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A Forum for Free Student Expression at Florida International University

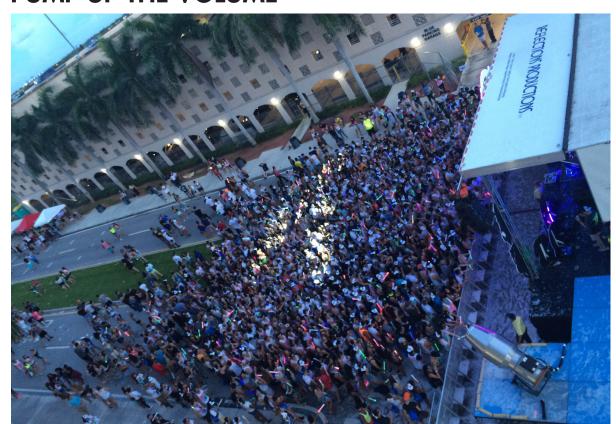
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Wednesday, July 20, 2016

PUMP UP THE VOLUME



Nadine Matas/The Beacon

Students listen to a live DJ set during the 2016 SummerFest, Thursday, July 14. G.T.A., Dzeko&Torres and DJ Mummy performed at the annual electronic dance music festival.

SEE SUMMERFEST, PAGE 6

BISCAYNE BAY

Mary Ann Wolfe remembered

STEPHANIE ESPAILLAT News Director stephanie.espaillat@fiusm.com

The University community lost one of its own,

according to Mark B. Rosenberg in a mass email sent to inform students, faculty and staff of Mary Ann Wolfe's death.

"It is with a heavy heart and a deep sense of appreciation that I regret to inform you that our FIU family has lost one of our own," said the president. "FIU's former first lady Mary Ann Wolfe passed away on Monday."

Wolfe was the wife of FIU's third president, Gregory B. Wolfe who also passed away this year.

According to Rosenberg's email, Wolfe graduated from UCLA in 1944 and began working for the federal government in the newsroom of the Office of Inter-American Affairs. She also served as a selection



It is with a heavy heart and deep sense of appreciation that I regret to inform you that our FIU family has lost one of our own.



Bureau. She coordinated the Youth Program of the Woman's Bureau of the United States Department of Labor before moving to Miami.

"Mary Ann brought elegance, style, charm and class to this university," said Rosenberg. "One of our founders Paul Gallagher often said that when

SEE WOLFE, PAGE 2

SGC-MMC targets voters at FIU

STEPHANIE ESPAILLAT News Director stephanie.espaillat@fiusm. com

The Student Government Association at the Modesto Maidique Campus is working on putting together events at FIU to register students to vote during the fall semester.

FIU is the fourth largest institution with approximately 56,000 students. The Student Government Council at MMC is looking to encourage FIU's student population to register to vote during the fall semester before Election Day.

"There is a lot of skepticism about our generation, that we are definitely not the generation that cares about politics," said SGC-MMC President Alian Collazo. "I think [this] is a misconception."

Collazo believes that students care about politics, but that we have grown to become apathetic to traditional politics because of the environment students grew up with.

"I want students to get registered because I want us to really shut all those people up," said Collazo. "Essentially, if we get registered to vote, and we vote, more millennials will be hosted on either the lawns of the Graham Center or the pit.

SGC-MMC will have outside organizations registering students as well as some FIU organizations helping out with registration.

According to Collazo, it will be a series tailored toward voter appreciation, what it means to vote, and why it's important. It will also focus on civic engagement, and encourage students to vote in this year's elections.

"I have always believed that it is really our duty as citizens to go out and vote, to go out and express [our] opinions, and to be able to really make a difference through this right that we have," said Collazo. "It is a privilege and a lot of us take it for granted."

Collazo plans on leading an SGC-MMC effort to bring awareness to these events by going to different SLS classes, talking to students, engaging them to be informed. The association will also be working on finalizing the overall details and providing those details to students

FIUPD responds to Pokemon GO

CAROLINA DE LA FUENTE Contributing Writer news@fiusm.com

Valor, Mystic or Instinct team? This is a question that many FIU students have been asking each other in the past few days.

Pokéstops, the fountain at FIU for example, have been filled with students who gather together to play the game each night ever since the game's release.

With a game motivating people to leave their houses and go outside, this has yielded all sorts of situations, both positive and negative. Police officials are very much aware of this Pokémon trend and are staying vigilant on the streets to avoid any troubles that can come with catching these pocket monsters. FIU's chief of police, Alexander D. Casas made a video for FIU's Facebook page advising students to be aware of their surroundings. He promotes how fun the game can be while also explaining the dangers present, namely playing while driving or getting lured to remote areas by strangers.

"We have had several individuals where they've been hurt while playing the application," said Casas. "Walking around, not paying attention to where they are going, driving their cars, stopping in the middle of the street trying to catch wild Pokémon."

"We've even had victims [that] have been lured to remote areas and have been victimized and have become victims of crime," said Casas. "While I want [students] to have a good time and play this game because it looks like a lot of fun, I really want [them] to be careful on our FIU campus."

As the Pokémon Go app becomes

SEE FIUPD, PAGE 6

will have a voice in leadership and decision making in this country.

Initially, SGC-MMC wanted to put together a series of events leading up to a main event where students from the FIU community would all vote together and were looking to secure an area to host it. However, since this year FIU is not an early polling station, they are focusing on three events with the main objective to get students registered.

These three events, called "Roar to the Poll", will take place on Aug. 31, Sept. 12 and Sept. 27. The first event will take place on FIU's kissing bridge, and the others really our duty as citizens to go out and vote.

I have always

believed that it is

Alian Collazo President SGC-MMC

at the University.

Although nothing has been finalized, SGC-MMC is planning on different options to determine how they can encourage the students that register to go out and vote.

"[What] We are looking at is maybe an alternative to the city of

SEE SGC, PAGE 2

NEWS

NATION & WORLD BRIEFS

Latin America presses gay, transgender protections despite public tension

The United States may lead the hemisphere in progressive attitudes on gay and transgender issues, but it lags behind several Latin American nations when it comes to passing laws that protect the vulnerable community.

That divide between laws and public attitudes was on display this week as international diplomats gathered in Uruguay to discuss ways to protect gays and transgender people throughout the world.

In some ways, the gathering was a follow up to the U.N. Human Rights Council decision two weeks ago to appoint an independent expert to work with governments on ways to protect gay and transgender people.

Man shot at teens playing 'Pokemon Go' in Florida

Two teens looking for Pokemon were mistaken as thieves looking for a house to rob and ended up getting shot at on Saturday.

A man was sleeping in his Palm Coast area home about 1:30 a.m. when a loud noise woke him up. The 37-year-old looked outside and spotted a white car parked in the road outside his Primrose Lane house.

The owner grabbed his handgun and went outside to investigate. As he came up to the car, he overheard one of the two teens say "did you get anything?"

That's when the man stepped in front of the vehicle, thinking they had possibly broken into his home, raised his gun and ordered them not to move, officials said.

The vehicle sped towards him and he moved out of its path. He then fired rounds at the vehicle because he said it "was attempting to strike him."

Deputies searched the area but couldn't find the vehicle.

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SGC-MMC plans to register student voters on FIU campus

SGC, PAGE 1

sweetwater, extending their trolley to come to campus during the early voting days," said Collazo. "[Maybe] the first two days or the last two days of the early voting, or get a bus to [take] our students to the poll."

There is a lot of skepticism about our generation, that we are definitely not the generation that cares about politics. I think [this] is a misconception.

> Alian Collazo President SGC-MMC

Even though there are many initiatives to create change starting on FIU's campus, the objective has not changed, which is to get as many students registered as possible by the time registration closes on Oct. 5.

"A lot of us Americans, we do not necessarily go out and exercise our right to vote as much as others around the world because we think that we are born into it, and we forget that it is something that not everyone has," said Collazo. "Different universities across the country do different events, to get the same outcome. We started thinking how can we kind of mirror those things or give it a shot here at FIU from the student government perspective."

The idea came about when Collazo was in Washington D.C. while at the White House. His experience there influenced him to share the importance of civic engagement with the FIU community.

'We were all talking about a lot of things that come with the responsibilities [when] being student leaders," said Collazo. "We got into the conversation of importance of voting. In our country we have this great opportunity to exercise our civic right to vote. That touched me a lot because I was born in a country [where to] this day people do not have that right to elect their leaders outright."

FIU Student Media will update when more information becomes available.

Former FIU first lady is remembered by university president

WOLFE, PAGE 1

Wolfe [Gregory] was named President FIU received a double bonus: Mary Ann. Her exuberance, radiance, and zest for life were energizing for our entire community."

Wolfe was a member of the board of the Portland Red Cross and the non-profit organization, YWCA. She directed a million-dollar capital Gregory funds when Wolfe Β. served as president of Portland State University in Oregon. The labor commissioner of Oregon appointed her as a member of the State Advisory Council on Sex Discrimination in Employment in 1971, and she served on countless volunteer boards including the Massachusetts State Board of the League of Women Voters, and the Tegucigalpa. Honduras. Damas Voluntarias. "With a deep intellectual curiosity, knowledge of classical and modern literature, as well as an unmatched poise, taste and warmth that was apparent

Mary Ann proved to be the perfect match for our FIU," said Rosenberg. Both Mary Ann and

Gregory B. Wolfe were known to be a prominent part of encouraging the growth and expansion of the University. Under former President Wolfe's

> Mary Ann proved to be the perfect match for our FIU

Mark B. Rosenberg President Florida International University

term, FIU was able to become an upper-division university with doctoral

programs. They also both helped Biscayne Bay Campus. Under Gregory B. Wolfe's direction, the campus added its first student residential housing, a new student center, an aquatic center and a library, and began offering a host of adult education programs. In recognition of these accomplishments, the student center - known as the Wolfe University Center - bears Gregory Wolfe's name.

In honor of Mary Ann Wolfe, the Mary Ann Wolfe theatre at BBC re-opened in 2015 for her contributions to the University that also bears her name. The 300 seat theatre, which last saw renovations about seven years ago, hosts university community events and from jazz concerts to guest speakers.

"FIU was still a young institution when [Gregory] Wolfe became president."

to anyone who met her, for the development of the did. They embraced this institution with open arms. Together, they first put FIU on the map – giving us an identity and direction."

> According to Rosenberg's email, Mary Ann Wolfe was remembered for being determined to help make FIU a higher education center. This had been accomplished by opening FIU's doors to the world by bringing diplomats, heads of states, artists, entertainers and public intellectuals.

> "Mary Ann is a reflection of what FIU stands for - care, compassion, and impact," Rosenberg. "Her said academic, governmental and volunteer excellence served this institution well, and we're fortunate to have had such a first lady."

> Their children Laura Ann, Gregory Nelson and Melissa Helene Wolfe:



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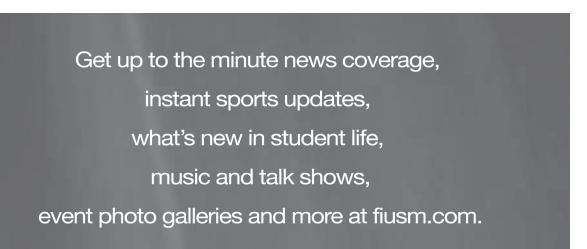
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fund master's and doctoral programs at FIU with a 10-year plan called the "Southeast Florida Comprehensive University Presence Plan." They were both credited

said Rosenberg. "During his tenure, he dreamt of transforming FIU from an upper division university to a full, fouryear university. And with Mary Ann at his side, he

grandchildren Galen Nelson and Anna Wolfe Pauly and Marie Elise Wolfe-Callahan; and greatgrandchild Ko Sugihara Pauly are survived by them.



The Beacon – 3

fiusm.com

OPINION

Black justice is not blue death

POLITICOBUZZ



FABIENNE FLEURANTIN

July 17. "You? You're going to kill people?'

While

often depicts

Morrison's

unfortunately

events,

Toni

were

true

real

author

words

proven

White "Not people. people."

"But why?"

"I just told you. It's necessary; it's got to be done. To keep the ratio the same."

I once read this excerpt from Morrison's "Song of Solomon" as words of fiction. Now because of one hateful man, they have become fact.

President Barack Obama stood in front of a solemn crowd on July 12 to honor the officers killed in the line of duty by military veteran, Xavier Johnson. Micah Infuriated by the senseless deaths of Alton Sterling and Philando Castile, Johnson shot and killed five police officers during a Dallas protest. Officials said that "he was upset about police shootings and wanted to kill white police officers," according to npr.org.

The president discussed how often he has spoken during these times of crisis, and that more needs to be done in order to enact positive progression.

"We're used to them. I've

seen how inadequate words can be in bringing about lasting change. I've seen how inadequate my own words have been," Obama said, as cited on ABC News.

Although this tragedy is devastating, he disputed that it's not right to undermine the issues affecting African Americans.

"We cannot simply turn away and dismiss those in peaceful protests as troublemakers or paranoid," the president said.

"You can't simply dismiss it as a symptom of police correctness or reverse racism. To have your experience denied like that, dismissed by those in authority, dismissed perhaps even by your white friends and co-workers and fellow church members, again and again and again? It hurts. Surely, we can see that. All of us."

The Dallas sniper attack occurred because of one man's skewed perspective and destructive impulse. But this one act of violence does not define the Black Lives Matter movement. We as black men and women are fighting toward proactive change, not the absence of white lives.

We are living within a fractured system where fear has clouded our judgment and that needs to change.

"Systemic racism has maintained oppression in our society," said Marissa

Lucchesi, advisor for the Black Student Union. "Police officers are being trained to be afraid of black people and racially profile, but they are not being trained in systemic racism. In the cases with Alton Sterling and Philando Castile, police officers are already coming into these situations with preconceived notions. We are setting them up for failure because we are not teaching them how to identify racism."

Our misconceptions have brought us to where we are today, and now these men in blue-Brent Thompson, Patrick Zamarripa, Michael Krol, Lorne Ahrens, and Michael Smith-have lost their lives because of it. That isn't right. In order to prevent this from happening again, we have to fix what is broken.

"As a society, we are unwilling to recognize the weaknesses that we have, and part of it is the lack of willingness to learn. Until we are willing to make these changes, we will continue to see systemic racism. We have to take an active role in all these issues because these things are intertwined," Lucchesi said.

Black lives do matter. So do blue lives. Just because protesters scream for black justice doesn't mean they are vying for the murder of white men and women in uniform. Nor does it mean that they should be seen as thugs or

dangerous threats to avoid.

These heroes in blue protect our people and put their own lives on the line to keep the peace. That does not mean that they approve of black people being killed. Nor does it mean that we should classify all men and women in blue as vicious villains that deserve to be persecuted. However, when a crime is committed, accountability has to be taken.

"We need to think critically about why officers are not being held accountable in ways that the average American would like to see. The justice system is doing what they feel is serving justice instead of solving it," Lucchesi said.

We as a society need to understand this conceptthat a portrayal of a race or profession does not define someone's character. If we learn to adopt and follow through on this idea, maybe then we can begin to heal as a nation.

Fabienne Fleurantin is a staff writer for FIU Student Media. Her column, PoliticoBuzz, is a commentary that raises awareness about political issues in the US and worldwide. She also covers events at FIU's Biscayne Bay Campus. For suggestions or comments, please contact Fabienne at fabienne.fleurantin@fiusm. com.

BEACON Editorial 'Just comply' advice belies systemic racism

Compliance and cooperation is the only advice Miami Dade County police officers had for a group of sixth through 10th graders in the Haitian Mentoring Program.

"The best advice we can give is just to listen and comply, because if you listen and comply, 99.9 percent of the time there should be no injury, no fighting, no accidental shootings, nothing," said officer Sophia Pollas. "There is an occasion where the officer may be wrong, but that's when you go to court and you can file a lawsuit against the department, etcetera."

This is a problematic response to the questions and thoughts of children worried for their own safety. As an editorial board, we would like to make it known that to say "just comply" is to also say that all who have lost their lives to police brutality, excessive force and a system that targets minorities are to blame for their own deaths.

The issues of police brutality are not so simple that they can be remedied by compliance. It is an insulting solution that says 'just accept it, we're above you.' What those who offer this advice fail to understand is that an officer being 'wrong' for many people potentially means death. You can't "go to court and file a lawsuit" if you're dead because an officer was "wrong."

To tell children that their only option is to comply and hope for the best speaks to the state of our nation. Rather than offering true hope and solutions for change, it's justifying the deaths by shrugging off longstanding systemic and policy issues that enable unjust killings. We need to do better by our children, and offer real solutions. For the full editorial, visit fiusm.com

Pokémon Go offers physical and mental health benefits

PANTHER HEALTH



MAYTINEE

"Pokémon Go," a location-based augmented reality mobile game, has been a major success since its July 6 release. Aside from the obvious addictive fun of the game, Pokémon Go offers tangible physical and mental health benefits.

Unlike previous Pokémon games, "Pokémon Go" is not for Nintendo's handheld consoles; it is a free app for

When outside, "Pokémon Go" players are also exposed to the sun, which is the biggest natural source of Vitamin D.

FIU student Lisett Guerrero loves Pikachu and told Student Media that "Pokémon Go" has definitely given her and some friends a reason to go out.

"Even if it's super hot outside, we don't mind walking around in order to catch a new Pokémon," said the senior studying criminal justice.

roughly 43.8 million adults in the United States experience mental illnesses every year. That's one in five adults. The video game community is a magnet for people living with untreated anxiety, depression and other mental illnesses, says suicide prevention organization Take This.

According to the National Alliance on Mental Illness,

Graham Thomas, an assistant professor of psychiatry and human behavior at the Miriam Hospital's Weight Control and Diabetes Research Center in Providence, Rhode Island.

KRAMER

Android and iOS devices that compels players to "catch em' all."

The game uses your phone's GPS and clock to decide which Pokémon pop up. In other words, if you're near a lake, more water type Pokémon appear. If you're by a park, more bug and grass types appear. The catch of the game is that Pokémon won't come to you; players have to go out into the real world to find and catch Pokémon, just like Pokémon trainers.

Since it's release, players have been lumbering up hills, wandering the city streets at night and congregating in various parks. The unintended side effect of the game is that users are becoming more physically active, walking miles and miles each day to play the game is boosting their overall physical health.

The game is great motivation to get users to go out and walk around. Walking is among the best forms of exercise one can get. Just breathing fresh, clean, outside air may improve one's health and mood.

Research published in the Journal of Environmental Psychology suggests that simply being outdoors was "associated with greater vitality," and a Yale study found that students' test scores increased when they spent more time outside. The differences were attributed to better air quality.

outgoing and even given her reason to talk with more people.

She says that the game has helped her become more

"The game also makes me exercise more." Guerrero said. Even experts in sports medicine and obesity prevention are pleased to see the outcomes of the game.

"Anything that gets people up off their couch ... and out in the real world moving around, I think, is a wonderful thing," Dr. Michael Jonesco, a sports medicine physician at The Ohio State University Wexner Medical Center said to Live Science.

Aside from the great physical health aspects, "Pokémon Go" offers mental health benefits as well. The exercise users get from playing the game can help decrease feelings of depression.

Dr. John Grohol, an expert in technology's impact on human behavior and mental health as well as the founder of mental health network Psych Central, told to Engadget:

"It actually works as an anti-depressant and it has a really, pretty strong effect. It's probably one of the most beneficial things a person with depression can do, especially if they're not accessing other types of treatments, such as psychotherapy or medication."

Dr. Grohol further stated that, "in terms of the phenomena of people expressing the benefits of playing the game to their real-world mental health status, I think that's very unique and it's the first time I've ever seen anything like that."

shared his thoughts about the game to Live Science, saying:

"For a long time, the advances in technology have promoted reduced physical activity and increased time in sedentary behavior, which comes with well-known health risk. It's nice to see technology changing and being used in a way that promotes physical activity."

Twitter is flooded with stories about the game's impact on players' anxiety and depression, and thousands of people are praising the game for getting them out of the house and making it easier to interact with friends and strangers alike. According to Grohol, these simple acts are crucial milestones for anyone struggling with depression.

"Pokémon Go" may be a wonderful motivator for players to leave their houses, get some light exercise and meet new people, but with all of its achievements, the game does have its limits.

While the game may be good for self-care, it's not a substitute for professional treatment. Rather, it's a stepping stone toward healthier habits and positive self-care.

Maytinee Kramer is a staff writer for FIU Student Media. Her column, Panther Health, is a commentary on maintaining one's health during college. For suggestions or comments, please contact Maytinee at maytinee.kramer@com.

GO 'catch 'em all' together



Whether it's on FIU's campus, at Tropical Park, or Downtown Miami,

thousands of people

taken society

storm.

have been glued to their phones since the mesmerizing app was released.

Although the video game's intention is to catch all the Pokémon around using your phone's GPS and camera, it has served as a social unification for millions around the world.

The Nintendo phenomenon has brought more people together than a new iPhone release. On campus, it is no different. Thousands of Pokémon GO players swarmed FIU's campus on July 10 to catch Pokémon. According to an article by the DailyMail, FIU is a hotspot for Pokéstops, or stations to recharge on Pokéballs. The DailyMail article even included a video of FIU's campus, where Poké players are seen chanting 'Squirtle!' as the Pokémon appeared for one player.

It's fascinating to see people who do not normally play video games, especially Pokémon games, become quite invested in catching these virtual creatures. In a time where so many tragedies and problems in the world are trying to tear humanity apart, a game has united the world in an extraordinarily simple way. It has brought people of all ages together through a common ground.

Miami has even created Pokémon meet-ups for large groups to come together and catch Pokémon in good

The release of company. The Miami New Times Pokémon GO has published an article listing the dates, times and places of these massive bv meet-ups around Miami, including Wynwood, Brickell, and South

Beach.

"It's getting people out of their chairs to get outside and get moving throughout the day without even trying. It is amazing how innovative the app is. The creators incorporated something our generation grew up playing, with modern technology. I've talked to strangers I would have never regularly talked to and made more new friends in a week than I ever have." Tyler Rosario, an FIU junior, said to FIU Student Media.

The benefits Pokémon has are not only social, but it has also broken barriers historically and financially.

The Pokémon franchise, which has been around since the 90's, has taken over as the number phone app in the United States. TechCrunch published an article that said it has surpassed Twitter's daily active users as well as Tinder's installs. The app has broken Nintendo's market value by boosting it up \$17 billion in only one week. It's even surpassed porn as the most searched item, according to Google.

With so many people using phone data, cell-phone company T-Mobile, has stepped up their game by creating a Pokémon inspired 'Thank-you' package for their customers on their weekly T-Mobile Tuesdays.

According to T-Mobile, they will thank their Pokémon players with free unlimited data on Pokémon GO so that it won't touch players' highspeed data for an entire year, free Lyft rides for up to \$15 dollars to get to a new Poké stop or Gym and

free Wendy's Frosties to refuel on Pokémon hunting trips on July 19.

Of course, every good thing has a downside. Although Pokémon players are invested and the game has brought together, precautionary people measures should be taken seriously.

"There are negative aspects. Since it is a free app, there is always the possibility of bad people using it to their disadvantage, like to bother children. Little kids especially need to be looked after because the app has Pokemon everywhere, even on streets and lakes, so I think it's important we watch out for kids and monitor where they are going because we don't want them accidently walking into a busy street. Also, Pokémon GO is not an excuse to disregard traffic laws because I've seen where cars will stop abruptly in the middle of traffic because they are on their phones playing the game." Rosario said.

Many Pokémon are hidden in the backyards of private properties, in lakes and in the middle of streets. Players should be made aware of the dangers of trespassing and violating traffic laws to prevent accidents from happening. Public safety should still be a number one priority.

The Pokémon world will continue to surprise everyone with it's upcoming updates. As Nintendo keeps creating, we will keep hunting to 'GO' catch'em all.

Cindy Cuadra is a staff writer for FIU Student Media. Her column, Pop Talk, is a commentary on pop culture current events. For suggestions or comments, please contact Cindy at opinion@fiusm.com.







STEPHANIE

ROQUE

On our nation's birthday, Michelle Obama appropriately shifted the meaning of independence from our country to a growing dilemma occurring globally: independence for women, specifically in terms of education.

The first lady took to CNN on Monday, July 4, to talk about research from her widely known initiative, Let Girls Learn: 62 Million Girls. The initiative "seeks to help the more than 62 million girls around the world who are not in school- half of whom

are adolescent - go to school and stay in school."

Whether it's due to a lack of financial or travel resources, these girls are being denied one of the most basic rights: an education.

In today's global economy, an education is often seen as an important key to success. Without an education, it is

possibility of a brighter and better future. A future lacking the restraints of close-minded individuals, and one filled with endless opportunities: an independent life.

Obama's article depicts the life of two young girls living in Morocco and Liberia. Ralphina, who is living in Liberia, lives day to day in a home where the family income is less than two dollars a day, which results in the family being unable to educate their children. With teen pregnancy rates high and the dangerous commute to school, girls are discouraged from attending class.

Despite all this, along with the possibility of sexual harassment and assault at school, young Ralphina still manages to attend class every day after cooking for her family and going to the market in pursue of her lifelong dream of becoming a nurse.

With global efforts to make women's education a more accessible dream, I support the first lady's outlook on finding ways to give these girls the chance to pursue their lifelong

Beauty products a health concern

W e

1 1

which

is why

products

we love comparing and

in hopes of perfecting

every step of our beauty

hundreds of sheet masks,

thousands of creams and

moisturizers and more

brands of lipstick than

we can remember. Every

lotion, shampoo and

cosmetic product applied

on our skin can soak right

into the body - but do

we know what's really in

Environmental Working

Group, an environmental

report that one in eight

of the thousands of

personal care products

are industrial chemicals,

pesticides, reproductive

toxins and hormone

contaminant linked to

cancer found in products

that create suds, such as

shampoo and liquid soap.

Another ingredient is

benzophenone, which has

also been linked to cancer.

It's used in cosmetics

such as lip balm and

nail polish to protect the

Environmental Working

Group, who spoke to

About Style, "companies

are allowed to use almost

any ingredient they wish.

According to the

products from UV light.

on labels is 4-dioxane, a

U.S researchers of the

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deserve there is a phone app called to look "Skin Deep" developed by the EWG, that can help a n d feel the educate consumers on the best we products they use. The free app provides possibly can,

using. Luckily, with the

technology we have today,

a database of 72,000 personal care products, 2,500 brands and 9,000 ingredients. Users are able to scan product barcodes or search goods by name to determine their safety.

The app rates each item based on the hazard-level of each of its ingredients and users can then find out which ingredients are the most harmful. The EWG's website also provides a database with information on the many products they researched.

Beauty is subjective and personal. In other words, beauty is in the eye of the beholder, but when it comes to our skin, choosing the right products to maintain healthy, nourished skin is important. Though many of the chemicals continue to be widely used, we as consumers always have the option of making the right choice for our overall health. The best thing we can do is read ingredient lists carefully in order to avoid chemicals that are known to be harmful.

Just as we should bodies nourish our with organic food, our skin deserves care with organic beauty products. In addition to being aware of the ingredients beauty products, in should consumers consider using certifiedorganic skincare products that cleanse, tone, exfoliate and moisturize the skin without using any of the noxious artificial chemicals or additives. It's always best to feed

statistically proven the individual will most likely face times of hardship throughout his or her life.

According to CNN, women who receive an education are more likely to "marry later, have lower rates of infant and maternal mortality, and are more likely to immunize their children and less likely to contract malaria and HIV."

The first lady's foundation focuses on girls living in areas where the idea of a woman receiving an education is often dismissed. Social norms and attitudes revolve around the belief that women are not worthy of an education, and are sold into marriage to begin bearing children, when the girls are still considered children themselves.

Obama details how receiving an education can save these girls from a life of very limited opportunity. By receiving an education, these young women are filled with the hope and

ambitions.

Being a part of a globally-involved institution such as FIU, I strongly encourage all Panthers to take strides in making the world a better place for not only our fellow sisters, but brothers in terms of making it possible for everyone to achieve success.

To find out more ways to help the cause and on the initiative's growing success with new efforts being directed to Africa's education system for women, visit 62milliongirls. com.

Stephanie Roque is a contributing writer for FIU Student Media. Her column, Educating the Masses, is a commentary on the humanities, arts and education. For suggestions or comments, please contact Stephanie at opinion@fiusm.com.

The U.S. government doesn't review the safety of products before they're sold." Incomplete or misleading labeling of ingredients, or unsubstantiated promises about a product's benefits are also allowed.

With the ongoing healthy lifestyle trend, more and more people are becoming conscious of their health and the products they are

the skin the good and healthy stuff.

Maytinee Kramer is a staff writer for FIU Student Media. Her column, Panther Health, is a commentary on maintaining one's health during college. For suggestions or comments, please contact Maytinee at maytinee.kramer@ com.

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Have something on your mind? Send your thoughts (400 words maximum) to opinion@fiusm.com or drop by our offices at either GC 210 or WUC 124. With your letter, be sure to include your name, major, year, and copy of your student ID. The Beacon will only run one letter a month from any individual.

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The Beacon – 5

Wednesday, July 20, 2016

MUNICH MANIA



64 DAYS ACROSS

Walking into sidewalks with the most rich green for lunch or dinner is a must. A

The general style in clothing strangers: people don't smile in the street at each other and no one asks how you're doing, but when asked for help, they are always willing to point you in the right direction. You'll also find they are very warm and inquisitive if you start a conversation.

THE POND



AUBREY CARR

competing against older ones and old technology of the 21st century. Two-thirds of the city was destroyed during World War II, and though it was rebuilt well, it isn't the same.

difference

Nonetheless, there is still more than enough beauty to go around. The Munich Residenz houses an inexpensive and incredible peak into the palace of the Bavarian royalty; there are museums and sights that portray 19th century Greek Revival architecture, trees fill the area in the parks and on the

grass surrounding the palace. Munich, it feels

like a normal Above all the monuments and city, with more museums, The English Garden cars honking at is the most beautiful sight in the each other than city. It is one of the world's most in Miami; the renowned city parks, and it alone is lies worth a trip to Munich. Walking in in the modern provokes an understanding of where buildings the Germans got the inspiration for their famous fairy tales. Through the garden, there is a man-made river where you'll see people jumping into the freezing water and taken

> downstream by the current. If shopping piques your interest, the centre city has an H&M store on every corner and more high-end places surrounding those. Deichmann is a cheaper alternative

> for bags and shoes, an equivalent to Payless.

> Germany is known for its beer, but even if drinking isn't your cup of tea, visiting a "beirgarten"

"beirgarten" serves traditional Bavarian food, namely some kind of meat and potatoes meal, although you can find at least one vegetarian dish. The beer is cheapest at Löwenbräukeller, a restaurant which is also a "beirgarten" but the food is more pricey there than at Augustiner-Keller.

Middle Eastern food, such as kebabs and falafel, are more easily recognised than the German architecture itself. Expect to spend around five dollars for a meal – even 10 cents for freshly made Persian bread at one shop on Dachauer Street.

Smoking is relatively common here, so it's not unusual to spot a cigarette vending machine. It's even less unusual to look down to find the ground in a thin layer of cigarette butts or smoking areas as popular as in America in the early 2000s.

here is very similar to that in the United States: jeans, sneakers and a weatherproof jacket, and the three pieces don't always match. There are more people with tattoos and body piercings here than I've seen in other areas of Europe, and the hairstyles are more alternative.

Bike lanes are as common and necessary as sidewalks, though it is harder to tell each of these lanes apart, since they aren't color-coded as in Vienna, and the cyclists are relentlessly fast.

Almost identical to Vienna, Munich's city tram and subway are easy to understand, working on an honor system that doesn't check tickets every time, but fines around \$68 for anyone caught riding without one.

The people in Munich are much like the people I've met in Boston, when it comes to courtesy with

Though some people interpret the lack of smiling or inquiry of a stranger's well-being as rude, I find, it means more when people aren't just asking out of custom or smiling out of routine, but because they are truly interested in another person, because they have legitimate reasons to smile. Of course, being in Munich in the summer is a good enough reason to smile.

64 Days Across the Pond is a travel column written by Aubrey Carr. For comments and suggestions, email her at aubrey.carr@fiusm.com.

Pokémon craze hits Biscayne Bay Campus

LIFE!

NADINE MATAS Entertainment Director nadine.matas@fiusm.com

The Biscayne Bay Campus at FIU has not escaped the Pokémon Go hype that has spread through the nation. At BBC, students can find an array of Pokemon, Pokéstops, and Pokémon gyms to help them level up and train in the game.

There are an estimated number of 17 Pokéstops at the BBC. The two gyms located on campus include the Golden Panther and the start of the FIU nature trail, located by the tennis field.

The rumored third Pokémon gym is across the bay area. It is called the Beach Mural at Oleta Park, and is flanked by two Pokéstops as well. Though this is technically the third BBC gym, it does not lie within the campus boundaries.

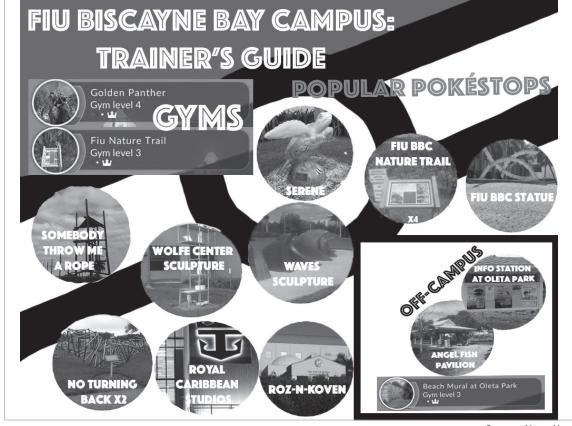
About to reach its two-week mark from the release day in the US, the Pokémon Go application has shown no signs of losing its users' interest. With this, the count of incidents playing the game continue to grow.

Azalie Duque, a senior English and religious studies major, who does not play the game says "The game feels like another fad that will eventually evanesce. It has been a bit annoying, having to mute some chats because it's all people talk about, but it's not the end of the world, I suppose."

As reported on local new channels such as Univision, Telemundo, Channel 7, users of the game around the country have gotten into lifethreatening situations simply because they are not careful when playing the game. Chief Alex Casas from the FIU police even made a video to warn students to stay safe.

This however does not seem to be turning users' attention away from the game, which expanded to more countries July 16, 2016.

The Biscayne Bay Campus, as announced on their Instagram page, will be having a Pokémon Go event on July 20 from 12 p.m. to 2 p.m., "registration will be in Panther Square but the battle will be in Panther Plaza."



GRAPHIC BY NADINE MATAS

Rally 100 overcomes rain

NADINE MATAS Entertainment Director nadine.matas@fiusm.com

Despite the threat of rain, the Homecoming Council at the FIU Modesto Maidique Campus hosted their kick-off event for homecoming, Rally 100, on July 13 at 6 p.m. The event, hosted in the housing quad, attracted the attention of many students who stopped by the event, from freshmen to seniors.

The music was provided by DJs, courtesy of 99 Jamz radio station. Tropical Smoothie supplied drinks at the event, and snacks available to attendees included cotton candy.

The MMC campus councils were present, with tables displaying their organization logos, and giving away merchandise including, shirts, bags, stickers, water bottles and sunglasses.

Maria Martinez, senior double majoring in economics and Asian studies, said, "I believe the success of the event can be gauged by the large attendance and the presence of all the councils engaging the incoming freshmen."

The rain, toward the end of the event, forced the majority of attendees to leave but the music didn't stop. The DJ booth was moved under shelter and continued to provide music until the councils packed up and left due to the weather.

"The Rally 100 event was successful as far as CSO is concerned," said Martinez, finance coordinator for the Council for Student Organizations. "We drew large crowds of freshmen. We were able to communicate the mission and purpose of CSO, the ways they could become involved on campus, join clubs, create their own clubs."

The event had a large attendance and provided an environment for students to interact with the councils who oversee their on-campus activities.

"It was great to see so many of the future panthers excited about FIU and frankly eager to learn what the university has to offer them, apart from academics of course," Martinez said.

Campus Life's music festival 'one for the books'

Pokémon Go presents dangers

FIUPD, PAGE 1

increasingly more popular, details of crime and illegal activity has arised from playing the game and has put some individuals in threatening situations.

On July 16, a man who lived in the Palm Coast neighborhood was startled by a loud noise during the early morning. He spotted a white car parked in the road outside of his house, grabbed a handgun, and went outside to investigate.

Two teens looking for Pokémon were mistaken for thieves looking for a house to rob and ended up getting shot.

Also, four teens, in a suburban area just outside of St. Louis, used the game to draw victims and robbed nine people. They used what is called "lure modules" in the game to attract players to the specific Pokéstop. playing games at home, finally have a collective reason to be outdoors.

"I actually met up with some friends who are also in team blue with me," says Santiago Guzman, a senior majoring in Asian studies. "My friend introduced me as my username on the game and one of the players recognized me and my 'Gyarados' Pokémon and got super excited to meet me, it was pretty surreal."

According to students like Hurtado and Guzman, friendships are blooming and the bond over Pokémon Go with your standard passerby is becoming more than just a trend.

While there are risks involved, the benefits of Pokémon Go is breaking communication barriers and that makes it well worth it for some individuals. Some believe that as long as people play responsibly, the positives that come out of playing Pokémon is a step in the right direction. "I want it to live on and I can see it living well past the original hype especially since Niantic announced that they're going to be doing bi-weekly updates to the game," Guzman says. This is one of the first games of the future-Pokémon Go simultaneously fuses a virtual world with reality. Players continue to explore new places as they wait for what's to come next. As for now, we are encouraged to keep trying to "catch them all"-but FIUPD reminds us to always remember to be aware of your surroundings.

SUMMERFEST, PAGE 1

studying criminal justice.

within 10 feet of the DJ booth While walking in, attendees was soaked from head to toe with

ZOE LODATO Contributing Writer life@fiusm.com

Hosted every year by FIU Campus Life, SummerFest is a one of a kind electronic dance music festival free for all FIU students. With foam blasting from both sides of the DJ booth, attendees can enjoy getting soaked with soapy foam while dancing to the music.

Aimed to promote Panther Pride for the incoming freshman class, Summer Fest also allows all FIU students to enjoy a free night of good music on Panther grounds with friends.

"By far the best part of SummerFest was enjoying the music alongside my friends. It was one for the books," said Lucas Cerzosimo, a sophomore were given free bandanas as

well as plastic phone protectors and explored the many tents offering giveaways including ICE sparkling beverages helping people stay hydrated and the Student Programming Council giving off free shirts, accessories, and more. The Sigma Kappa Sorority was also doing free face painting as well as selling sweet treats while Revolution Dance Studio handed out free fans.

These organizations arrive three hours before the event to set up. Immediately, music blasts through the speakers beginning to show off the DJ talent and get students excited to come in. At 7 p.m. on the dot, the gates opened and people poured in. By 9 p.m., the foam blasters, which are over three feet in length, came to life and spew out foam. Any person

this soapy substance.

With over three DJs entertaining the crowd, the party kept going until midnight. Chantelle Mnayariji, a sophomore studying business, said she "was most excited to see the different faces attending. FIU is full of new and diverse people and it was cool to see a lot of excited freshmen. I liked the energy that all the people at SummerFest had and the enthusiasm toward the upcoming school year. It was a good example of Panther Pride at FIU."

But if anyone's wondering whether or not to check SummerFest out next summer, Lucas Cerizosimo puts it best: SummerFest "is a great experience that I would recommend to everyone as a way to get to know your peers."

In Wyoming, a 19-year-old girl found a dead body near the Big Wind River trying to catch a Pokémon by the water.

Even though Chief Casas, and other police departments, warns individuals of the dangers when playing the game, some students believe that there are enough benefits to balance them out.

"I went to Town and Country Mall and I couldn't believe how packed it was with people playing Pokémon," says Daniela Hurtado, a junior majoring in marketing. "I saw so many old friends and even met some new people. This game brings people together in ways like never before."

Many people like Hurtado, who spent their time indoors or

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FOOTBALL

fiusm.com

Panther profile: Alex McGough learns to balance life as a student and quarterback

SPORTS

ALEXA ROTH

Contributing Writer sports@fiusm.com

For most students, college is a tough balance between school and a social life. Most don't have the added pressure of early morning and late night practices, traveling for out-of-state games and carrying an important position on the football field.

For starting quarterback Alex McGough, this is normal everyday life.

McGough was born in Omaha, Nebraska, and moved to Tampa when he was 5 years old. He began playing football in the fourth grade and has made that a passion ever since.

The junior says that the coaches drew him to play for the University.

"I really thought they were doing something great here, and I wanted to be a part of it," McGough said.

He also says that one of his biggest achievements since being at FIU was being a starting quarterback since his freshman year.

Now in his third year, he feels that he plays an important role to his fellow teammates on and off the field.

SOCCER

"I know every single player and coach, and I feel comfortable talking to everyone," McGough said. "My teammates look up to me, and will ask for advice, and it is important that I help keep everyone on track during practices and games."

When it comes to school and classes, Alex says that time management was a problem at first, and he realized that it was on him to make both school and football a priority. In the 2015-2016 school year, the student athletes had one of their best cumulative GPAs yet.

"Coach Turner makes sure everyone stays on track, and he really wants to see us all succeed," McGough said.

For the upcoming season, McGough is focusing on improving his accuracy on his throws, and as a team, the Panthers just want to improve from last season and hopefully get a chance to play in the bowl game, which lot McGough says is "very achievable."

and as a team we are FIU get it," he said.

When the team isn't well as participates in



Alex McGough prepares to throw the ball during a 2015 fall game. The junior quarterback feels hopeful for the season, saying that making a bowl game is "very acheivable."

busy with training, practices and games, they are helping out in the community. McGough says he has always done a of community service and that it was always important to "We have a goal, him. As a team, the football team working very hard to volunteers at hospitals and nursing homes as

neighborhood clean ups.

Even though the season hasn't started, McGough says there's a lot of work to be done even in the off-season.

"The coaches and training staff can only do so much, so we have to stay active and make sure we're eating right," McGough said. McGough

has

learned from playing football and says his biggest takeaway is "mental toughness, and being able to move on to the next play without lingering on the last one."

The starting quarterback never imagined he would be playing college football, but he says he is here to win and expressed

how happy he is to be a part of the team. After college, McGough says he would love to play professionally and continue his love for the sport.

The first game of the season is a home game on Thursday, Sept. 1 against Indiana University.

Coach Calabrese expands on season's defensive game plan

REINALDO LLERENA Staff Writer

don't." In 2015, the Panthers

its opponents to an average of 1.30 goals per game

fiusm.com the news never stops, and nor do we.

reinaldo.llerena@fiusm.com

The men's soccer team often plays a game of cat and mouse when on the field.

Coach Head Scott Calabrese's defensive tactics and plays are rival to those of a cat stalking its prey.

Similar to zone defense in basketball and football. Calabrese wants his team to trap the ball in a certain part of the field to make defense easier for his players.

"During a game, we want to defend from the front and pressure the Calabrese said. ball," "Sometimes, we want to send our forwards wide to stop clears, sometimes we

allowed just 26 goals all year.

"Our defensive scheme depends on who we are playing that day," Calabrese said.

Goalie Arthur Clapot had 31 of his team's 50 saves in the year. Goalie Robin Spiegel had the remaining 18 saves on the team. This means that teams had to save the ball 35 more times than the Panthers on the year. Thus, the Panthers kept the ball away from their net and controlled possession of the ball on the opposing side of the field.

Calabrese said: "When I first arrived at FIU, there was a sporadic commitment on defense. Getting my

We have steadily improved since [2014], and I'm very happy with my players.

> Scott Calabrese Head Coach Men's Soccer

players to commit fully on defense was a major challenge in 2014. We have steadily improved since then, and I'm very happy with my players."

The Panthers' commitment on defense led them to a 12-7-1 record last season. The team also held and limited opponents to a 40 percent shot-on-goal percentage. By comparison, the Panthers had an average of 2.05 goals per game and a 43 percent shot-on-goal percentage.

However, opponents only had 76 shots on goal throughout the season while the Panthers had 126 shots on goal during the 2015 season.

The Panthers will play against Furman University in the Nike/Aaron Olitsky Memorial Soccer Classic on Friday, Aug. 26 at 5 p.m. The team will play its first home game versus the University of Wisconsin on Friday, Sept. 2 at 7 p.m. at the FIU Soccer Stadium.

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FOOTBALL

Sports

tiusm.com

Wednesday, July 20, 2016

TAKE A RIDE FIU alumnus creates documentary on the city of Miami

PETER HOLLAND Staff Writer peter.holland.com

After graduating with a 4.0 GPA and being listed as a World's Ahead Scholar, Anthon Samuel has been experience life after football.

The former runningback plans to work on his master's degree in health services administration and is working on a documentary called "Take a Ride, Miami Edition."

The film takes a tour of the streets and urban areas in the city of Miami.

The Miami native created this film to give those who are unfamiliar to the city an honest depiction of the realities of Miami instead of the general smoking mirrors fed to the outsiders about the city.

"The goal of this documentary is not to paint Miami as a rough, unpleasant city, but to shine light on the dark areas of Miami that do not receive enough attention," says his takearide.us. website "This documentary will raise awareness about the violence that goes on in Miami and show viewers the daily problems Miami residents face."

According to neighborhoodscout.com, since 2006, 335 children and teenagers have been killed (80 since 2013) in Miami. Samuel is no stranger to gun violence as he witnessed it at a young age.

On March 20, 2001, Samuel's father was gunned down outside his Opa-Locka home. Samuel, who was seven years old at the time, was in his bedroom when he saw his father lying on the ground through his bedroom window. He expressed his emotions through poetry when CBS Miami covered the story about him in early June as a "South Florida survivor."

"March 20, 2001, people heard rounds. Once cops arrived to the scene, a black person was found.

Someone was on a mission to gun him down.

"He was going to murder him no matter who was around. But I wish he would of looked up to see who was looking down."

Witnessing his father's death took a toll on Samuel throughout his childhood, bouncing around from school to school until he was introduced to football, his one-way ticket out of the Miami streets. After graduating from Monsignor Pace High School, he committed to play college football for Bowling Green State University before transferring and finishing his collegiate career at FIU.

For Samuel, FIU football not only taught him to carry the ball and run in between tackles, but also the life skills he needed to carry himself when it's all over.

"Discipline was the main thing. You talking about coming in at five in the morning, and not being done until night time, sometimes at six, sometimes at nine," Samuel said. "It's a fulltime job with overtime. Once you go through that, it builds you. You have to be mentally tough to be a student athlete. Only the strong survive."

Now a a father working on his master's degree, Samuel's main focus is to promote his film. During his recordings, Samuel went to different urban areas in Miami and asked the locals what goes on in their neighborhoods.

"[When they think of Miami] People think of South Beach," Samuel said. "Even people who live in Miami think of South Beach, the sand, beaches, Ocean Drive and everything."



PHOTO COURTESY OF FIUSPORTS

Former runningback Anthon Samuel, pictured above in a spring game, works on calling shots in his professional life as director of "Take a Ride, Miami Edition, a documentary about the city he grew up in.

For Samuel, this documentary is for anyone interested in a real perspective into Miami.

"I've talked to a few people that live in Miami, and they do not know what's going on," Samuel said.

With Samuel's academic success and

his future ahead of him, he also wants to send a message to the people who are going through a similar tragic death in close friends or family members.

"Avenge that person's death in being successful," Samuel said. "If I would have taken the revenge route, nobody is going to know about me being here, and I'll end up in somebody's cell or locked up."

Samuel's documentary premiere will be on July 30. For more information visit his website: takearide.us.

SWIMMING/DIVING

Ruele in Rio: swimmer prepares to take on Olympics

ALEJANDRO SOLANA Staff Writer alejandro.solana@fiusm.com

The months of July and August are typically considered to be "boring" months if you're a fan of sports. Football season hasn't begun; basketball season has ended, and there's not much going on in baseball.

But every four years, the Summer Olympics takes place in August.

This summer, Panther fans may have a greater incentive to tune in to the Rio 2016 Olympics. FIU will be represented in the games this year, as former and current Panthers are gearing up to compete this August in Rio, Brazil.

Redshirt sophomore Naomi Ruele of the FIU swimming team will be in Rio this August, representing not only FIU, but also her home nation of Botswana when she swims in the 50-meter freestyle event.

"I actually didn't expect this given the fact that I just came back from a shoulder injury," Ruele said. "I was told I needed to get the surgery but the doctors weren't completely sure if I would be as successful as I wanted to be."

Ruele may have had her doubts post-injury, but they didn't seem to show after her return to the pool. She won seven gold medals in all seven races she competed in at the Conference USA tournament, earning her the title of "Swimmer of the Tournament."

However, it was her success at the Georgia Tech Aquatic Center



It is really more about just going with my heart and race as fast as I

can.

Naomi Ruele Swimmer FIU Sports

on March 20, that will always stand out to Ruele. Recording a time of 26.07, during an official Fédération Internationale de Natation approved time trial, secured her a spot in the Olympic pool this August in Rio.

After overcoming her injury

and bouncing back, the Botswana "Junior Female Sportswoman of the Year" will have a chance to become the second medalist ever for the nation of Botswana.

Ruele told Student Mediain April 2016: "That would be a huge feat. My entire goal was to come and actually make it to the Olympics, so now I can shift my goals to different aspects these next few months. I'm excited to be able to compete."

The landlocked country of Botswana is home to around two million people. They will be able to watch their first Olympic swimmer compete in August. The country has already begun to take notice of its young star, as Twitter has exploded with support for the Botswana Panther.

Ruele says she doesn't feel any pressure to medal in Rio,

but she would love to be able to accomplish that for her country.

Ruele will be a part of a Botswana Olympic roster that will include more than one woman for the first time in the nation's history. Joining Ruele in Rio will be teammates, Lydia Jele and Christine Botlogetswe, both competing in track.

The 2016 Rio Olympic games begin Aug. 5. The 50-meter freestyle event which Ruele will be competing in is scheduled to take place on Aug. 11, from the Barra da Tijuca Aquatics Stadium.

"Just coming out of my redshirt-freshman season, there's definitely no pressure on me," Ruele said. "It is really more about just going out with my heart and race as fast as I can."