes to fill, but I think we have some kids with similar skill sets. We do have a pretty young team as far as our guards, but I think they do have potential to get to that level."

One of the assets Malcom admires about Silvestri are his recruiting skills, and the ability to add great talent to his team.

"If I can get a 'Taylor Shade' or two 'Taylor Shades' in the process, then that'll be great," Silvestri said. "FIU is a great campus and beautiful vicinity, and once I get these recruits to come on campus, it's going to be so easy to sell."

INTRAMURAL SPORTS

Blocked shot ends basketball game in a tie

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"This Is It", one of the intramural basketball teams, started the game against the "Alpha Motor Neurons" with one player down. The team had to play most of the first half four on five.

They started the game in a 2-2 defensive scheme: two men up top and two men down low.

They took a 9-7 lead in the game and kept control for much of the first half, never relinquishing their lead.

"We were not prepared for that," said Jordan Davis of Alpha Motor Neurons. "It actually hindered us more than it helped, there was no familiarity facing a 2-2 zone and everyone was confused,"

With 11 minutes left to play

in the half, This Is It now had five players on the court. Defense was switched to a man-on-man scheme and the players were now able to move the ball better on offense. The team took a two-point lead at the half with a score of 37-35.

In the second half, both teams competed hard, trading basket for basket. Holding on to a four-point lead with two minutes remaining, This Is It made a late-game substitution, taking out one of their primary ball handlers.

Instead of running out the clock, This Is It made a few plays and unsuccessful shots that allowed Alpha Motor Neurons to come back and tie the game with just under 20 seconds left to play.

This Is It had one more chance to win the game with a last-second shot with 10 seconds remaining. The shot bounced off the rim with



SETH LOUIS/THE BEACON

Alpha Motor Neurons rebounding and quickly calling a timeout.

After the timeout, Alpha Motor Neurons designed a play to get one of its players free for a full-court pass. Caleb Swanner's opponent hauled in the pass.

Swanner managed to block the layup attempt without fouling his man. Two seconds now remained for Alpha Motor Neurons.

The team attempted to inbound the ball and almost got a five-second violation. The inbounder

found a teammate in the lane toward the rim. The player tried to go up for the layup, but again Swanner blocked the shot.

Time expired with a score of 57-57.