## Florida International University FIU Digital Commons

The Panther Press (formerly The Beacon)

Special Collections and University Archives

11-23-2015

## The Beacon, November 23, 2015

Florida International University

Follow this and additional works at: https://digitalcommons.fiu.edu/student newspaper

## **Recommended** Citation

Florida International University, "The Beacon, November 23, 2015" (2015). *The Panther Press (formerly The Beacon)*. 839. https://digitalcommons.fu.edu/student\_newspaper/839

This work is brought to you for free and open access by the Special Collections and University Archives at FIU Digital Commons. It has been accepted for inclusion in The Panther Press (formerly The Beacon) by an authorized administrator of FIU Digital Commons. For more information, please contact dcc@fiu.edu.



Vol. 27 Issue 43

Monday, November 23, 2015

# **University talks domestic violence**

**JOCELYN TALAVERA** Staff Writer jocelyn.talavera@fiusm.com

Eliana Martinez said she witnessed her roommate abused by her boyfriend.

Martinez, a junior health administration service major, said she tried addressing the issue, but her roommate was too scared to seek help.

"We knew he didn't treat her well, but once that happened and we all talked to her, that scared her off a bit," said Martinez. "You feel overwhelmed, but once she started accepting it, it got better."

When it comes to consequences from dating or domestic violence, Yulisa Vega, Women's Center program assistant at the Modesto A. Maidique Campus, said she wants women to know that they don't have to face their "demons" all by themselves.

"You're not helpless, and it's very hard to talk about. Stigma is very hard to break and I definitely understand people have a hard time coming forward. You're not alone. We care, and we'll be your support group," said Vega. "You're strong no matter what. You're a survivor."

Dating and domestic violence is a common issue on college campuses that affect both male and females. Nationally, one in three women and one in four men will experience some form of physical violence by a partner within their lifetime, according to the National Coalition Against

Domestic violence is most common among women between the ages of 18 to 24, with 43 percent of dating college women experiencing abusive behavior their from partners, according to the NCADV.

Domestic violence can take shape as physical, sexual, emotional or psychological abuse with the goal to maintain power or control over a partner.

In October of this year, there were two separate incidents on campus relating to domestic disputes.

In a parking lot at MMC, a female student said that a male student was upset to see her, and he punched her driver's side window. She said that she was afraid of him, according to a report by the University's police department.

A second incident, which took place Wednesday, Oct. 7, involved a married couple who live separately. The estranged husband entered the female's workplace, persuading her into being in a romantic relationship with him again.

The estranged husband has an active injunction order of domestic violence against him from July of this year, according to a police report.

When issues like this take place at the University, the cases can be handled by the Student Conduct and Conflict Resolution Department, which is responsible for adjudicating all infractions for the Student Code of

Kristen Kawczynski.

"We do have dating and domestic violence cases, and we handle them if they are student related. All students are referred to the FIU Victim Empowerment Program for services and support," said Kawczynski, Student Conduct Conflict director.

If a victim does not want to cooperate out of fear or doubt, the department can go forth handling these certain situations, but many factors go into making that decision, according to Kawczynski.

Kawczynski also said the department creates proactive programming for faculty, staff and students.

There are University policies and procedures when it comes to on issues intervening relating to relationship violence, sexual offenses and stalking, according to the Counseling and Psychological Services website.

procedures These include informing students of reporting obligations confidentiality; and ensuring safety and informing victims of their rights to report incidents to the police.

For the protection of a university's community, Title IX is a federal civil right that prohibits against discrimination in sex education, which includes sexual harassment or violence.

The University commits to this law by connecting students with on-campus resources.

## **CANDLE VIGIL FOR PEACE**

### BLANCA MARTINEZ/THE BEACON

Students cradled small candles at the Candlelight Vigil for Peace and Remembrance on Wednesday, Nov. 18. The event was hosted by Le Cercle Francais, the Department of Modern Languages, Pi Delta Phi, RHA and NRHH.

## FIU library hosts black freedom lecture

### **GUETHSHINA** ALTENA Staff Writer

guethshina.altena@ fiusm.com

> According to the National Association for the Advancement of Colored People, one in six black men had been incarcerated as of 2001. If current trends continue, one in three black males born today can expect to spend

time in prison during his lifetime. To talk about the black community social unrest that in South Florida and its struggle for racial equality, FIU Libraries will host a lecture by Chanelle Rose, author of "The Struggle for Black Freedom in Miami." of "It's crucial that students are aware of the factors Rose that affect colored people in our community," said continues Vickie Toranzo, library operations issues, instructor. Rose is brutalities associate professor disproportionate the topic. There and co-coordinator

Studies program at Rowan University.

An FIU alumna, Rose talks about the social and political history of civil rights movement in Miami. According to Rose, the city had a racially progressive national reputation masked that widespread inequality.

She says that white civic elites were historically interested in progressing their tourist economy by avoiding a

of the Africana incarceration rates. African Americans are incarcerated nearly six times the rate of white people, according to the National Association for the

> Advancement of Colored People. African Americans represent 26 percent of juvenile arrests, 44 percent of youth who are detained, 46 percent of youth who are judicially waived to criminal court and 58 percent of the youth admitted to state prisons,

will be a question and answer session after the lecture and refreshments will be provided.

The event is sponsored by Government the Resources and Information Department and the Special Collections and University Archives.

According to Toranzo, the lecture will be the first of its kind hosted by FIU Libraries.

"We encourage everyone to come out and learn about, 'The Struggle for Black Freedom in Miami,'" Toranzo said. The event will take place Monday, Nov. 23 at 2 p.m. at the Green Library Room 220 at the Modesto A. Maidique Campus. It is free and open to the public. To register in advance, students can go to the Facebook page of Government Resources and Information Department at FIU Libraries.

Domestic Violence.

## Conduct, according to SEE ABUSE, PAGE 2



according to the characterized Center on Juvenile other cities in the and New South during Justice. the civil rights movement. They were less concerned about changing the city's institutions systematic racial oppression, according to Rose. also says that the black community to face systematic Rose will talk like about her book and foreclosures, police provide specific

According to Miami-Dade County's daily jail population statistics for Thursday, Nov. 19, 2,614 black people arrested were compared to 2,497 white people, the majority being non-Hispanic.

and explanation about

Criminal

## **NATION & WORLD** BRIEFS

### Mana hold up sign: 'Don't vote for racists'

An hour and a half into the Tigres del Norte. At the end of telecast, the Latin Grammy Awards was moving at a good clip.

Then Mexican rockers Mana took the stage and sang the immigrant anthem "Somos Mas Americanos" ("We are more American"), for which they were joined by norteno legends Los

their rousing performance, the two groups hoisted a sign that read, "Latinos unidos no voten por los racistas" \_ "Latinos united, don't vote for racists" \_ injecting a dose of politics into a show that had been enjoyable, if generally devoid of hot topics.

## Muslims worry anti-Islam rhetoric will make them targets

Muslims and civil rights advocates are growing increasingly alarmed by the tone of the anti-Muslim speech that has emerged since the Paris massacre, saying it is much sharper and less nuanced than in years past, including the tense aftermath of the 9/11 attacks. Republican presidential

candidates, governors, municipal officials, local authorities, talkradio hosts and religious figures increasingly are targeting Islam as a whole \_ a development Muslims say leaves them vulnerable to discrimination and retaliatory assaults.

## 5 die in deadly day of attacks in Israel, West Bank

Palestinian attackers on Thursday killed five people, including an American citizen and a Palestinian motorist, in one of the deadliest days in a surge of violence that has swept Israel and the Palestinian territories for weeks. Two of the dead were killed

in Tel Aviv, breaking a relative lull in attacks inside Israel. The other three died in the West Bank.

A total of 17 Israelis have been killed since the wave of violence started Oct. 1, and more than 80 Palestinians have been killed.

### Paris attacks show the good and bad of high-tech revolution

The Paris attackers used an online gaming chat function to discuss their plans. To stay in touch, they used a social media app designed to protect Russian citizens from the prying eyes of their secret police. And, later, after they'd killed 130 and wounded another 351, the remaining members of a

terror cell that was on the verge of launching yet another attack in Paris was found and arrested or killed early Wednesday when the GPS functions on their phones and rental cars gave away the group's locations and travel histories.

## **TRIBUNE NEWS SERVICE**



Modesto Maidique Campus: GC 210, Mon-Fri 9:00 a.m.-5 p.m. (305) 348-2709 news@fiusm.com

## **CALSA** hosts holiday toy drive

## **GUETHSHINA ALTENA** Staff Writer

guethsina.atlena@fiusm.com

The Catholic Law Student Association is accepting donations for its first holiday Christmas toy drive.

The toys will be donated to the Early Childhood Development Center at the University of Notre Dame. The center is a non-profit early care and education program that serves children in kindergarten.

Toys collected include, but are not limited to, Legos, train sets, dolls school supplies. and Participants can drop off their donations at the FIU College of Law library until Tuesday, Nov. 24.

The library is located across the Wellness and Recreation Center in the College of Law Rafael Diaz-Balart Hall. Open hours include Monday to Thursday from 7:30 a.m. to 11 p.m., Fridays from 7:30 a.m. to 8 p.m., Saturdays from 10 a.m. to 8 p.m. and Sundays from noon to 11 p.m.

Catholic As a association, CALSA tries to help as many Catholic charities as possible, according to Marlon Velez, secretary of CALSA. "Our goal is to get more [involvement] in the catholic community," said Velez.

CALSA is a student organization that provides law students networking opportunities with Catholic professionals in the legal field.

The organization encourages dialogue on legal issues in the context of the Catholic faith. It also emphasizes the existence

of Catholic law students and faculty at the College of Law.

According to Velez, the toy drive helps people to appreciate the holidays with their participation.

"I feel great because we are helping the families in those charities find something good in the holidays and we are putting a big smile on their face," Velez said.

Everyone should be happy around the holidays."

The toys are for children between the ages of two and 12 years old, according to Velez. Toys can be gender specific or gender neutral, like books.

Velez said the drive is not limited to students. Therefore, anvone interested can participate in the drive.

Santoli.

## Dating and domestic abuse

### ABUSE, PAGE 1

One of which the Victim is Empowerment Program. The program free provides and confidential assistance to individuals who have been threatened or experience actual violence. It also helps students to recover from physical abuse, according to the program's website.

Justin Santoli

for the Victim Empowerment Program, whose role is to fellow educate peers on topics unhealthy relationships, sexual and domestic violence, depression or

like

stress. "We go into classrooms or anyone that requests us --Greek usually life, athletics or freshman classes -- and we do

is a peer educator presentations on a variety of topics; primarily sexual assault, relationship abuse and stalking but also time and stress management and other mental health issues," said Santoli.

Often times. emotional abuse is the first type of abuse to happen and is very difficult to spot. A lot of students don't realize what those red flags are, according to

jealousy, constantly checking social media, ignoring partner's your feelings and neglect. Also. criticizing them in public, isolating them, telling them they can't see certain people or forcing them to dress a certain way that they aren't comfortable with," said Santoli.

"Some red flags

of emotional abuse

would be extreme

Sitting for too long linked to health risks

BBC MANAGING EDITOR **ALEXANDRA MOSQUERA-**Netzkarsch

**PRODUCTION MANAGER** FRANCESCA ROSARIO

Asst. PRODUCTION MANAGER SARAH MEDINA

**News Director C**AMILA **F**ERNANDEZ

Asst. News Directors

**K**RYSTAL PUGH NICOLE MONTERO

SPORTS DIRECTOR **ALEJANDRO AGUIRRE** 

ASST. SPORTS DIRECTOR JACOB SPIWAK

**OPINION DIRECTOR** ERICA SANTIAGO

PHOTO EDITOR JASMINE ROMERO

**RECRUITMENT DIRECTOR** INDIA FERGUSON **BUSINESS MANAGER** CHARLIE GRAU DIRECTOR OF STUDENT

> Media ROBERT JAROSS

ASST. DIRECTOR OF STUDENT MEDIA ALFRED SOTO

Biscayne Bay Campus: WUC 124, Mon-Fri 9:00 a.m.-5 p.m. (305) 919-4722 bbc@fiusm.com

> Fax: (305) 348-2712 Editor-in-Chief: (305) 348-1580 sam.smith@fiusm.com

Advertising: (305) 348-6994 advertising@fiusm.com

The Beacon is published on Mondays, Wednesdays and Thursdays during the Fall and Spring semesters and once a week during Summer B. One copy per person. Additional copies are 25 cents. The Beacon is not responsible for the content of ads. Ad content is the sole responsibility of the company or vendor. The Beacon is an editorially independent newspaper partially funded by student and services fees that are appropriated by student government.

### ALIANA ZAMORANO Staff Writer aliana.zamorano@fiusm.com

Sitting down for long periods of time is linked with circulation problems and tendencies for diabetes, among other issues, according to the University's Student Health Center.

A balance between sitting standing and is imperative to lower risks of blood clots from remaining inactive for too long, said Lourdes Diaz-Bergouignan, nurse manager in the University's Student Health Center.

According to Diaz-Bergouignan, getting up at least once an hour, or merely stretching your legs, helps keep the blood flowing correctly.

"Something as simple

as crossing your legs can stop the blood from getting to your heart and your head at the right pace," said Bergouignan. "Predispositions in health conditions play a major part in how negatively someone can be affected, being overweight or having a family history of blood disorders can cause someone to be more prone to these issues."

The implications mean that there are real threats to office workers who are chained to their desks for several hours a day, or even students in classrooms.

Vallecito Elementary School in San Rafael, California brought

standing desks into the classroom to counteract these consequences. In an article from NBC News, teachers from the school said they saw a change in the students right away. Their attention spans were longer and the students were more active and awake.

"I think these new desks are a good idea for health purposes," said Helen Boada, senior biology major studying to become a physician's assistant.

## SEE HEALTH, PAGE 4

OPINION

The Beacon – 3

fiusm.com

Monday, November 23, 2015

## Athletes should be vocal on social issues



VERONIKA QUISPE

on its campus, Mizzou's sophomore defensive back, Anthony Sherrils, tweeted, "The athletes of color on the University of Missouri football team truly believe 'Injustice Anywhere is a threat to Justice Everywhere.""

Ι

sitv

the Univer-

Missouri's

perceived

apathy

towards

racial

tensions

n

Through the use of social media, the Mizzou football team stood in solidarity with the university's black students by refusing to participate in any "football related activities until President Tim Wolfe resigns or is removed due to his negligence toward marginalized students' experience."

The tweet included a picture of 30 players joined arm in arm and showing solidarity with the hashtag "ConcernedStudent1950."

response to his approval of their actions by standing behind them. of

Their coach also tweeted

It didn't take long for this picture to spread like wildfire. The Missouri Tigers, ranked fifth in the SEC East, is a well-established team in the world of college football. Consequently, the nation turned their eyes back to Mizzou and acknowledged the adversity they are facing.

A couple of days later, Tim Wolfe resigned. This was the first step towards change for the racial injustices that students of color are enduring while trying to receive an education in the year 2015.

Almost a year ago, a few miles south of the University of Missouri, Rams' Jared Cook, Kenny Britt, Stedman Bailey, Chris Givens and Tavon Austin stopped during pregame introductions at Rams stadium to display the "hands-up don't shoot" gesture. They were sending a message to the people affected by the fatal shooting of Michael Brown by a Ferguson police officer that August.

Both teams, professional and collegiate, were sharing their thoughts on events happening right at their home by protesting peacefully.

Social media has become yet another platform where athletes can voice their opinions. This content can be broadcasted to their thousands--sometimes millions--of followers all around the Earth.

Some opt to use this opportunity to not only educate the public on social issues, but to cause inspiration to be good citizens of the planet.

In both situations, many praised these athletes for their support in a time when people needed it the most. They praised them because, in a sense, it gave people the extra push to not give up on their fight for social justice.

However, both situations also received a lot of judgement from sports fans nationwide.

The St. Louis Police Officers Association condemned the Rams organization, as

well as the NFL, for these player's "tasteless" act. This was expected, yet confusing since the SLPOA was urging everyone to protest peacefully. The Rams did just that.

The SLPOA also stated that many of the police officers are avid football fans and suggest the players be punished. After all, "it is not the violent thugs burning down buildings that buy their advertiser's products. It's cops and the good people of St. Louis and other NFL towns that do," according to a released statement.

If one scrolls down the replies of the aforementioned tweet, they would find various perspectives on this situation. When athletes share their opinions on social issues, some people believe that the athletes' focus should remain within the lines of the field and not off it.

ESPN, "the worldwide leader in sports," also receives negative backlash every time it posts anything remotely controversial.

The majority of the feed-

back ranges from "don't care; show me sports," to "yeah, this sucks, but ESPN shouldn't be talking about it" with some profanity sprinkled throughout.

Yes, it's quite absurd to even imagine someone thinking athletes don't have a say in the world they live in. Most athletes aren't the average boneheaded "highschool jock." Many athletes graduate from prestigious universities.

Therefore, people imply that the only importance athletes hold are their physical capabilities. Are the people making these comments objectifying these male athletes?

This is not the first or last time celebrated athletes, not just football players, have taken a public stand on all social injustice topics.

This shines a bright light on what athletes are capable of. It also shines a light on athletes' leadership and potential to impact to young sports fans who aspire to be them

some day, as not all athletes behave in a positive manner.

The trolls sitting behind screens, who pound their fingers senseless explaining why ESPN and athletes alike should shut up on their opinions of the world they all share, should take a step back and observe the new generation coming forward.

This is the generation that still has a fresh chance to have a positive impact on the world. They have the chance to--at the very least--change it for the better somehow.

Fans should feel the same amount of pride when athletes break their silence on racism and injustice as they do when athletes score a touchdown hit a game-winning three-pointer.

"The Prowl" is a sports opinion column. Veronika is a student at FIU and writer for the Miami Herald. For suggestions, contact her at opinion@fiusm.com.

## Linguistic insecurity affects University students



SCARLETT DIAZ are multilingual.

**FIXING IT** 

Some students on campus expressed their experiences of linguistic insecurity; sometimes

Linguistic even in multiple languages.

Linguistic insecurity is a situational anxiety and self-consciousness felt when using one's own language. This is different from foreign language anxiety, where the fuel of the anxiety is the acquisition of the language.

Linguistic insecurity deals with a language you can communicate in. For example, someone who has a non-native accent can become hyper aware of it when interacting with someone speaking in a native accent. The non-native, while fluent, perceives the accent to be a display of ineptitude or even "ugliness"; creating a sense of self-imposed otherness.

For example, let's say that someone speaks both English and Spanish; English being their second language. While Spanish may have been their first tongue, since it is not a language they were consistent with in academics, there may be some abstract terms or more particular concepts that they are unable to communicate in the language with immediacy.

While they use the language to communicate the idea indirectly, the speaker may perceive a sense of lack of control and clumsiness in their speech. For example, this is like saying "at the time the sun comes up" instead of "sunrise."

This extends even to slang, which

Arabic has dialects that are mutually unintelligible from country to country, yet Modern Standard Arabic is the language of the media and academia.

People do not speak in Modern Standard Arabic and may not even know it. Modern Standard Arabic is not truly representative of real life Arabic language beyond the practically of trying to unify many nations and the press.

The prestigious form of a language is arbitrary. People have experienced scrutiny for not conforming to the standard form. This occurs even in cases where the variation is not too far off from the prestigious form, unlike the case of Arabic.

African American Vernacular English is a perfectly accepted and functional form of the English language, yet there is still

to be able to communicate externally what is internal.

It should not be used to further alienate ourselves from each other. It should not bring about feelings of inadequacy. If anything, an accent should be a symbol of overcoming the barriers set by a multilingual world, as it is an expression of linguistic flexibility.

Dialects are a lovely example of the multiplicity inherent in humans and the plethora of lexicon that is born out of a specific community.

Language is not perfect. We still do not have the language to communicate many things. If language itself has its limits, why do humans keep drawing more boundaries? Language is clearly the most valuable human invention; arguably one of the most beautiful.

Many students at FIU struggle



insecurity is at the root of multilingual societies. According the 2000 census, 74 percent of Miami residents

to

SAM PRITCHARD-TORRES/THE BEACON

may not be acquired as extensively. This linguistic insecurity extends to the native tongue.

This lack of immediacy discomforts the speaker, who is more aware of the difference than the listener. While there have been cases where the listener is discriminatory towards the speaker, linguistic insecurity can develop with no external trauma to support the phenomenon.

Every language has a standard form, even if it is not necessarily the best linguistic variation. For example,

discrimination towards it.

Because of this, those who feel more comfortable speaking in African American English may accommodate the listener and correct their dialect to the "prestigious form" of the language. This shows that linguistic insecurity extends beyond multilingualism.

Language should be a safe space. Experiencing feelings of shame through the use of language is unnatural, especially if you can communicate efficiently enough to be understood. Language is a system humans have developed through time

with anxiety regarding language, sometimes even impairing classroom interactions, because of the underlying fear of judgment. If you have an accent or speak in a non-standard dialect, you should own up to your voice and never feel less than the marvel that you are.

"Exiles" concerns itself with issues pertaining to the many branches of *Exile Studies, particularly those rooted* in Miami. Scarlett Diaz is a contributing writer, For more commentary, contact her at opinion@fiusm.com.

## SEND US YOUR LETTERS

Have something on your mind? Send your thoughts (400 words maximum) to opinion@fiusm.com or drop by our offices at either GC 210 or WUC 124. With your letter, be sure to include your name, major, year, and copy of your student ID. The Beacon will only run one letter a month from any individual.

## DISCLAIMER

The opinions presented within this page do not represent the views of The Beacon Editorial Board. These views are separate from editorials and reflect individual perspectives of contributing writers and/or members of the University community.

## EDITORIAL POLICY

Editorials are the unified voice of the editorial board, which is composed of the editor in chief, management, and the editors of each of the five sections. The Beacon welcomes any letters regarding or in response to its editorials. Send them to opinion@fiusm.com.



The Beacon – 4

fiusm com

Monday, November 23, 2015

### **BRYAM RICAURTE** Contributing Writer life@fiusm.com

Nov. 19 marked the return of the third annual FIU Comic Con, courtesy of the Comics Club. The convention was held at Wolfe University the Center at the Biscayne Bay Campus and hosted a litany of vendors, artists and volunteers. Vendors off showed posters, prints, comics, arts and commissioned works available for students purchase. Students to gathered around and took in the comic culture in the comfort of their own shows, movies or video school.

and advisor of the Comics Club commented on the success of this and previous years. He voiced his joy have collaborations to with volunteers, Korka Comics, local artists and Tate's Comics. He expressed how he wanted comic convention culture to expose to those who have never had a chance to otherwise within their school. The Comics Club was first founded in 2013 and was voted most outstanding club two years

running.

Volunteers in red FIU Comic Con shirts were the lifeblood of the convention, making sure that everything was running well from the morning till the end. They assisted with fundraising, decorations, getting water for vendors and taking fun polaroid pictures for everyone.

FIU Comic Con was also host to a cosplay contest. For those who don't know, "cosplay" is short for costume play, as people dress up as their favorite characters from anime, cartoons, TV games. The winner of the Fernando Ottati, founder contest was awarded a free entry ticket to the Magic City Con courtesy of SuperCon. The convention also brought in students from Coulton Bay High School to come and enjoy the convention as well as enjoy the FIU campus.

> The convention marked the last day of International Education Week to showcase superheroes and comics from all over the world. Here's hoping that the next FIU Comic Con will be even better than this one!



JASMINE ROMERO/THE BEACON

FIU BFA graduate Wen-Ju Chien, 27, sells her quirky artwork under artist name "Wenjuice" at the FIU Comic-Con Thursday, Nov. 19.



BRYAM RICAURTE/THE BEACON Tate's Comics provided several issues of comics like "Intrinsic" and "Magic Wind", which students can take for free, at the FIU Comic Con.



JASMINE ROMERO/THE BEACON

Nicole Mucher's "chibi" portraits artwork on sale at her Comic Con table on Nov. 19, which were sold for \$2 each.





JASMINE ROMERO/THE BEACON

Nicole Mucher, 28, a Kansas City Art Institute graduate, drawing on-the-spot portraits at her artist table, which also features her cosplay work as ZipperTan.



JASMINE ROMERO/THE BEACON

Karl T. Baptiste, a senior English literature major and Bruno Cantellano, a junior English major, speak with vendor William "Fu Shark" Muniz at the Comic Con Thursday, Nov. 19.

## Sitting for long periods of time detrimental to health

## HEALTH, PAGE 2

"Sitting all day makes your blood flow slower and your muscles burn less fat, but they also should be able to sit at intervals, too."

The school children are allowed to sit when they feel tired, maintaining an even balance.

However, though standing more at work and school, studies show that this can lead to more sitting once an individual gets home.

Last month, a study done by the Center for Biotechnical National Information looked into the compensation effects of standing up all day at work. Office workers who had previously been sitting for roughly 10 hours a day were given sit-stand desks and had their actions monitored for three months.

Results showed that, while worker

physical activity increased during work hours, it decreased at home. Workers were spending more time lounging at home than before.

"I stand up all day at work and by the time I get home, all I want to do is lay down and not get up again for the rest of the night," said Valeria Cipolla, a senior design major who works as a hostess at a sushi restaurant.

According to Bergouignan, people

need to be consciously thinking about getting up and moving around every once in awhile

"People who drive too long, military who are compressed in a certain space, individuals sitting on an airplane for prolonged periods of time are all subject to blood clots and posture issues," she said, "But as long as you are an active, healthy person and you get up every hour and do something, it shouldn't be an issue."

## Order of Omega talks campus sexual assaults

## JOCELYN TALAVERA Staff Writer jocelyn.talavera@fiusm.com

The University chapter of the Order of Omega screened "The Hunting Ground," a documentary film that illustrates the issue of sexual assault on college campuses.

"We thought this event would be something that would really benefit Greeks because it has been a topic of conversation on the national field for a while now, so we thought it would be best to address it," said Mary Corbin, the president of the Order of Omega and a sorority sister of Alpha Xi Delta.

The Order of Omega is an honor society for the top three percent of Greeks on campus. According to Corbin, its goal is to unify the Greek community and to help the Greek community excel in different areas academically, socially and professionally.

The event is part of Omega's leadership development series, which is directed towards personal growth and the goal to provide the university community knowledge and resources on sexual assault, according to Corbin.

The aim of the documentary is to shed light on both sexual assault and the overall cover-up done by colleges, Ivy League schools and state universities who try to protect their reputations.

One in five women and one in 16 men are sexually assaulted while in college and more than 90 percent of victims do not report the assault, according to the film. Rape is the most under-reported crime with 63 percent of sexual assaults not reported to police, according to the National Sexual Violence Resource Center.

The film followed with a discussion panel that included Sharon Aaron, Director of the Victim Empowerment Program; Cathy Akens, Associate Vice President for Student Affairs and

For many on the panel, college campuses need to continue creating a dialogue and awareness of sexual assault and providing resources to help both survivors and their loved ones.

"Our responsibility is how do we create the safest most comfortable environment where students feel like they understand what their options are, how to seek help and that they have confidence in those services they will be provided with," said Cathy Akens. "What we can do is create an environment here at FIU that is not reflective of what we saw in the movie."

Many times, victims are apprehensive in coming forward in reporting the crime and seek help, but Sharon Aaron said there is one important act to help break the silence on rape.

"The thing that is going to help survivors come forward is when we change the way we think as a society," said Aaron.

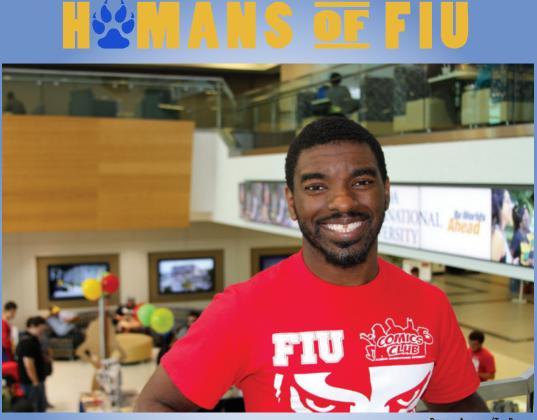
"It's not just college campuses, it's the way our culture socializes us by gender and also the way our judicial system and all the other systems that are involved respond to our culture," she said. "It's a much larger issue than encouraging victims to come forward. I think the systems that exist now make it very, very hard. It's a very arduous process to go through."

Senior psychology major and victim empowerment program peer educator, Xiomara Fuentes, found the movie to be very moving and was taken aback by the universities behavior.

"It was a really good movie and very touching. I cried watching it," said Fuentes.

Fuentes thinks the film should be shown more often in classes but also recommended for the panel to create programs that can educate parents on this topic considering that it isn't talked about within certain cultures.

"There's a lot of ignorance and a lot of parents that I know don't have an education and that limits them from learning a lot of things and opening their minds. Schools should try to reach out more and make families more aware. It's not just you, it's everything that's around you that affects you here," Fuentes said.



Michel-Ange Germain, Class of 2016, Major: Psychology

Romina Angelelli/The Beacon

"When I was 7 I ran away from home, I just ran to the library. I hid by a bookshelf and there was this really big ripped up Spider-Man comic book, so I picked it up thinking 'What's this about?'.So I started reading, it was about 200 issues so I read through every single one and by the end of the night I had forgotten why I ran away from home in the first place."

## Latin music blows up in new HBO documentary

### **JORDAN LEVIN** The Miami Herald TNS

The Latin Explosion was the label for the burst of fame that enveloped Latin pop artists such as Ricky Martin, Shakira, Marc Anthony and Enrique Iglesias at the turn of the millennium. But the HBO documentary of the same name, doesn't show a brief boom so much as a slow burn: the growth of Latin popular music in the United States over the last half-century. That story is paralleled with the history of Latinos as they have become this country's largest minority, and their acceptance (or lack thereof) into mainstream U.S. culture.

Most of what's shown in The Latin Explosion: A New America will be familiar to South Floridians, and to Latinos across the country. (The 2009 PBS documentary Latin Music USA also covers much of the same ground.) Narrated by John Leguizamo, the HBO film starts with Desi Arnaz seducing '50s America with Babalu and proceeds through the mambo craze, Puerto Ricans in West Side Story, Santana, Cheech Marin of '70s stoner comedy duo Cheech and Chong, the birth of salsa (with Celia Cruz as its godmother), Gloria and Emilio Estefan shaking middle America with Conga, Tejano star Selena, the boom of Ricky et al (whose music, along with that of most of his compatriots, was produced in Miami), on through bachata megastar Romeo Santos and Mr. Worldwide himself, Pitbull. What's new is the trendsetting prestige platform that HBO gives to this story, as the presidential campaign heats up and, along with it, the issues of immigration and Latinos' potential political clout -- which Donald Trump has made more potent and divisive than ever.

"We have all kinds of issues of immigration and politics and the future," says Tommy Mottola, the film's executive producer. As the former head of Sony Music, whose Latin division was home to Martin, Shakira, Anthony, and many other Latin stars, Mottola was an architect of that musical boom.

"Latinos are really important right now -- people are paying attention. It's very topical for a million reasons. I try to keep it entertaining by telling the story through music ... in a way people would be able to digest it."

That Latinos seem to become a topic in the media only during elections is in puzzling contrast to the picture the film paints of a population that is not only the largest minority in the United States but an increasingly inseparable part of pop culture. When Romeo Santos can sell out Yankee Stadium two nights in a row, teenage girls of all kinds swoon for Ariana Grande, Univision tops TV ratings in cities around the country and Pitbull is one of the biggest stars of the moment, why are Latinos still considered minority culture? Frances Aparicio, director of Latina and Latino studies Northwestern University at in Chicago, says there is a disconnect in the way that the media seems to simultaneously focus on and disregard Latinos. "There's a big discussion about our numbers and the fact we're all over and our population is growing," Aparicio says. "At the same time there's

this lingering invisibility. The media still treats us as some exceptional case."

Questions of acceptance, identity, what it means to be American -- and who gets to decide -- are woven throughout Latin Explosion. In the film, Rita Moreno, the first Latina to win an Oscar (for her portrayal of Anita in West Side Story), talks about being a Hollywood "house ethnic," playing Native American, Arabian, and Siamese girls (there's a clip of her as a demure beauty in The King and I), always with the same Puerto Rican accent. "I had no role models," Moreno says. Instead, the fiercely proud character of Anita "became my role model." Moreno as Anita, in turn, inspired Jennifer Lopez to believe that she could become an artist.

In a phone interview, Moreno said that while Latinos' vibrant music and talent as performers brought pride and a sense of acceptance, success as entertainers could also be a kind of trap.

Dean of Students; Tony Delgado, University Ombudsman and Associate Dean of Students; Kristen Kawczynski, Director of Student Conduct and Conflict Resolution and Shirlyon McWhorter, the University's Title IX coordinator.



"We danced, we sang, we bring some really rich material to the table ... in that sense they love us," Moreno said. "But when it comes to cultural things they know very little. I think it's part of why we never got cast in movies and TV. We were only thought of as performers, not as people with separate identities. ... We need support in having people reveal who we really are. We are not just singers and dancers. We are scientists, doctors, lawyers, techies, many many things. We represent a huge part of this world right now."

**Contact Us** Alejandro Aguirre Sports Director alejandro.aguirre@fiusm.com

MEN'S SOCCER

SPORTS

tiusm.com

The Beacon – 6

Historic season ends as Panthers fall to Tulsa 3-2

### **DRUCKER'S DIGEST**



After an impressive standing among the nation's best scoring teams and a surprising run in one of America's collegiate conferences, International magic

DAVID DRUCKER

strongest soccer Florida University's finally ran out. The #16

men's soccer team (12-7-1) was eliminated 3-2 in overtime by the University of Tulsa on Thursday, Nov. 19 in the first round of the NCAA tournament. The loss in the single elimination competition prevents the Panthers from competing in further postseason action.

## Although Tulsa provided pressure on offense in the first half. FIU was the first team to score in the contest. FIU broke through when the Panthers won the ball at midfield in the 16th minute. A Panther played it down the right line to Paul Marie, who beat a Tulsa defender to the ball and provided a perfect cross to the center of the box. Junior Luis Betancur was there to answer the pass and headed it into the right side of the net for a Panther goal. Although Tulsa would apply pressure on FIU's defense - the Hurricanes outshot the Panthers 10-3 in the first half - FIU held strong and went into the second half up 1-0.

FIU might have been able to secure the

BASKETBALL

victory if it wasn't for a disastrous start to the second half. In the 52nd minute, Tulsa's Ouinton Duncan found Juan Sanchez for the Hurricane's seventh goal of the season. Then, four minutes later, Geoffrey Dee punched in a rebound off of junior goalkeeper, Arthur Clapot, on a penalty kick to put the Hurricanes up 2-1. After a hard-fought 26 minutes of action, FIU found the equalizer in the form of a Brad Fountain strike from 20 yards out. Regulation expired as the Panthers and Hurricanes headed into overtime knotted up at 2-2. Tulsa found the game winner five minutes into overtime. Miguel Velasquez landed a strike behind Clapot on an assist from Zack Stavrou to down

the Panthers 3-2.

The loss to Tulsa ended an impressive postseason run for the Panthers. Before they faced the Hurricanes, FIU defeated Old Dominion University, the University of Kentucky and Marshall University in the Conference USA tournament to secure a bid in the national bracket. Thursday's match also wraps up an overall successful year for the men. In head coach Scott Calabrese's second year at the University, his Panthers achieved their best record and first NCAA appearance since 2004.

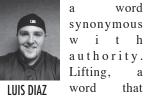
Monday, November 23, 2015

"Drucker's Digest" offers commentary on the University's football team. For suggestions or commentary, email sports@fiusm.com.

### CLUB SPORTS

Powerlifting Club wins fourth State Championship

### DIAZ'S DEAL



means to raise to a higher position and level. After earning their fourth consecutive State Championship, the University's Powerlifting club has proven their authority over all Florida collegiate powerlifting clubs. However, it's now time to raise themselves to a higher position.

On Oct. 25th, with the help of Best Male Lifter winner Vincent Victorero, the University's Powerlifting Club State took home the Championship trophy. Aside from Victorero home the award taking for best lifter of the meet, he took home the gold in his 93 kg class. But it's not just strong men that carry this team, as Natalia Cabanillas also won the best lifter award for the women's division. According to their coach, Bill Hennessey, the team didn't have a lifter walk away from the State Championships with anything less than a silver medal, but with two individuals winning lifter and other best record holders scattered throughout the team, it's no surprise.

said. "They're gonna be Power, word a definite factor in the National Championships." The National Championships are on а April 14th, and despite that

four consecutive State Championships, the team hasn't been able to find the funds to compete at the national level. However, this year is a different story. They've fundraised, they've trained, and they're qualified to compete. The team will be flying out to Providence, Rhode Island to compete with the nation's best collegiate powerlifters in April and Coach Hennessey is positive that they could walk away from their first national competition with the first place title.

"I really think we can," Hennessey said. "And if we win first or second place we'll be invited to the World Championships." he "I don't know what every other team in the country brings to the table but I know what we bring and we're formidable," he said. The optimism seems insane, already thinking about the world championships, but the way are this team has dominated competition, their it sounds more than possible, inevitable. it seems centerpiece, "Diaz's Deal" offers and commentary simply seeking to on the University's club sports. For prove he can still suggestions or commentary, provide occasional, email sports@fiusm.com.

ETHAN J. SKOLNICK peripheral The Miami Herald assistance.

TNS Father Time eventually undercuts everyone in athletics, even the most supreme of superstars, but it doesn't affect each at exactly the same rate.

It was just four years and seven months ago, for instance, that two guys born in 1982 were virtual peers, each starting for the East All-Star team. And it was Amar'e Stoudemire, not Dwyane Wade, who played more minutes and scored more points in that contest.

The time since has separated them, however, and while Wade may not be quite what he was then, no the longer among the NBA cognoscenti consensus elite, still ranks several rungs above Stoudemire, a man 10 months his junior and now, for the first time, his teammate on the Heat. So the expectations for 33-year-old each markedly different this season , with Wade still responsible for serving as a franchise

Stoudemire

In that sense. both succeeded in Thursday's 116-109 victory against the

Kings, a win in which Chris Bosh (23 points, 11 rebounds) and Tyler Johnson (19 points on 6-of-8 shooting) also made meaningful contributions. Together, they were more than sufficient to overcome а Sacramento squad that remains winless without DeMarcus Cousins. who was suspended by the NBA for landing a forearm Horford on Al Wednesday in on Atlanta.

Start with Wade, as so much of the Heat's glory has since 2003.

He had opened season by scoring at least 20 points in each of the first five games, but had struggled some since, not topping a dozen in any of his four outings, with while making only had 32.7 percent of his appearance, field goal attempts. forgettable, Then, at Thursday's footed shootaround, his long-time coach Erik Oct. 20. Spoelstra spotted him running circles around teammates. the team Wade had liked his workouts lately. He'd just felt that, at times, he'd deferred myself in shape, stay too much. "It's got to be ready. For moments tonight," Wade like that.

believed, of his breakout.

Time affects athletes at different rates

So it was, from the open.

"The biggest thing for me, starting off the game, my first four shots were right around the rim," Wade said. "And I like those odds."

He went 10 of 23 to get his 24 points, not his most efficient work, but part of an essential contribution for Miami, especially because he also mixed in five rebounds and six assists, including Heat-seeking darts that got Bosh and Whiteside Hassan easy baskets.

"Now, hopefully, you can get on a streak and put some good games together," Wade said.

Stoudemire may not have that opportunity, not at this stage of his

Amar' e Stoudemire

He hadn't played in 20 days since. And he may not have played Thursday either, even with fellow reserve center Chris Andersen away to attend to a personal matter, if Whiteside hadn't picked up two fouls in the first four minutes.

The second infraction threatened to disrupt not only Spoelstra's precise rotations, but also the Heat's flow. That was. until Stoudemire made a layup, a 13-foot fadeaway plus a free throw, a dunk and a 16-foot jumper, as the Hea"s 6-2 deficit turned into a 25-21 lead by the end of the

first quarter. "That was so Spoelstra great," gushed. "He's like a point per second guy."

team

the

need me in different situations, so that's why I worked as hard as I do to keep myself in shape, stay ready," Stoudemire said. "For moments like that." Eight moments in

all.

That's all he would get, none in the second half.

Eight moments that made all the work and waiting worth it.

This is more difficult, Stoudemire said, than being the star, as he once was in Phoenix, as he briefly was in New York.

"Being a franchise player, you just keep getting better at basketball," he said. "Basketball is fun for you to play, you always want to play, you're a gym rat, you enjoy doing it. So that's easy. When you're in this position, you have to put on a coaching hat, you have to train even harder to stay in shape when you're not playing. Because when you're playing, you get in shape that way." He said he's tried, over the past four years, to humble himself: "My body pretty much allows me to accept this role still, and this challenge." he His body worked well enough for his "I figured there role Thursday. As did Wade's. would be times where would

"We just have a really loaded squad," Hennessey

career, not in light Maybe not these of his place on this days, though it sure team. After signing seemed like once, when he was among a minimum contract Miami, he the NBA's most unstoppable forces in made only the paint. Those days a are long gone, after slow-12-minute a litany of scourges, stint in Cleveland on from knee problems to eye problems to I figured there back problems to would be times where knee problems and more knee problems. would need me in different But situations, so that's Thursday, why I worked as showed he may have hard as I do to keep something left.

### FOOTBALL

## Dolphins receiver Jarvis Landry tough, driven and emotional

## ANDREW ABRAMSON The Palm Beach Post TNS

Jarvis Landry will never be accused of lacking confidence.

So it was an obvious answer when Miami's second-year receiver was asked if he expected to have so much success early in his career -- so obvious that Dolphins Hall-of-Fame quarterback Dan Marino, who happened to walk by during the interview, answered the question for him.

"Yes!" Marino shouted. Landry quickly gave an

equally emphatic "yes." "Absolutely," Landry said. "Just having the approach, the mindset, the confidence -- that's all it's about for me. Once you build that confidence around the guys in the building, it allows you to kind of play freely. It allows you to kind of be the guy that you are."

What kind of a guy is Landry?

Tough, driven and emotional -- so emotional that it's usually a boost to the Dolphins but can also be a detriment.

In Sunday's win in Philadelphia, Landry had a taunting penalty that backed the Dolphins up following a punt. They had a chance to take the lead on the drive but squandered the opportunity.

He had a similar penalty in the Dolphins' loss to the New York Jets in London that cost him a \$23,152 fine.

"He's very emotional," receiver Miami Greg Jennings said. "He has to continue to play with that emotion but he has to channel on you, especially when you lose a couple in a row."

It seems like a long time ago that Landry was considered a reach when the Dolphins selected him out of LSU in the second round of the 2014 NFL Draft.

His 40-yard dash time and broad jump mark were the worst among receivers at the scouting combine, although he was dealing with a hamstring injury.

He still remembers how many people pegged him "slow" heading in to the draft.

"Literally everybody," he said.

The Dolphins traded down twice in the second round and took Landry with the No. 63 overall pick.

While the Landry selection was considered a reach by some, Dolphins receiver Matt Hazel -- who worked out with Landry before the draft and was selected by Miami in the sixth-round -- said he expected Landry to go in the first.

"Some of the things he did just catching the ball -- I ain't never seen this," Hazel said. "I really thought he was going in the first round. It was definitely a little shocking."

Landry quickly silenced the doubters. He had 84 receptions as a rookie -- just six off the team record for catches in a season. He also had 758 receiving yards and five touchdowns despite starting the year as a reserve.

Through nine games this season, he has 59 receptions for 585 yards and three touchdowns.

His 59 receptions are ninth-best in the NFL he's

show it. It kind of takes a toll Hall-of-Famer but that's where I pray my potential success leads me to. When I look at the draft now there's that guy that people kind of slept on and he comes in and has a big year, but he wasn't fast enough, so they say."

> Landry still might not have burning speed but he's quick and elusive and seems to make all the plays.

> Last week, he made a wild touchdown catch after the ball was deflected. It was hailed as a lucky play but Landry said it was anything but that.

"We have those scenarios practice, distraction in drills," he said. "Coaches tip balls. We prepare for it. It wasn't luck."

He continues to closely follow the career of Odell Beckham Jr., the New York Giants receiver who also makes improbable catches.

Landry and Beckham were close friends at LSU. The Giants are on a bye this week and Beckham is in South Florida, staying with Landry.

"I don't look at anybody else," Landry said when asked if he checks Beckham's stats.

"As competitive as me and him are, we feed off each other. His success pushes my success, my success pushes his success."

Landry is even having success on the ground. He's been getting handoffs on reverses and has 101 rushing yards this season. Paul Warfield's 115 rushing yards in 1971 are the most by a Dolphins receiver.

"I'd rather him pitch it to me and get the receiving yards," Landry said with a laugh. "But at the same time it's just another way that (offensive coordinator Bill) Lazor has designed for me to get the ball in my hands quickly and just let me be a runner and make plays that way." While Landry isn't the least bit surprised at his early career success, he does feel that his game is continuing to grow -- especially his chemistry with quarterback Ryan Tannehill. "For me the game has slowed down a lot," he said. "And as much as I understood the offense last year, I have a better understanding. Last year it was a growing thing with me and Ryan. This year it's 'I trust you to be here, you can make that catch if I put it here.' "

## MLB

## **Pirates will kick off 2016 MLB season**

## **BILL BRINK** Pittsburgh Post-Gazette TNS

The Pirates and Miami Marlins will play two games in Puerto Rico in 2016, Major League Baseball announced Thursday, bringing MLB back to the commonwealth for the first time since 2010.

The two games, May 30 and 31 at Hiram Bithorn Stadium in the Puerto Rican capital of San Juan, will count as Marlins home games. MLB also announced that Roberto Clemente Day, usually celebrated in September, will be observed May 31.

"Roberto Clemente embodied what it means to be a Pittsburgh Pirate, a player of great determination, grit and skill on the field who also embraced the more weighty obligation to make a difference in the lives of others off the field," Pirates president Frank Coonelly said in a statement. "We very much look forward to bringing 2015 Roberto Clemente Award-winner Andrew McCutchen and the rest of the 2016 Pirates to Roberto's homeland to take on the Miami Marlins before the passionate baseball fans in Puerto Rico."

The Pirates have not played in Puerto Rico since 2004, when they played a four-game series against the Montreal Expos.

Clemente played 18 seasons for the Pirates and won the MVP award in 1966. He died in a plane crash in 1972 while taking supplies to Nicaragua after an earthquake. Clemente was inducted into the Baseball Hall of Fame in 1973.

Also announced Thursday, the Pirates' first game of the 2016 regular season against the St. Louis Cardinals was moved up one day to April 3. The time change accommodates an ESPN broadcast schedule that will show all 10 teams that made the 2015 playoffs April 3 and April 4. The Pirates and Cardinals play at 1:05 p.m. at PNC Park, making it the first game of the 2016 season.



it at times. No one wants him to go out there and not play with that emotion but we don't want that emotion to hurt the team because he plays with such high intensity."

Landry has turned into one of the NFL's top slot receivers and one of the league's more solid overall pass catchers.

Even in blowout losses, he usually does his part. But after a loss, he's always one of the more emotional players in the locker room. It can eat him up so much that he's visibly shaken.

"You never want to be crushed by a loss," he said. "But as a winner, when you have winning in your heart as much I do, you don't want to

on pace for 105, which would easily surpass O.J. McDuffie's franchise record of 90 in a season.

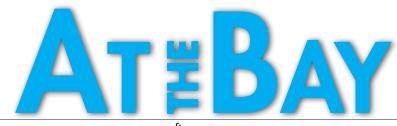
He's also on pace for 1,040 yards, which would give him his first 1,000-yard season.

But he hasn't forgotten the way he was viewed in the draft and he likely never will.

"You look at guys like Anquan Boldin, Larry Fitzgerald -- I don't think he ran a great time," Landry said. "You look at the success they've had and speed was never the issue. It's the consistency. It's the catching radius. It's the football IQ that separates these guys who are going to be Hall-of-Famers one day.

"I'm not saying I'm a

|   | * Soda Pop                          | \$8.50<br>THE J.J.<br>GARGANTUAN®<br>The original gutuhstuh Genoa<br>salami, Siloed smoked ham, capicola,<br>roast beef, turkey & provolone,<br>jammed into one of our homemade<br>French Duns, then smothered with<br>noins, mayo, lettuce, tomato & our<br>homemade Italian vinaigrette. | An American classic!<br>#15 CLUB TUNA <sup>®</sup><br>The same as our #3 Totally Tuna except this one<br>has a lot more. Housemade tuna salad, provolone,<br>sliced cucumber, lettuce & tomato.<br>#16 CLUB LULU <sup>®</sup><br>Sliced turkey breast, bacon, lettuce, tomato<br>& mayo. (JJ's original turkey & bacon club)<br>#17 ULTIMATE PORKER <sup>Ta</sup><br>Real wood smoked ham and bacon with lettuce,<br>tomato & mayo! (This one rocks!) |  |
|---|-------------------------------------|--|---|--|
| WE DELIVER! 7 DAYS A WEEK                       |                                     |  |   |  |
|   | MIAMI 10524 SW 8TH ST. 786.456.0627 |  |   |  |
| "YOUR MOM WANTS YOU TO EAT AT JIMMY JOHN'S!"® 😳 |                                     |  |   |  |



The Beacon – 8

### Monday, November 23, 2015

## Students learn about venturing abroad

## **ROBERT SOLOMON ContributingWriter** bbc@fiusm.com

Students learn about education international opportunities at the International Student and Scholar Affairs' own annual "Venture Abroad" fair. This year, the event, which took place on Tuesday, Nov. 17 in Panther Square, was right in the middle of the International Education Week.

"The Venture Abroad fair is about raising awareness among students about global cultures and global learning as well as to show the international the event," said Dawson. options available to them students which gives an idea about what is out there so that they abroad," can venture Dawson, said Andre the main coordinator of International Student and Scholar Affairs at the FIU-BBC office.

This event is wholly funded by the Student Government Association and coordinated by the ISSS.

"It's a great resource that students will have if they come and stop by and there will be a lot of things available for students at



JASMINE ROMERO/THE BEACON

Pamphlets and other information booklets about the Japan Exchange & Teaching Program were available at the Venture Abroad Fair held in Panther Square on Nov. These "things" included T-Shirt giveaways, which were designed by Fernando Ottati, a Campus Life and Comics Club Advisor and the Graphic Artist for the FIU Comics Club, "Taco Tuesday" where students could obtain tacos provided by Lime by collecting stamps and signatures from the booths and "Tai Chi and Chai Tea" which provided a Chai Tea instructor who made tea to give to students.

Food and entertainment were provided for students during the event, although it was a bit confusing for some to redeem tacos. "I hope that next year, someone would tell you that you need signatures for each stamp on the passport food voucher," expressed Rebecca Joseph, biological sciences а junior.

"The event was really informative because they had information about global learning, which is required for all students, housing information and the international student exchange program," said Joseph. "I liked the diversity of it, it had so



JASMINE ROMERO/THE BEACON

Senior psychology majors Jessica Ruiz and Michael Palmer get information about the JET Program at the Venture Abroad Fair held at Panther Square.

focused on study abroad opportunities and since summer is coming up, preparation for that would have to be now."

Similarly, another student, Lacero Alsina, a senior in psychology, unaware that the event was taking place until he stumbled upon it in Panther Square said, "I liked how the event provided information about how college life would be in addition to its Venture

many elements in it and it Abroad opportunities."

"We need to start broadening out education and our understanding of what's going on because one area of the world is affecting other parts of the world," said Harry Mellow, the Graduate Assistant for ISSS who helped coordinate vendors. "The fair is called venture abroad because we want students to not only think about FIU, but think about going places outside of FIU. My biggest regret

as an undergrad is not venturing abroad," said Mellow

One of the booths at the event, the Japan Exchange & Teaching Program, talked about "educational opportunities to study in Japan and cultural events that we have in the state of Florida," said Lauren Sorento, the Cultural and Educational Affairs assistant and the Cultural Attaché at the consulate general of Japan in Miami.

## BBC hosts race to win Thanksgiving turkey

## NICK OLIVERA Staff Writer nick.olivera@fiusm.com

The Wellness and Recreation Center is teaming with the Healthy Living Clinic to bring the annual Turkey Trot to the Biscayne Bay Campus for its 28th consecutive year.

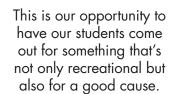
The event features a two-mile walk and a three-mile run with separate divisions for men and women in both the runner

Biscayne Bay Wellness Center.

"There are unprivileged students on this campus who can't afford to feed themselves, so this event is sort of our way to give them a helping hand," said Torrey, coordinator of the Turkey Trot.

Students and faculty who participate in the event will be required to bring one canned meat, vegetable and fruit donation. All donations collected

recreation specialist at the and willing to participate for a cause."



Jonathan Torrey Recreation Specialist the Biscayne Bay. Walkers will double back once they reach the entrance of FIU's nature preserve, also known as Arch Creek Environmental Preserve, to the finish line, which will be at Panther Plaza.

Runners are to continue until the end of the nature preserve and will double back to the finish line, also at Panther Plaza.

"People like to go to events where they could get active," said Javier Diaz, a junior marine Torrey insists that it will be a more rewarding experience for participants to give rather than receive.

"Our need for collecting food donations really ties in with the Thanksgiving holiday so we [the Wellness Center and the Healthy Living Clinic] have gotten together to have something to end our Thanksgiving holiday here at the University," said Torrey.

"But it will also be a chance for students as well as the rest of

and walker competitions. The first five participants from each division who finish the course will be awarded with a Thanksgiving turkey.

"This is our opportunity to have our students come out for something that's not only recreational but also for a good cause," said Jonathan Torrey,

from the event are contributed to the FIU food pantry, which provides food to less fortunate students who do not have the funds to feed themselves.

"It's a pretty cool way for the University to raise food for Thanksgiving," said Stephanie Guzman, a senior broadcast media major. "A marathon can really get people excited **Biscayne Bay Wellness Center** 

Beginning at Panther Plaza, the course will take participants passed the Hospitality Management Building to the walkway that runs alongside biology major.

"I personally think marathons are effective because you have people doing something for a good cause and at the same time they're doing something they love, such as running," said Diaz. In addition to the physical component of the event, vendors such as L.A. Nutrition and Nuvo will be at the event, but

the FIU community to give," he said.

The Turkey Trot will be held Wednesday, Nov. 25 at BBC's Panther Plaza. Walkers will start at 3 p.m. and runners at 4 p.m. For more information, students can visit active.com and use the key words: FIU Turkey Trot.

JOIN THE BEACON! Pick up an application at MMC, GC 210 or BBC, WUC 124 or online at fiusm.com.

