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WOMEN POWER
Weekend inspires confidence

PUSHING PRO-LIFE
Anti-abortion display incites debate

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Risqué new show comes to FIU

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Team looks to snap losing streak

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PANTHER COMEDY



JOSEPH KOSANKE/THE BEACON

ENJOYING SOME GOOD HUMOR: Ralphie May performs at Panther Prowl in front of hundreds of students in the arena on Nov. 4.

Fan Code of Conduct protects against disorderly behavior

DAVID A. BARRIOS
Staff Writer

Following several incidents of student misconduct at football games, including widespread alcohol use and people rushing onto the football field, questions are arising as to what is acceptable and proper student conduct at school events.

“What constitutes actual unacceptable behavior at events is simple. It is a form of behavior that violates the law or a university policy that is outlined in the Student Code of Conduct,” said Chief of Public Safety Bill King.

The Division of Student Affairs has developed the FIU Golden Panthers Pledge of Honor, Fan Code of Conduct, according to Vice President of Student Affairs Rosa Jones.

“The Fan Code of Conduct has been disseminated in the First Year Experience classes and other Campus Life events,” Jones said.

The Fan Code of Conduct states: “Unruly, threatening or disruptive behavior such as standing in the aisles, profane and abusive language, smoking,

fighting, throwing objects and drunkenness will not be tolerated and can result in ejection, arrest and/or loss of ticket privileges. Should you observe any of this disruptive behavior, please notify your nearest law enforcement officer. Standing on seats/bleachers is strictly prohibited.”

According to the policies, signs of a derogatory nature directed toward an individual opponent, visiting team or game officials are not permitted. Artificial noise makers such as air horns, electronic amplifiers, whistles, are also not permitted into NCAA arenas or stadiums and will be removed immediately.

“Stadium policy prohibits fans from entering the field of play unless they are properly credentialed or accompanied by an authorized staff member. Violators are subject to arrest,”

said Julie Berg, senior associate athletic director.

During the season opener against the University of South Florida, over 47 students were charged for underage drinking, an offense of Student Code of Conduct.

During the last home football game on Oct. 11, four students ran onto the football field seconds before the game was over in celebration of the victory against Middle Tennessee University.

Three of the students were ejected from the stadium and face academic disciplinary action. One of the students, Gregory Mineau, 21, was arrested for disorderly conduct, resisting arrest without violence and trespassing after being warned.

“Yes – we do have some issues with some student behavior

... We are aggressively working to educate students about what is appropriate and what are their responsibilities.

Rosa Jones, vice president
Student Affairs

FOOTBALL, page 2

Alumni center in the works

EDUARDO MORALES
Staff Writer

Several alumni pledged thousands of dollars toward the construction of a new alumni center during this year’s annual Torch Awards Gala.

During the gala, which is held to honor alumni and faculty, an unexpected series of donations began when Betty Perry, a University ambassador, stood up and offered a \$10,000 “challenge grant” for a new alumni center.

About a month after the event, the University had collected \$120,000 from 12 alumni for the spontaneous project.

“None of this was scripted folks,” said Barry Johnson, master of ceremonies, after hearing the first two donors’ proposal during the event. “What an excellent commitment of Miami to FIU.”

Among those making donations was Jose Perez de

Corcho, a member of the Alumni Association Board of Directors.

“I said, ‘If this is going to be my number one priority as president, then I have to lead by example and this is the way to do it.’ It’s very easy to generate that feeling of excitement when you put forth a project like this that shows where we came from and where we are going,” Perez de Corcho said.

The alumni center was part of a proposed Main Street development which would have included retail shops, student housing and restaurants.

However, with the budget crisis, the Main Street project was removed as a top priority for the University.

“It’s been taken off our planning process,” said Director of Facilities Planning Robert Griffith. “[We removed it] due to other considerations such as housing demand and retail demands.”

However, the alumni center project is still in full force and Griffith mentions that facilities and the Alumni Association have appointed three possible sites for the construction.

Membership for the Alumni

Association boomed from fewer than 1,000 to more than 15,000 during the past five years.

The program ranked first in the country for membership growth in a survey of 76 major universities nationwide.

FIU is the only state university of its size without an alumni center.

The University of Central Florida has the Fairwinds Alumni Center, a 23,000-square-foot building. The University of Miami is currently working on a 70,000 square-foot center for alumni.

Associate Vice President and Director of Alumni Relations Bill Draughon, who joined the division five years ago, has insisted on the idea for an alumni center. Before he came to the University, he worked at the University of Florida – which contains the Emerson Alumni Hall, a 60,000 square-foot alum-

ni center.

“[It] helps to create an affinity for a university,” Griffith said, when asked about the importance of an alumni center.

The center will include meeting spaces, classrooms for use by alumni and for student events, as well as a gallery featuring items from the University’s history.

On football game days, the center will host events and activities.

Students in the Architecture program will be responsible for developing concept art for the building, while a committee led by Alumni Association members Stewart Appelruth and Michael Mendez will begin fundraising for the project.

“An alumni center is an important part of being a major institution,” Appelruth said. “We should have all the best of every institution. I stepped up because it was good for the University, good for the city, good for the state of Florida and good for the country.”

A projected budget hasn’t been released yet, as the project is still in the early phase of acquiring donations for its construction.

An alumni center is an important part of being a major institution. We should have all the best of every institution.

Stewart Appelruth, member
Alumni Association

EXPANDING YOUR HORIZONS



WEN-JU CHIEN/THE BEACON

ABROAD: Senior Chia-Chen Tsai majoring in International Business assists senior Stefania Loredo Barros (International Relations and Asian Studies) with the Study Abroad in China presentation board for the Study Abroad Fair on Nov. 5

Students react to Obama's historic win

JULIO MENACHE
Asst. News Director

"It's been a long time coming, but tonight, because of what we did on this day, in this election, on this defining moment, change is coming to America," those were the words of President-elect Barack Obama as he addressed an enormous crowd of supporters at Chicago's Grant Park on Nov. 4.

On that historic night, the four-year senator from Illinois gained enough electoral votes to defeat Republican rival Sen. John McCain to become the first African American president in the history of the United States.

As news of Obama's victory spread, students had a variety of opinions concerning the outcome of the election. Many of his student supporters were elated with the victory.

"This wave of energy came over me," said Kelsea Jones, environmental studies major. "I felt comforted that change had finally come."

Jones felt the president-elect was the first candidate she felt a personal connection

to.

"I voted for Barack Obama because I believed he was the first candidate who represented my interests and the interests of the U.S. as a whole," Jones said.

For many students, it was Obama's personality and message that led to their decision to vote for him.

"I'm very hopeful, I trust him," said junior Ryan Vogel. "He seems like a genuine person to me. He spoke about spreading peace and was very selfless and humble."

Vogel, also an environmental studies major, stressed that Obama's positions on the environment and community service are what drew him the most to him, such as his pledge to make 50 percent of all federal vehicles electric by 2012.

Senior Karina Rodriguez, a Republican and education major, looked past party lines and voted for Obama based on his stance on education.

"When you're spending billions on wars and teachers are not getting paid enough money, you know something is not right," Rodriguez said.

In the Doral headquarters of the Republican Party of Florida, supporters of all ages gathered at an election watch party. But as Sen. Obama grabbed key states in the presidential race, McCain supporters began to see their chances for a surprise win grow thinner and thinner.

"By 9 p.m., we knew it was over. As soon as we saw Ohio and Pennsylvania go to Obama, the mood became more and more grim," said freshman Daniel O'Quinn, co-chair of the University group Students for McCain.

Yet despite the loss, O'Quinn encouraged McCain supporters to show respect to the new president.

"Since he's our president-elect, our leader and an American, it's my duty to support him," O'Quinn said.

After many months of constant campaign coverage, students feel a sense of relief and hope for the future.

"I'm just happy this election is over," said senior Angel Cabrera. "I'm glad I get to see a Black president, now we just need to see a Hispanic one."

Public Safety allots limited power to security company

FOOTBALL, page 1

at the games. We are aggressively working to educate students about what is appropriate and what are their responsibilities," Jones said.

During that same game, eight other students were arrested for alcohol and tobacco violations.

"For the most part, I don't feel that we have a serious issue with student conduct at events. You'll always find a few students violating the rules, but I feel that 99 out of 100 percent of students are very cooperative and follow the rules," King said.

Questions are also being asked about the University's role in upholding the rules and providing order at games including Public Safety and other contracted security officials.

"The job of Public Safety is to provide a safe atmosphere in the game by providing a visible presence and taking action anytime we see a need for service. We will whenever someone violates the law, and proceed with an arrest. We'll also eject students whenever they violate the stadium and University policy," King said.

"The security company we hired through competi-

tive bid is Contemporary Services Company. They are one of the premier security companies in the country and are used at other venues such as Dolphin Stadium and American Airlines Arena," Berg said.

King wants to make it clear that CSC does not have the same authority as Public Safety.

"CSC has no arrest powers. As far as I understand, if their safety is involved, they can defend themselves. But unless Public Safety asks for their assistance, they should only be monitoring security, and not entering into physical altercations," King said.



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THE BEACON

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INFORMATION

The Beacon office is located in the Graham Center, room 210, at the University Park campus. Questions regarding display advertising and billing should be directed to the Advertising Manager at 305-348-6994. Mailing address: Graham Center, room 210, Miami, FL 33199. Fax number is 305-348-2712. Biscayne Bay Campus is 305-919-4722. Office hours are 9 a.m. – 4:30 p.m., Monday through Friday. E-mail: Beacon@fiu.edu. Visit us online at www.fiusm.com

AMIGAS

AMIGAS is a health program that creates a comfortable setting for women to discuss topics related with health, in particular the risks dealing with VIH/SIDA.



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NEWS FLASH

BISCAYNE BAY CAMPUS

Nutrition one-on-one offered to students

The Biscayne Bay Recreation Center is giving students the opportunity to meet with a dietetic intern to get their questions about nutrition and exercise performance answered.

Through Dec. 5, the new dietetic intern, Vania Lederman, dietetics and nutrition graduate student, will be at the BBC Recreation Center room 160 at the Wolfe University Center from Monday to Friday, at 11 a.m. to 7 p.m.

Call (305) 919-5678 for more information.

Speed Dating event for single Miamians

The Black Student Association and On Point Poetry Club have come together to offer students a Poetic Speed Dating Night. The event will be Nov. 12 from 6:30 p.m. to midnight at the Wolfe University Center Ballrooms. Each candidate will receive three minutes to go on a mini-date and “potentially find the love of [their] life.” On Point Poetry members will be reciting poetry during the event. Food will be served and students get in for free, while males who are not FIU students will be charged a \$1 entrance fee.

Movie Night by Stonewall open for students

Stonewall BBC will be holding a movie night on Nov. 12 in the Bay Vista Housing at 8 p.m. The event is sponsored by the Multicultural Programs and Services department. For more information, contact (305) 919-2436.

Let's dance- Homecoming at BBC

The Homecoming Dance, Moonlit Mirage, will be held Nov. 7 from 9 p.m. to 2 a.m. at the Wolfe University Center Ballrooms. The event is sponsored by the Biscayne Bay Campus Student Programming Council. Tickets are free for FIU students, and the general public will be charged a \$10 fee. Semi-formal attire is required. For more information about the event, call (305) 919-5280.

Free Coffee and Club Fair to promote clubs

The Office of Campus Life and Orientation at Biscayne Bay Campus is once again offering the Late Day Latte. On Nov. 13, students can go to Academic One from 4:30 to 6:30 p.m. for free coffee, refreshments and a Club Fair, where they can get educated about the clubs at BBC. The event is funded by the BBC Student Government Council.

Political movie showing offered by Federal Jack

On Nov. 7 Federal Jack will be presenting the movies “Dark Secrets Inside Bohemian Grove” and “Order of Death.” The showing will be at the Mary Ann Wolfe Theater at the Wolfe University Center from 6 to 11 p.m.

Shoe drive for Haiti by graduate students

A group of graduate students from a community psychology class is collecting new or gently-used shoes to send to Haiti as part of a class project. According to the flyer for the shoe drive, children who do not have shoes are deprived from getting an education in Haiti. Drop-off boxes are located next to the information desk in the Wolfe University Center. The drive will continue for two more weeks.

– Compiled by Julia Cardenuto

THE FINAL COUNTDOWN



SERGIO MONTEALEGRE/THE BEACON

WATCH PARTY: Students gathered at the Mary Ann Wolfe Theater at the Wolfe University Center to watch the highly-anticipated election results on Nov. 4. The event, hosted by the Black Democrats. Students enjoyed free drinks, food and live music, along with giveaways.

Sisterhood Retreat celebrates natural beauty, friendship

CHRISTOPHER RUBI
Contributing Writer

Promoting awareness, confidence and the improvement of self-esteem are just some of the goals of this year's Sisterhood Retreat.

Both the University Park and Biscayne Bay campuses' Women's Centers are holding their third annual Sisterhood Retreat from Nov. 21 to 23.

The weekend event will take place in Labelle, Fla. near the Gulf Coast, and will consist of interactive activities that promote women's awareness and leadership.

“We are very proud and excited with these events that focus on empowering women,” said Bronwen Bares, a coordinator for the Women's Center at BBC.

The event turn out gets better every year, according to Bronwen.

“I can only imagine just how great the event in Labelle will be this year,” she said.

Last year's Sisterhood Retreat required a \$15 deposit for participants to reserve their spots, but they all received their money back at the culmination of the weekend event.

With this year's university-wide budget cuts, the Women's Centers have changed the \$15 deposit to a \$15 fee for the women's retreat.

Students can register for this event from through Nov. 10 in either of the

[Participants] will feel good about themselves. In the Sisterhood Retreat, they will learn about themselves and will have a better understanding of leadership competencies.

Sarah Paulick, program assistant
Women's Center

Women's Center offices. Due to limited seating on the charter bus, which will transport those who register on time, the Women's Centers can only bring up to 40 people, 15 students from each campus.

The last 10 seats will be reserved for committee members in charge of coordinating the weekend event.

Even though the Women's Centers can only take a certain number of students and committee members, with such a small group, those attending will be exposed to an intimate rural setting in Labelle, as opposed to the perpetually busy atmosphere of Miami, according to Bares.

“We are actually trying to keep the numbers down for the event because that way those who attend the Sisterhood Retreat can experience a very intimate setting,” said Sendi Colquitt, a coordinator for the University Park Women's Center.

The Sisterhood Retreat will offer relaxation activities, including yoga, personal relaxation exercises and aroma therapy.

“We are going to have a lot of out

door activities,” said Sarah Paulick, program assistant at the Women's Center. “[There's going to be] kayaking, biking, camp fires and other leadership activities.”

One of the activities scheduled for the retreat is a Real Women Beauty Pageant, where the message is to emphasize the real, natural beauty of women.

“This pageant is to celebrate who we are as women naturally,” Bares said.

Attendees are also expected to participate in self-awareness and bonding exercises throughout the duration of the trip.

“[Participants] will feel good about themselves. In the Sisterhood Retreat, they will learn about themselves and will have a better understanding of leadership competencies,” Paulick said. “[They] will meet women their age, and will leave with new friends and more respect for themselves.

For more information about the Sisterhood Retreat, contact the Women's Center at UP at (305) 348-1506, or (305) 919-5359 at BBC.

MY CHOICE

Pro-life: A decision, not a solution



CHRIS GREEN/THE BEACON

CATCHING YOUR EYE: A student looks on as she stands in front of an anti-abortion display at the Betty Chapman Plaza. The event was held on Oct. 29 and 30.

SIMONE WARNER
Contributing Writer

I was browsing the bookstore at University Park trying to kill time when I glanced outside and saw massive posters and small groups huddled together in a earnest discussion in the Betty Chapman Plaza.

My curiosity piqued when I realized there were several police officers monitoring the area, all looking as though they would rather have been somewhere else, but still ensuring they did their jobs.

Outside were pro-life and pro-choice groups out in numbers doing their thing. The pro-life group had posters on display that towered over students walking to class. The activists were barricaded into their own quarters. Opponents of the display gathered too, although their numbers were much smaller.

The posters were grotesque – to say the least – and I can assure the group that all they did was convince me to not have lunch that day.

They likened abortion to genocide and the Holocaust. I consider that a slap in the face to both Holocaust survivors and Rwandans.

But I have come to the conclusion that I am pro-me. Not pro-life or pro-choice, but simply pro-me. I coined the term myself and I will soon seek rights to it in due course.

I say I am pro-me for two good reasons. One is that, as a minority if I choose to have a child I don't want, then that child is almost guaranteed to spend his or her life in foster care.

Statistics from research on adoption at Case Western Reserve University, funded by the federal Department of Health and Human

Services showed that minority children, including Hispanics and blacks, are the least likely to be adopted.

The second reason why I'm pro-me is simply because this decision affects me more than it does anybody else.

Emotionally, mentally and

quite concerned as to where these people were getting their facts from; someone needs to inform them that Wikipedia is not a valid source of factual information.

An argument used by the pro-life camp is often that the burden on the woman when she faces an unwanted pregnancy is actually

“They likened abortion to genocide and the Holocaust. I consider that a slap to the face to both Holocaust survivors and Rwandans.”

physically, I am the one that has to deal with the stress and agony of my decision, despite the pro-life view that the fetus also goes through agony.

Having a child that goes into foster care, and is possibly physically or emotionally abused until she gets out of the system does not take the burden or stress off of the mother.

The pro-life movement can also have a profound effect on rape victims.

A study by the National Institutes of Health finds the rape-related pregnancy rate to be 5 percent. This means that there could be well over 32,000 pregnancies attributed to rape each year.

When I listened quietly on the discussion the pro-lifers were having with a pro-choicer who was trying to get her point across, she was having very little luck. She was bombarded by about five of them who were trying to convince her that cells have life and that a “fetus has a heartbeat after six days.”

At this point I had become

quite small.

“The woman only has to push the child out and then the government will take care of it,” one pro-life male was heard saying at the rally.

Hurray for welfare; to hell with women's rights.

Now if that response did not draw ire from me, nothing else did. Not even the airplane flying overhead with another grotesque image of “abortion”.

That makes me wonder how many others are going around believing the government will “take care” of unwanted kids that women just happen to pop out. Doesn't it make you wonder, too?

To have or not to have should be a woman's decision. As the debate continues, we will remain barricaded into our respective quarters with our respective views as the world continues to revolve and people address more pressing issues close to their own hearts.

Want to respond? Post your thoughts on fiusm.com/opinion or send them to opinion@fiusm.com



ERIC FELDMAN
Opinion Editor

everyone we interviewed had something to say.

On the dawn of a new administration, students around campus were more than eager to talk to *Student Media* about their thoughts, ranging from their emotions when they heard that Barack Obama clinched a wide electoral victory, McCain's concession speech and why they voted the way that we did.

We found students for whom foreign policy was a primary concern, others for whom social issues defined their vote. Some were confident in the next president, and a few were disappointed but hoped for the best. But one thing was clear:

Obama supporters expressed the sense of joy they experienced watching his historic acceptance speech. McCain voters explained why they stuck with Republicans but were generally understanding of the nation's rejection of their party due to the last eight years.

Below are a couple of students we encountered. More coverage of student reaction will be upcoming on *FIUSM.com* and on *WRGP Radiate FM*.

You can join the conversation by sending me an email at opinion@fiusm.com.

CAMPUS TALK

“What are your thoughts on the election?”



Jesus Betancourt
Junior

“[I voted for McCain] because I'm what you would call a 'values voter.' I tended to agree with things that he was against, like abortion and gay marriage.”



Antonio Santiago
Senior

“Republicans got their go for two terms in a row, and things didn't go the way that they had hoped, and it was time for something a little different.”



Rizi Khan
Senior

“[Voting] made me feel like an American. I actually became an American citizen last year, and I wasn't old enough to vote.”

SEX BUZZ

Silencing the birds and the bees

CHRISTIN ERAZO
Staff
Writer

Sexual awakenings and academic troubles plague the lives of young German characters in the latest University theater production of "Spring Awakening," as they search for meaning and answers in an 1890s censored society.

Frank Wedekind's "Spring Awakening," written in 1891, has always been tagged as provocative for the stage and was censored for 15 years until its first showing in Hamburg in 1906.

Future showings of the play were always inundated with controversy and were often banned as a result.

Wedekind's work received a new audience when the play was adapted as a musical in an off-Broadway production in 2006 and went on to star on Broadway, becoming the recipient of eight Tony awards.

This November, FIU theater will host Wedekind's provocative play in a way not seen by most audiences.

Phillip M. Church, University professor and play director, presents this play in its original form to show the true darkness and mood of



COURTESY PHOTO

the scenes.

"The way that the set is designed allows the audience to focus on the characters and the play's overall mood," Church said. "Without all the excess, the play puts the actors out there."

The play covers the life of four adolescent students outgrowing childhood and discovering puberty.

With questions about reproduction and their sexual desires, characters Wendla, Melchior and Moritz search for answers from their parents.

When Wendla's sister becomes pregnant for a third time, Wendla asks her mother where babies come from - she refuses to believe the notion that babies are delivered by a stork.

"Please, Mother, speak. Don't scold me for asking you about it. Give me an answer. How does it happen? How does it all come about? You cannot really deceive yourself that I, who am 14-years-old, still believe in the stork," Wendla pleads in the play.

Melchior and Moritz, best friends, wonder about their sexual desires and the strange dreams they have been having at night.

Moritz explains how he is ashamed of himself for having those thoughts and wishes that they would stop.

With a lack of sexual education and communication, these adolescents fall into a downward spiral of tragedy caused by the parents whose only intention is to protect their innocence.

Along with the anxiety of puberty, these characters must deal with pressures of a competitive society.

Although the play was written over a century ago, Church ensures that the topics discussed in the play can mirror many of the issues facing today's youth.

"A fear of failure, a fear of exclusion and a fear of understanding one's own natural intuitive self, collectively, propel young people such as the play's hero and antihero, Melchior and Moritz, into the depths of anguish and self-doubt. FCAT driven manias,

"F" rated schools, the fear of not succeeding. Today, society banishes anyone who proves less than successful," Church said.

Chelsea Duran, who plays the character of Martha, Wendla's friend, believes many of the play's issues are honest and relevant to today's youth, but it is more geared toward parents.

"For me, the story is mostly about parents needing to be open with their children, especially during adolescence when things are changing and you don't know why. If left to find out things on their own, they don't get the whole story and can make very big mistakes because of naive misconceptions," Duran said. "Especially with the topic of sex and puberty, most adults treat it like a shameful act or process that should be kept secret and not discussed."

Despite its dark themes, Church describes Wedekind as the Oliver Stone of our time for his ability to incorporate humorous dialogue into serious, grim scenes.

FIU theater will be performing "Spring Awakening" at the Wertheim Performing Arts Theater from Nov. 6 to 16.

For tickets, call (305) 348-3789.

First time voting experience evokes sense of patriotism

How much do I know

To talk out of turn

You might say that I'm young

You might say I'm unlearned

For the first 18 years of my life, those words, taken from Bob Dylan's classic anti-war song "Masters Of War," defined the bounds of any discussion I might hope to have about politics.

Whether it was just discussing it with family over dinner, or going on internet message boards, it seemed there was never a time when my age wasn't an easy out from discussing something.

All the older person had to do was say "you just don't understand" or "you can't even vote anyway," and any possibility of a reasonable discussion was completely thrown out.

Obviously, being eligible to vote for the first time in this election cycle was a big deal for me.

I spent 18 years being treated like a second class citizen and being told my voice doesn't matter, so there's something very empowering about finally being able to take part in the process.

MY LIFE! EXPERIENCE



CHRIS TOWERS

Given the importance of this election year, I made sure I kept up to date on the latest developments and got to know each candidate on the ballot as best I could.

Yet the more I got to know the two candidates running for president, and the more I saw just how flawed the two party system is, I became more and more cynical.

I spent most of the 21 month election cycle switching between a pure disdain for the two party system and the nonstop news coverage, and the tiny little spots of hope and inspiration, such as hearing Senator Joe Lieberman speak on John McCain's behalf on campus in January, or hearing Obama's brilliant speech on race, "A More Perfect Union."

The constant news coverage was so overwhelmingly focused on the negatives that there were times when I just wanted to give up, stop caring, and write in "George Carlin for President," or worse: not even show up to the voting booth.

It seemed as if all of my ideals and optimism were going to be killed off before I ever stepped into a voting booth.

But I decided to go to the early voting anyway, with my mind still not made up. I got to my precinct and I actually saw the line and left, if you can believe it.

What was the point of standing in line for two hours to vote for someone I didn't believe in and support a system I thought was flawed?

I went out, got lunch and thought it over. I did some more research and finally made my mind.

It's a flawed system that promotes dirty campaigning and quenches real change, but it's what we have.

So I went back and I joined over 100 million other Americans in expressing my voice. I finally felt like a part of my country.

I was finally able to have a voice that was my own and that counted and that could not be silenced. That made the 18 years of waiting worth it.



Divabetic integrates health, beauty education

EDDITH SEVILLA
Staff writer

What could be scarier than ghosts, haunted houses and devils on Halloween? All the sugar in your bloodstream after trick-or-treating, that's what.

On Nov. 1, national non-profit organization Divabetic - Makeover Your Diabetes combined diabetic education, healthy alternatives to sweets and beauty services at the Ros Cal Kovens Center in Miami Beach to help women prevent and manage diabetes.

"I wanted to do an upbeat friendly approach to inspire women at risk and those affected by living with diabetes to stay healthy and not beat around their care, as well as bring that message home to their loved ones," said Max Szadek, founder of Divabetic.

Diabetes is a disease in which the body does not produce or properly use insulin, a hormone that is needed to convert sugar, starches and other foods into energy needed for daily living.

There are two main types of diabetes: Type one affects people who cannot produce insulin and often strikes children and young adults. Type two occurs when the body pro-

duces insulin at a low rate. If left untreated, diabetes can cause severe damage including kidney damage, nerve damage, lower limb amputations and blindness.

"Some of the symptoms that a person might see with diabetes are frequent urination, blurry vision, feeling very tired, being lethargic, moody and sudden foot pain," said Judi Wilcox, a registered dietician and certified diabetes educator.

Risk factors include family history, obesity or being overweight, living a sedentary lifestyle and high blood pressure.

So if you're health-conscious, what should you do with all that candy left over from Halloween?

"Take the candy, put it in a basket and make it candy all year or give it away to charity," Wilcox suggested.

However, some may not be ready to part ways with their sweet tooth and to those, Wilcox suggested freezing candy and eating it in smaller portions.

But Wilcox warned not to fear eating.

"If you eliminate something from your diet, it becomes the most exciting thing you want to have," she said. "It's better to let yourself have an occasional treat than to deprive yourself of everything and then go

crazy and eat all that you can."

The Divabetic event showcased six stations: "Denial is not my Style," which discussed the basics of diabetes, the importance of sleep and allowed participants to have their weight, waist and body mass index measured; "Glam more, Fear less" offered beauty services with a diabetic care discussion; "Grab Green and Go" offered solutions to better nutrition; "Twist and Shout" taught participants how to add more movement into everyday life; "Sweet Inspirations" offered goal-setting techniques for a healthy lifestyle and "Tunnel of Love" addressed how sexual health and pregnancy are affected by diabetes.

For Vanessa Prieto, 25, who has a lot of candy left over from Halloween, Divabetic was a wake-up call.

"There's a big history of diabetes in my family and I didn't know that you can eat healthy and control your diabetes just by the way you eat and the way you exercise." Prieto said. "I am going to start taking care of myself and start eating healthy and doing things I'm supposed to be doing to control my health."

For more information on this organization, go to www.divabetic.org.

Fast-paced arcade shooter leaves little to be desired

I'll never fully understand what makes games like "Galaga" and "Space Invaders" so addictive, or what feeds my insatiable need to destroy tiny space ships, achieve a new high score and pursue that ever elusive perfect score.

One thing, however, is perfectly clear. The folks at the Polymer Rabbit Game Studio understand it all.

"Frantic" is an arcade shooter that combines elements from games like "Galaga" and the more recent "Geometry Wars" series to create a free flash game that is every bit as fun and addictive.

The goal is simple - shoot down enemy

ships, collect money and power ups and avoid enemy bullets. Power ups are temporary upgrades, but money can buy you permanent upgrades to enhance shields, fire power, even luck. The better you do, the quicker you will fill up the adrenaline gauge. Once full, you can unleash hell, a massive laser attack that will obliterate anything in its path.

There are two control schemes: You can use the mouse or directional buttons to move your ship around the screen, but the mouse offers a bit more speed and control.

"Frantic" is a well paced game that doesn't ever get stupidly hard and manages to never feel boring. The upgrade system does a good job of balancing out the increases in enemy density and each of the game's ten stages presents a unique challenge in the form of a boss.

There's a lot of fun to be had here. It's a fairly short game, but it packs so much punch into its levels, you will definitely be coming back for another round, another chance to improve your score.

This game also looks and feels great. The enemy designs are interesting and colorful and the explosions look great too. Plus, assuming you've gone for the mouse control option, it runs perfectly smooth. And, just in case it doesn't, you can adjust the visual quality to improve the frame rate.

So, whether you're looking for your next online addiction or just trying to squeeze some fun into those 20 minutes between classes, "Frantic" is sure to be worth your while.

You can find "Frantic" online for free at Polymerrabbit.com or at CrazyMonkeyGames.com.

COMMENTARY



F.R.E.E.
ASHLYN TOLEDO

WEEKEND CALENDAR

FRIDAY • NOVEMBER 7

WHAT: Rock Band Live with Panic at the Disco and Dashboard Confessional
WHERE: BankUnited Center, Coral Gables, FL
WHEN: 7 p.m.
HOW MUCH: \$ 30

WHAT: Puddle of Mudd
WHERE: Pompano Beach Amphitheatre, Pompano Beach,
WHEN: 8 p.m.
HOW MUCH: \$ 40

WHAT: FIU Ultra
WHERE: Between Blue and Gold Garage
WHEN: 8 p.m.
HOW MUCH: FREE with Student I.D

WHAT: Metro Station with The Maine
WHERE: 200 West Broward Blvd., Ft Lauderdale, FL
WHEN: 7 p.m.
HOW MUCH: \$ 20

WHAT: Classic Albums Live Presents: Led Zeppelin
WHERE: Paradise Live, Hollywood, FL
WHEN: 9 p.m.
HOW MUCH: \$ 20

SATURDAY • NOVEMBER 8

WHAT: The Cosmic Blob Show
WHERE: Harold Golen Gallery 314 North West 24th St. Wynwood Art District, Miami,
WHEN: 7 p.m.
HOW MUCH: TBA

WHAT: FIU vs Arkansas State University
WHERE: FIU Stadium
WHEN: 7 p.m.
HOW MUCH: FREE with Student I.D

WHAT: Rufus Wainwright
WHERE: The Fillmore Miami Beach
WHEN: 7 p.m.
HOW MUCH: \$ 25

WHAT: The Toasters
WHERE: The Culture Room 3045 N. Federal Highway Fort Lauderdale, FL
WHEN: 7 p.m.
HOW MUCH: \$ 20

WHAT: Dia de los Muertos celebration
WHERE: Rosa Mexicano Restaurant - 900 South Miami Avenue - Miai, FL
WHEN: 7 p.m.
HOW MUCH: Varies

SUNDAY • NOVEMBER 9

WHAT: Miami Book Fair International
WHERE: Miami-Dade Community College, Wolfson Campus, Downtown 300 NE Second Ave. Miami, FL 33132
WHEN: 12 p.m.
HOW MUCH: FREE

WHAT: Soulfly
WHERE: The Culture Room - 3045 N. Federal Highway - Fort Lauderdale
WHEN: 7:30 p.m.
HOW MUCH: \$ 20

WHAT: Alice's Adventures in Wonderland
WHERE: The PlayGround Theatre 9806 NE Second Ave. Miami Shores Miami, FL 33138
WHEN: 3 p.m.
HOW MUCH: TBA

WHAT: Coldplay
WHERE: BankAtlantic Center, Sunrise, FL
WHEN: 7 p.m.
HOW MUCH: \$ 40

Compiled by: Rosalyn Delgado

HONEST ABE

...finishes his second term. by michelle diaz



STOP THE PRESSES

THERE ARE MANY CAUSES FOR CELEBRATION IN THE FALL. ALMOST EVERY YEAR. LIKE THE END OF MIDTERMS...



A COMIC BY IRIS AMELIA



MEDIUM

			6		4	9
7		1	2			
5				3		2
		3		1		8
6			9	2		3
	4			5	7	
	8		1			4
				5	8	6
1	6		9			

Diversions

THE BEACON

A Forum for Free Student Expression at Florida International University

Thank you for reading Monday, Wednesday, Friday

Apply in GC 210 or WUC 124

Duo pairs up for goal, team wins fourth game

STEPHANIE GABRIEL
Staff Writer

Although Florida Atlantic put up an arduous fight the second half on Nov. 3 at University Park, the men's soccer team held on to a 1-0 lead, marking their fourth win of the season with just one game to check off before the awaited Conference USA tournament.

It was a seemingly slow start for both teams, but Juan Guerra controlled the first scoring opportunity 7 minutes into the game. He made a brisk run down the right side.

However, the shot was deflected by FAU goal keeper Phillip Lamarre.

FAU had their first opportunity in the 24 minute when Shire Stadnes made a run down the right side-line and took a low shot towards the left corner; but the shot was a miss, bouncing off the post and out of scoring boundaries.

When the halftime break came along, neither team had made an offensive threat.

Just three shots for FIU and four for FAU, resulting in a scoreless first half. It would be the combination of Golden Panther de-

fenders and a goal-scoring duo that steered the Owls away from a successful flight.

That duo was none other than FIU's preseason offensive player of the year, Juan Guerra, along with Steven Jair Cabas.

It was the when Guerra took control of the ball around mid-field and passed off to Cabas who then made a run down the middle and beat the FAU keeper to make the score 1-0.

The Owls went into attack mode from there, trying desperately to tie up the game before it was too

late. It seemed they would do so in the 73 minute when Darnell King ran past the FIU defense and cut inside to take a shot just outside the box, but it sailed high and away from the goal. King wouldn't take no for an answer.

He threatened FIU with two more shots in 10 minutes, but both were cleared away by the determined defense.

Between King's second and third shot, Evan Kluge also had a terrifying attempt on a header. However, FIU goalkeeper, Jesse Fullerton, made a remarkable dive to stop

the shot, marking a total of 50 saves for his college career.

FIU put up two more shots by the junior Diego Tamburus, but both were doomed. One was wide and the other saved by the FAU keeper, Lamarre, leaving the final score at 1-0.

FAU drops to 4-11-1 after the loss, while the Golden Panthers improve to 4-10-2.

FIU is still in the mix for a C-USA tournament appearance and will host SMU on Nov. 7 at 7 p.m., their last match of the regular season.

Injuries mounting for men's basketball

JONATHAN RAMOS
Asst. Sports Director

The men's basketball team continued to pile up injuries when point guard Josue Soto endured a scaphoid injury during a practice last week. The sophomore, who was eligible after sitting out a season by NCAA transfer rules, was set to start in season opening home contest against Eastern Kentucky on Nov. 14.

"It's tough when you have to sit out a year," Soto said. "Right now it's 10-12 weeks but I plan to work hard to be back early."

The scaphoid is a bone in the wrist that is typically slow to heal due to limited circulation to the bone. The loss of Soto adds to the amount of absences the team will have to start the

season, which includes forward Alex Galindo (ankle), forward J.C. Otero (knee), and center Badara N'Diaye (knee).

The Golden Panthers will resort to newcomer Harley Fuller and sophomore Nick Taylor at point guard. Taylor played 25 games last season as a walk-on redshirt freshman.

"I don't know what I did in my past," head coach Sergio Rouco said as he tried to remain upbeat. "But you know there's things you can't control but what you can do is go forward, and the kids have an unbelievable will power. We're being tested as a group and being tested as a program."

"I don't think injuries happen for a reason," he said. "But I really like this group, and we expect the same results."



VICTORIA LYNCH/THE BEACON

LAMPING IN THE POST: Center Russell Hicks and forward Nikola Gacesa try to get position on the court during a practice on Nov. 5.

Time to focus on the fantasy playoffs, start Pennington

Most fantasy football owners are not scouring the waiver wire anymore. There is always Jamaal Charles (Kansas City Chiefs running back), and Ray Rice (Baltimore Ravens running back) surprising people at the tail end of the season, but chances are they will be snatched up by a bottom feeder of your league at the top of the waiver ladder.

Starting week 10, Fantasy Football owners begin preparing for the playoffs, looking ahead, smelling the glory, getting ready to make hard decisions on who to start and who to sit.

WHO TO START

Chad Pennington: QB, Miami Dolphins- 31st ranked pass defense + Most accurate passer in NFL history= Good Day. Despite only 7 touchdowns in 8 games, Pennington has surpassed 280 yards in his last four, and look for him to continue the trend dissecting the hawks defense.

Hes had at least one touchdown pass in 5 out of his last 6 and the camaraderie between Chadwick and his wide receivers, especially Greg Camarillo, is improving every day.

Tim Hightower: RB, Arizona Cardinals- His erratic fantasy performances has scared away owners from starting Hightower week-

to-week, but he has finally unseated incumbent Edgerrin James as starter.

It used to be he was only valuable when he finds his way into the end zone, and with the Cardinals having so many weapons that can score, Hightower was always a risky start. Now that he's the workhorse, look for Timmy to rack up the yards on the ground and through the air, especially against a weak 49ers defense. Hightower might have a huge day if Arizona jumps out to an early first half lead and decides to focus on running the ball.

Maurice Jones Drew: RB, Jacksonville Jaguars- Admitting is the first step to recovery. Here it goes: Hi, my name is Jonathan, and I'm addicted to putting Maurice Jones-Drew in my starting lineup.

Wow, i feel better, getting it off my chest. His numbers have not been good the last few weeks and i like avoiding players who's only value comes from end zone work.

However, he is playing the Lions, last in the league in ever category ever created, and his number has been called double the amount of Fred Taylor's, so the era of MJD is officially beginning, i hope.

Leon Washington: RB, New York Jets- Love this little guy, he might be the most dangerous screen pass catcher in the entire NFL. He is elusive, strong, and has a knack for big plays, and the Jets are playing the Rams this week. Washington is a solid start in two scenarios. 1) If the Jets blow the Rams out

Leon will pick up some garbage time yards, 2) The shootout results in Brett the Jet getting everyone involved in the offense, therefore Washington finding his way into the end zone.

Ray Rice: RB, Baltimore Ravens- The rookie running back class of '08 seems to be improving with every week.

Rice has thrown his name into the discussion of potential superstar running backs in the class of '08. Hes been much more involved in the offense the last few weeks and has shown his skill as a pass-catcher as well. After his breakout performance last week, Rice will now be the heartbeat of the Ravens offense, and the birds are traveling to Houston to take on the Texans, who give up a lot of points. Everybody is loving Raymond this weekend.

WHO TO SIT IF YOU HAVE TO

Ben Roethlisberger: QB, Pittsburgh Steelers- Playing against a top 5 ranked pass defense in the Colts who have given up the fewest fantasy points to opposing QB's his year, combined with a bum shoulder and a terrible offensive line, Big Ben isn't going to bode well starting for your team this weekend.

The colts run defense is weak, so the Steelers will look to get Running Backs Willie Parker and Mewelde Moore involved early and often. Sorry Big Ben, love you but cant trust you.

Ryan Grant: RB, Green Bay Packers-

Last years fantasy hero has turned into this years goat. A high draft pick in most leagues, grant has been a major disappointment, scoring double digit points one time all season.

Even though hes been handling the rock better the last few weeks, Grant faces a top tier run defense in the Minnesota Vikings. Ryan Grant, no soup for you.

Steve Slaton: RB, Houston Texans- One of this years pleasant surprises should find his way to your bench this week.

The Ravens Defense haven't allowed a 100 yard rusher in 27 games! Slaton is a skilled pass catcher but this week wont be one of his best, considering the Ravens secondary is banged up and the Texans receivers are extremely talented.

Desean Jackson: WR, Philadelphia Eagles- The million dollar question is if Jackson has done enough to keep his job as the number two receiver with the return of incumbent Reggie Brown.

No one is really sure how Jackson will factor into the offense with the return of Brown, and this isn't a weekend to take a risk, considering the Eagles will face the stout Giants defense, and your team is probably fighting for playoff position.

If you have any questions or comments, you can email me at jonathan.llpert@FIUSM.com

IMMEDIATE
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LISTEN LIVE

November 8th

7p.m.





COURTESY PHOTO/ARKANSAS STATE MEDIA RELATIONS

VICTORIA LYNCH/THE BEACON

Panthers to host top notch offense for 2nd consecutive week

ANDREW JULIAN
Sports Director

With the bowl picture still cloudy, Golden Panthers (3-5, 2-2 Sun Belt Conference) return home to FIU Stadium to host the Arkansas State Red Wolves (4-4, 2-1), in hopes that they will be able to hoist themselves into the post-season fog.

An appearance in the New Orleans Bowl is off the table for FIU, but there are still other opportunities to appear in a bowl game, provided the Golden Panthers can win their final four contests.

Arkansas St. is also competing for an at-large bowl bid, and the fact that both teams are playing for the opportunity to bring so much to their football programs should make for a solid match-up.

Last season in Jonesboro, Ark., the Red Wolves won a 27-24 thriller, in which they scored

17 points in the final five minutes, including a game-winning 48-yard field goal by Josh Arauco with two seconds left, in one of the more competitive contests the Golden Panthers played during their 23-game losing streak.

This should be a boon to the Golden Panthers confidence, and the fact that FIU as played well as home should make for an inspired performance for the home coming game.

A major part of the FIU game plan will be T.Y. Hilton, who leads the nation in all-purpose yards per game, at 192 per contest. He continues to figure more into the FIU passing game, and his number will need to be called often against the Red Wolves for FIU to be successful.

ASU leads the Sun Belt in pass defense, and they are the only team in the conference allowing less than 200 passing yards per game, and that means Paul McCall

will have to rebound from one of his worst games of the season.

McCall was 9-for-21 for just 85 yards, and threw an interception. The junior quarterback has played better at home this season, and will look for a homecoming turnaround.

Arkansas State also leads the Sun Belt in quarterback sacks with 23, one more than Troy, who sacked Paul McCall seven times in their meeting with FIU several weeks ago.

ASU is also very stout against the run, allowing just 3.9 yards per carry. For FIU to have a chance in this one, they'll have to establish the run, and the stable of backs that the Golden Panthers have are continuing to produce, but inconsistently.

Last week, at Louisiana, it was Julian Reams leading the way on the ground with 70 yards. FIU will need Reams and one of their other two backs, Daunte Owens or

A'mod Ned, to help shoulder the load.

FIU has played only one game this season in which they've had more than one 50-yard rusher, and the Golden Panthers have yet to have a 100-yard rusher.

The Red Wolves may yet contend for the Sun Belt title, in large part because of their offense.

Quarterback Corey Leonard is the fourth highest rated passer in the Sun Belt, averaging 192 yards passing per contest.

The balance of ASU is what keeps teams off balance, and the ball is liberally spread throughout its backfield.

Three Red Wolves have rushed for over 300 yards, and the top two rushers, Reggie Arnold (627 yards, 5.5 yards per carry) and Derek Lawson (577 yards, 7.8 ypc), both rank in the top six in the SBC in rushing yards per game.

Defensively, FIU will need to

return to its opponent's backfield this week to try to slow down the ASU attack.

The Golden Panthers recorded a season low, four tackles per loss, and will need more push from its front, and better control of the defensive line of scrimmage.

BEACON PREDICTION

Playing at home, and in front of the homecoming crowd, FIU will be able to sustain the intensity much longer than they did at Louisiana last week.

The big play ability of T.Y. Hilton will offer some great moments for FIU, keeping the game close for three quarters, but in the final frame, the Arkansas State offensive line will wear down the FIU defensive front.

It'll be close, but the Red Wolves will grind it out in the end.

Arkansas St. 33, FIU 24

Top teams in SBC East clash, as Blue Raiders visit FIU

JONATHAN ALPERT
Asst. Sports Director

The FIU volleyball hosts Middle Tennessee tonight at 7pm and Western Kentucky on Sunday at 1pm at FIU Arena for their most important stretch of home games to date.

FIU comes into the weekend with a school record 11 game winning streak, and the Golden Panthers have not lost at FIU Arena yet this season (10-0).

FIU is sporting a 23-4 overall record, 13-1 in conference, good for first place in the East Division in the SunBelt. Middle Tennessee is close behind with a 21-4 conference record, 11-2 in conference. Western Kentucky is 3rd in the Sunbelt Eastern Division

with a 21-4 record, 8-5 in conference.

FIU had trouble last time they played MTSU and WKU on the same weekend, suffering their only conference loss to MTSU on October 3rd and beating WKU in 5 sets after trailing 2-1 on Oct 4.

"Its going to come down to us and Middle Tennessee fighting for the regular season championship and top seed in the SunBelt tournament," Head Coach Danijella Tomic Said. "We play [MTSU and WKU] twice, and it's good to have that competition [within the division]."

The FIU coaching staff and players have taken their only conference loss to heart and will defend their home floor tonight. "We are look-

ing for revenge against Middle Tennessee," Tomic continued. "I think our team is ready to beat them, and it bothers me [that] our team hasn't beaten MTSU since I've been here."

"Oh yeah, I'm looking forward to [Middle Tennessee]" Outside Hitter Isadora Rangel said as her eyes widened. "We all are."

FIU and MTSU are neck and neck chasing first place in the SunBelt Eastern Division as well as many statistical categories within the conference. MTSU leads the Sunbelt in with .132, and FIU is second, keeping opponents to a .166 hitting percentage.

MTSU averages 13.45 kills per set, FIU averages 13.32. Since conference play began, MTSU is hitting .307, and FIU

is hitting .282.

MTSU middle blocker Ashley Asberry leads the Sunbelt in blocks per set at 1.40. FIU's outside Hitter Yarimar Rosa leads the SunBelt in kills with 5.23 per set. This sets up a showdown between Rosa and Asberry, two of the best in the nation.

WKU always gives FIU problems, and despite their mediocre conference record, lead the SunBelt in assists per set (12.9) and Kills per set (13.92).

The weekend will not be easy, and it will dictate how FIU is seeded in the conference tournament and ultimately the big dance, the NCAA tournament.

"We're ready to play well and win," Tomic said.



VICTORIA LYNCH/THE BEACON

HIT IT: Isadora Rangel makes a play for the Golden Panthers during a home game this season.