**HEALTH AND WEALTH**

**Former student found nude on campus, arrested**

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A former student was found nude and arrested in the Management and New Growth Opportunities building Thursday, Nov. 12 around 2 p.m.

According to a flyer by the University’s police department, Mohamed Ads, a 35-year-old white man, was issued a trespass warning from all FIU property.

At the time arrested, he was not enrolled as a student nor was he a faculty member.

The report said a woman, Sara Lipman, gave permission to officer Francisco Torres and detectives to enter room 438 to find Ads completely nude lying on the floor.

The report said it is possible that Ads had previously been living in the office with a female student.

When officer Torres tried to help Ads get up from the floor, Ads got angry and irate over the police presence, according to the report. Ads grabbed Torres’ collar to forcibly pull him down bending his body forward in efforts to cause injury.

He was then taken into custody and was transferred to the Miami-Dade County Turner Guilford Knight Correctional Center.

Lipman refused to comment and referred student media to Cathy Akens, associate vice president and dean of students.

“Due to privacy laws, I am unable to comment on this particular case involving a former student,” said Akens in an email to student media.

“The University does have multiple systems in place to respond to issues of concern with students or employees. We are committed to the safety of all members of the university community,” Akens said.

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**Law Clinic launches Dannahett Willory domestic violence program**

YOVELYN RODRIGUEZ  
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The National Coalition Against Domestic Violence defines domestic violence as “the willful intimidation, physical assault, battery, sexual assault and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another.”

To help potential and actual victims of domestic violence, the Law Clinic launched a new program in honor of law student Dannahett Willory, who was murdered four years ago, called the Dannahette Willory Access to Justice for Victims of Domestic Violence.

“Part of my responsibilities, when we heard she had been murdered, was to put together the memorial service for her,” said Michelle Denise Mason, the Law Clinic’s senior associate dean.

“She was beloved by faculty and her colleagues.”

Willory was about to graduate from the University’s Law School when, in April 2011, she was shot by her longtime boyfriend, Andrew Cobly, in the parking lot adjacent to her apartment building.

Cobly then turned the gun on himself and committed suicide. Mason said that the program in honor of Willory aims to offer legal representation and education to adults facing domestic violence.

“In the summer, we received an award to basically provide direct representation to victims of domestic violence and to put together a series of educational programs in the community,” said Mason.

According to Miami Foundation, an entity that connects philanthropists with community needs, the FIU Law Clinic, in collaboration with the Liberty City Advocates, received $41,951 from the state attorney’s Denise Moon Memorial Fund Grant.

“I want to make sure that the students know the type of services that we provide,” said Ledesma. “When we are talking about domestic violence, we are also talking about stalking. Do they need injunctions? Are they being harassed? It’s more than just hitting.”

To read the complete story, visit fiusm.com.

**Green center offers new bachelor of arts program**

SUDYEN NAVARRETE  
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Francisco Mora always wanted the University to offer a bachelor of arts program in Latin American and Caribbean studies.

“We had a master’s but not a bachelor’s,” he said. “This is Miami, we are really in the middle of a Latin hemisphere. It is only natural that we have this Latin American and Caribbean study sector.”

The Kimberly Green Latin American and Caribbean Center, under the Steven J. Green School of International and Public Affairs, has now added the bachelor of arts program to the curriculum.

Mora, director of LACC, said that it was about time to add this program to the school and that the University was one of the few that didn’t offer the program.

The bachelor’s program will take effect spring 2016. It has been in process since Mora took the position of directorship two and a half years ago.

When LACC had an interim director, Marifeli Perez-Stable, Mora suggested making Latin American and Caribbean studies into a bachelor’s program, rather than just a master’s.

“I asked her to put together the initial proposal for the B.A,” said Mora. “From there, we carried the process.”

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Atlantic City coastlines rise up against offshore drilling plans

As the Obama administration prepares to open the Atlantic Ocean to oil and gas drilling for the first time in decades, the coast is in rebellion. Governments in more than 70 cities and counties in the Carolinas, Georgia and Florida have passed resolutions opposing oil exploration or drilling off their coasts, pushing the president to reverse course and keep drilling rigs from the Eastern seaboard. The latest protest against Obama’s plan came from the seaside town of Swansboro, N.C., which passed a resolution last week opposing offshore drilling.

Florida al-Qaeda commander was betrayed by ‘mole,’ Pakistan Taliban says

The long saga of South Florida’s leading al-Qaeda figure has added another chapter nearly a year after his death in Pakistan. The Pakistani Taliban announced Wednesday that a former al-Qaeda operative had confessed to leaking the whereabouts of Adnan El Shukrijumah, the onetime Miramar, Fla., resident who rose in al-Qaida’s ranks to be a top commander, perhaps. But it is uncertain that the city will soon be retaken.

Iraqi forces cut Islamic State supply lines

Iraqi officials repeatedly have expressed optimism about progress against Islamic State, only to be unable to defeat the extremists, especially in areas such as Ramadi where Sunni Muslims are in the majority and have little trust in the Shiite-led government in Baghdad.

“Woody Pack,” a backpack with assistive technology, is helping paralysis victims

Although the Center supports the new addition to the center, it was not part of the process for the Center.

The Beacon – Wednesday, December 2, 2015

Student hosts concert to benefit paralysis victims

Nicole Montero, Aztlán News Director

Five years ago, James “Woody” Beckham suffered a spinal cord injury during a rugby game in college. He could not move his hands and wrists and lacked a strong grip. “Now, I’ve gotten a lot stronger,” said Beckham.

“I did electric stimulation and therapy and, over time, I regained a little bit of wrist function, though I still only have like 30 percent of hand and wrist function. I still don’t have a strong grip, but your level of paralysis depends on which muscles function and which muscles don’t,” said Beckham.

“A top commander, perhaps. But it is uncertain that the city will soon be retaken.”

Beckham, a senior finance major, and the Woody Foundation, a not for profit organization dedicated to raising funds for people with paralysis, are hosting a benefit concert to help raise awareness on different kinds of paralysis, like brain injuries and diseases like Alzheimer’s.

This is our third year doing the Woodystock Festival, which goes to benefit the Woody Foundation,” said Beckham, namesake of the foundation.

“We’re dedicating this to help [fund] research and equipment and we’re trying to grow [the benefit] this year, so that’s a great lineup.”

The goal is to raise money for equipment and research in different aspects of paralysis—like money for assistive devices. As part of the event, all guests receive a “Woody Pack,” a backpack with assistive devices, which range from side bags for wheelchairs, cup holders, phone cases and replaceable IP holders, among other things.

“These devices have helped me a lot in my life and I just kind of put together all these things that I’ve used,” Beckham said.

“We give away like 100 or more every year and I don’t know anyone who is doing anything like this, so it’s very unique and important.”

The Beacon has raised over $30,000 for various causes in over four years and has donated over $100,000 to Jackson Memorial Hospital alone, according to Beckham.

“We donate funds to buy new equipment and sponsor outpatient events at Jackson Rehabilitation Hospital, which is one the biggest hospitals for spinal cord rehabilitation in the country,” he said. “Many programs are funded by our access to these funds.”

Alexis Frances, a sophomore biology major, said her sister suffered a brain injury when she was younger and she found the event fun and educational way to spend time together.

“We love music and we’re always together, so this is the ideal place for us: a place where we can have fun and also help an amazing cause,” she said.

Jason Martinez, a freshman engineering major, agrees and thinks people need to be more aware of topics of paralysis because it’s something that has become “almost taboo.”

“We see someone in a wheelchair or someone with a sort of physical disability and we get scandalized and run away from them,” he said. “It’s ridiculous and this benefit is a step in [changing] that. Everyone needs to take advantage because these people are usually the most humble and funniest people out there.”

The Woodystock Benefit Festival will be held Saturday, Dec. 12 at 2 p.m. in Historic Key Beach in Key Biscayne. It includes art, food and live performances by The Expendables, Maxi Priest, Cris Cab and Bachaco.

Tickets are $30 pre-sale, $35 at the door and $80 for VIP. They can be purchased at woodystock.org.

“We just want to raise as much as possible,” said Beckham. “We don’t have a specific number in mind because we don’t know how many people are coming, but the more people the better. We’re just hoping to make the most of it. We can see we can help programs and help fund more projects.”

Green, Page 1

and culture. It also includes the ability to choose an area of concentration, which requiring six credits.

The creation of the College Level Examination Program, it will count toward their credit in continuing with their major, but courses are still required to take two language courses from the 3000 to 4000-level as part of their required courses.

Students can start applying by now said Lora. “They have certain flexibility on dozens of courses to pick for their remaining 24 credits.”

Mora said students can get career opportunities in government agencies, social services, non-profit organizations and public relations and marketing, among other things.

“There’s graduate and undergraduate certificates for Latin American and Caribbean studies as well,” he said. “In addition to those studies, the Center also provides undergraduate Haitian studies, which are the only University in the country that offers it.”

Adding a new bachelor’s to the center is not part of the evolution the Green School is going through: it’s remaining after Steven J. Green, its co-founder and autonomy and separation from the College of Arts and Sciences. Although the Center was endowed by the Green family, it was not part of the process for the center to add a new bachelor program.

After students complete their bachelor’s degree in the Kimberly Green LACC, they can find jobs, said Mora.

“They will be using languages and learn what is essential and interdisciplinary,” said Mora. “Jobs concerned in area studies... They are looking for people who have a genetic understanding of specific parts of the world.”

Karen Pineda, a senior international relations and political science major, supports the new addition to the center.

“With this new bachelor, I am sure our school will grow based on its reputation,” she said. Pineda. “This will help students become more diverse because it teaches interdisciplinary courses. Students don’t become more aware of this side of the world and not in an interactive way with the terrorists’ attacks.”

Enrollment for the new bachelor’s degree is now open.
We shouldn’t live our lives through social media

By using their imagination, a unique sandcastle is created and children play along with their parents by pretending to be knights, pirates, princes, princesses or anything their imagination demands. However, sandcastle building isn’t just an activity for children; it has also become a professional form of art.

Today, there are professional sand sculptors here in Miami who create unique designs and do amazing things with their talents. Victor Leong, a professional sand sculptor known as the Sandman, is one of two sand sculptors in the world who can work on fire—the other lives in the Philippines.

Leong studied at the International Fine Arts College in the Design District of Downtown Miami to become an engineer artist. He’s been building sandcastles in Miami Beach since 1993.

Leong considers Miami Beach as his main territory. Leong says “Sandbuilders have their own territory.”

The more sand he has, the more sections he can build to make his castles as big as 12 feet high by 40 feet wide.

The main ingredients an artist needs are sand and water; the right amount of both must be determined before construction. Wet sand is to be used because the surface tension causes sand grains to cling together to form little “bridges” between the grains.

Dry sand is too loose and not suitable for building sandcastles. When the wet sand dries after the artist finishes making a sandcastle, they can simply brush off any extra sand to polish their work.

The amount of sand needed varies and is based on however many sections they want to add to a castle. According to Victor Leong, a builder might need about 40 tons of sand to build a sandcastle or perhaps even more depending on their idea.

Ideas for creating a sandcastle can come from one’s imagination, but the artists can also be inspired by castles they have seen from traveling. The variety of architectural styles of buildings inspires the artists to sketch out a design for a castle.

From paper, many sandcastles are designed uniquely according to the artist’s style.

Competitions have been developed to give sand sculptors a chance at showing off their skill. One of the biggest sand sculpting competitions is the World Championship in Sand Sculpture that takes place every year in Harrison Hot Springs, British Columbia.

Sandcastle building has truly evolved into a new form of art for artists to create a three-dimensional piece from a two-dimensional idea. It is a great way for those who are good at building things to show their skills to others and share their ideas to inspire onlookers. Entering a competition is a good idea for a builder to be recognized, but many are hired by people to build sandcastles for special occasions like wedding proposals or birthday celebrations.

If you are a creative person, try your hand at sandcastle building. You may discover you have a talent for building something incredible out of sand.

“Panther’s Eye” is a commentary on interesting things here in the U.S. and around the world. Ana Barrios is the Opinion Writer for FIU. For feedback or commentary, email Alia at opinion@fiu.edu.
Fantasy fiction author Richelle Mead, who may be best known for writing "Vampire Academy," speaks at Books and Books to promote her upcoming novel, "Soundless," Sunday, Nov. 15.

Sunday, Nov. 15, Books and Books hosted best-selling fantasy fiction author Richelle Mead. Mead is known for writing the "Vampire Academy" series, a six book collection which tells the story of Rose Hathaway, as she trains at St. Vladimir’s Academy to be a guardian of her best friend, vampire Vasilisa “Lissa” Dragomir. The series was critically acclaimed, and was adapted into a film in 2014. Mead is also well known for writing the "Georgina Kincaid" series, "Dark Swan," "Bloodlines" and "Age of X" series.

Mead came to Books and Books as part of her book tour to promote her newest novel, "Soundless." This is her first stand-alone novel. To the delight of the audience, Mead outlined the basics of her new novel.

Mead explained that Fei, an artist in training, has never left her village, which faces multiple hardships. One hardship is the fact that no one has been able to hear in her village for generations and villagers and live in a world based on sign language and written communication. Villagers were once able to hear, but have lost their newest book," said Mead. “But Fei suddenly wakes one day with her hearing restored, she learns that her village and the secret of their hidden village is wrapped up in realism and filled with emotion. I dare you to watch this film and not get teary eyed while you think about a love lost, or while you relate to the feeling of homesickness that is prevalent throughout the film.

While you’re waiting for the bigger blockbusters to come out later this holiday season, give “Brooklyn” a chance and you won’t be disappointed.

Sick Flicks is a weekly column that provides movie reviews on newly released obscure or independent films. To offer suggestions for David, send an email to life@fiusm.com
I don’t know about you, but with all the leftover thanksgiving food, I need a break. Luckily, my aunt told me that there is a great taco joint next to FIU where students get a 10 percent discount. Great tacos? Discount? This is a no brainer. Just across the street from the MMC campus on 1665 SW 107 Ave, anyone can walk there with ease. Personally, I like the drive. Inside, the establishment is clean—super clean. I didn’t see a crumb on any of the tables, and that is extremely important to me because I’m in a partial germaphobe. With its grey and sunshine yellow decor, Taco Maker is free from any traditional Mexican scheme. The menu is also simple and includes tacos, burritos, bowls, salads and nachos. And I get to put any toppings I want? I like it! I ordered a Mexican grill bowl with white cilantro rice, pinto beans, fajita chicken, pico de gallo, lettuce and cheese. The chicken was fresh and warm. There was a slight spice to it that wasn’t overwhelming and it complemented the warm fluffy rice. The pinto beans also carried a spice, but the shredded cheddar and Monterey cheese helped cool it down. The pico de gallo was cold, refreshing and tasted homemade. The juiciness of the tomato, the crunch of the onion and the earthy notes of the cilantro was the perfect addition to my meal.

Taco Maker has no frills; just down right good food. Being so close to campus, I’m definitely coming back with my friends to try their burritos. My friends would love it because they also sell beer! Keep in mind that every Wednesday is “Taco Wednesday,” where all tacos are just one dollar! I know with finals coming up, I’ll be buying them by the dozen. Enjoy.

**Beacon Bites** is an easy column about food for the college student on the weekends. Gabby Arcola was not given free food, she paid for it. For suggestions of nearby restaurants, please email Gabby at gabby.arcola@gmail.com

### Live performance a big part of Miami Art Week

**ADRIANNE RICHARDSON**

**Miami Herald**

Live performance has become an accepted and vital part of the art world’s continuing expansion far beyond paintings on walls and sculptures in parks. And Miami Art Week includes a range of performance offerings that bring art to life in new ways.

The most dramatic, accessible and relevant to South Florida is Holoscenes, a giant aquarium on the campus of Miami Dade College’s downtown campus, with people inside going through the motions of daily life as water rises and falls around them. Presented by MDC Live Arts, which will also host discussions and events with the college’s Earth Ethics Institute and other environmental groups, Holoscenes aims to bring sea-level rise to immediate, survival-like, affecting the small patterns of our daily lives, that become our lives and how we spend our time, and put that in conversation with these longer-term patterns symbolized by water rising and falling,” said , the director and media artist who created Holoscenes. The piece will run six hours a day, Wednesday to Saturday.

Jan. 30, 2016: The idea for Holoscenes about five years ago, as news of floods and extreme weather events became increasingly common. An image became stuck in his mind, of a man reading a newspaper in a transparent room that filled with water, which rose and fell. The piece takes its name from the pages till they dissolved and the water covered him. For Jan, it was a metaphor for the way habit allowed people to ignore overwhelming changes.

“Obviously, it was about flooding and mundane behavior and myopia,” he said. “It also became the basis for my work about adaptation, the double-edged nature of our beautiful capacity to adapt. But it’s also dangerous, in the sense that now we’re ignoring the environment in a way we never have before.”

Holoscenes, which premiered last year in Toronto, took several years to put together. Jan brought in architects and hydraulic and structural engineers to design and build the elevator-sized tank, which takes hours to fill. The four performers trained with a free diver to learn to hold their breath longer, as they dance or for while water fills their environment.

At one performance, Jan overheard two children arguing about Holoscenes, with one saying it was about dreaming and love, and the other about mermaids. Both, he says, “There are ways to attach abstract ideas to reality, if you think it’s life and death or mermaids,” he says, “That may be a fanciful idea of people who evolved to live in water, but metaphorically it’s something to think about in the real world.”

Performance’s capacity to bring abstract ideas to kinetic life is part of its allure for the art world. In the past half-dozen years, dance has become a prominent part of this mix, a refreshing change from more static, conceptual forms of performance art.

One prominent name in this hybrid realm of dance and art is Ryan McNamara, who with musician Devonte Hynes has created Dimensions, a performance that is part of Pérez Art Museum Miami’s celebration on Thursday. McNamara, who started as a photographer and visual artist, became fascinated with dance approximately a decade ago.

“I was excited by the immediacy of it,” McNamara, 36, says from his home in Brooklyn. “The fact that you can’t know what’s going to happen keeps me excited, and it also drives me crazy.”

Now McNamara, who has no dance training, choreographs and stages performances for leading museums and galleries. For Dimensions, which is inspired by fantastical Miami sites such as Vizcaya and Coral Castle, he is working with eight dancers from Miami, New York and L.A. while eight musicians play Hynes’ score.

“I show those, and they refine them on their more virtuosic bodies,” McNamara says. “It reminds me of sculpture, but it’s more exciting because the sculpture can give you feedback.”

Sculture and dance unite in Pore at Locust Project, the adventurous nonprofit gallery in the Design District. Creators Martha Friedman, a sculptor, and Silas Riener, a choreographer formerly with the Merce Cunningham Dance Company, began working together in 2011 when she created a set for a Cunningham “Event” (a type of structured improvisation) that Riener was casting at Stanford University, where Friedman teaches. Friedman, who works with liquid rubber that gets in different forms, was already fascinated with tactile materials, force and the contrast between stillness and movement. She found new inspiration in Riener.

“He has such control over his body; that makes it really interesting and exciting for me,” she says. “He became a kind of muse ... there’s a new part of my practice that I now get to explore that is performative and durational and choreographic.”

For Porter, Friedman created giant inflatable backdrops with extensions that Riener uses as both costumes and props, draping, manipulating and interacting with them as the audience follows him through the gallery. The piece was inspired by the medieval concept of the body’s four “humors.” When Riener told her about George Balanchine’s The Four Temperaments, based on the same idea, Friedman added musical collages of that ballet’s Hindemith score.

In Ryan Gardner’s Ernest Hawkins, a fictional character, based on Gardner, plays a drunk, washed-up artist. And Pope.L’s The Beautiful features black men with skateboards on their backs who crawl onto a stage to sing America the Beautiful. All will pop up unannounced from among the crowd at the park.

“Performance … like theater, is exaggerated,” Pope.L said in an email. “It’s made more extreme or strange to show the fears, flaws and silliness in what we do.”
FOOTBALL

5-7 season a ‘low note,’ fails to meet expectations

PETER'S PICKS

An other year and a another missed postseason, the 2015 football season ended on a low note at 5-7 (3-5 in Conference USA) and just one game shy of bowl eligibility.

The last two games against the C-USA heavyweights Marshall University and Western Kentucky University were basically the climax of the season, and the Panthers were outscored 115-7.

Where do the Panthers go from here? Well there are some positives and negatives sides as they begin their off-season.

Positives

- His progression has been superb, whether he’s breaking touchdown records in a single season, which happened at the homecoming game, or being ranked No. 17 nationally in pass completion.

- Additions: McGough has an arsenal young weapons returning with him; running back Alex Gardner, wide receivers Anthony Jones, running back Napoleon Maxwell when he’s fully healthy, wide receiver Thomas Owens, wide receiver Dennis Turner and wide receiver Julian Williams are all expected to don blue and gold again next year.

- An added bonus will be starting tight end Jonnu Smith, if he returns for his senior season. It’s 50/50 if he decides to stay one more year or declare for the NFL draft as an underclassmen - his resume from his breakout sophomore season alone could definitely give him some NFL looks. At the same time, he can return fully healthy and help lead the team to a postseason for the first time since 2011.

- Head Coach Ron Turner has built an establishment for this team and has been improving every year. He’s come a long way from 1-11 his first year, improving to 4-8 his second year and 5-7 this year.

- One game improvement and missing another bowl bid three year straight is a small feat, yet the Panthers are going forward as a team rather than going backwards.

- Despite a blowout loss on senior day against Western Kentucky and a low home attendance, winning at home has been huge for the Panthers and they should take advantage of that next season.

- FIU also has 23 high school players verbally committing to play for FIU, a majority from Florida, which could prove to be another huge boost for this program.

Negatives

- Being the most talented FIU football team we’ve seen in years came with high expectations, which unfortunately resulted in having the most underachieved team we’ve seen.

- This is especially true on defense, which was pretty average against the pass but struggled against the run.

- In their defense, injury definitely played a key role during the season, as the Panthers lost a few key players in the back seven on defense.

- The safety position was the weak point for the defense due to the injuries. This season they had to rely on true freshman Tyrone Johnson to start at free safety when two safeties ahead of him went down.

- In addition to improving defense, the next task for this off season is replacing the seniors, including team captains Michael Wakefield and Richard Leonard.

- There are going to be many holes that will need to be filled.

- Expect to see some brand new faces and not much experience.

Overall Summary

The Panthers are looking towards the future and are not looking back. What to expect for next season all depends what happens this offseason. This is now the time to recruit more talent before national signing day.

I expect no major changes this offseason. Turner and Executive Director of Sports and Entertainment Pete Garcia are not going anywhere anytime soon, even though some critics believe that they are both on the hot seat. As for the returning players, this will be an even younger team with a lot up for grabs next year.

“Pete’s Picks” offers commentary on the University’s football team. For suggestions or commentary, send an email to sports@fiusm.com.
When it comes to grading the way the Heat has played through its first 15 games, Dywane Wade and Chris Bosh pretty much see eye-to-eye.

“We’re doing OK for the first 15,” Wade said Sunday after practice. “We saw some good things. We saw some not-so-good things. But for the first 15, I’d grade us as a low B.”

Said Bosh: “[I’d give us] a B. I’m a little more lenient than he is. I’m a lot nicer guy. I think we’re doing OK. Of course, within the 15 games there have been a couple letdowns. We have to learn from that.”

One thing everyone can agree on: The Heat, which starts its second couple weeks is going to get a lot tougher for Miami (10-5). After Monday night’s game against the Boston Celtics, who went into Orlando on Sunday night with a 9-7 record, the Heat will host Kevin Durant and the Oklahoma City Thunder on Thursday, then LeBron James and the Cleveland Cavaliers on Saturday.

“It’s close, a 50-50 call but it was early in the game,” Gallant said. “I wanted to get interference.

The Celtics, the No. 8 seed in the East last year, clearly don’t have the star power Oklahoma City and Cleveland does. But Boston leads the league in steals (11.3 per game), point on turnovers (22.0 per game) and ranks third in the NBA behind San Antonio and Miami in overall defensive rating.

Bosh said the Heat was preparing Sunday in practice to deal with the way the Celtics use quick hands in the passing lanes to create turnovers and the pressure they put on the ball. Bosh said the fact the Celtics can spread the floor and have all five players on the court make three-pointers a challenge. He said although Boston is young and still trying to figure things out, “they have the makings of a very good team.”

“Very good team, a team we respect a lot,” Wade said. “They’re going to compete on the defensive end of the floor. They’re going to make you work. They’re going to make you think. It’s going to be a great challenge for us.”

“We don’t play the game not to play in competitive games, especially at home. This is going to be a great week for our fans all week to come out and support us.”

MIAMI HEAT has OK start

MANNY NAVARRO
Miami Herald Staff

Whether it’s the chili-covered coney dogs or the abundance of cheap Little Caesars pizza, the Panthers really seem to enjoy their visits to Detroit.

On Sunday, the Panthers kept their Motor City winning streak going as Brian Campbell scored 80 seconds into overtime to lift Florida to a 2-1 win over the Red Wings.

Florida has won five consecutive games at Joe Louis Arena and has earned at least a point (6-0-1) in its past seven here.

Before beating the Red Wings 2-1 on Nov. 20, 2009, a Bryan McCabe overtime goal, Florida had only won in Detroit once before in franchise history.

Now, winning is commonplace for the Panthers in Detroit.

“We did what we had to do,” said Campbell, who cashed in on a nice Jonathan Huberdeau feed in the opening minute, was in front of the cage, rolled into goalie Petr Mrazek. “We won a game, and we’re moving forward.”

After that, the Heat’s next five opponents — Washington, Charlotte, Indiana, Memphis and Atlanta — either made the playoffs last year or are much improved.

“That’s why it’s a big week man,” Bosh said. “KD is back and looked like he hasn’t missed a step. He came back right and inserted himself right back into the swing of things, [Russell Westbrook] is playing at the highest level he’s been playing at for the last two years. And, of course, Bron, we know what he can do.

It’s important that we’re at 100 percent. These are the games that I think are very important for us because we consider ourselves an elite team, or at least working to be an elite team. And the head-to-head matchups are very important. You always want to measure yourselves against the best.”

The Panthers, who have that goal taken away in the opening minute, was in front of the cage, got a piece of the puck and deflected it into the net.

“It’s kind of happens that way, you get one taken away from you early and then you get good bounces afterward,” Smith said. “This really helped the team. We haven’t been scoring much, but if we can get two or three, we’re in the thick of things.”

Florida kept the defensive pressure up in the final five-plus minutes of the third to force overtime for a second consecutive game.

Instead of going to a shootout as they did Saturday, the Panthers took the win after Jussi Jokinen and Huberdeau broke free with Florida leaving the puck for a trailing Campbell, who buried the pass.

The Panthers are now 3-4 in overtime with Sunday’s win their first in the new 3-3 format.

Florida’s previous overtime wins this season came in the shootout.

“We won a game, and we’re moving forward,” Campbell said.

Making one save after another.

The first goal to stick came from the Wings after Sasha Barkov made a rare mistake by coughing up the puck in the Florida zone. Dylan Larkin jumped all over it, drove in and beat Luongo for his 10th goal of the year.

Luongo didn’t give up anything else after that.

“We thought we were playing well so we went into the third wanting to do what we had been doing,” said Luongo, who made 28 saves. “We knew we needed a lucky bounce to tie it, and that’s what we got. I was trying to do my job, make the save when needed. It was nice to tie it in the third, get rewarded a little.”

Down 1-0, the Panthers kept coming at Mrazek (30 saves) but kept getting turned away.

Late in the third, defenceman Aaron Ekblad — who grew up across the Detroit River in Windsor, Ontario — fired a shot from 40 feet out toward the net.

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The catering event that organized to good use for the purpose of numerous relationships within the industry since 1980. Over the course of 35 years, it has cultivated management classes and raised funds for a different charity.

This year’s event, Palette of Taste, will feature catering from a variety of foodservice professionals whom Hansen has come to know personally in his 35 years in the business. 

“I trust the opportunity to make a lot of friends and help a lot of people over the years,” said Hansen. “Once a year, I reach out to my friends, colleagues, associates, vendors, everyone I know, and ask them to help support me as I’ve helped them support over the years.”

In addition to utilizing the relationships he has acquired, Hansen recruits students from his catering management classes to assist him in organizing the event.

“Each student has a particular job prior to the event,” said Hansen. “We create a management team of students who want to participate in the event and learn how to manage, promote, run a silent auction, run a bar and things of that nature.”

According to Hansen, this is a unique experience that students cannot derive from reading a textbook or having a discussion in class.

“It’s really interesting for a professor who believes teaching out in the student’s field of study instead of theorizing about it in some classroom,” said Julien Marin, a senior majoring in dietetics and nutrition.

Palette of Taste will be raising funds for Touching Miami with Love, a non-profit foundation that provides resources and opportunities to the underprivileged children of Overtown.

“I particularly feel of taking care of people and the inner city because not so many people are blessed and weren’t born into the right family or spot,” said Hansen. “Those of us who are blessed, who are given so much, it’s up to us to share what we have with others.”

In addition to its catering, Palette of Taste will feature a silent auction.

Guests will have the chance to bid on prizes that range from restaurant gift certificates, custom-made shirts and a weekend in Bimini.

Hansen would like to teach his students and anyone participating in the event an important lesson. 

“Let’s try to make more satisfaction out of giving and helping someone than you do from getting,” said Hansen. “Life is all about loving other people. And one way to love others is to help people who need it.”

Palette of Taste will take place Wednesday, Dec. 2 at the Chaplin School of Hospitality’s Wine Spectator’s Restaurant Management Lab. Tickets are $20.

Massages, exercising and free massages

Massages, exercising and free massages to help me have energy for the rest of my day.”

Castro said that she manages her stress by getting regular massages. 

She said, “I try to take a few minutes out of my day, and inhale and exhale as a way to let it all out. I also try to take a nap, even if it’s 15 minutes to help me have energy for the rest of the day.”

“From a student’s perspective, it’s so relaxing to get a free massage after all the stress final assignments put you through,” Calzada said.

Arcentales said that students who don’t go to classes during the day often go to the Miramar campus to get a massage.

“Students come earlier or even students who don’t have class come to get a massage and be relaxed,” Arcentales said. “We love doing this for students because we know that it’s a stressful time for them, and we love that students really take advantage of it.”

Stephanie Castro, a senior studying education, said she participated in Stress Relief Week last year and that she is excited to go again.

“It’s honestly so nice to see how HU notices how hard we all work all semester long and want to make sure we have some massages. It actually did take some of the stress off,” Castro said.

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