Nanofabrication and Spectroscopy of Magnetic Nanostructures Using a Focused Ion Beam

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This dissertation, written by Ali Hadjikhani, and entitled Nanofabrication and Spectroscopy of Magnetic Nanostructures Using a Focused Ion Beam, having been approved in respect to style and intellectual content, is referred to you for judgment.

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Florida International University, 2016
DEDICATION

I dedicate this dissertation to my family and my grandparents who have always been there for me.
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ABSTRACT OF THE DISSERTATION

NANOFABRICATION AND SPECTROSCOPY OF MAGNETIC NANOSTRUCTURES USING A FOCUSED ION BEAM

by

Ali Hadjikhani
Florida International University, 2016
Miami, Florida

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This research used a focused ion beam in order to fabricate record small nano-magnetic structures, investigate the properties of magnetic materials in the rarely studied range of nanometer size, and exploit their extraordinary characteristics in medicine and nanoelectronics. This study consists of two parts: (i) Fabrication and study of record small magnetic tunnel junctions (ii) Introduction of a novel method for detection of magnetoelectric nanoparticles (MENs) in the tissue.

A key challenge in further scaling of CMOS devices is being able to perform non-volatile logic with near zero power consumption. Sub-10-nm nanomagnetic spin transfer torque (STT) magnetic tunneling junctions (MTJs) have the potential for a universal memory that can address this key challenge. The main problem is to decrease the switching current density. This research studied these structures in sub-10-nm size range. In this range, spin related excitations consume considerably smaller amounts of energy as compared to the larger scale. This research concluded that as predicted a decrease in switching current superior to that of the linear scaling will happen in this size range.

Magnetoelectric nanoparticles (MENs) can be used to directly couple intrinsic electric-field-driven processes with external magnetic fields for controlling neural activity deep in the brain. These particles have been proven to be capable of inducing deep brain
stimulation non-invasively. Furthermore, these magneto-electric nano-particles can be used for targeted drug delivery and are contenders to replace conventional chemotherapy. The circulatory system can deliver a drug to almost every cell in the body; however, delivering the drug specifically into the tumor cell and then releasing it on demand remains a formidable task. Nanomedicine can accomplish this, but ensuring that the drug is released at an appropriate rate once at the target site is an important task. In order to have a complete understanding of the behavior of these MENs when injected into the body, a comprehensive bio-distribution study was performed. This study introduced a novel spectroscopy method for tracing the nanoparticles in the bloodstream. This study investigated the post injection distribution of the MENs in vital organs throughout a period of two months.
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Motivation

This research aims to investigate the properties of magnetic materials in the rarely studied range of nanometer size and exploit their characteristics in this range in medicine and nanoelectronics. This study takes advantage of a unique opportunity that has been provided by employing a focused ion beam in order to fabricate, trim, analyze and characterize the magnetic materials in both nanoelectronics and medicine. The most common dual beam focused ion beam systems combine an ion column and an electron column (i.e., a scanning electron microscope (SEM)) and possess advanced capabilities. The electron beam can be used for nondestructive imaging and characterization without sputtering the sample surface. This paves the path for very innovative ion beam millings and characterization. Additionally, three-dimensional information can be obtained by integrating the electron and ion beam operations. This procedure involves sputtering the sample in increments and imaging the sample using the SEM after each session.

A backscattered electron detector on the system can yield compositional contrast that facilitates locating and tracing the materials based on their atomic weight. In addition, an energy dispersive spectrometry (EDS) detector enables acquiring additional elemental analysis. In some cases, a combination of ion gun and SEM is being used for site-specific specimen preparation and elemental analysis. The quality of the millings, cuts or depositions depends crucially on how the impinging ion interacts with the target. Hence, having an understanding of the basics of ion beam-solid interactions may improve the ability to achieve optimum results using an FIB system greatly.

The ability to mill, image, and deposit material using a focused ion beam (FIB) instrument plays a key role in the progress of this research in all the areas that are going to be discussed. For these reasons,
a brief introduction to the nature of interaction between the ion beam and solid will be provided in the next chapter, then how these interactions are implemented in a FIB will be discussed. A description of how magnetic properties in the rarely studied range of nanometer size can be implemented in order to improve nano-electronic devices will then be followed by a discussion of the use of nanomagnetics in medicine.

Ion-Solid interactions in a focused ion beam

Figure 1.1 is a schematic that illustrates some of the ion beam-material interactions that can happen when a solid is bombarded with ions. Milling occurs due to the physical sputtering of the target.

![Schematic diagram of the sputtering process and ion-solid interactions](image)

Figure 1.1. Schematic diagram of the sputtering process and ion-solid interactions

In order to understand the sputtering process, the interactions between the ion beam and the target should be considered. Sputtering takes place as a consequence of a series of elastic collisions in which momentum is transferred from the incident ions to the target atoms within a region which is called cascade region. An atom on the surface of the target may be sputtered if it receives a kinetic energy that exceeds its surface binding energy (SBE). A portion of these ejected atoms might be ionized. Because of ion bombardment,
inelastic interactions can also happen. These interactions produce phonons, plasmons in metals, and secondary electrons (SE). A standard FIB employs secondary electrons in order to produce an image.

Nanomagnetics in Nanoelectronics

Figure 1.2 demonstrates how the storage has turned from analogue formats (orange color on the left) to digital (blue on the right) over the last decade as the information storage capacity increases. However, there are a couple of issues to be addressed in order to further scale up the storage capacity and processing speeds and scale down the size [1].

One of the main issues for further scaling of CMOS devices with non-volatile logic is the static power consumption. Spin transfer torque (STT) magnetic tunneling junction (MTJ) possesses the density advantage of dynamic random access memory (DRAM), processing speed of static random access memory (SRAM), and non-volatility of flash memory all together [2-4]. Furthermore, near zero power consumption in STT-MTJs has the potential to address the consumption problem [5]. However, the current that is required to switch the spin orientation is relatively high. This high switching current needs to be
reduced before logic application of the STT-MTJs can be realized. There are conventional techniques for reducing the switching current, but these techniques add more complexity to the system and increase the power consumption [6]. Another possible solution can be decreasing the device size. Nevertheless, if the current density reduction abides by linear scaling, even at dimensions smaller than 10nm the switching is still not energy efficient. The purpose of this study is to confirm and utilize the fact that at the sub 10nm region, the switching current reduction is not occurring according to a linear scaling. The function of the thermal reservoir is to absorb the excitation energy. In the sub 10nm region, the thermal reservoir becomes considerably small. Hence, it is unable to absorb the energy that was created due to the magnetic dynamics [7]. At this intermediate size range, the material can be described as a cluster. In this cluster, the excitation energy exchange is not occurring as effectively as it is in a crystal. This will result in a rapid magnetization damping drop, superior to that of a linear scaling decrease. Atomistic scale simulations confirm that the magnetization drop occurs. One of the most effective tools, which can be utilized to scale down the electronic devices are focused ion beams. These tools can be effectively used to reduce the size of the devices. As a part of this research, different ion beams with different beam currents are employed to mill down a magnetic tunneling junction. The aim is to fabricate the smallest sizes which were reported in order for the magnetic properties to be studied in these rarely studied ranges.

Nanomagnetics in Medicine

Magneto-electric nanoparticles (MENs) are nanoparticles with a coreshell nanostructure composed of a core of CoFe2O4 around 7-10 nm in diameter and a shell BaTiO3 with a diameter, which is around 30nm. They are synthesized through a standard hydrothermal methods. These MENs can be used in order to directly couple intrinsic electric-field-driven
processes with external magnetic fields for controlling neural activity deep in the brain. These particles have been proven to be able to induce deep brain stimulation non-invasively. Additionally, these magneto-electric nano-particles can be used for targeted drug delivery and are strong contenders for alternatives to conventional chemotherapy. The circulatory system can deliver a drug to almost every cell in the body; however, delivering the drug specifically into the tumor cell and then releasing it on demand remains a formidable challenge. Ensuring that the drug is not prematurely released in the plasma or interstitial space but is released at an appropriate rate once at the target site is an important task. In order to have a complete understanding of the behavior of these MENs when injected into the body, a comprehensive bio-distribution study was required. This bio-distribution study investigated the post injection distribution of the MENs in different organs throughout a period of two months in a mouse model. A JEOL 4500 dual beam SEM, which was equipped with a back scattered and energy dispersive spectroscopy detector was employed. These detectors were used in order to locate, confirm, and map the particles in each organ. Each mouse was injected with a single dose of nanoparticles in one of four sizes (10nm, 30nm, 100nm, or 600nm) and was terminated after a predetermined time point (24 hours, 1 week, 1 month, and 2 months). Different organs were harvested and sectioned for scanning electron microscopy (SEM) studies. This study aims to gain a comprehensive understanding of what portion of the particles go to which specific organ after entering the blood stream, if and how they cluster, how long they stay in each site, and how long it takes for the particle clusters to grow smaller in size and quantity.
Literature review

1. Magneto electric nanoparticles (MENs) in medicine

In order to illustrate the significance of studying the bio-distribution of nanoparticles after entering the blood stream and over time, a few applications for MENs in different branches of medicine will be discussed in this section.

Deep brain stimulation using MENs

A neural network can be described as a complex bio-electric circuit which consists of many neurons connected through chemical and electrical synapses formed between axons and dendrites [8-10]. The signaling in the network is often driven by electric fields and is based on a highly collective system of electric charges, neurotransmitters, and action potentials. The ability of remotely stimulating specific neuronal excitations deep in the brain with the intent to trigger selective regions of the network remains an important unanswered question in neural engineering [11]. Additionally, being able to control the central nervous system (CNS) at micro- or even nano-scale could provide exceptional control over specific functions and make highly personalized “pin-point” treatment of neurodegenerative diseases such as Parkinson’s Disease (PD), Essential Tremor (ET), Epilepsy, and others possible [12,13].

The \textit{in-vivo} study on imprinting control region mice shows MENs can be implemented in order to couple intrinsic electric field-driven processes with external magnetic fields and may be used to control neural activity deep in the brain. [14]
Illustration of the novel concept of using MENs for "mapping" the brain for non-invasive electric field stimulation of selected regions deep in the brain. (a) MENs are dragged into the brain across the BBB via application of a d.c. magnetic field gradient. (b) When in the brain, MENs are being distributed over the entire brain or in selected regions via application of spatially varying d.c. magnetic field gradients. The existence of MENs forms a "new brain microenvironment", in which the intrinsic electric signals created because of the neural activity are intensely coupled at the sub-neuronal level to the external magnetic fields generated by remote source. (c) This coupling can be used for non-invasive high-efficacy stimulation of selected regions deep in the brain via application of a relatively low (~ 100 Oe) near-d.c. (~< 1000 Hz) magnetic field.

In this study, approximately 10 µg of CoFe2O4–BaTiO3 30-nm nanoparticles were injected into the blood stream of a mouse through the tail vein and were forced to cross the blood-brain barrier (BBB) via a d.c. field gradient. The toxicity was eliminated through coating the nanoparticles with a layer of glycerol monooleate of a thickness of 2nm. After the nanoparticles reached the brain, there were over 40 nanoparticles per each neuron. This was confirmed through SEM imaging of brain slices as well. A surgically attached two-channel EEG headmount was employed in order to show that the administrated MENs could modulate the electric waveforms deep in the brain via application of a magnetic field with a frequency ranging from 0 to 20 Hz. To further emphasize the significance of this study, it is worth noting that introduction of MENs into the brain could pave the path for "writing" and "reading back" an electric field map of the brain at a sub-neuronal level. A 3D electric field mapping via these particles can be used for both remote stimulation of specific
functions and “reading back” the electric field information with a sub-neuronal precision, assuming there is an efficient magnetic imaging technique available. Additionally, it should be noted that the MENs’ parameters that were mentioned above are not limited to the CoFe2O4–BaTiO3 composition and the 30nm diameter, as used in the aforementioned study. It is possible to further tailor and improve upon the application by using different materials, e.g. biodegradable compositions, and even smaller size nanoparticles [14]. It is commonly assumed that approximately 10% of IV-administrated nanoparticles transfer into the brain [15]. However, in this particular case, this estimate might be conservative taking into account that a “magnetic field gradient pull” was used to force the nanoparticles to cross BBB. A more comprehensive in-vivo study had to be conducted to fully comprehend the detailed metabolism of the nanoparticles, including understanding exactly how much of the particles reach the brain and how they are distributed throughout the other organs. It was also important to learn how long the particles take to reach their destinations and how long they remain there. A set of experiments using an energy-dispersive spectroscopy (EDS) based analysis of the nanoparticle distribution in different organs were designed to address this need. This detailed study is going to be discussed in the following chapters. This study is crucial to the next stages of this research and also other bodies of research which involve using these nanoparticles as agents, drug carriers, etc. These studies require biodistribution analysis of MENs of different compositions, sizes, and shapes observed in different organs and in different time intervals after the administration.

**Targeted anticancer drug delivery and release with MENs**

A significant challenge in cancer treatment in general is developing a controlled targeted delivery and release of cancer medications with the aim of eradication of tumor cells while leaving the normal cells unharmed. The circulatory system is capable of delivering a drug
to almost every cell in the body. However, carrying the drug, specifically into the tumor cell past its membrane, and then releasing the drug into the tumor cells on demand without affecting the normal cells remains a challenge [16-18].

Recent research is trying to address this important issue by employing nanoparticles as drug carriers [19-21]. Nanoparticles possess unique properties due to the following reasons: (i) They have unique sizes, which range from tens to over one hundred nanometers. This enables tailoring drug delivery into different organs. (ii) They have a wide shape variation. This includes spheres, rods, and platelets. This property helps to steer the drug-loaded nanoparticles towards more specific targets. (iii) It is possible to perform comprehensive surface functionalization on these particles. These attributes are important because there is need to meet a wide range of applications, which are required for conjugation with specific biomolecules, and in order to surpass numerous biological barriers. These processes can occur with or without exploiting the immune system. Last but not least, nanoparticle drug delivery (NDD) shows potential for addressing the fundamental issue of multidrug resistance (MDR) in cancer therapies. NDD systems take advantage of multiple material and environmental compositions including metal and polymer nanostructures, thermally responsive polymers, electromagnetically (in UV, Visible-Wavelength, and IR ranges) or acoustically activated materials, liposomes, electrochemical processes, and magnetic fields [22]. There is another advantage, which makes magnetic nanoparticle systems exceptional: they can be remotely navigated to an intended site through application of an external magnetic field gradient [23].

Accumulations of systematically administered nanoparticles have been observed in a number of tumors due to the enhanced permeability and retention (EPR) effect. In short, EPR is established dye to the high leakiness of tumor blood vessels and due to the fact that tumors lack an adequate lymphatic system [24-27]. For a successful vascular delivery
of cancer drugs, particles should have a small size (< ~200 nm but > ~10 nm) and also a neutral charge and hydrophilic coating [43]. Exceptionally small particles (< ~10 nm) can be discharged by the kidney and larger particles (> ~200 nm) can be discharged by the mononuclear phagocyte system (MPS). Recently, special attention has been devoted to advancing the immunotherapy-mediated active nanoscale approaches. In one case, for example, monoclonal antibodies (mAbs) were employed to identify over-expressed tumor specific biomarkers, while nanoparticles were used as a high-efficiency drug delivery system [28-33]. In spite of the great promise of the nanoparticle delivery, making sure that the drug is not prematurely released in the plasma or interstitial space remains a significant challenge. The drugs are supposed to be released at an appropriate rate once at the intended site, i.e. into the cancer cell cytoplasm [34]. To address this problem, nanoparticles have been modified to trigger the drug release by different methods. These methods include triggering drug release by externally applied temperature [35, 36], ultrasound [37, 38], intracellular pH [39], intracellular enzymes [40, 41], or the tumor microenvironment [42]. All these methods still have the disadvantage of inconsistent drug release when the delivery nanoparticles reach the targeted organ. In actuality, employing NDD systems to control retention and for targeted drug delivery stays an open question in cancer treatment.

A combined in-vitro and in-vivo study by our group demonstrates how MENs can be employed in order to externally capacitate controlled high-specificity targeted delivery and release on demand [43]. Additionally, possessing this amount of control paves the path for physically separating the two crucial functions of drug delivery and release via applying d.c. and a.c. magnetic fields. This amount of control can be accomplished here because, unlike standard purely magnetic nanoparticles like iron oxide nanostructures, MENs have a non-zero magnetoelectric (ME) effect. This is because of their strongly coupled
magnetostrictive and piezoelectric properties [43]. It is well established that cellular membranes are electrically charged. Hence, MENs can interact with the cellular microenvironment through electric fields. Furthermore, due to the ME effect, MENs provide a unique opportunity to employ magnetic fields in order to externally control intrinsic electric fields which inhibit the chemical bonds between the nanoparticles and the drug which has been mounted on it. Additionally, these fields can be used to control the interaction between the drug carrier and the cellular microenvironment [44-47]. It has been shown that the electric properties of the cancer cells differ from the normal cells. These differences include membrane potential, cellular dielectric constant, or electric capacitance [48, 49]. As an example, the membrane potential for ovarian cancer cells in interphase is around -3 mV whereas normal ovarian cells have a membrane potential of around -50 mV [50]. Consequently, the electric-field interaction between MENs and cancer cells is different from the interaction between MENs and normal cells. It has been shown that externally controlled MENs can be used in order to carry, deliver, and release the drugs at the intended sites. MENs carry a payload of drugs and deliver them to the intended target site. They avoid removal from the circulatory system before they reach the target, enter the cancer, and do not affect the normal cells. MENs release the drug only after the carrier nanoparticles enter the cancer cells through application of a specific sequence of external d.c. and a.c. fields on demand [43]. The proposed method for targeted drug delivery by MENs can be applied in order to cure any cancer; however, this was a case study focused on ovarian cancer (OC), which is characteristically metastatic (Stage III) at the time of diagnosis [51, 52].

Summary and discussion

The aforementioned examples are only a few of the many applications that MENs can have. Particle imaging using MENs, deep brain stimulation, designing a brain map,
targeted drug delivery, and all the other applications which can be designed for these particles are not going to be complete unless a comprehensive bio-distribution study is performed. Different parameters might affect the result of this study and the size of the particle is one of the important parameters that is going to influence how long the particle stays in the blood stream and how it is discharged from the body. The study covers different particle sizes ranging from 10nm to 600nm. The data has to be collected in different times after the injection of the MENs and the analysis has to be performed on vital organs such as lung, liver, kidney, spleen, and brain. In the following sections, the design and results of such a study will be discussed.

2. Fabrication of magnetic nanostructures using a focused ion beam (FIB)
Conventional magnetic materials have served different purposes, from electric motors to magnetic compasses and sensors. Recently, a new family of magnetic materials are becoming more popular. This new family of materials functions based on the manipulation of spin polarized electrons in magnetic thin-film structures. The advent of magnetoresistance and the discovery of exchange coupling around two decades ago has enabled the engineering and design of a new class of thin-film magnetic materials for advanced magnetic sensors and magnetic random access memory. The advent of spin-valve magnetoresistive (GMR) sandwiches has paved the path for fabrication of magnetic sensors, which have increased the storage capacity of magnetic hard drives enormously. The discovery of magnetic tunnel junctions has enabled the design of a nonvolatile magnet random access memory, which has a density close to that of a dynamic random access memory and read write speeds close to that of a static RAM. GMR and MTJ based devices are examples of spintronics in application. In both of these, the spin-polarized currents of electrons are being manipulated by magnetic fields [53].
Spin transfer torque (STT) magnetic tunneling junction (MTJ) have the potential to be used as a universal memory that has a density in order of a DRAM, the speed advantage of SRAM, and is nonvolatile just like flash [54-56]. Furthermore, STT-MTJs have the promise of non-volatile logic with a static power consumption, which is near zero, and this is a fundamental issue in further scaling of CMOS devices. Nevertheless, the energy, which is required to switch the spin orientations in these devices, is comparatively high. This high energy consumption for switching the spin remains the main obstacle for this technology to become competitive. Switching current reduction methods such as heat-assisted switching and voltage-controlled anisotropy can be employed in order to reduce the required current [57]. However, these techniques add to the complexity of the structure and demand additional power consumption for the heat source and voltage bias. This study intends to explore the sub-10-nm region where, according to simulations and calculations, a switching current reduction superior to the linear area scaling is expected. In this region, the thermal reservoir, whose functionality is to absorb the energy of excitations, becomes exceedingly small and becomes unable to absorb the energy, which is a result of the collective spin dynamics [58].

According to the commonly accepted phenomenological expression by Slonczewski, the switching current density $J_s$ is changing in a linear fashion according to [56]:

$$J_s \sim \frac{M_s t \alpha}{p \xi} (H_{keff} + H_0)$$

$H_{keff}$ is the anisotropy field and takes into account both intrinsic and shape anisotropy. $H_0$ is the net external field. $\alpha$ accounts for the damping constant ranging from 0.001 to 0.1. $\xi$ is the spin torque efficiency factor. $M_s$ is the saturation magnetization. $t$ is the thickness of the free layer. $p$ is the spin polarization and is related to the magnetization according to Jullier equation:
\[ \frac{\Delta R}{R} = \frac{2P^2}{(1 - P^2)} \]

As is common for conventionally “large” sizes of the device (> ~10nm), the crystalline fields and elastic modulation of exchange interaction forms a coupling to phonons. L-S interactions take part in fast and slow spin-lattice relaxation mechanisms. Spin-lattice relaxation and thermal fluctuations from the thermal reservoir cause a destruction in the Hamiltonian behavior of the spin system and hence destroy the coherent long-lived signals. In the sub-10nm range, ab initio calculations would directly take into account all the quantum-mechanical interactions between adjacent spins [58]. In the case of the sub 10nm range, the spin relaxation time is expected to rise by orders of magnitude as the size is further decreased below approximately 5 nm.

According to one model, the effect can be explained if the surface and volume effects are separated. The expression for spin relaxation time is as follows:

Figure 1.4. Relaxation times for sizes above and under the threshold the relaxation process in two regions of interest, (i) above-10-nm range (top row) and (ii) sub10-nm range (bottom row) [59]
\[ \tau_s \sim \frac{d}{V_f} \left[ \Delta g_v^2 \left( 1 - \frac{N_s}{N_v} \right) + \Delta g_s^2 \left( \frac{N_s}{N_v} \right) \right]^{-1} \]

d is the nano-structure parameter. \( \Delta g_v \) and \( \Delta g_s \) are the g-factor shifts for bulk and surface electrons. \( N_v \) and \( N_s \) are the electron concentrations for bulk and surface. In general, the surface shift \( \Delta g_s \) happens to be smaller than the volume shift \( \Delta g_v \) by orders of magnitude [6]. Hence, as the size is decreased to where the surface effects are dominant, the spin relaxation times increase by orders of magnitude.

This implies that above a certain threshold size, the device acts like a crystal and according to the established dependence that is characteristic of a crystal structure. It has been confirmed that focused ion beam fabricated devices with a size above 10nm exhibit a switching current density that is on a par with the other literature reported measurements. However, below the threshold size, the surface effects become more dominant. This domination of surface effects is because of collective spin excitations. As a result, the spin relaxation time can be substantially increased in this case [60].

Figure 1.5. Size dependence of the switching current density
Green dots show the theoretical points, red dots are the data from literature and black dots resulted from the fib prototyping [60]
Different approaches have been proposed in order to perform the study in sub 10nm range and a couple of them will be discussed. Then methods and set up of the current study will be explained in detail.

**Sub-10-nm magnetic tunneling junction point contacts**

In this study, in order to achieve a small MTJ cross-section, a point contact between a nanoprobe and the surface of a metal (copper) substrate was established. A scanning tunneling microscopy (STM) probe tip was tuned by focused ion beam (FIB) in order to make the tip as sharp as possible. Then the probe was sputtered with a commonly used MTJ multilayer composition, which is Ta(5 nm)/CoFeB(1 nm)/MgO(0.9 nm)/CoFeB(1 nm)/Ta(5 nm), as shown:

![Figure 1.6. schematic of the junction fabricated on the probe tip [60]](image)

These layers were deposited under a 10-mTorr argon with a sample rotation in order to make sure the surface of the sample is being uniformly and completely covered. In this case, the last ferromagnetic layer which was sputtered on the tip of the probe works as the data storage “free” layer. This assumption was confirmed by Landau–Lifshitz–Gilbert
(LLG) model-based micromagnetic simulation results. The coercivity of the “free” layer is expected to be smaller than 50 Oe while the coercivity of the “fixed” layer is around 100 Oe. This composition is chosen in order to provide the optimum combination of the properties, which are crucial for the device. These properties include high spin torque efficiency, high magnetoresistance and ultra-high interface-induced perpendicular anisotropy energy. High spin torque efficiency is needed to strengthen the STT effect. High magnetoresistance improves the signal to noise ratio (SNR) and ultra-high interface-induced perpendicular anisotropy makes sure that the desired thermal stability is maintained as the size is reduced to sub 10nm. In this case the stability condition is:

$$\frac{K_u V}{K_B T} > 20$$

Here $K_u$ is the anisotropy energy density. $V$ is the free layer volume. $K_B$ is the Boltzmann constant, and $T$ is the ambient temperature. Taking advantage of a focused Magneto-Optical Kerr Effect (f-MOKE) magnetometer, the interface-induced perpendicular anisotropy field was measured at ~5 kOe and the out-of-plane coercivity field measured at ~75 Oe for this composition in the free layer is shown in figure 1.6:

![Figure 1.7. M-H hysteresis loop in-plane and out-of-plane M–H hysteresis loops measured by f-MOKE on the free layer [60]](image-url)
The contribution of the shape of the aforementioned nano-junction made of this material is going to increase the net anisotropy even further. Additionally, a final layer of deposited Ta not only improves the perpendicular anisotropy but also protects the nanoscale junction against oxidation. Also, this coating guarantees that an adequate contact with the interfacing metal surface exists. A session of FIB milling ensured the removal of the potential Ta film coating on the side regions. In order to take into account the contribution of the metal substrate, graphite was used as an alternative to copper and the results showed no noticeable change. The measured switching current was around 100nm (which is approximately a current density of the order of $10^5$ A/cm$^2$). This switching current is at least an order of magnitude smaller than the value that is expected from the linear scaling of the junction cross-section area of the smallest reported current density.

**Novel techniques for fabrication of sub-10-nm MTJ point contacts**

The preliminary results were encouraging enough to advance with more robust and scalable fabrication methods. This section briefly describes some alternative approaches:

(i) Diamond Precision Lapping that allows for removing the region of interest using a mechanical lapping and polishing process. This removes the requirement of using FIB but this method is not as precise and the resolution is usually limited. In addition, contamination due to the polishing media can cause complications [61].

![Diamond Precision Lapping](image)

Figure 1.8. Diamond Precision Lapping [61]
Another approach that has the advantage of being mass producible is MEMS based fabrication that takes advantage of lithography and etching techniques in order to make a small trench in which the junction will then be deposited[61].

A couple of other methods show promise for making sub 10nm magnetic tunneling junctions. Of these, using magneto-electric nanoparticles and using E-beam lithography are worthy of mentioning [61].
References:


Hypothesis and research goals

1. Nanomedicine

Research goals
In order to tailor a carrier for cancer medication, having a complete understanding of the metabolism and behavior of magnetoelectric nanoparticles (MENs) is crucial. This study aims to address this need through an in-vivo study of particles in the blood stream and vital organs. A mouse model has been implemented to perform the study.

Research outline
This section of the research includes the following stages:

1. MENs characterization and injection  2. euthanization and sample preparation for SEM imaging , 3. SEM imaging  and 4. image analysis, standardization, and data analysis of the results.

MENs characterization and injection
Different sizes (10nm, 30nm, 100nm, 600nm) coreshell MENs are characterized using transmission electron microscopy (TEM). Their magnetic field dependence on zeta potential was measured for 0.5 mg of MENs. Magnetic force microscopy (MFM) confirmed their dipole nature. After the characterization was complete, the MENs are administrated through systemic IV injection into the lateral tail vein of a mouse.
The list of samples to be studied:

Table 2.1. The list of samples for bio-distribution study

<table>
<thead>
<tr>
<th></th>
<th>1 week post injection</th>
<th>4 weeks post injection</th>
<th>8 weeks post injection</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Brain</strong></td>
<td></td>
<td></td>
<td>10nm particles</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>30nm Particles</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>100nm Particles</td>
</tr>
<tr>
<td></td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
</tr>
<tr>
<td><strong>Liver</strong></td>
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<td>10nm particles</td>
<td>10nm particles</td>
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<td>30nm Particles</td>
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<td></td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
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<tr>
<td><strong>Lung</strong></td>
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<td>10nm particles</td>
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<td>30nm Particles</td>
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<td>600 nm Particles</td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
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<tr>
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<td>10nm particles</td>
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<td></td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
<td>600 nm Particles</td>
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</tbody>
</table>
Euthanization and sample preparation for SEM imaging

Different time intervals after the injection (24 hours, 1 week, 4 weeks and 8 weeks post injection) were investigated in order to achieve a comprehensive understanding of the metabolism of the nanoparticles with different sizes. Vital organs (brain, lung, liver and spleen) were harvested after these time intervals from the mice injected with different nanoparticle sizes. The slides which were prepared from these organs were placed on microscope slides and prepared for the SEM imaging.

SEM imaging

Samples were coated, grounded, and loaded into a JEOL JIB 4500 equipped with a backscattered electron detector, which was then used to locate the clusters. The final confirmation that the cluster sites were actually MENs was done by point and shoot and mapping energy dispersive spectroscopy (EDS) of the sites located by the backscattered electron detector.

Image analysis, standardization, and data analysis of the results

Around 10Gb of data including images, EDS mappings, and point and shoots were collected. For each organ, each time interval and each particle size images which were indicative of the distribution were chosen. Using imagej software, the distribution in a specific area of the tissue was calculated and averaged.

2. Nanoelectronics

This research aims to investigate the validity of the following hypothesis:
Hypothesis

In a sub-10nm magnetic tunneling junction (MTJ), a switching current reduction superior to that of a reduction because of a linear area scaling can be expected. The thermal reservoir is usually responsible for absorbing the energy of excitations. In this size range, the thermal reservoir becomes extremely small. Hence, it becomes unable to absorb the energy which was produced from the collective spin dynamics [1]. Additionally, in this size range it is inappropriate to use the continuous crystalline lattice model. A more suitable model for this range is a cluster where the energy transfer between the excitations is less effective. The aforementioned parameters result in a large magnetization damping decrease that in turn causes a decrease in the energy required for the switching [2].

Research goals

The goal of this study is to fabricate a sub 10nm magnetic tunneling junction using lithography techniques and a focused ion beam in order to investigate the hypothesis.

Research outline

The plan to test the validity of the hypothesis includes the following stages:
1. MTJ fabrication in the cleanroom, 2. Quality control testing of the fabricated junctions, 3. Focused Ion beam trimming, and 4. Characterization and magnetic measurement of the MTJs.

MTJ fabrication in the cleanroom

After proposing several sketches of the MTJs, a design, which was more suitable for further trimming with FIB, was chosen. Then a mask was fabricated using “Layout Editor” software. The produced mask was employed for fabricating the MTJs by lithography. An ATC 1800 ORION magnetron sputtering system from AJA international was used to sputter the popular perpendicular MTJ multilayer composition, which is Ta(5 nm)/CoFeB(1
nm)/MgO(0.9 nm)/CoFeB(1 nm)/Ta(5 nm). All the layers were deposited under a 10 mTorr argon pressure with a sample rotation to assure the uniform coverage of the sample.

**Quality control testing of the fabricated junctions**

The composition has to provide an optimal combination of properties such as high spin torque efficiency, high magnetoresistance, and ultra-high interface-induced perpendicular anisotropy energy. The interface perpendicular anisotropy field was measured by deploying a focused magneto Kerr effect. Magnetoresistance was measured before and after the FIB trimming to remove the possibility of creating shorts. Atomic force microscopy (AFM) and magnetic force microscopy (MFM) measurements confirmed the deposition of magnetic layers on the wafer.

**Focused Ion beam trimming**

After the samples were fabricated, they were loaded into a JEOL JIB4500 dual beam focused ion beam in order to be trimmed. At first coarser beam currents (~100 pA) were employed for the coarser cuts and then as the size of the junction decreased finer beam currents (~<10 pA) were used in order to protect the sample from over exposure to the ion beam.

**Characterization and magnetic measurement of the MTJs**

Next stage of the study consisted of scanning electron microscopy imaging for confirmation and measurement of the junction area, transmission electron microscopy (TEM) analysis and the I-V swipes for measuring the magnetoresistance. The last stage of the study, after identification of a MTJ with a proper magnetoresistance, was measuring the switching current.
References:


Experimental

1. Nanomedicine

Fabrication of MENs particles
Details of the fabrication of toxicity-free MENs have been explained in a previous publication [1]. To give a brief description, the basic structure of CoFe2O4–BaTiO3 coreshell MENs was synthesized according to the following steps:
(i) 0.058 g of Co(NO3)2·6H2O and 0.16 g of Fe(NO3)3·9H2O were dissolved in 15 mL of deionized (DI) water; (ii) 5 mL of aqueous solution containing 0.9 g of sodium borohydride and 0.2 g of polyvinylpyrrolidone was added at 120 °C for 12 h to obtain CoFe2O4 nanoparticles; (iii) BaTiO3 precursor solution was prepared by adding 30 mL of DI water containing 0.029 g of BaCO3 and 0.1 g of citric acid to 30 mL ethanolic solution containing 1 g of citric acid and 0.048 mL of titanium (IV) isopropoxide; (iv) The prepared CoFe2O4 nanoparticles (0.1 g) were added to the 60 mL of BaTiO3 precursor solution and sonicated for 120 min; (v) The resulted dispersed nanoparticles were dried on hot plate at 60 °C for 12 h, while stirring at 200 rpm; (vi) The nanoparticle precursor was heated and cooled in a box-furnace. The temperature and timing of the heating and cooling cycle determined the size of the particles.

MENs surface modification
The fabricated nanoparticles were then surface functionalized by a 2-nm thick coating of glycerol monooleate. glycerol monooleate-MENs were prepared according to the method described by Guduru, R. et al. by incubating 0.1 mg of glycerol monooleate with 5 mg of MENs in 5 mL of PBS buffer which has a pH of 7.4 for 12 hours. The solution was slowly agitated during incubation in order to obtain uniform surface modification. The solution was then centrifuged at 20 000 rpm for 20 min at 10 °C. The step was carried out to
eliminate excess glycerol monooleate. The pellet which was obtained was suspended again in ethyl acetate:acetone (70:30) solution and centrifuged three times to obtain glycerol monooleate -MENs. Surface-modified MENs were lyophilized and stored at 4 °C until further use. The particle characterization was carried out using scanning electron microscopy, transmission electron microscopy and energy dispersive spectroscopy.

![Figure 3.1. TEM image of the MENs on the left and the EDS data gathered from SEM on the right](image)

Figure 3.1. TEM image of the MENs on the left and the EDS data gathered from SEM on the right

**Animals**

All the methods used in this study were carried out in accordance with the approved guidelines of the institutional animal care and use committee (IACUC) document # 13-045 at Florida International University (FIU).

This study used immunodeficient ICR scid mice from Taconic in order to be comparable to the immunodeficient mice used in the previous cancer study [3]. The mice were maintained under a specific pathogen-free environment in the institutional animal care facility at all times. The mice were placed under isoflurane anesthesia and injected with a single dose of 5 mg GMO MENs in 250 µL PBS in the lateral tail vein. Animals were sacrificed for organ harvest after the specific time intervals of 24 hours, 1 week, 1 month, and 2 months.
Tissue Preparation

Mice were euthanized by means of CO2 inhalation and the organs of interest were excised immediately for storage in a 10% formalin solution overnight at 4 °C. After any necessary cleaning under a stereomicroscope, a small piece of the tissue was cut and transferred into PBS, where it was rocked for 30 minutes with the PBS being replaced 3 times in 10 minute intervals to remove excess fixative. Tissues were carefully dried with a Kimwipe and transferred to a plastic mold containing OCT (optimal cutting temperature medium). Tissues were frozen either by immersing the mold directly into liquid nitrogen or in a bath of 2-methylbutane/liquid nitrogen at approximately −100 °C, depending on the type of tissue being processed. Frozen tissues were transferred to a −80 °C freezer for at least one night before being cut into 10 μm sections with a Leica CM3050 Cryostat. The tissue slices were mounted on VWR® Superfrost® Plus microscope slides and dried on a slide warmer at 37 °C for 1–2 hours. Any extra OCT was rinsed off the slides using PBS prior to gold sputtering.

Particle detection

An important issue to be addressed in this study was finding a way to systematically trace and locate the particles in the tissue once the organs have been harvested. The image formed by the secondary electron detector is dominated by the topography of the sample (in this case tissue) and the particles we are looking for are in the order of nanometers (if they are clustered, maybe a few microns). These particles are hard to locate by their shape so using the secondary electron detector is not going to be appropriate for this case. The
backscattered electron detector, on the other hand, screens for the particles based on their atomic weight.

An area of the sample which has a lower atomic weight will not emit as many particles as the high atomic weight area will. The tissue is mainly composed of carbon and organic materials, while the particles are composed of relatively heavy elements. This makes the backscattered detector an ideal tool for locating the particles in the tissue, as can be seen in Figure 3.1

![Secondary image vs backscattered image](image)

Figure 3.2. Secondary image vs backscattered image
On the left side both images show a secondary electron image of an area in the lung and on the right both images show the same area imaged by backscattered detector where the particles are shining in the images.

It is worthy of noting that some organs have plenty of other minerals which are relatively heavy such as iron and calcium. Hence, after detection of a high contrast area it was crucial to confirm that the detected area contained Titanium and Barium using the EDS.
detector. Since these elements are rarely found in body, detection of these elements by EDS can confirm that the detected area indeed contained the particles.

![Image of backscattered image & mapping EDS of an area in the lung 1 month post injection](image)

Figure 3.3. Backscattered image & mapping EDS of an area in the lung 1 month post injection

**Image processing and analysis**

Approximately 10 GB of data including images and EDS results were collected. This data needs to be processed before any conclusion about the bio-distribution of the particles can be drawn. “Imagej” software was used in order to perform the image analysis. For each organ, each time lapse, and each particle size, the images were compared to their corresponding EDS results. The images which were approximately indicative of the distribution of the particles of that size in that specific time and for that specific organ were chosen. Then, the chosen images were scaled using the scale bar and processed by using a threshold and masking the whole image except for the areas containing the particles.
Then, the distribution of the particle were calculated over the area which was selected. This process was repeated for a few images of each category and then they were averaged to yield a more reliable result for the distribution of the particles in that certain organ in that time period.

![Figure 3.4. Different stages of image analysis](image)

Top left image shows the BEC image that was picked for the analysis. Top right image shows the masked area using a contrast threshold and the bottom area shows the particles which were picked by the software for the image analysis.

## 2. Nanoelectronics

The study was performed in different phases and in each, a new generation of the MTJs were fabricated.
First generation of the devices

In phase one, which was the preliminary study, the design was prepared at FIU and the MTJs were fabricated at the cleanroom by photolithography.

![Figure 3.5. MTJs fabricated in phase one](image)

Over 140 MTJ devices were fabricated at this stage by photolithography. Each device was then inspected for defects and was loaded into a dual beam JEOL-JIB 4500 focused ion beam platform. Using the SEM, these samples were inspected for possible opens or shorts. Then, using the Ga ion beam at 30KeV, they were milled down to fabricate MTJ devices ranging between 24-100nm. Due to the large area of the milling at the initial stages, high current beams around 100pA were employed at first. As the junction became smaller the beam current was reduced in order to prevent overexposure. The final beam current which was used was ~<10 pA. These samples were then characterized using a JEOL 6330 field emission scanning electron microscope at 30 Kev and 12 μA probe current and tunneling microscopy. Magnetoresistance measurements paved the path for better understanding the magnetic behavior and measuring the switching current density in this region.
Second generation of the devices

The first set of samples had a couple of issues which needed to be addressed. These samples sometimes exhibited significant magnetic instability due to the field induced motion of single domains through overlapping surfaces. Additionally, this design suffered from a few flaws. There were areas in which the junction was not protected during the ion bombardment. Leaving areas of the MTJ exposed can change the result of the magnetic measurements. Furthermore, the MgO deposition was not uniform all over the surface. This can intensely affect the tunneling current and can bias the results. In order to refine the measurement results, another set of MTJs was developed. “Layout editor” software was used in order to design the devices. After deciding the best parameters for the pads, the junction, and a dielectric, these new MTJs were fabricated by sputter deposition in the Florida International University cleanroom. In the new set of samples, the aforementioned issues were addressed, allowing for accurate measurements and exact quantitative analysis of the MTJs magnetic response at the sub 10nm region.
Uniformity of the sputtered MgO layer was confirmed by TEM analysis. A JEOL JIB-4500 Multi-beam Focused Ion Beam with a Gallium ion source at 30KV was employed to mill out thin foils of the samples (lamella) for TEM analysis. These lamellae were then lifted out and were put on TEM grids. TEM imaging was performed by a Phillips CM-200 at 200 KV operating voltage. After this stage, the samples were loaded into a JEOL JIB 4500 dual beam FIB. The samples were milled down using beam currents ranging from 100pA to <10Pa for the final cuts. The smallest structure that was fabricated with this method was approximately 23nm. This seems to be the smallest structure which can be fabricated by Ga ion FIB due to its limited resolution. In order to conduct a comprehensive study at sub 10nm range, a collaboration between FIU and UC-Berkeley was formed in order to take advantage of the state of the art Helium ion microscope (HIM). This HIM is equipped with Ga, Ne, and He and has been designed specifically for the creation of sub 10nm structures. The Orion nanofab helium ion microscope also has an imaging resolution of 0.5nm. Additionally, HIMs usually have 5 to 10 times depth of field of a field emission scanning electron microscope.
References:


Results and Discussion

1. Nanomedicine

It seems that the nanoparticles get discharged systematically by both phagocytic uptake and excretion through the kidneys. However, the rate of discharge seems to be slower than initially expected. Even after two months, small remnants of the clusters could be detected in different organs. Additionally, some clusters of particles were located in organs that often do not accommodate any clusters, e.g. the brain. The schematics that follow show how the clusters of different particle sizes in different organs decrease in size and number over time.

These schematics, however, do not result in a meaningful conclusion unless there could be a way to measure the distribution over an area of organ for a specific size of MENs particles and over time. It is required for the research to have a quantitative approximation of the MENs metabolism. In order to achieve a comprehensive understanding of how these clusters change over time, the acquired images were filtered. Images which were better representative of the distribution of MENs in each organ were chosen. The particle size and distribution was then analyzed in each image by the software. The results for each specific organ and each specific particle size was averaged with the data from other images and was compared to the same organ with the same particle size at a different time point. The following tables and charts show the aforementioned process.
Lung

Figure 4.1. Particles in the lung
Particle clusters in the lung at different magnifications (600nm-2months post injection)

Figure 4.2. Mapping EDS of 600nm MENs two months post injection in the lung
Figure 4.3. Lung schematic
Illustration of different MENs particles in the lung being discharged over time
Table 4.1. The samples which were used for the quantitative analysis of the lung
The table includes the number of the particles found by the software, the area that
the particles cover, mean and standard deviation

<table>
<thead>
<tr>
<th>Time/ Size</th>
<th>Slice</th>
<th>count</th>
<th>% area</th>
<th>Mean % area</th>
<th>STDEV</th>
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Figure 4.4. Lung distribution chart
Illustration of different size MENs particles in the lung being discharged over time

Figure 4.5. Lung distribution graph
Areal distribution of different sizes of MENs particles in the lung over time
Liver

Figure 4.6. Particles in the liver
Different magnifications showing a particle cluster in the liver (100nm-1 month post injection)

Figure 4.7. Mapping EDS of 100nm MENs a month post injection in the liver
1 week after the injection the samples seem to have an almost uniform distribution of particles everywhere in the liver. Additionally the particle distribution in the liver seems to be changing slower than in the other parts of the body.
Table 4.2. The samples which were used for the quantitative analysis of the liver. The table includes the number of the particles found by the software, the area that the particles cover, mean and standard deviation. In some samples only one area with particle agglomeration was found.

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<th>Slice</th>
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<th>% area</th>
<th>Mean % area</th>
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Figure 4.9. Liver distribution chart
Illustration of different size MENs particles in the liver being discharged over time

Figure 4.10. Liver distribution graph
Areal distribution of different sizes of MENs particles in the liver over time
Spleen

Figure 4.11. Particles in the spleen
Different magnifications showing a particle cluster in the spleen (100nm-1month post injection)

Figure 4.12. Mapping EDS of 100nm MENs a month post injection in the spleen
Figure 4.13. Spleen schematic
Illustration of different MENs particles in the spleen being discharged over time
Table 4.3. The samples which were used for the quantitative analysis of the Spleen
The table includes the number of the particles found by the software, the area that
the particles cover, mean and standard deviation.

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Figure 4.14. Spleen distribution chart
Illustration of different size MENs particles in the spleen being discharged over time

Figure 4.15. Spleen distribution graph
Areal distribution of different sizes of MENs particles in the spleen over time
Kidney

Figure 4.16. SEM of the kidney
Different magnifications showing a particle cluster in the kidney (100nm-1 week post injection)

Figure 4.17. Mapping EDS of 100nm MENs a week post injection in the kidney
Due to the sparsity of particle clusters in the kidney, a quantitative analysis of particles in the organ that yields meaningful data has proved to be difficult. The kidney consists of different anatomical components. One of the important parts of the kidney is the glomerulus, which is a cluster of capillaries around the end of a kidney tubule where waste products are filtered from the blood. This part of kidney, along with some other parts, is responsible for filtering the blood. A study of the kidney has confirmed that the kidney has
three different layers in glomerular capillary wall. These layers are the endothelium, the basement membrane, and the visceral epithelium [2].

![Fig 4.19. Relative anatomic location of various cell types in the kidney. Schematic picture of a kidney and a microscopic image of the renal cortex [1]](image)

Fig 4.19. Relative anatomic location of various cell types in the kidney. Schematic picture of a kidney and a microscopic image of the renal cortex [1]

![Figure 4.20. Schematic picture of the glomerular capillary [1]](image)

Figure 4.20. Schematic picture of the glomerular capillary [1]

It is assumed that in order to be able to facilitate diffusion, the glomerular capillary is highly specialized. It has epithelial cells that are highly branched and have numerous terminal processes that interdigitate with one another. Due to the existence of significant diffusion spaces between the processes, this layer cannot behave as a physiological barrier unless epithelial cells are contractile. The thin sheet of endothelial cytoplasm is perforated by a
closely spaced system of holes. These pores average a little over 0.1 microns in diameter and this allows an unimpeded passageway for even the largest molecules. The endothelium is perforated by holes just like the glomerular endothelium. However, these pores are smaller (about 0.6 µ). These pores are also spaced more widely. In the medulla, only patches of fenestrated endothelium are found [3]. Basically, the glomerulus is filled with little pores and it has especially adapted endothelial cells which are fenestrated. These cells provide a thin selective membrane. Fenestrations in these cells are large enough for all the particles in the blood to pass through short of whole cells, but the pores are negatively charged and the other side of the cell is covered with smaller slit pores. This collection of cells only let the water and plasma through, as proteins and cells cannot pass.

This study has found that as the particles first enter the kidney they can be found in different parts of the organ, but as the time passes the particles get discharged and the only part that traps and accommodates clusters of the particles are the glomeruli. The glomeruli are also acting as pressure valves for keeping the blood flow constant by changing their size. The figures that follow show the images taken of these glomeruli at different times after injection. It seems that the glomeruli which had the particles for longer periods of time have grown smaller, which might be due to the increased pressure which particles in the glomerulus have caused.
**Brain**

Particle clusters in the brain were rare and small in both size and quantity. Hence, making a schematic such as the ones done for the other organs (i.e., liver, lung and spleen) relatively complicated. It made more sense to show the clusters which were found in the brain with the illustration which follow. These clusters are usually small (~2 microns). Some of clusters of the particles in the brain were found in the cortex. Since, the bodies of cells which can become malignant (astrocytes mostly) are located in the cortex, and are at the origin of the most aggressive tumors in the brain (astrocytoma, glioblastoma multiform), these particles seem to have an advantage for being used as drug carriers for the brain tumors.
Figure 4.22. SEM image of a section of the brain (cerebellum)
Different magnifications showing a particle cluster in the brain (600nm-1 week post injection)

1 Week Post Injection

1 Month Post Injection

2 Months Post Injection

Figure 4.23. Brain schematic
600nm particles in brain over time
Total distribution and the effect of size

Since the graphs and data for the distribution of particles in each organ is available, the distribution of particles in the whole body can be mapped based on the data gathered in the previous steps. It should be noted that since the amount of particles in the brain and in the kidney was relatively low, they were not taken into the account for this part of the study.

Figure 4.24. Bio-distribution of 10nm particles over time
Figure 4.25. Bio-distribution of 30nm particles over time

Figure 4.26. Bio-distribution of 100nm particles over time
The amount of particles injected into each mouse was equal and close to 5mg (<10% was lost during the injection). It is clear that one of the key parameters that plays a role in how long the particles stay in the body is the size of the nanoparticles. This parameter is important due to the fact that it affects factors such as hepatic filtration, tissue extravasation, tissue diffusion, and kidney excretion. The higher amount of particles detected after 1 week for particles larger than 10nm and smaller than 500nm can be explained as follows. Very small particles (<10nm) have a high tendency to leave the body through kidney filtration in large quantities. As the particles grow larger, the rate of their discharge through the kidney slows down. However, particles larger than 100nm have a higher tendency to absorb proteins onto their surface, which leads to opsonization and eventually hepatic uptake rates that are larger than those for smaller sized particles. Smaller sized particles cluster less, and might also form smaller clusters which cannot be
detected by the microscope. Since their clusters are smaller, they take less time to get discharged out of the body. This explains why 600nm particles seem to be an exception to the observed trend. These particles seem to be detected less than expected at each stage of the study. This leads to the conclusion that they are being discharged by a mechanism different from the discharge mechanism of the other particles (e.g. improved hepatic uptake). This observation has also been confirmed by a study of a different category of nanoparticles by Alexis et al. Their observations of nanoparticles that ranged between 50 and 500nm shows that higher levels of agglomeration of the larger nanoparticles in the liver. They propose that the mechanism of hepatic uptake was mediated by surface absorption of proteins leading to opsonization [4].

![Figure 4.28. Biodistribution and clearance of nanoparticles. Tissue defects, stealth properties, targeting, and the size of the nanoparticles are major factors affecting the biodistribution and clearance of nanoparticles[4].](image)

Liver and Spleen
- Clearance by phagocytic uptake and hepatic filtration
- Improve circulation half-life through particle sizes ≤ 100 nm and negative or neutral surface charge

Kidneys
- Clearance through excretion
- Improve circulation half-life through particle sizes ≥ 10 nm
2. Nanoelectronics

Before the fibbing process, a TEM sample was extracted from a pristine MTJ sample and was put on a TEM grid using FIB and \textit{in-situ} lift out processes to confirm that the MTJ layer was deposited onto the wafer. Additionally, in order to confirm the properties of the deposited junction before FIB trimming, pristine sputter-deposited ferromagnetic films were studied via MOKE and they were analyzed using TMR measurements. The results have been shown in the figure 4.31

TEM analysis of the junctions
A lock-in amplifier with a magnetic field perpendicular to the junction plane was used in order to carry out the magnetotransport measurements. A Kethley meters (current source and nano-voltmeter) was employed in order to do the I-V curve measurements. A focused magneto-optical Kerr effect (MOKE) setup in the polar Kerr rotation mode did M-H loops. First generation of MTJs
Figure 4.32. SEM image of a first generation MTJ in different steps of the milling

Figure 4.33. SEM image of the final MTJ
Second generation of MTJs

After using Ga ions in order to make the structures as small as possible, a series of He and Ne ion millings were performed. Due to the limited resolution of Ga milling (~20nm, depending on the sample properties), Ga ion FIB is unable to yield the expected resolution.
on its own. For this reason it was decided that a series of complementary millings with Ne and He should follow the Ga millings in order for the junction to reach the appropriate size.

![Figure 4.35. He ion image the MTJ (red box)](image)

Also in some cases it is attractive to use a FIB for imaging instead of an SEM. Since, the ions have a much higher mass their effective wavelength is shorter and this leads to probe sizes as small as 3 to 5 nm. However using a heavy ion such as a gallium for imaging has an important disadvantage. The small details are being sputtered while imaging and this puts a limitation on ultimate resolution of the imaging using a Ga ion beam. Helium ions have a largely reduced ability to sputter materials. Hence, the ultimate image resolution is much better as compared to using a heavier ion. This advantage along with a high brightness source results in a probe size of ~0.3nm that even outperforms an SEM in some applications [5].

The smallest fabricated device was approximately 5nm. Since the resolution of the SEM used for this analysis is limited, this value was also confirmed by estimating the resistance value. This value scales with the cross sectional area. Figure 4.36 shows the switching current and the magnetoresistance for the device. The measured switching current is approximately 0.6 µA. This value is comparable to the earlier measurements taken through the nanoprobe method, which was around 0.1 µA. The measured TMR ration is
approximately 60%, which is again comparable to the nanoprobe measurements which were around 30% for such a small device [6,7].

Helium-Neon ion milling in Carl Zeiss

In a collaboration between FIU and Carl Zeiss a few samples were shipped to Carl Zeiss, Peabody MA for studying the effect of using different ions. Sample was first prepared with Ga-FIB to remove the majority of the excess gold contacts with ~10µm x 10µm area. Following the Ga-FIB preparation, neon ion beam was used to fabricate the 10nm x 10nm junction. Due to the small dimension of the design, patterning was unsuccessful with the 10nm x 10nm region being milled by the neon ion beam as well. Details of the patterning can be observed in the following figures

Figure 4.36. The junction before any fabrication work
Figure 4.37. The junction after Ga fibbing

Figure 4.38. The junction after Ne patterning
References:


Recommendations for Future Work

Suggestions for future work can be classified in the following order:

1. **Nanomedicine**

   **Including shorter time points**
   Harvesting and studying the organs one hour and twenty-four hours after injection can yield valuable data about how much of the particles get discharged through digestive tract right after the injection.

   **Including urine and feces samples**
   A research has to be conducted in order to study how much of the particles get discharged by urine over time and how much of the particles get discharged by feces over time. This can provide a better understanding of the path the particles take and their metabolism in the blood stream. This study can be conducted both by EDS and backscattered electron microscopy and by employing differential scanning calorimetry.

   **Simultaneous Thermal Analysis (TGA/DSC)**
   Using SEM and EDS is a suitable method for the study of the particle clusters in the tissue. SEM and EDS can identify the exact location of the particle clusters in each part of the tissue. However, for the case of urine and feces, detecting the exact location of the particle is not of interest anymore. It is more important to know exactly how much of the particles are leaving the body at each point of time. Another issue with SEM study of the tissue is that these types of analysis yield two-dimensional information. All the analysis is taking place on section of a tissue that might or might not represent the distribution in that organ. For this reason, a lot of information from different regions of different sections of an organ needs to be gathered and averaged. This ensures that the results are not biased.
Differential scanning calorimetry (DSC) is a thermoanalytical method that is often used to calculate reaction energy and temperature, melting temperature, heat of fusion, latent heat of melting, crystalline phase transition temperature and energy, oxidation induction times, and specific heat or heat capacity. DSC computes the energy that is absorbed or released by the sample when it is cooled or heated and produces qualitative and quantitative data on endothermic and exothermic processes. Thermogravimetric analysis (TGA) is a technique that measures the change in physical and chemical properties of materials as a function of temperature. TGA can provide data about physical and chemical phenomena including vaporization, sublimation and solid gas reactions like decomposition and oxidation. TGA is often used to study the materials that exhibit mass loss or gain because of decomposition and oxidation. One of the common applications of TGA which is related to this study is determination of inorganic content in a sample. Simultaneous application of DSC and TGA can provide useful information about the inorganic content of the bulk samples. Since for the analysis of feces and urine there is no need for site-specific detection the samples can be analyzed by DSC/TGA and since the bulk sample can be loaded the results are comparatively accurate and reliable. This method is cost effective and can also be used for other organs along with the microscopy analysis in order to collect complementary data. It should be noted that inorganic elements exist in different organs, feces and urine. Hence, there should be some runs with control samples for eliminating the effect of these elements.

**Using Inductively coupled plasma mass spectrometry (ICP-MS)**

Inductively coupled plasma mass spectrometry (ICP-MS) is capable of detecting metals and non-metals at concentrations as low as one part in $10^{15}$. This type of mass spectroscopy ionizes the sample with inductively coupled plasma and then exploits a mass spectrometer to separate and quantify those ions. In order to use this method the
sample has to introduced to the plasma as aerosol. Hence, the bulk sample should be digested in a proper solvent. This process has a rather high precision but it is not straightforward and might be expensive.

Figure 5.1. Approximate detection capabilities of the ICP-MS method. (Courtesy of PerkinElmer, Inc.)

2. Nanoelectronics

EDS assisted TEM study of the samples

Each layer of the junction that is going to be sputter deposited has a significant effect on the tunneling properties of the final junction. Hence, it is of utmost importance to characterize each layer, confirm its uniform deposition and measure the thickness of each layer to ensure that the junction that is going to be trimmed by fibbing, passes the magnetic, tunneling and resistance requirements. One of the most effective ways to characterize the magnetic tunneling junctions is TEM analysis. This characterization
method has been employed throughout this study for several samples but the study could not be confirmed by EDS analysis of the TEM samples. EDS analysis of TEM samples inside the microscope enables nanometer resolution study of each layer. It can be employed to confirm uniform deposition of the deposited layers and is going to be an important part of the study for the future calibration and characterization of the MTJs.

**Incorporating nanoparticles in the new junctions**

The nanoparticle-based MTJs show the potential for low switching current and extremely high magnetoresistance (~1000%) due to the magnetically affected Coulomb blockade in a single electron transport at room temperature. The structures that show promise are sub-10-nm MTJs trimmed via FIB, and MTJ with nanoparticles sandwiched between two magnetic layers (standard CoFeB material used in Spin transfer torque junctions). The nanoparticles are going to be separated from the magnetic layers by thin 0.3nm MgO layers. Nanoparticles in the magnetic sandwich are made of CoFe2O4 ferrimagnetic material with a very high anisotropy to ensure thermal stability.

![TEM image of a CoFe2O4 nanoparticle](image)

*Figure 5.2. TEM image of a CoFe2O4 nanoparticle*
Ion implantation study

In order to study the effect of fibbing and ion implantation on magnetoresistance and electrical properties of the junction a comprehensive study of ion implantation should be carried out in the future.

Calibration of neon and helium sources and using glass wafers instead of silicon

It was observed that overexposing the sample to helium might cause nanometer-scale deformation of the sample. Trapped helium atoms merge into nanometer-scale bubbles that form under the exposed area cause this deformation of the sample. Using glass wafers instead of silicon wafers can reduce this problem considerably. Also on several occasions, the sample was lost due to the unstable neon source emission. In order to have repeatable fabrication exposure times for helium and neon should be carefully calibrated in the future.
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